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Dr. Chase's OINTMENT

The Plains Of Abraham



By James Oliver Curwood

Illustrations by Evelyn Mages

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(Continued)

This winter he went farther in his adventures. Captain Pipe, the old Caughnawaga, had a habit of spending several of the hardest weeks near the Bulains, and with his two sons, White Eyes and Big Cat, Jeems travelled to the shores of Lake Champlain for the first time. He was gone a week and planned with his friends to make a longer expedition the following year, as far as Crown Point and a place called Ticonderoga, where the French were going to build a fort some day. On this excursion he experienced the real thrill of danger for White Eyes and Big Cat, both of whom were young braves who had won their spurs, moved with the caution which was eloquent in its significance.

With Toinette and her people away from the seigneurie, Jeems had no hesitation in going to the Richelieu, and made trips there with his father on snowshoes; and in March, during a break in a spell of intense cold, he went alone and remained overnight in the house of the baron's overseer with whose young people he had become acquainted. This overseer was Peter Lubek, an old veteran for whom Tonteur held a warm affection, and through his son, Peter the younger, Jeems had his first news of Toinette. She was at the Ursuline school, and her parents had taken a fashionable house in St. Louis street. Peter said Tonteur wrote in every letter to his father that he was homesick to get back to the Richelieu.

As another spring and summer followed those which had gone before, Jeems knew he was fighting something that had to be conquered, a yearning for Toinette which filled him with a bitter loneliness when his hold was strongest.

For two years Toinette remained in Quebec without a visit to the Richelieu. During these years, the tragedy of his divided birth was forced upon Jeems. There was no doubt that the English in him was uppermost or that the urge in his blood was toward the southern frontiers and the colonies of Hephsabah Adams. Yet he loved the place where he lived with a sincere passion—the Big forest, forbidden valley, all the miles of wilderness about him as far as he could look to the horizons. This was New France. It was his father's country and not his mother's. Between his father and himself a comradeship had grown up which nothing could break, but his worship for his mother was a different thing, as if something besides motherhood bound him to her. His friends had increased in number. He came to know people along the Richelieu but rarely one of them. Toinette's words and her hatred for him persisted in his memory and kept recalling this truth.

Late in August of the second year of her absence, Toinette returned to Tonteur manor for a month. Jeems' heart ached with the old yearning, but he did not go to the seigneurie. Paul Tache and his mother were also at the baron's and he felt a sense of relief when he learned that all of them were on their way to Quebec, with the exception of Tonteur, who remained for the harvesting of crops. A fortnight after they had gone, Peter Tache, he had scarcely recognized Toinette, he said. She had grown taller and more beautiful. Tache was a full-grown man and dressed like a young noble. One with half an eye could see that he was deperately in love with Toinette, Peter avowed. But if he were a judge of such affairs, and he considered himself to be that, Tache was a long way from a realization of his desires, even taking Toinette's tender years into consideration. She granted him no favors. There had actually seemed to be a coolness in her attitude toward him.

Peter's words stirred Jeems with a satisfaction which he did not let the other see, and not until he was on his way home did he pull himself from the folly of his thoughts about Toinette. Even if she were not smiling on Tache as warmly as he had supposed, he knew she was given privilege to defend one's home as far remove from him now as the sun was from the earth. Yet as substantial her belief that war with her presence, though he had known that Jeems would not see her

W. C. T. U. Notes

(By HAVEN EMERSON, Dr. Haven Emerson is a professor in the College of Physicians and Surgeons, Columbia University, New York City.)

The best statement in the English language upon the action of alcohol on human beings is the report of the Advisory Committee to the Liquor Traffic Board of Great Britain published in 1918 during the period of the World War by the ablest group of men in medical and social sciences ever called upon to assemble the facts, and propose a basis for national action.

In view of the great success and widespread acceptance of their liquor regulations generally by the people of England, it will be well to consider here and now the facts upon which the beverage use of alcohol may properly be based, and to accept the agreement of men of science as to the abuse and misuse of this powerful drug.

It is taken for granted that we are discussing ethyl alcohol, and not one of the other more or less poisonous substances, chemically similar, though wholly unsuitable for, and mostly forbidden, as adulterants of alcoholic drinks.

While there are other substances of importance in many of the commonly used alcoholic drinks, alcohol is the one for which people develop a craving. Alcohol gives the effect upon the mind and body which the drinker seeks, and if good or harm comes from the use of alcoholic drinks the results are chargeable almost exclusively to their alcoholic content. These statements are as true now as in pre-prohibition days. It is now as in other generations the alcohol which is responsible for practically the whole of the drug action on the body by all kinds and strengths of beers, wines, spirits, cordials, and liquors mild and strong.

A food is not merely something which is useful for the normal life, growth, development, and reproduction of the human body, but it may be a fuel to be used as a source of energy.

There are three classes of foods, first those which supply energy and also the materials out of which the body grows and repairs itself, such as milk, meat, and eggs; next those which serve as fuel directly, and can be used to store up the starches, and fats; and lastly such as can serve as a fuel but only for immediate use, and are incapable of making body material or building up body reserves. Alcohol belongs to this third class and is the only substance commonly used in diets which has this very limited food value. In the sense that a food is intended for body growth and repair, and storage of energy, alcohol has no food value.

Even accepting alcohol among the foods in this extremely limited sense, its use in nutrition is restricted narrowly by its poisonous effects upon the tissues of the body, and particularly upon the brain and other portions of the nervous system.

Furthermore when compared with our ordinary food, capable of supplying energy, beverage alcohol costs under all conditions of modern commercial production and distribution excessively in proportion to its fuel value.

Yes, it is a narcotic drug and a depressant. Quite apart from the use of alcohol in the body as an immediate fuel, it can and does influence body processes and actions in other ways. Such effects we speak of as drug action, and by this we mean not necessarily harmful, but chiefly temporary modifications in the usual healthy and normal activities of the body organs and tissues.

Alcohol has a drug action similar to that of ether, used to produce unconsciousness for surgical purposes, but differing in the degree and duration of its effects. Alcohol, ether, and chloroform are all narcotic drugs, alcohol exerting its effect most slowly and gradually of the three, and requiring a longer time for elimination from the body. Chloroform acts most quickly, ether a brief effect, and is most rapidly eliminated.

Alcohol is distinguished from these other two narcotic drugs by the facts that it is a habit forming drug, the use of which in small and apparently pleasant and harmless amounts in the diet tends commonly to create a desire for a frequent repetition of the drug effect, the use of larger doses and doses of greater concentration.

Peoples accustomed to use beer and wines in moderation in their diet and as part of their daily food meals, have generally developed the habit of using the stronger alcoholic liquors and using them

Famous Bow Bells Being Re-tuned

LONDON, June 17.—Bow Bells, the peal which by tradition brought Dick Whittington back to London when he heard them from Highgate Hill, has gone for renovation to the foundry at Croxson, where the Ottawa carillon was cast.

Bow Bells belong to the tower of St. Mary-le-Bow, in Cheapside, but have been silent for the last six years. The tower—one of the most graceful of Sir Christopher Wren's creations, was struck by lightning. It has since been repaired and the bells will be able to ring again as soon as they are back from the foundry.

A special performance of the spectacle, "Bow Bells," at the London Hippodrome was given the other day in aid of the restoration fund of the church, and was attended by the Duchess of York and Prince and Princess Arthur of Connaught.

Auntie—Well, John, and how do you like your new baby brother? Four-year-old John—Asleep!

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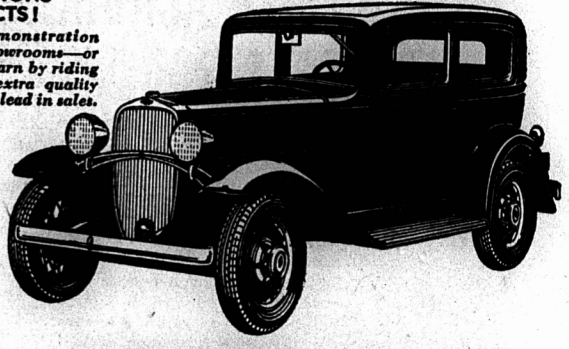
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greater is the depreciating effect of even mild doses of alcohol. Moderate doses of alcohol have not been shown to affect appreciably the digestive organs. Alcohol has no effect on the respiration of practical importance for the sick or the well. There is no evidence that alcohol in any form or amount stimulates the action of the heart or improves the quality of its beat. The popular idea that alcohol stimulates the heart and circulation is entirely untenable and wholly disproved by modern scientific experiment and experience. Alcohol causes loss of heat through flushing of the surface and its use blunts the warning sensation of cold.

The use of alcohol as a stimulant in the care of the sick is not now taught in the leading medical schools here or abroad. Its use in the best hospitals in all countries for medicinal purposes internally has declined steadily and to a great extent over a period of the past thirty years.

The persistent, even if not excessive, use of alcohol commonly causes a series of bodily and mental deteriorations and diseases, and lowers resistance to infectious diseases particularly pneumonia, in which the death rate is commonly twice as high among habitual users as it is among abstainers.

The effect of alcohol even when not used to the point of excess by parents is to cause development of offspring inferior in strength and vitality and often suffering from abnormalities and defects of the body and of the nervous systems.

The habitual use of alcohol tends to reduce the average length of life. Exceptionally high general death rates as well as from alcoholism are always found among persons engaged in the liquor trade in whatever capacity.

The use of alcohol as an aid to work is unsound and supported by no trustworthy evidence. It is not in the proper sense a tonic or restorative.

Alcoholic beverages are in no way necessary for healthy life. They are harmful or dangerous unless used with food and in considerable dilution and at sufficient intervals.

The use of alcohol tends to increase the prevalence of syphilis and gonorrhea by lowering the level of self-control when tempted to sex indulgence.

The use of alcohol to gain a feeling of well-being tends to make people cheer up and forget evil conditions instead of bucking down and correcting them.

Alcohol as commonly used by modern man here and abroad deteriorates the cells of the body, degrades the man, and degenerates the race.—International Journal of Religious Education.

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