

Woman's Realm :- Social and Personal :- Fashions :- Literature

The HOUSEWIFE and HER ACTIVITIES

WISDOM

It was a night of early spring. The winter-sleep was scarcely broken. Around us shadows and the wind listened for what was never spoken.

Though half a score of years are gone. Spring comes as sharply now as then—

But if we had it all to do It would be done the same again.

It was a spring that never came; But we have lived enough to know

That what we never have, remains; It is the things we have that go. SARA TEASDALE.

A fool is a wise man who merely guessed wrong. The devil walks most of his traps with pleasure. Talk is so cheap that a little gossip goes a long way.

The loudest applause comes at the end of a long speech. The man with the broadest smile often has the deepest sorrow.

It is no sign they are liberal-minded when some people give themselves away.

A man's age may be determined by observing which way he goes when he sees a crowd.

A man is as old as he feels, while a woman is ten years older than she says she is.

Happiness is seldom appreciated until we reach the point where we speak of it in the past tense.

Man is the only animal able to laugh and know what he is laughing about, yet he spends most of his time frowning.

For white silk which has become yellow, make a bleach, using one part of peroxide to about fifteen parts of water, and to this solution add a drop or two of ammonia.

The same treatment may be given white cotton goods which have turned yellow.

Emergency Cuts

So many people have army coats in reserve when company comes and usually the member of the family elected to adorn said coat objects strenuously because the covers never stay down at the foot. If two screws with hooked ends are screwed on the inside of the wooden legs of the coat and tapes sewn on the blankets, sheets, etc., at a proper distance to slip through the loops, all will be well for the night.

Fastened Tight

Tie a pencil securely to your telephone and you will find many steps and a great tax on the memory will be avoided. It must be tied, though, or it will disappear just like any pencil.

Use the Leftovers

Don't allow stale food to accumulate in the refrigerator. Look through it each morning and either use or dispose of the leftovers therein. A great deal of food goes to waste by simply forgetting it is there.

WHAT THEY MIGHT BE

We must judge men not so much by what they do as by what they make us feel that they have it in them to do.—Samuel Butler.

TO WASH CUSHIONS

At this time of year cushions and pillows can be washed at home most successfully if a bright

BABY'S QUESTION BOX

By Mary Folan

Will my baby always have blue eyes?

Not necessarily. There are many cases on record where the color of the eyes at birth changes distinctly as the child grows. Are your own eyes the same color now as when you were a baby?

A mother can do little about the color of her baby's eyes but she can do much about her child's general health. Even when the greatest care, there are times when a child is ill and fretful—spells caused by constipation, fever, indigestion, teething, summer complaint, etc.

There is one safe, time-tested treatment prescribed specifically for all the minor ills of babyhood and childhood—Baby's Own Tablets. These are made from the formula of a Canadian doctor and they are so highly regarded by intelligent mothers that more than a million and a quarter packages are sold yearly.

With these tablets you can always be sure of the correct dosage. Mothers say that growing children "eat them like candy." For a young baby, simply dissolve a tablet in a teaspoonful of water.

"Baby's Own Tablets kept my baby fit and well while cutting his teeth," says Mrs. Edward James of Hamilton.

Baby's Own Tablets are equally effective for growing children. At your druggist's—25 cents.

BABY'S OWN TABLETS

QUIVERING NERVES are Calm and Steady Now

ANY woman's nerves may be upset once in a while. But don't let it be a habit. Are you cross and unreasonable? Do you cry easily and become hysterical? Such things are often symptoms of feminine upsets. Take Lydia E. Pinkham's Vegetable Compound. It quiets quivering nerves—makes you eat and sleep better. Life will not be such a burden.



Mrs. James Dawson, 90 Glendale Avenue North, Hamilton, Ontario. "Your Vegetable Compound helped me at the Change of Life. It steadied my nerves. I have excellent color now and a good appetite. Most of the time I feel well and strong. Once in a while I get nervous or rundown. Then I take Lydia Pinkham's again to help. I certainly recommend it."

WASP WAIST STAGES COME-BACK AT ASCOT

London.—The return of the wasp waist was forecast at Ascot, but do not be alarmed. We are not forced to squeeze ourselves in tight corsets. The new wasp waist silhouette is achieved by means of little fitted jackets of tulle. The rustling skirts and cartwheel hats last year were more in evidence than ever this season.

FINDERS OF WHITE INDIANS START TREK TO AFRICA

Twelve months in the jungle living on canned food and fighting insects, put 100 pounds on pretty Mrs. William La Varre, wife of the Washington explorer and writer of jungle tales.

Mrs. La. Varre spent her honeymoon in British Guiana. That was two years ago and now, after five months home, the La Varres are planning another expedition to the uncharted wilds of East Africa.

Their honeymoon trip to British Guiana was in search of the fabled "island of diamonds," of which the early Spanish explorers spoke. The diamonds failed to materialize, but the La Varres had a great deal of fun and many thrilling adventures.

One of the results of their first expedition was to confirm reports brought back nearly a century ago by Sir Robert Schomburgk, of the British Royal Geographic Society, of a tribe of "white Indians" living at the head of the Essequibo river in British Guiana. Unexpectedly the young explorer and his bride came upon the lost tribe living in what seemed to be the La Varres to be an earthly paradise of gorgeous flower and birds, delicious unknown fruits and a climate equalled nowhere else in the world.

Jubilee Knocker

A jubilee door knocker has made its appearance. It is very small, intended for use on bedroom or flat doors, and is in the form of a bust of the King, hard-painted in various colors.

Place a sheet of white paper between the grid of the electric waffle iron to test it for the right heat. When the paper turns brown the iron is ready to receive the first batch of waffles.

A LITTLE KNOWLEDGE IS ALWAYS DANGEROUS

Phyllis Jenkins, in the Glasgow Herald, tells this amusing story: Two young Scots friends of ours have just ended up in Paris after a motoring trip through Normandy and Brittany. They have had a wonderful time on an old car, very little money, and a very limited vocabulary. But one thing had puzzled them on the journey. What, they asked us, was the meaning of "Je m'en fiche"?

Maybe you know and maybe you don't, but for the sake of the story and those whose French has not gone so far, I must explain that "Je m'en fiche" is not at all polite French and means more or less "I don't care a . . ."

Our two young friends arrived in France under the impression that "Je m'en fiche" was the politest of all forms for expressing regret, a kind of genial way of saying "I am sorry," and had used it freely on all possible occasions, rather pleased, in fact, with their fluent idiom. The result, as you can well imagine, has been funny in the extreme, and the amusement with which the expression was met all along the line finally made them suspect that something was wrong.

But their best effort of all was a letter to the proprietor of an hotel enclosing a room key which had been carried away by mistake. After explaining painfully, but more or less intelligibly, what had happened, they ended their note with a final and triumphant "Je m'en fiche"! If that hotelkeeper has any sense of humor he will have trained that letter.

SWEETBREAD FLAN

This recipe for a sweetbread flan makes a delicious and ornamental dish for a formal luncheon. Cut some cold veal sweetbreads into thin pieces of the same size, spread these with butter flavored with horseradish, and put a slice of tongue of the same size on top. Have ready a flan of bread, baked "blind," and cover the bottom with a salad of vegetables bound with mayonnaise. Now arrange the pieces of garnished sweetbread in this flan, putting, if you like, the just opened heart of a young lettuce in the middle.

Dorothy Dix's Letter Box

"Whole Duty of Wife and Mother" Reads Like Work for Superwoman, Yet it's Done Every Day — Not Fair for Girl Who Supported Idle Family to Expect Her Husband to Keep it Up

Dear Miss Dix—Does all responsibility of the home environment depend upon the wife? Must a wife never show that things go wrong with her, or that she is sad and depressed? Must she always wear the smile that doesn't come off? Must she get behind Friend Husband and push him into success and keep him walking the straight and narrow path without letting him know she does it? Must she see that the children are educated, morally and intellectually? Must she keep herself well dressed and attractive? Must she develop some special social talent so that her husband and children may be proud of her? Must she do all these things and what then? MRS. N. E. W.



Answer: You have outlined the work of a superwoman. Considering it as you put it, it would seem that it would require a combination of all the talents and virtues for any one person to achieve so stupendous a task, and yet, strange as it may seem, there are thousands of women who do it and who never once suspect that they are geniuses or have done anything extraordinary. Nor do their husbands and children. They merely think that they have a good home and a good wife and mother and little appreciate all of the intelligence, the work and the diplomacy that have gone into the making of the home and the building up of the family life.

Of course, all of the responsibility of the home environment should not depend upon the wife. It is just as much the man's business to help make a happy home as it is the woman's. It is up to him to be a little ray of sunshine in it just as much as it is to the woman. The children are Father's no less than Mother's, and it is his business to help rear them and develop them mentally, morally and physically just as much as it is Mother's. The husband is just as much obligated to be interested in the wife's work and try to encourage and stimulate her as it is for her to take an interest in his career.

But in the home it is conditions and not theories that confront us, and the plain unvarnished fact is that the average man passes the buck to his wife, and the domestic conditions are what she makes them. So she furnishes the atmosphere, and it is fair and warmer, or bleak and stormy as she makes it. She constructs the background against which the family life is lived, and it is orderly, dignified and comfortable, or else confusion worse confounded, with children tumbled up in a slovenly house from which they escape as soon as possible.

Most men feel that they have done their full duty towards their families by paying the bills. They leave the rest to their wives. So if a woman wants her children to grow up in a peaceful and happy home, she has to make it. Very often she has to ignore the grumblings of an ill-tempered husband who believes that home is a place where he can show himself in his true colors and be as disagreeable as he likes. Sometimes she has to shut her eyes to her husband's philandering, because that is the only way in which she can hold her home together and keep her children from the blight of having divorced parents.

She must teach her children the code of morals by which they will live and die, for it is the things that a child learns as its mother's knee that sets the pattern of its conduct as long as it lives. And whether her children are given a proper education or not depends upon her, for it is Mother who holds her children to their tasks, who sees that their lessons are properly studied, or else they fall in with the drift into truancy. And it is Mother who lights the lamp of ambition in little souls and sets their feet on the upward climb to achievement.

And Mother must keep herself looking attractive in her children's eyes as well as her husband's, if she is to hold them. She must have outside interests and keep in touch with the world, or else they will out-grow her. She must be her children's sweetheart, their guide, counselor and friend. She must be teacher, nurse, cook, shopping agent and a thousand other things, and she generally is.

And millions of women take all of this endless work in their stride and just call it a day. DOROTHY DIX.

Dear Dorothy Dix—While I was single I supported the home, which included not only my mother but a temperamental brother who could never find just the work he wanted to do, and a sister who quarreled with her husband and came back home with her three children to live, and who has never thought it necessary for her to get out and earn her own living. Now I am married and my family feel that my husband should go on supporting them as I did, although he was out of work for a long time and has just gotten a job and we are much in debt. This makes him sore and he begins berating my family and bemoaning his burdensome fate with "I didn't marry your whole family." This makes me so unhappy and hurt. Also, what I have to give to my family makes it impossible for me to have decent clothes. I don't look snappy as I used to when I was on my own and I notice that my husband is beginning to perk up in the presence of pretty, well-dressed girls. What must I do? A TROUBLED WIFE.

Answer: You can't let your mother want. It is your duty to take care of her, but your husband is certainly under no obligation to support your able-bodied brother and sister.

SMART CLOTHES FOR THE HOME DRESSMAKER



Another delightful little jacket dress—if you're needing something fresh and tubular for warm days. A very pretty effect is the plain sky-blue shantung bodice against the navy dotted sky-blue shantung at the skirt.

This jacket dress is equally attractive carried out in sheer cotton prints, pastel tub silks, linen, etc. Few models could be simpler than today's with its sleeveless dress and raglan sleeved jacket.

Style No. 928 is designed for sizes 14, 16, 18 years, 36, 38 and 40-inches bust. Size 16 requires 4 yards of 39-inch material with 1 yard of 39-inch contrasting.

Price of PATTERN 15 cents in stamps or coin (coin is preferred.) Wrap coin carefully.

No. 928. Size Name Street Address City State

NEW ZEALAND SCHOOL

The following pupils of New Zealand School were awarded proficiency certificates in penmanship at the annual examination for the scholastic year ending June 29th: High School Certificates: Helen Conway, Josephine Longphill, Evelyn McCormac. Grammar Grade Certificates: Mae McCormac, Irene Conway, Elsie Villard, Margaret Cheverly, Margaret M. McInnis, David W. Gregory, C. Herman Bryant, Ronald J. McCormac.

Mr. T. Pott Says:



"Tea is the safe pick-me-up. Never lets you down afterwards."

A cup of MORSE'S STANDARD TEA at eleven in the morning and at four in the afternoon will keep you feeling fit as a fiddle all day long 25 cents the half pound package.

Of course, as long as your mother lives in her own home she will provide for her details, for mothers have a predilection for their black-sheep children and are always willing to sacrifice their good children to them. Hence you will have to put your mother in a boarding house or take her to live with you if you do not wish to provide for brother and sister and the children.

There is no other problem in the world that has more heartbreak in it for a woman than to realize that she is making her husband a living sacrifice to her family. She may be willing to toil to support them herself, even when she knew that they were grafting upon her, but it is the humiliation of humiliations for her to know that they are leeches who have settled upon her husband and are sucking his life blood.

More than that, she feels that it is not fair to him to be burdened with her people. It is hard enough for a man to support his own family without having to take care of his wife's, yet she does not know which way to turn in her dilemma. Nor what she can do without cheating him. For if she even goes back to work to earn the money to give them herself, she deprives him of the services and attentions that he has a right to expect in a wife.

It is a problem that takes much love and forbearance and sympathy on the part of both husband and wife to settle. He must recognize his wife's obligations to her people, and she should make the drain upon him as light as possible by forcing all those who are able to do so to go to work and support themselves. DOROTHY DIX.

Dear Miss Dix—I am the mother of seven children. They all love and obey me as much as can be expected except one son. He is 18 and gives us a great deal of worry by staying out until 3 or 4 o'clock in the morning and sometimes later, associating with very bad company. I have tried everything from kind, motherly persuasion to force to keep him away from this group of rowdies, but without avail. There is no reason for this as he has a comfortable home and a good father who is a good provider. What is your advice? MOTHER.

Answer: Send him off to some good strict military school where he will be under discipline. That will break up the association. If you cannot afford to do this, why not get him to enlist in the navy? They do not want boys of bad character, but your son is at yet only a wild, restless youth who craves adventure, and who would find it and also be taught a good trade in the navy. DOROTHY DIX.

NEW ANNAN SCHOOL

Standing of New Annan School for school year 1934-35. Grade IX: 1 Audrey Tuplin, 2 Olive Clark, 1 Edna Dalsell. Grade VIII: 1 Ruth Tuplin, 2 Edna Dalsell. Grade VII: 1 Tessie McInnis, 2 June Dalsell, 3 Lloyd Clark. Grade VI: 1 James Tuplin, 2 Ruth Eaman. Grade V: Phyllis Moore, 2 Isaac Tuplin, 3 Ruth Dalsell. Grade IV: 1 Reginald Dalsell. Grade III: 1 James McMillan

and Eleanor Dalsell (equal) 2 Greta Baker. Grade I (a): 1 Gardiner Dalsell and Lloyd Eaman (equal), 2 Dorothy Baker. Grade I (b): 1 Gladys Moore, 2 William Moore. Attendance 60 per cent minimum: Gardiner Dalsell, Eleanor Dalsell, Reginald Dalsell, Isaac Tuplin, Ruth Eaman, James Tuplin, June Dalsell, Tessie McInnis, Lloyd Clark, Ruth Tuplin, Audrey Tuplin, Olive Clark, Lloyd Eaman, James McMillan and Phyllis Moore. Teacher, John S. Driscoll.

A Morning Smile

WIDE CHOICE A traveller who likes the English, and swears he wouldn't tell an untruth about them, is just back from the Motherland with a little tale of hospitality.

He was a week-end guest, he said, at a big estate in Surrey which was complete with parks, stables and prize cattle. His first morning there, the maid who brought him his can of hot water queried him about his breakfast.

"Tea, coffee or milk?" she asked. Mindful of where he was, he selected tea. "Very good, sir," she said, "and will you take Ceylon, China, or Assam?" He didn't know anything about Assam, so he chose that. "Milk, cream, or lemon?" the maid pursued. "Milk," he said, and thought the matter was settled. "Very good, sir," said the maid. "Jersey, Guernsey, or Alderney?"

TOOK IT LITERALLY

Convict—Be careful of these advertising slogans. I took the advice of one of them and got five years for doing so. Friend—Which one was that? Convict—"Make money at home."

Farewell Gift For Lady Bessborough

Women of Canada to Present Memento of Years Spent in This Country.

Women of Canada will be given an opportunity to take part in presenting a farewell gift to the Countess of Bessborough. At a meeting held in Ottawa recently over which Lady Perley, wife of Sir George Perley, presided, it was announced that Lady Bessborough had consented to accept a memento of the happy years she has spent in Canada. A movement to present such a gift was launched at the meeting. The national committee includes wives of Lieutenant Governors of the Provinces, wives of federal cabinet ministers, wives of other privy councillors and presidents of women's nationally organized societies.

The following telegram has been received by Mrs. DeBlois from Lady Perley: "A preliminary women's national committee with Lady Perley as chairwoman was formed in Ottawa June 12th to arrange a farewell gift for Her Excellency Lady Bessborough. As in former years the committee asks that the wives of the Governors be responsible for securing subscriptions in their respective Provinces. Owing to the departure of Her Excellency in September the committee ask the matter be given your immediate attention."

Would all those interested kindly send their contributions to Mrs. DeBlois at Government House within the next week. No one is asked or expected to contribute more than one dollar.

Advertisement for Certo jam cupboards. Includes text: "Plan an Enticing Jam Cupboard", "See for yourself how easy it is!", "NEXT winter take pride in that jam cupboard of yours. Thrill to its row upon row of colourful glasses . . . gorgeous jams, sparkling jellies . . . start to plan them now!", "It is so easy to do with Certo. You see, with the Certo short-boil method it takes only a minute or two to boil either jams or jellies. (Certo recipes give you the exact time for every fruit). Then think of this: Certo gives you the loveliest jellies even from fruits you could never make 'jell' before. And you will surely get half as much again at less cost per jar because no fruit juice has time to boil away. No wonder Certo-made jams and jellies shimmer with that gorgeous natural colour of true sun-ripened fruit! Amazing, too, what a marvellous extra flavour you'll get—full flavour of the fresh, ripe fruit itself. Follow carefully the recipes found in the booklet containing 75 recipes, under the label on every Certo bottle.", "I DECLARE...THIS CERTO WAY IS A GRAND WAY OF MAKING JAM. IT IS JUST LIKE FRESH FRUIT.", "...YES, MAY, I PROVED THAT WITH CERTO ANY FRUIT CAN BE USED FOR JELLY OR JAM.", "WHAT A GRAND VARIETY! I EVEN SEE MINT JELLY.", "YES, WITH JIM AND THE CHILDREN ALL LIVING DIFFERENT KINDS—CERTO SOLVES THE PROBLEM!", "The natural jellifying substance extracted from fruit.", "Certo", "This is Your Certo Recipe Booklet", "Certo".