Woman's Realm / Social and Personal / Fashions / Literature

First Choice Today!

RED ROSE COFFEE "is good coffee"

As good as RED ROSE TEA

447

Living & Leisure
THE WOMAN'S REALM

STATEMENT

I like dogs
Big ones filled with dignity—
Wagging solemn tails at me:
Scamperin, playful ones—
Mischievous and full of fun;
Pups of proudest pedigree—
Mutts of assorted ancestry:
For loyalty, life-long and true—
For trust—and real devotion, too—
I like dogs

—Winnifred J. Mott

ANIMAL LOVE

PORPOISE Mothers nurse their young on dry land.

THIEF—The most famous Kleptomaniac among birds is the magpie

BALD EAGLES are not actually bald. This appearance is given by the white feathers on the head and neck

EAGLE is found on stamps more often than any other bird, and is used as an emblem by nearly half the countries of the world

AIR BORNE—The first animals to fly by air were a rooster, a duck, and a sheep, sent up in a balloon in 1783, in France

BEES—The tropics have about 200 species of bees that cannot sting, but some of them bite instead

FROM PAGAN TIMES

Two popular observances belonging to Christmas are more especially derived from the worship of our pagan ancestors— the hanging up of the mistletoe and the burning of the Yule log

ORIGIN OF "WAITS SHROUDED IN MYSTERY

It is a curious circumstance that no one appears clearly to know whether the term 'waits" denoted originally musical instruments, a particular kind of music, or persons who played under certain special circumstances. At one time, the name of waits was given to minstrels attached to the king's court, whose duty it was to guard the streets at night and proclaim the hour.

HOUSEHOLD SCRAPBOOK
By Roberta Lee

Bunions

After digging out the inside of a [illegible] with common salt and bind it to the bunion. Do [illegible] for several [illegible]. Another old-fashioned remedy for corns and bunions is to apply kerosene oil.

Colored Furs

To clean colored furs take equal parts of cornmeal and salt and heat it in a deep vessel until warm to the touch. Rub this well into the fur, then brush thoroughly.

Indelible Pencil Stains

Marks from an indelible pencil can be removed by greasing the spots with lard, rubbing well. Then wash with soap and warm water.

MORNING SMILE

Retort Patriotic — An Oslo girl, sitting in the lounge of an hotel, was approached by a German officer asking her to dance. She refused and shortly afterward he returned and spoke in rather a threatening tone:

"Is it because I am a German?" he enquired.

"Oh, no," she said, smiling sweetly, "not at all. It is merely because I am a Norwegian."—Saint John Telegraph Journal.

Slight Misunderstanding — She wanted to impress the Hollywood magnate with whom she sat at dinner and remarked, gushingly: "I love Keats."

"Dot's fine," he replied. "I'm always glad to meet a young lady not lofs children."—Calgary Albertan.

BETTER ENGLISH
By C. D. Williams

1. What is wrong with this sentence? "It was the happiest family I ever saw."
2. What is the correct pronunciation of "interesting"?
3. Which one of these words is misspelled? Siringe, siren, sirloin.
4. What does the word "indecorous" mean?
5. What is a word beginning with pu that means "caustic; biting; as of speech"?

ANSWERS

1. Say, "It was the happiest family I have ever seen." 2. Accent first syllable, not the third. 3. Syringe. 4. Violating good manners; improper. "He was so indecorous as to talk during the sermon." 5. Pungent.

ADD to your reputation as a good cook, by making cakes that are feather-light, tender, deliciously moist and velvety-crumbed, despite all wartime restrictions. With Swans Down, you can use little shortening, few eggs, less sugar than usual—yet produce cakes as good as any you ever made!

But remember—only Swans Down can give such *outstanding* results! Milled from selected wheat, Swans Down is sifted again and again through silk, until 27 times as fine as ordinary flour. Make your next cake with Swans Down—you'll be delighted!

• If a cake is worth making, It's worth making with

REGISTERED TRADE-MARK SWANS DOWN CAKE FLOUR

584 BRAND A Product of General Foods

ELLEN'S DIARY
By An Island Farmer's Wife

The work in preparation for next year's root-crop—and how a farmer must plan for years ahead both for field and stable!—that of hauling manure, was completed today as Jock told me: "For the time being." It was before the men went at this task, Judy called from near the piggery-door. At the time, lacking a garbage-pail indoors, she was on her way to that building to empty the contents of the dish-pan in a pail or barrel there. James likes—nay implores!—us to save scraps from the table, odds of milk and what-n- to add to the pig's rations. For the "streak of fat" I suppose. Once, now that I may safely tell it, I came near to losing James over a similar happening. Happily, I knew nothing of it at the time I wasn't so well read then, on James' various expressions, or possibly he kept his emotions more guarded. But as I think of it now, my chances of a future at Alderlea must have been in a precious spot, almost "weighed in the balance." It happened, as he sometimes in a reminiscent mood is pleased to say: "When he was courtin'". Some distance from home. It seems now—to me, of course — there was not nearly the difficulty experienced then in getting away from the farm or in travelling so far. For that day, it comes back to me without effort tonight, the milking was barely completed at another "home" and I washed the pails. Then in my haste to be done with such a prosaic chore I threw that washing-water—with James standing there as Aunt Kitty Mahoney would say: "Taking it all in!"—"Swish" it went, clean over a nearby rose-bush and I turned the pails upside down on the stand. This morning from near the piggery door, Judy called to me: "Would he drown, Mrs. Ellen?" But it was James who came to her aid to finally dispatch the mouse continuing its lively way along the building. "And you tried to drown him. With what?" I heard James inquire. It was as well the kitchen-door closed behind Judy to cut-off part of her reply. James and I went on to talk of other matters.

* * *

Last Sunday afternoon when we had visitors at Alderlea this important and seasonal question came up: Is there a Santa Claus? and the attendant queries: How do children re-act when they are finally obliged to accept the spirit for the flesh? Is this harmful to a nervous child? It was interesting to listen to the conversation. Karolyn, who already has Jamie listening wide-eyed to a radio Santa, could see no harm in telling him about Santa than in relating Little Red Riding Hood or dozens of other fables of that type. Really less, she thought, for Santa is a very fine, likeable, chap with no big bad bear or wolf to frighten small folk almost to tears. One lady-visitor thought perhaps a nervous child would experience a disappointment almost too trying to accept. But a child has to be taught early in life to face disappointments. As I remember it the coming of Santa Claus was the very brightest spot in a long year of school and farm-duties. Real? The grass or the flowers in summer were never more real. And thanks be, the busiest of parents could—and can still—enter into the spirit of Christmas with the smallest starry-eyed child—or grandchild. I know now wherever one of these happens to be in the Christmas season "coming up" they can have only the most pleasant memories of earlier Christmas Days. There is Bill overseas: not so long ago I heard him say: "Yes he brought it last night, when I was asleep" displaying a pocket-knife to interested and understanding grand-parents. Geordie almost grown-now now: "He tied my pony right in the porch. He did too!" Young Ellen: "I did hope she's have light hair but mother said Santa was all out of those." Yes, I have an idea that a child who has grown up without being acquainted with Santa Claus misses something, in the way of sentiment, that is indeed "a spice of life." And I find myself quoting it again as I do each year about this time or later: "Not believe in Santa Claus! You might as well not believe in fairies . . . . . No Santa Claus! Thank God, he lives —and he lives forever!"

* * *

I had no time to read my story today for I had barely taken the farm-paper in hand this afternoon, when James came to the door to say: "Ellen, if it's spruce-boughs you're wanting, come and get them!" For covering the perennials. We went with James and as he cut branches from trees growing on the river bank Judy and I explored that neighborhood. We forded the stream, increased now for the mill was running, to examine an underground lair-of-sorts. Muskrat we supposed. It could have belonged to any small burrowing animal. An alert brown squirrel busy above a pile of discarded spruce-cone "leaves", only ran further up a tree to keep up a one-sided but musical harangue, trying to convince us that "a man's home is his castle."

* * *

It was an imposing load of greenery James mounted, holding firmly to two sizable trees for lawn ornaments, as well as to the reins to guide the youngest mare up the hill to the lawn. Judy and I covered many of the perennials, I, tenderly. It was then nearing dusk, a delightful quiet time outdoors, if nature is in a friendly mood. For then the hush and majesty of approaching night is over everything. I like to cover the plants for their winter's sleep reverently. And to take my time, perhaps saying inaudibly: "This is where the yellow Iris grows" as I drop a protecting green-wrap above it. This evening I said to Judy as we went along the border: "Now here are the coral-lilies" in the same tone I would likely use to say: "Now here is a diamond-necklace". July was un-impressed. She said: "A fat lot of good they are!" When our efforts, hers hurriedly, mine hopefully, had broken at least two of my cherished small-shrubs, I let Judy go indoors to prepare the supper. Not that we had completed the work. But I needed the solitude. However, there'll be other blossoming shrubs —and another day.

Until tomorrow — Diary — Goodnight.

BOAR'S HEAD FIRST

When at one time the favorite dish for Christmas day was the boar's head, the next dish in importance was the peacock.

ALONE AGAIN? THEN CHECK YOUR BREATH!

76% of all adults have *bad breath!* Play safe—use COLGATE'S TOOTH POWDER

Scientific tests prove conclusively that in seven out of ten cases COLGATE'S TOOTH POWDER instantly stops oral bad breath.

SAVES YOU MONEY! Compared to other leading brands, a large tin of Colgate's gives you up to *30 more brushings*, a giant tin up to *46 more brushings*—for not a penny more!

TIP TO SMOKERS! Colgate's Tooth Powder is one of the quickest, easiest ways to guard against tobacco stain and tobacco breath! Get Colgate's today.

COLGATE'S TOOTH POWDER 25¢ 40¢

CLEANS YOUR BREATH AS IT CLEANS YOUR TEETH

COLGATE'S NYLON TOOTH BRUSH Colgate Nylon Bristles Can't Get Soggy. SPECIAL VALUE 29¢

Dorothy Dix Says—

Tired of Home Restrictions

Willful Girl Craves Freedom in Maelstrom of a Strange City

DEAR DOROTHY DIX: I am a girl of 18 and I am dissatisfied with my parents and friends and everything and tired of this town, as there is no way in which to entertain myself. So I have decided to go to another town and get a job, but my mother says I am too young to be away from home.

I have been working, but my job didn't pay enough to buy the clothes and things I wanted, so I quit it. I want to go and live my own life like I want it. What do you advise?

C. B.

BE GRATEFUL FOR HOME

ANSWER: Well, daughter, if at 18 you can start out and live your own life just as you want it, you will be the first human being who ever has done it. Millions of young girls like you have tried it. They were tired of home restrictions and wanted to be free to come and go as they pleased. They wanted pretty clothes and $25 a bottle perfume to put behind their ears, and to meet strange men and dance and feast and make merry. And they thought if they could get away from the stuffy little home town and Mother's DON'Ts that a wild and exciting and glamorous life would follow automatically.

But when they tried it, they found out that you can be more lonesome in a big city than you can in the smallest village in which people know you and are interested in you; that if you didn't have enough money to buy finery at home, you won't have enough to even buy food when you have to pay for your own living; that instead of having many dates you won't have any, and that the men you meet will treat you the way they treat any young girl who hasn't a home and a background.

So forget all about your foolish idea of going to the city and being a glamour girl and settle down to making something of your life where you are. You will find plenty to amuse you in your small town if you will try to make an intelligent woman of yourself by reading and studying, instead of trying to be a playgirl.

You will make enough money to buy the pretty clothes you want if you will perfect yourself in whatever line of work you have taken up and be so efficient in it that you can command a good salary. And be thankful that you have a home where you are sure of three square meals a day and a mother to love you and care what you do, and to give you respectability.

Life doesn't give any of us a joyride. We have to work our passage.

DEAR DOROTHY DIX: I am a boy of 15 just starting to military school and won't be able to see my girl for a long time, but my father wouldn't even let me go to see her for about an hour after I got home from work. I don't believe that parents understand the problems of adolescent children. Do you?

M. W

TIME CURES ADOLESCENT LOVE

ANSWER: I am afraid that parents do not understand the problems of their adolescent children as well as they should, and that is a pity for both of them. Fathers, in particular, are prone to forget how they felt when they were going through their first attack of puppy love and can't see why Johnny wants to spend his time hanging around some giggling little school girl.

So Father orders Johnny to keep away from Mamie or Susie and thinks that settles the matter, when, instead of settling it, it just promotes it. Left alone the affair would have died a natural death, but Father's opposition pumps oxygen in it and keeps it alive.

The cure for adolescent love is time, not tyranny.

DEAR MISS DIX: I am a girl of 14. My parents give me a good home and everything I need, but they won't give me the things a girl of my age wants, such as boy friends, dates, spending money and, most important of all, the love and understanding an adolescent girl needs. When I really try to talk to my mother, she won't listen. She always says the same thing: "I'm busy. I haven't time to listen to such foolishness."

I am willing to work a lot around home, but I want the few things I am so cruelly deprived of. I have been asked to meet boys on street corners and go out with them, but I haven't done it as yet. I don't want to do it, but if there is no other way to have boy friends, I will do it. It is parents like mine who are the real cause of juvenile delinquency, and they don't even know it.

HEPCAT

ANSWER: How about it, mothers? Is this foolish little kitten, who wants so much to be petted at home and has a mother too busy to do it, telling you?

Splendid Cough Syrup Easily Mixed at Home

It's So Easy! Makes a Big Saving. No Cooking.

To get quick relief from a distressing cough, mix this recipe in your own kitchen. Once tried, you'll say it's your favorite cough medicine, and it's so simple and easy.

First, make a syrup by stirring 2 cups granulated sugar and one cup of water a few moments, until dissolved. Anyone can do it. No cooking needed. (Or you can use corn syrup or liquid honey, instead of sugar syrup.)

Then get 2½ ounces of Pinex from any druggist. This is a special compound of proven ingredients, in concentrated form, well known for its prompt action on throat membranes.

Put the Pinex into a 16 ounce bottle, and add your syrup. Thus you make 16 ounces of very efficient medicine, and you get four times as much for your money. It tastes fine and never spoils.

And for quick, satisfying relief, it is splendid. You can feel it penetrating the air passages and taking hold of the cough. It loosens the phlegm, soothes the irritated membranes, and eases the soreness. Thus it makes breathing easy, and lets you get restful sleep.

Just try it, and if not pleased, your money will be refunded.

A JOB ONLY YOU CAN DO
Prince Control Questions and Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board Readers. Persons who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the War Time Prices and Trade Board.

Q. How much rent can a landlord collect from a tenant in advance?

A. Under a new order announced by the Rentals Administration of the Prices Board a landlord cannot collect any more than one months' rent in advance from any tenant.

Q. Is there any regulation to prevent the exploitation of tenants through the sale or rental of furniture?

A. Yes. A recent order passed by the Rentals Administration of the Prices Board prohibits any person offering housing accommodation for rent from selling or renting furniture to a tenant unless the price or rental for the furniture has been set by the Rentals appraiser.

Q. What is the price of Grade A turkeys?

A. The maximum price allowed for Grade A. turkeys sold at retail is 46c apound.

Q. Can I exchange my preserves coupons for sugar?

A. Yes, any store will give you one half pound of sugar for each preserves coupon.

MODERN ETIQUETTE
By Roberta Lee

Q. If a guest makes a blunder at the table, is it necessary that the hostess do the same thing in order to put the guest at ease?

A. No; the hostess should ignore the blunder and pretend that she doesn't see it.

Q. If a formal wedding is to take place at noon or during the afternoon, what should a man wear while attending it?

A. A cutaway coat, with striped trousers.

Q. Is it necessary that the full name be engraved on a visiting card?

A. Yes; avoid using initials.

HOW CAN I!!
By Anne Ashley

Q. How can I save sugar when sweetening acid fruits?

A. When sweetening acid fruits, such as gooseberries, use one-half teaspoonful of soda to a quart of fruit, and stir before sweetening. Less sugar will be required.

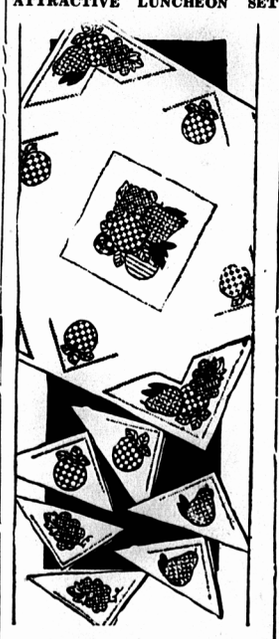
Q. How can I mend a tear in a rubber raincoat?

A. Lay the raincoat on a flat surface, matching the torn edges as closely as possible and apply adhesive tape to the wrong side.

Q. How can I remove coffee stains from table linen?

A. Glycerin will remove coffee stains from a linen tablecloth. Apply the glycerin and let it stand for three or four hours, then wash the cloth.

ATTRACTIVE LUNCHEON SET



DESIGN NO. 746

A luncheon cloth with napkins to match is embroidered in simple stitchery. Fruit motifs worked in bright colors are popular. Hot iron transfer pattern No. 746 contains complete instructions.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau Charlottetown Guardian.

Design No. 746

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GIFT SUGGESTIONS FROM The Fashion Shoppe

SLIPS BLOUSES
GOWNS SKIRTS
PANTIES BAGS

HOUSECOATS. A nice assortment left.
GLOVES in wool, kid and chamoisette.
BED JACKETS in Chenille, Rayon, Satin.
COTTON DRESSES, sizes 14 to 52.
BANDANAS

THE FASHION SHOPPE

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COOK'S CORNER

MINCEMEAT

3 cups apples, chopped
2 cups raisins, chopped
3 tablespoons lemon or other fruit juice
1-4 cup water or cider
1-3 cup mixed peel, sliced
1-2 cup sugar
1-2 teaspoon ground cloves
1-2 teaspoon nutmeg
1 teaspoon cinnamon
1-2 cup chopped suet—or 1-4 cup mild-flavoured fat, melted.

Combine ingredients and heat together slowly. Simmer about 10 minutes, bottle and store in refrigerator until used. Approximate yield—4 cups.

CHRISTMAS SUGAR COOKIES

Two cups sifted cake flour, 1 teaspoon combination baking powder, 1-2 teaspoon salt, 1-2 teaspoon cinnamon, 1-4 teaspoon nutmeg, 2-3 cups sugar, 1-3 cup shortening, 3 tablespoons milk, 2 egg yolks unbeaten; 1-2 teaspoon lemon extract.

Sift flour once, measure, add baking powder, salt and spices, and sift again. Measure sugar into bowl. Heat shortening with milk until all shortening is melted. Add immediately to sugar and beat 1-2 minute. Add egg yolks, beat 1-2 minute longer. Add lemon extract and half of flour mixture and beat until blended. Then add remaining flour, 1-3 at a time, beating until smooth. Cover with waxed paper and chill several hours, or until firm enough to roll.

Roll dough 1-8 inch thick on lightly floured board. Cut with floured cutters into assorted shapes. Place on lightly greased baking sheet; sprinkle with sugar. Bake in hot oven (400 degrees F.) 7 minutes, or until done. Cool.

Needlecraft
FOR THE HOME

LOVELY NIGHTGOWN

A nightgown that's as pretty as an evening gown, but a good deal easier to make, this design with the flattering midriff and the portrait neckline. Maybe you rate a gift for yourself!

No. 3897 is cut in sizes 10, 12, 14, 16, 18, 20 and 40. Size 16 requires 3 3-8 yards 39-inch fabric with 2 yards edging.

Send 20 cents for PATTERN, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish.

Address Pattern Department The Charlottetown Guardian.

Name

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PROPAGATE MISTLETOE

The mistletoe, which has so many mystic associations connected with it, is believed to be propagated in its natural state by the mistle-thrush, which feeds upon its berries. It was long thought impossible to propagate it artificially, but this object has been attained by bruising the berries and, by means of their viscidity causing them to adhere to the bark of fruit trees.

THIS GRAND MEDICINE made especially to relieve 'PERIODIC'

FEMALE PAIN

With its Nervous, Tired Restless Feelings—

Take heed if you like so many girls and women—on such days—suffer from cramps, headache, backache, feel nervous, "dragged out", a bit blue—all due to functional monthly disturbances!

Start *at once*—try Lydia E. Pinkham's Vegetable Compound to relieve such symptoms because this medicine has a soothing effect on one of woman's most important organs. Thousands upon thousands of women and girls—rich and poor have reported benefits.

Pinkham's Compound is made from effective roots and herbs (plus Vitamin B1). Here's a product that *helps nature* and *that's* the kind to buy! Just see if you're not delighted with results. Follow label directions.

Lydia E. Pinkham's VEGETABLE COMPOUND