

# Woman's Realm Social and Personal Fashions Literature



Canada will miss those tasty salmon dishes... yet with satisfaction, because our loss is Britain's gain, and one more step on the road to victory, when Clover Leaf Salmon will return to Canadian tables.

BRITISH COLUMBIA PACKERS LIMITED

## Living & Leisure The Woman's Realm

**CONVENIENCES**  
These modern things are handy. Our home is well-equipped with labor-saving gadgets and household toil is whipped for me, for I declare, I'm spending all my week-ends to keep them in repair.

**NICK.**

**GOLD ELEPHANT**  
Just right for your new suit would be one of these lapel pieces made of pottery painted in gold. The fat little elephant is especially recommended.

Soap lasts longer if it is well dried out. As soon as it is received, wrappers should be discarded and the soap should be piled loosely in a dry place.

If your complexion is only beginning to go berserk get after it at once before excessive oiliness or extreme dryness becomes a major complexion fault. Remember that old adage about "a stitch in time."

**DRIPLESS FAUCETS ACHIEVED**  
Preventing the wasteful drip of water faucets is foretold by the development of neoprene washers of du Pont's man-made rubber, which last four times as long as natural rubber and longer than any composition washer now in service. Tests on a special machine during closed 90°C Ames, showed that constant grinding against the valve seats merely wore smooth shallow grooves in the neoprene washers. Rubber washers were deeply worn and breaks were noted.

**GREEN FOR TOWN**  
A beautiful slim, seven-eighths dark green brocade coat for town has big flapping pockets on each side, and the side seams are slit.

**OILCLOTH PLACE MATS**  
An informal family meal can be served on mats of old-fashioned oilcloth that can be given a quick flick after using, with a wash cloth dipped in grease-dissolving suds. Select oilcloth with a gay but small design for place mats or make individual ones of plain color and initial them down one side. Use the cardboard that comes from the laundry in a man's shirt for a packing and glue the oilcloth to it. Be sure to make your place mats large enough so there is no danger of silver or glasses slipping off onto the unprotected table top—eighteen inches by twelve inches for ample room to spread out.

**OIL SILK CURTAINS**  
To bring back the supple quality of old silk curtains which show a tendency to become brittle, first clean them by spreading out on a flat surface and gently washing them with all-pure, extra-soap suds and lukewarm water. Then rub vaseline or mineral oil lightly over the curtains, removing the excess with a clean, soft cloth so the curtains will not become dust-catchers.

**IF you suffer monthly FEMALE PAIN which makes you WEAK, CRANKY Nervous—**

If you're annoyed by headaches, cramps, backache, dizziness or "irregularities," a bloated feeling, periods of the blues—due to functional monthly disturbances—try Lydia E. Pinkham's Vegetable Compound. This effective medicine not only relieves monthly pain but also restores nervous feelings due to this cause. Lydia Pinkham's Compound is one medicine you can buy today made especially for women—taken regularly it helps build up resistance against such symptoms. Made in Canada. Worth trying!



DESIGN NO. 529  
These colorful designs are from South of the Border. They may be unbordered on towels, napkins, kitchen curtains, etc. Hot iron transfer pattern No. 529 contains 14 motifs measuring about 2 x 2 to 3 by 3 1/2 inches with complete instructions.

To order pattern: Write, or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian, Needlework Department.

Design No. 529

NAME \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ PROVINCE \_\_\_\_\_

### THE COOK'S CORNER

#### SEMI-SWEET CHOCOLATE DROPS

One-third cup butter 1-2 cup brown sugar 1-2 cup white sugar, 1 well-beaten egg, 1-2 teaspoon vanilla, 1-2 teaspoon baking soda, dissolved in 1 1/2 dessertspoons hot water, 1-4 teaspoon salt, 1 1/2 cups sifted pastry flour, 1 1/2 cups semi-sweet chocolate cut into small pieces. Cream butter, add sugar, and cream. Add egg and vanilla. Then add the soda dissolved in the hot water. Fold in flour and salt, blending all well. Then add chocolate. Drop by small spoons on to a greased cookie sheet and bake about 10 minutes at a temperature of 375 degrees. Remove from pan.

#### BEETS 'N GREENS

Three to 4 heads of salad greens (any combination), salt and pepper to taste, 1 tablespoon sugar, 3 tablespoons lemon juice, 1 small onion, 1/2 tablespoon butter, 1/2 cup other shortening, 2 cups cooked, sliced beets, 1 whole lemon cut in wedges, 2 hard-boiled eggs.

Wash the salad greens and chop rather finely. Drain slightly; salt, cover and cook in the amount of water clinging to leaves. Season with pepper, sugar and lemon juice. Cook onion, sliced, in butter or shortening in a large frying pan and pack cooked greens over onion. Top with a layer of sliced beets. Heat thoroughly then invert onto a serving dish and serve hot.

Note: Use your more mature greens for this recipe and save the tender ones for crisp salads.

### Dorothy Dix Says—

#### MARINE SERGEANT DEFEATED BY WIFE'S INCESSANT BABBLE

##### However Irritating A Too Talkative Wife Is, A Dumb One Would Be Worse

DEAR MISS DIX—My problem may seem silly, but to me it is very serious. Although I am very much in love with my wife there are a few things she does that make me irritable and I do not know how to correct them without hurting her feelings. The chief trouble is that she has a habit of talking baby and making foolish speeches—in fact, she babbles. I am a man who keeps his remarks to the subject at hand. I make sense when I talk and people enjoy listening to the words I very carefully say. I acquired this interesting method of talking from my training as a recruiting sergeant in the service.



My wife, on the other hand, talks in a very uninteresting manner and never knows when to stop. This gets on my nerves and keeps me worried so that I feel as though I want to stay away from her when she starts to talk to my friends. Other people have noticed this habit of hers and have called my attention to it. What is the solution to my problem?

SEMPER FIDELIS.

ANSWER—As I see from your letterhead that you belong in the Marines, perhaps the solution of your problem is to be ordered to Australia or some other place beyond the sound of your wife's voice. Otherwise, I fear there is no hope for you. No human ingenuity has devised a method that would shut up a woman who wants to talk.

We can dam Niagara and shut off the flow of water at Bonneville Dam, but no one can halt the torrents of words that pour from a woman's lips and flow on and forever.

It is unfortunate that when your wife has so much to say, and says it so endlessly she isn't a spell-binder. But in the case with men and women who are loquacious, no monologist is ever by chance interesting or has anything to say that the listener wants to hear. They are invariably such bores that only by the exercise of great will power and the possession of strong Christian principles are we able to refrain from choking them.

#### HOW DID HE OVERLOOK IT?

But how come you didn't discover before marriage that your wife had a perpetual tongue and that its output was dull and uninteresting? Was it because you didn't mind her babble when she kept repeating over and over how wonderful and strong and brave and handsome you were? Or was it because you were so busy telling her how much you loved her that you didn't notice?

So many husbands and wives find each other such bores after marriage that it seems strange they didn't get a line on each other's conversational range in time to call the deal off and save themselves. But bad as a too talkative wife is, a dumb one would be worse. You can't imagine a happy home presided over by a grim, silent woman who spoke only when spoken to, who never told her husband any news or the scandal about their friends, or what the baby said, or what the neighbors are having for dinner. Better, by far, one who chirped as meaningless as a canary than one who kept all her thoughts bottled up inside of her.

And you have one great consolation in your predicament. Being such a marvelous conversationalist yourself, you can learn to talk to yourself; then you will always have the pleasure of conversing with an intelligent man and listening to an intelligent man converse.

#### MOTHERS DON'T ALWAYS KNOW BEST

DEAR MISS DIX—I am very much in love with a boy who is a fine upright chap and could give me a good home and security, but my mother is always opposed to my marrying him because she doesn't think he is good enough for me and that I should aim higher. His family own a cattle ranch and he works on it.

I have always been athletic and love the outdoors and animals. Cow-boys have always fascinated me and I have always said I was going to marry one. I figure out that I have found in this boy just what I have always wanted; but mother says, "No," and I hate to go against her will. Heretofore she has always been right in her decisions, but don't you think that this time she could be wrong? I am 24 years old and tired of working in an office.

EVELYN.

ANSWER—The old theory that "mother always knows best" may be a good enough principle on which to run the nursery, but it doesn't work after children are grown up. By that time the youngsters have developed personalities of their own and they may have tastes, and desires and talents that are diametrically opposed to mother's and make her incapable of judging what line of conduct would best promote their happiness and success in the world.

Millions of men and women are failures because mother wouldn't let them do the things they wanted to do and forced them to do the thing nature never intended them to do, or because mother's vaunting ambition made her try to turn a nice, honest little candle that would have given a good steady light if let alone into a shining star that fizzled and went out.

Practically all mothers believe they can make a better selection of husbands and wives for their children than the children can. Mother is poor, who has a bit of money for John to marry the homely girl next him still, that it will be for him to marry the pretty little flirty flirt who hasn't a second dress to her name and can't boil water without marry the rich banker who is old enough to be her father instead of the poor boy she has set her heart upon. And if John and Mary take mother's advice, they end up in the divorce court only too often.

When a girl is very young it is well for her to lend an ear to mother's advice but when she is 24 years old, she has a right to select her own husband and marry the man she wants. It's more important that she get her tastes in husbands than mother's because she is the one who will have to live with him.

#### OBJECT OF SYMPATHY

DEAR MISS DIX—My father and mother are divorced. What do you think and what do other people think of a girl whose father lives openly with a woman to whom he is not married?

TOPAZ.

ANSWER—All right-thinking persons would condemn the father, but a shadow on her life. Don't let what your father has done make you people generally have a peculiar tenderness for children whose parents have failed them.

#### EARLY TYPO CHIEF

The first president of the New York Typographical Union, commonly known as "Big Six," was Horace Greeley, founder of the whose pies formed a regular dish at suppers.

#### KIT CAT CLUB

The Kit Cat Club in London, innocently known as "Big Six," was Christopher Katt, pastry cook New York Tribune.

### A Morning Smile

As the secretary of the golf club was crossing the course he saw a player driving off about a foot in front of the tee-mark. "Here," he exclaimed indignantly, "you can't do that! You're disqualified."

"Why?" demanded the player.

"You're driving off in front of the mark."

"Don't be an ass! This is the tee mark; I'm playing my third shot."

#### DIFFICULT

"So, that's the baby," said Uncle John. "Yes," said the proud father. "I hope you'll bring him up to be a conscientious, upright young man." The father shook his head. "I'm afraid that'll be rather difficult," he replied. "Pshaw!" snapped Uncle John. "As the twig is bent the tree is inclined." "Yes, but this twig is bent on being a girl, and we are inclined to let it go at that."

### Home Service

#### Party



#### "Racing Sheet" Fun For All

What is Bill up to—balancing so dizzily on one foot? He's playing the lively game "Racing Sheet." Everybody loves it!

Line up two teams to "run" relay fashion. Give the first two contestants—one from each side—two newspapers each. Fire a popgun and away they go!

Each player lays down a paper, steps on it with one foot, lays down the second paper, steps on that and so on to the finish line. There the next player on his team waits to grab the Racing Sheet and do his bit.

To keep the fun at fever heat, stage a "Bronco Busting" stunt. One guest plays the cowboy. Another five line up to make the Bronco—everyone except the leader clasps the waist of the player ahead.

All set? Each Bronco "bucks"—plunges wildly while the cowboy tries to mount by clapping the last player around the waist. A sure way to make your party hum is to have lots of games and stunts! You'll find dozens of good ones in our 32-page booklet—Blindman's Boxing Match, Blarney, My Husband Doesn't Like Peas, many others. Clever ice-breakers, action games, fortune stunts.

#### Send 20c in coins for your copy of "Party Games for All Occasions"

to Charlottetown Guardian Home Service. Be sure to write plainly your name, address and the name of booklet.

Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_

## FOR A Quick Supper! EGG WEAT NOODLES



EASY TO PREPARE

## CANADA'S HOUSEHOLDERS ATTENTION!

You've been asking for more and more Crown Brand Syrup. We're doing our best to supply you! But—

If at any time your grocer cannot give you the "Crown Brand" Syrup you need... we want you to know the reason. HERE IT IS:—

In addition to its other uses, Crown Brand Syrup is being used in Canadian homes to supplement the supply of sugar. We are producing a great deal more corn syrup, but it is difficult to meet the demand resulting from a war shortage of millions of pounds of sugar.

The supply of "Crown Brand", like other things, must be shared. Don't hoard... buy normally. We are making every effort... and your grocer will do his best to fill your needs.



## CROWN BRAND SYRUP

THE CANADA STARCH COMPANY LIMITED • MONTREAL - TORONTO

### ROLL OUT THE APPLE BARREL

Recipes-of-the-Month Call for the "King of Fruits" in Late Fall Desserts.

(By Barbara B. Brooks)

Spring has its young lamb and tender greens, summer its berries, but autumn can call the Apple, King of fruits, its own. A year-round favourite, the apple is at its juiciest in the late fall when it reaches the market, straight from the ripening orchards. Once in the kitchen, the apple starts on a brilliant career of tasty pungent dishes.

Three new apple recipes that will win laurels at any table are Apple Flake Betty—a crispy combination of crisp flakes and apples in a simple yet satisfying pudding; Apple Crunch, another apple-inspired dessert and the last word in pies—Apple Pie Moderne Below are the recipes.

#### APPLE FLAKE BETTY

5 cups corn flakes  
3 cups sliced apples  
3-4 cup sugar, granulated or brown  
cinnamon  
3 tablespoons butter  
Put layer of corn flakes in buttered casserole. Cover with layer of apples. Add half the sugar; sprinkle with cinnamon and dot with a third of the butter. Add another layer of corn flakes, remaining apples and sugar. Sprinkle with cinnamon and dot with more butter. Put layer corn flakes on top; dot with remaining butter and sprinkle with a little sugar. Cover casserole and bake in moderate oven (375 degrees F.) about 35 minutes or until apples are soft. Serve hot or cold with cream.  
Yield: 6 servings.

Note: Add about 2 tablespoons water to casserole before baking if apples are not juicy. Sprinkle a few drops lemon juice over apples if they are not tart.

#### APPLE CRUNCH

6 cups sliced apples  
1 1/4 cups light brown sugar  
1-4 teaspoon nutmeg  
1 teaspoon grated lemon rind  
4 cups corn flakes  
1 1/2 cup melted butter  
Arrange apples, in baking dish. Cover with one cup of brown sugar, nutmeg and lemon rind. Roll corn flakes into fine crumbs and combine with remaining sugar and butter. Sprinkle on top of apples. Bake in moderate oven (350 degrees F.) about forty-five minutes or until apples are done. Serve with cream.  
Yield: 6 servings (9 x 9-inch dish).

#### APPLE PIE MODERNE

6 cups corn flakes  
(1 1/2 cups fine crumbs)  
1-2 cup sugar  
1 quart pared, sliced apples  
1-2 cup sugar  
1 teaspoon cinnamon  
2 tablespoons butter.

## Needlecraft For The Home

### This Front-Buttoned Frook

Make it of flannel, make it of crepe or spun rayon, according to your needs—it will always be smart and one of the busiest frocks in your wardrobe.

Style No. 3579 is designed for sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42, 44, 46, 48. Size 36 requires 3 1/8 yards 36-inch fabric.

To order pattern: Write or send picture with your name and address with 20 cents in coin or stamps to the Needlecraft Bureau, The Charlottetown Guardian, Needlecraft Department.

Style No. 3579.

Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_



#### HITS LABOR UNIONS

LONDON (OP)—Nazi President Vidkun Quisling of Norway has proclaimed the state's unrestricted right to interfere with all organization and associations "which are not considered purely personal unions of professional nature."

## Painful, Pus Filled Boils The Cause of Much Misery

If you suffer from boils you know how sick and miserable they made you feel. Boils are an outward indication of impurities in the system, and just when you think you are rid of one another crops up to take its place and prolong your misery. All the lancing and poulticing you can do may not stop more coming.

To help overcome boils you should purify the blood, so why not give that old, reliable blood medicine, Burdock Blood Bitters, a chance to show what it will do in helping you get rid of them? Thousands have used it for this purpose for the past 60 years. Why not you?

The T. Milburn Co., Limited, Toronto, Ont.