

# Woman's Realm :- Social and Personal :- Fashions :- Literature

## The HOUSEWIFE and HER ACTIVITIES



**SPRING**  
Gambling lambs are in the meadows  
Flowers are gay and bright.  
Everything shall chase the shadows  
And bring forth the light.

On shady banks the primrose peeps  
And violets intertwine  
The snowdrops cover the ground  
In heaps  
With daffies in a line.  
—Hannah Harrison (Foytad:wn).

### KITCHEN AIDS

Do not store jams or preserves on a high shelf.  
Add a little vanilla extract to the chocolate cake batter.  
Tea should be made quickly, at the first boil of the water.  
Fruit fritters supply the lack of meat on the vegetable platter.  
A poached egg served on a slice of fried scrapple makes a tasty breakfast dish.  
Add a raw prune to the pot when making after-dinner coffee. It will give a piquant flavor liked by many.  
When cooking a steak smothered with onions squeeze the juice of a lemon over it before serving.

### NEW USE FOR PIPE CLEANERS

Pipe cleaners make excellent hair curlers; they are cheap, light, grip the hair firmly and do

not break. Wind a small amount of hair around the centre of the pipe cleaner, bend over the two ends towards the middle. They will fix the hair effectively.

Indirectly women run the world.  
**MAGIE PRINTS HAVE A LIFT AND HUMOR**

Black and white prints have young motifs this season, so that they can hold their own for the scrutiny of eyes that are evaluating fashions this season in terms of the exuberant colors and patterns that are making colored prints such a lively and vital part of the fashion story for spring and summer. What is lacking in color and size, too, in the motif of the black-and-white prints is made up or in the humor and bit of the themes. Little horse-drapage glasses, torn paper, and lady-figures are some of these motifs. They are applied with movement, and contrary though it sounds, still preserve something of the neat tailored effect looked for in one-color prints. They're fine for sports and town dresses.

### WASHED SOON

Silk stockings should never be left in a soiled condition for a number of days after once removing them. Wash them as soon as possible as the moisture from the feet will rot them.

### REVEALING A RELIC

One of London's oldest relics is to be flooded.  
It is the "London Stone," often mistaken for a waste-paper basket, since it is covered by an iron grille, which is actually centuries old. Some say it was erected by the Druids as a monument. It is certainly pre-Roman.  
It was, at a later period, used to indicate the roads radiating from London and the mileage to certain towns.  
Now it reposes at the foot of a wall of the old St. Swithin's Church in Cannon Street, but it is to be placed in a position, better suited to its historical association, probably in an arched recess, five or six feet from the ground and flooded at night to enable the inscription to be read. The architect of St. Swithin's Church has prepared the new design. It will therefore be impossible for city workers to mistake the stone's identity.  
The London Stone was reduced considerably in size by the Great Fire, crumbling to a foot cube.

## THE ONLY MEDICINE MY CHILDREN EVER HAD

**MATERNITY NURSE K—** who has had such success in giving Baby's Own Tablets to her own children, goes on to say: "I have recommended them to lots of my patients, telling them they could prevent many a troublesome sickness by using Baby's Own Tablets."  
Then Mrs. M—, of Mosherville, N.S., says: "I have two lovely boys and a girl, all of whom have been greatly benefited by Baby's Own Tablets during babyhood."

Such sickness as diarrhoea, upset stomach, simple fever, simple cold, colic, colds, constipation, summer complaint, indigestion and teething troubles all respond to the remedial effect of Baby's Own Tablets.  
Easy to take as candy. Safe and harmless even to the most delicate baby. Quick and sure in their effect. Absolutely free from opiates and stupefying drugs. Analyst's certificate on every box.  
25c a box and your money back if you are not satisfied with the results.

## MIC-MAC tea & coffee



**MIC-MAC Natural COFFEE**  
Kept Fresh in the Metal Foil Package

## Today's Short Wave Radio Program

(All Time is Eastern Standard)

**WEDNESDAY, APRIL 7 BOSTON**  
5 p.m.—Rebroadcast of Selected Subjects. WJLW, 25.4 m., 11.79 meg.  
6 p.m.—News in English. Review of science. Tenor Ugo Mari. ZRO, 31.1 m., 9.63 meg.  
**ROME**  
6 p.m.—News in English. Review of science. Tenor Ugo Mari. ZRO, 31.1 m., 9.63 meg.  
**HUIZEN, NETHERLANDS**  
7 p.m.—Happy Programs. PCJ, 31.2 m., 9.59 meg.  
**MOSCOW**  
7 p.m.—Mother and Child welfare into the TSSR. RAN, 31.2 m., 9.6 meg.  
**SCHENECTADY**  
8 p.m.—Latin American Concert. WXXAF, 31.4 m., 9.53 meg.  
**BERLIN**  
9:15 p.m.—"Farsfall" by Richard Wagner, act II. DJD, 25.4 m., 11.77 meg.

**LONDON**  
10 p.m.—A Commentary on a Match in the Amateur Boxing Championships. GSP, 18.8 m., 15.14 meg.; GSD, 25.5 m., 11.75 meg.; GSC, 31.3 m., 9.58 meg.  
**WINNIPEG**  
12 midnight—Live. Laugh and Love—orchestra with soloists and Count Pravia. CJRO, 48.7 m., 615 meg.; CJRX, 25.5 m., 11.72 meg.

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## WHAT KIND OF A NEIGHBOUR ARE YOU?

"What kind of a neighbour are you?" would make an excellent title for a comedy number? The problem of neighbours is an age-old one, but never has it become quite as acute as it is at the present time, when existence has become so communal, so congested.  
Most of us have a grievance connected with our next door neighbours. Somehow, the people who live next door never seem quite civilised or human to us, but they never, or very rarely, seems to dawn upon us that to them we are "The People Next Door," who seem equally barbaric and inhuman to them.  
To be a successful neighbour in these days, needs a little thoughtfulness on our part; it also demands a certain amount of give and take on both sides. When pondering over things and wondering whether we are good neighbours or not overlook the more practical side of the question. By this I mean that such things as bolts or locks which require oiling, should be attended to. Just a small matter you may say, agreed, but how nerve-racking that constant rattling and banging seems to the one next door!  
Radios do not need to shriek to be audible, and as long as you can hear it, there is no need to illicit your radio on your neighbour's unwilling ears. Keep them of the common wall, and away from open windows. Regard this as your one good deed a day if that is any inducement.  
A great deal of the noise in a kitchen can be avoided by the use of rubber mats, which act as shock absorbers and deaden the clatter which accompanies the use of pails, pans and other hollow utensils. Being a good neighbour does not imply too great friendship; in fact this rarely makes for good neighbourliness and usually ends in trouble. The best basis for peaceful relations is one of slight acquaintance, coupled with the will to render a small service now and again and to receive one in return.  
Good neighbours do not begin by talking outlandish and noisy tasks late in the evening when other people are looking forward to the enjoyment of a peaceful and undisturbed time, after a hard day's work.  
Perhaps the whole crux of the matter can be summed up in one word—consideration. With consideration for other people, on both sides, life becomes an easy and delightfully livable affair, while without that consideration, it can become a real purgatory, which we must endure every day of our lives.

## Stony Girls' Home Life Dorothy Dix

As a Girl Acts in Her Own Home so is She Likely to do After Marriage, and Men Should Learn Her Habits Before Proposing

It is a queer thing that when a man goes to pick out a wife he so rarely tries to get a picture of her against the background of her own home. In fact, in these days when girls so generally meet their dates with their hats on ready to go out to some place of amusement, many a man marries a young woman without having penetrated further into the house in which she lives than the front hall, or sampled her mother's cooking.



That is a pity, because it keeps the man from getting any line upon the girl and what kind of a wife she is likely to make as he would if he had seen her in her family circle, noted her attitude to her parents and her sisters and brothers, and theirs to her. Every girl is glamorous when she has on her party clothes and her party disposition and is surrounded by an atmosphere of flowers and lights and music. But not every girl is a peach when she has on her home clothes and her home manners and is enveloped in an aroma of fried liver

And, alas, there are so few parties in marriage and such a superabundance of family life! Hence the importance of a young man trying to learn all he can about the sort of people a girl's father and mother are, how she has been reared, how she treats her family and what sort of a home she has, before he pops the question, for that will tell him the kind of a wife she will make. There would be virtually no divorces if every man proposed in the cold hard light of a girl's own parlor at 11 A. M. instead of in the moonlight at 11 P. M. with the saxophone sobbing hot music in the distance.

Now among the things that a man would have a chance to find out about a girl if he saw her at home instead of at night clubs would be whether or not she was Mother's spoiled darling. If from the time Lulu was born Mother had adored her, petted her and indulged her every whim and had never crossed her will or denied her anything, and if Mother thought that the whole world should sacrifice itself for Lulu's pleasure, he would be a wise youth and save himself much grief and alimony if he would beat a retreat on the safe side of the altar. For Mother's petted darlings are the yellow wives who throw up their jobs and quit when they find that their husbands won't make doormats of themselves, as Mother did, for them to trample over.

He would also have the opportunity of making a pretty fair estimate of how selfish and self-centered a girl was. If she was dressed like Solomon in all his glory while the remainder of the family looked as if they had been fished out of the ragbag, if she had a dozen pairs of fancy pumps while their shoes were patched; if she monopolized the living room and the family car; if Mother's hands had callouses on them from working so that daughter might keep her red nails out of the dish water, he would have a sure-fire tip that she would make one of the "gimme" wives who worked their husbands to death to pay their bills and give them trips to Europe and Winters in Florida and Summers in the mountains.

Observing Arabella in her home circle, the young man could note whether or not her parents, sisters and brothers were afraid of her. By that means he could figure out just about how much temper and tongue he would have to stand for if he married her. He would know that, if Father didn't dare sit around in his house slippers when his feet hurt him after a hard day's work; if Mother hesitated to speak lest Arabella criticize her grammar or pronunciation, and if the children knew better than to touch any of Arabella's belongings, it would be the part of prudence to leave Arabella for a better man than he.

But, on the other hand, if the young man saw that Arabella was at her best in her family circle; if she was her father's chum and her mother's helper and the pygmate of her little brothers and sisters; if she was sweet and gay and unselfish in her everyday life and particularly if he noted that her home was a place of peace and rest and comfort and that her parents treated each other with affection and consideration, then he would make no mistake if he rushed such a girl to the altar as quickly as he could get her there.

For wives are homemade. Ninety-nine girls out of a hundred follow the pattern their mothers set them. They treat their husbands as they have seen their mothers treat their fathers. They are thrifty or wasteful, neat or slovenly, good cooks or bad, good-natured or nagging, just as their mothers were before them. That is why it is so important for a man to get a girl's background before he marries her.

DOROTHY DIX.



## LIST OF ANNUALS TO ASSIST GARDENERS IN MAKING SELECTIONS

These cool evenings offer a fine opportunity to study the materials for a lower border. Below is a list of annuals classified to assist you in making selections to fit your needs and conditions:

For edges and borders — Sweet alyssum, dwarf nasturtiums, lobelia, dwarf marigold (*Tagetes signata*), ageratum, Virginia stocks and forget-me-nots.  
Long stems for cutting—Asters, calliopsis, mourning bride or scabiosa and cosmos.  
Short stems for cutting—Marigolds, snapdragons, calendulas, sweet peas, annual chrysanthemums, bachelor buttons, sweet suitans, ten weeks stocks and gypsophila.  
For color masses — Petunia, zinnia, marigolds, calendulas, phlox Drummondii, verbena, stocks, aster, salvia and poppies.  
For light or poor soil — Nasturtiums, Clarkia, godetia, poppy, portulaca and zinnias.  
For fragrance — Mignonette, heliotrope, nasturtiums, alyssum, ten weeks stocks and sweet peas.  
For shady places — Pansies, torenias or wishbone plant godetia, forget-me-not, nemophila, musk plant and other varieties of the handsome monkey flowers (*mimulus*).  
For hot situations — Sunflowers, heliotrope, portulaca, ice plant, petunias, balsam and annual gallardia.  
To grow after frost — Sweet alyssum, bachelor's buttons, petunias, marigolds, calendulas, candytuft, stocks and phlox Drummondii.  
Vines — Morning glories, moonflowers, Japanese hop, climbing nasturtium, cardinal climbers, cobaea, cypress vine, balloon vine, scarlet runner and hyacinth beams.  
Color harmonies — For yellow and deep blues: white cosmos, annual sunflower, centaureas, blue larkspurs, Swan river daisies, lobelia tenuior and the dwarf forms, burra

## JUST TWO TEASPOONFULS APART... But what a Difference



**SAL HEPATICA Restores Your Energy Because Its Double Action—**

**1. CLEANSSES THE SYSTEM**  
**2. COMBATS ACIDITY**  
A SHORT while ago Betty almost stopped going out—felt sluggish, lacked pep. Then she tried Sal Hepatica. Now she's her old, bright self again.  
That tired, heavy feeling that gets you in its grasp is probably not due alone to wastes in the body. Chances are, acidity, too, is undermining your energy, for in most cases these two conditions go together—the acid condition aggravating and prolonging the effects of the other. They rob you of fun

as well as energy—spoil those daily pleasures that make life worth living. Because they work together, constipation and acidity should be fought together. That is why Sal Hepatica do you so much good. Its double action combats both. Take two teaspoonfuls of Sal Hepatica in a glass of water. Quickly, gently, yet thoroughly, it cleanses your system of wastes, and at the same time sets in to combat excess acidity. Soon you feel better, more peppy, more your own real self, because with this one refreshing drink you have tackled the two enemies of your natural energy. Get a bottle of Sal Hepatica today!

## SAL HEPATICA The Mineral Salt Laxative That Helps Nature Combat Acidity

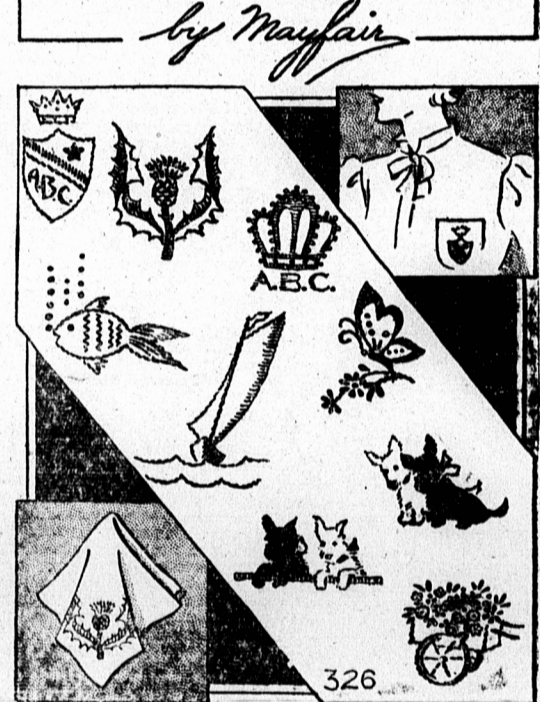
## A Morning Smile

... selling a coat to a lady customer.  
"Well, well, you are getting more like your mother every day."

lighter blue lobelias, Swan river daisy, phlox Drummondii and zinnias.  
For a fragrant, all-season border, with material for cutting, you should include most of the following: Ten week's stocks, petunias, French and African marigolds, calendulas, annual larkspurs, cosmos, zinnias sweet peas, portulaca, summercress or kochia, flowering tobacco, calliopsis, phlox Drummondii, ageratum, sweet alyssum, poppies, asters, bellmans, bachelor's buttons, sweet sultan, cockscomb and annual plinks.

**WALKING IMPROPERLY**  
If you suddenly develop corns on your feet and are wearing shoes that heretofore have been comfortable you had better check up to see if you are walking properly. Your arches may have dropped a little and an inside support in your shoes is necessary. There is some reason for the change.

## Cleverly Designed Personal Motifs

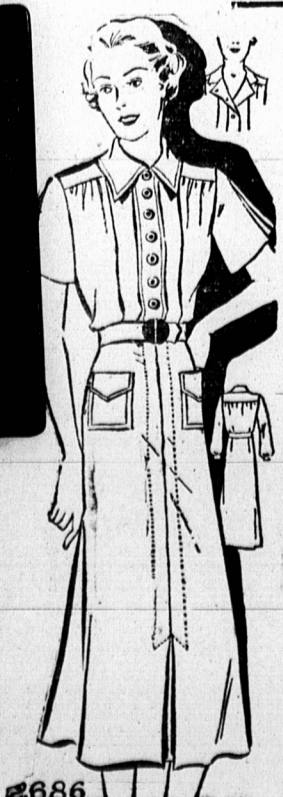


Mayfair Needle-art Design No. 326  
Scarves, pockets, collars, belts, handbags, lapels, lingerie and sports dresses instantly become individual and smart when decorated with these lovely embroidered motifs. There are thistles in recognition of England's Scotch Queen and crests and crowns inspired by the Coronation and complete with your own initials. There are sail boats for the nautical minded and impertinent fish blowing bubbles. For those who love dogs, there are Scotties at play and Scotties in repose. Even the garden is represented for there is a single spray with a hovering butterfly and a very picturesque push-cart filled with colorful blooms. Simple stitches are used for all designs. The pattern includes 18 transfers, two of each design, as well as designs usable for both right and left side. Designs are about 1 inch and 1 1/2 inches in size. Complete embroidery instructions, detail charts of colors and stitches.

For complete patterns and instructions for all of these designs, send 20 cents in stamps or coin (coin preferred) to The Charlottetown Guardian Needlework Department.

Use this coupon Print your name and address plainly  
To The Charlottetown Guardian  
Needlework Dept.  
DESIGN NO. 326  
Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

## EXCLUSIVE STYLES FOR PEERLESS DRESSERS



Here's a soft shirtmaker dress that smart women call a "find". The soft fullness of the bodice makes it very comfortable for sports wear. The skirt has an important front pleat for sports activities or easy stride.  
Use your own tast about the neck, skirt collar or open revers neck. The pattern provides for both.  
For spring town wear plain or print silk is a nice choice.  
For spectator or sports, you'll love the gay cotton or wool challis prints and washable silks.  
You'll want to make two or three when you find out how easy it is to sew. A detailed Sewing Chart is included.  
Style No. 2686 is designed for sizes 14, 16, 18, 20 years, 32, 34, 36, 38, 40 and 42-inches bust. Size 36 requires 3-5-8 yards of 39-inch material.  
Price of pattern 15 cents in stamps or coin (coin preferred) wrap coin carefully address to Charlottetown Guardian giving—Style No. 2686 Size.....

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_

**THE DUST BAG**  
Be sure to empty the dust bag of the vacuum cleaner onto a dampened newspaper so that the dust does not fly over the cleaned floor. If possible, empty the bag out of doors so you can shake the dust out thoroughly.

**LOOK, PIMPLE SUFFERERS!**  
I HATE GOING OUT. MY SKIN LOOKS AWFUL.  
YOU'RE DANCING EVERY DANCE.  
YES, JANE, THANKS TO CUTICURA SOAP AND OINTMENT.  
TRY CUTICURA IT'S FINE FOR ALL IRRITATIONS OF EXTERNAL SOURCE.  
FREE sample, write "Cuticura" Dept. 35, 286 St. Paul St. W., Montreal.