

# Woman's Realm / Social and Personal / Fashions / Literature

## Aylmer



sure knows



its tomatoes



Your Family Deserves Aylmer Quality

NAME OMITTED — In the report of the Bible Society yesterday morning, it was inadvertently omitted that the Rev. J. D. Davidson, Minister of the Baptist Church conducted the Thanksgiving Service.

## That Body Of Yours

By James W. Barton, M. D.

### POLIOMYELITIS — INFANTILE PARALYSIS

At the season for infantile paralysis (polio) approaches, parents naturally are anxious and may wonder if there is anything they can do to prevent an attack. As some cases have been reported as caused by swimming in certain rivers or lakes near large cities, they may forbid their youngsters to go swimming anywhere, which takes the joy out of life for these youngsters.

Reports from authoritative sources state that the severe type of infantile paralysis is likely to occur where the youngster recently has had infected teeth and tonsils removed. As the period of the summer holidays is the most convenient time for removal of tonsils, parents are in a quandary as to whether to take a chance on leaving the infected tonsils in and so risk rheumatic fever and heart disease, or have the tonsils removed and so leave less chance of developing the severe and crippling form of infantile paralysis. While there are some noted children's specialists who advise removal of infected tonsils at any time, a large number advise that (tonsils be not removed if within six weeks of the usual time for epidemics of infantile paralysis to occur.

Although the end of the battle against this dread disease is not yet in sight, all over the world laboratory workers and physicians are learning more and more about it, and that there are "varieties" of this disease instead of just the one as was formerly thought. Thus in the "Journal-Lancet," Minneapolis, Dr. A. F. Abbott distinguishes three broad types of acute poliomyelitis—namely abortive, non-paralytic and paralytic. In the first or abortive form, as there are no symptoms present that are not present in other ailments of the nose, throat, and chest, there is no way the physician can recognize it. There is no disturbance of the nervous system so that lumbar puncture (inserting a needle into the spinal canal, and removing some of the fluid for examination) tells nothing.

In the non-paralytic and paralytic forms of the disease, the physician is able in most cases by examination of the spinal fluid and the presence of other symptoms, such as stiff neck and stiff back

## DOROTHY DIX SAYS—

### Couldn't Take It

Man Leaves Slovenly Wife; Prefers Loneliness To Dirt

DEAR MISS DIX: The reason my marriage went on the rocks was because my wife was such a slovenly housekeeper. I would come home at night to find the beds unmade, the floors cluttered, my wife slopping around in the kitchen in her gown, preparing a dinner that wasn't fit to eat.

I begged her to try to be more tidy, but she just laughed and said if I didn't like it, I knew what I could do. She was a perfectly healthy woman and there was no reason why we had to live in such positive filth. Finally I got so disgusted I just couldn't take it any more, so I left. Now I live in one room, but it is clean. At times I may be lonely, but I prefer loneliness to dirt.

GEORGE H.

ANSWER: I hope every bride who reads this letter will take it as a warning to heart, for of all faults that a wife can have, the worst, from her husband's point of view, is for her to be a slovenly housekeeper. Without doubt an untidy home has sent more men to roam and driven more men to drink than all other causes combined, for no man can take any pleasure in looking at a wife who looks as if she needed to be run through a washing machine, nor can he yearn to come back at night to a home that looks as

(Continued from Page 3)

## Morning Smile

Mr. Newlywed—Darling, did you sew a button on my shirt?

Mrs. Newlywed—No, sweetheart, I couldn't find a button, but it's all right now I sewed up the buttonhole.

Smith (meeting Jones after many years)—Yes, our old friend Brown has gone to his everlasting rest.

Jones—What? Did he get that government job after all?

muscles, to tell if symptoms are due to poliomyelitis. All parents can do is to watch their child, and if he suddenly becomes tired, can't eat and has sniffs, to call their family physician at once.

### ANEMIA

Send today for Dr. Barton's leaflet on the two types of anemia. Just enclose 5 cents, coin preferred, and a 3 cent stamp, to cover cost of handling and mailing, to The Book Syndicate, Post Office Box 99, Station G, New York 19, N. Y., and ask for leaflet "Anemia."

## Household Scrapbook

By Roberta Lee

### Rugs

The rugs should be swept occasionally with a broom dipped in water, to which a little turpentine has been added. This will not only keep the rugs bright and clean, but will act as a moth preventive.

### Linens

If linens are to be marked with indelible ink, first mark the spot with cold starch then press with a hot iron. You will have a smooth surface on which to write.

### Pastry

All the ingredients that are used in making pastry should be cold, for the colder the pastry is when put into the oven, the more flaky it will be when baked.

Leftover baked potatoes can be made fresh as new-baked if they are dipped in hot water for a few seconds, then heated in a warm oven.

## Ellen's Diary

By an Island Farmer's Wife

We found a gay snatch of a song on our lips this morning, as we moulded our loaves for the baking. And alone, we smiled whimsically to remember that no matter how much of regret be thrust upon us as we dealt on the sad and sudden changes in homes, and amongst loved ones which were the flowers and beautiful June days can bring, yet it is ever the housewife's lot to be happy as she makes her bread. What a fine privilege it is, and how extremely acceptable in many directions undreamed of, may be this work of her hands and heart! Truly when one considers it, the loaves should be baked with a tender touch and not hastily, nor to bring a long sigh of relief at the close.

As a farmer, looking into the future is able to fancy the nice scene which will lie on his acres at end of cropping, or artist, in the early strokes see there the rich beauty of the finished painting, so the housewife, at her bread-making if she wishes, can anticipate the ultimate delight the slices of her loaves may afford though she may not know to what unplaned pleasures they may be "cast upon the waters."

To be returned? It is unlikely that such a thought would come to mind, unless it would be to find a fitting reward in the obvious delight of the recipient, as he sits of the fare. "And would you be so kind ma'am as to give me a bite to eat?" a way-farer inquired at our door on a Sunday morning of last Summer, "just a slice or two of bread. I'll take it with me, and get a drink at the pond." And James, changing to French, the request said, "Yes, my friend, I'll get you a meal, and give you an extra bite, to take on your way. And while she's preparing it, we'll sit here and chat when they discovered that, and where do you hail from?" And our recompense for having moulded that loaf one baking day was that the young man with which the traveller ate, and the humble thanks that were ours when he once again took up his trail.

Our song might have included the anticlimax of the delight we find in having our farmers work within sight and sound of the buildings. Here it was in the afternoon here on the farm, we had a plowing down of the spread manure to have it all neat for the sowing. Here it was too that grand-daughter after her napping and quite as delighted as we, she'll get you a meal, and give you an extra bite, to take on your way. And while she's preparing it, we'll sit here and chat when they discovered that, and where do you hail from?" And our recompense for having moulded that loaf one baking day was that the young man with which the traveller ate, and the humble thanks that were ours when he once again took up his trail.

It was there in the far fields that James at the final harrowing this morning tucked away the seeds which he had recently sown, in a burial which will bring an abundant life. And the West wind was gentle today and the sun blessed the farmers' field work. And it comes to mind now that the presence of night has fallen to make the countryside appear lonely, that the brave new moon which silvers the millpond, will also cast a sinisterly the mound of red beneath which all that was mortal of a good wife and mother was left to her last rest today. She was one who suddenly from her home and loved ones—out of "the midst of life" and the rare glory that is June's, to her long repose.

And now those who mourn thread together one of the finest memories—the kindly smile, the word in season, the willing hands and talents, to treasure of their best days, and in the quiet churchyard. They sorrowed not over the loss and in the quiet churchyard side round about the fields now long since lifeless were now green with promise. "There is no death" was the assured theme of their singing, "but abundant life here in this renewed earth—and beyond this, life everlasting!"

Until tomorrow . . . Diary . . . Good-night . . .

Persons who breed the Budgerigar as a hobby, like Mr. Arthur, know from experience that no bird kept in confinement can reproduce its kind with such ease as do these parakeets, and the young are said to be easier to raise than is the case with most popular song-birds. They require no special attention, and no special feeding is needed while the youngsters are in the nest. In these two points alone they differ from Canaries, which need special foods while rearing their young and which often are guilty of letting their nestlings starve, much to the disappointment of their owners.

The nest used by Arthur is 7 1/2 inches with a loose concrete bottom 3 1/4" in diameter. The box itself is made from 1 in. board. No nesting material is required. For the nest to be made of non-poisonous wood and be firmly fixed, steady ones being a frequent cause of unfertile eggs.

Most breeders advise putting the nest up in April. At any rate, the choice should be made in the month, leaving winter breeding to the more experienced. And among the taboos are: breeding birds that are molting or those which are moulting or aged.

The eggs are laid every other day, and incubation takes place in 17 to 20 days.

It will add to your enjoyment of your hobby if you exhibit your pets at bird shows; but whether you breed them for exhibit or just for fun, you'll find the Budgerigars most charming little creatures. "Taken from their nests young chicks should be taught many clever tricks," said my informant. "Eating at table, playing ball, ringing bells, and after about five months with a female trainer who possesses a high-pitched voice, can be taught to speak."

(Note: Hobbies stories for this column will be gladly welcomed by the writer. Please send your articles on plain white paper—scribble size will be o.k.—and write plainly with pen and ink. All scripts received will be reviewed by me personally, so just tell the story in your own words. And remember, the more unusual the hobby the better. Keep your story within 600 words, please. —"Uncle Joe".)

## Hobbies Of Local Citizens

By Uncle Joe

Over Royalty way you may see the Budgerigar, a beautiful little Australian bird that has become very popular in recent years and there can be little doubt that this is partly due to the high values that were placed upon certain of the colored varieties in past days when these particular colors were rare.

Mr. Kenneth Arthur became a Budgerigar hobbyist back in 1934, when he purchased his first pair from a Toronto dealer. The first year he was successful in raising five. Then began a cross-breeding process which by 1939 showed some very satisfactory results in the way of color blendings. By this time his bird family numbered 59 and the colors were light green, dark green, yellow, gray wing, blue sky blue, mauve, cobalt. Mr. Arthur claims there are as many as 2,000 mated colors to be seen among this species of the parrot family.

Birds are valued according to standard of shape, color, etc., and always between twenty-five and thirty-five dollars a pair, he said.

Today breeders of Budgerigars go in for quality rather than quantity, and a visit to any of our larger bird shows (such as they have in Toronto, for instance) will leave no doubt as to the extent of the interest taken in these charming little pets, nor as to the achievements of the breeders who have produced all the attractive colors now available from the original green of their wild state.

Mr. Arthur informed this writer that the Budgerigar is a native of central and southern Australia, where it lives in large flocks. Many years ago these birds were brought from the land down under, in large numbers and sold to European countries at low prices, but the Australian government resented the harm being done in their country by previous interference with the balance of nature.

In its wild state the Budgerigar is a grass green with a "mask" of yellow fringed with blackband of black spots, the back and wings being marked in such a manner as to give rise to the name undulated. The scientific name of the bird is *Melospiza undulatus* — a tiny little creature, about the size of a sparrow.

Persons who breed the Budgerigar as a hobby, like Mr. Arthur, know from experience that no bird kept in confinement can reproduce its kind with such ease as do these parakeets, and the young are said to be easier to raise than is the case with most popular song-birds. They require no special attention, and no special feeding is needed while the youngsters are in the nest. In these two points alone they differ from Canaries, which need special foods while rearing their young and which often are guilty of letting their nestlings starve, much to the disappointment of their owners.

The nest used by Arthur is 7 1/2 inches with a loose concrete bottom 3 1/4" in diameter. The box itself is made from 1 in. board. No nesting material is required. For the nest to be made of non-poisonous wood and be firmly fixed, steady ones being a frequent cause of unfertile eggs.

Most breeders advise putting the nest up in April. At any rate, the choice should be made in the month, leaving winter breeding to the more experienced. And among the taboos are: breeding birds that are molting or those which are moulting or aged.

The eggs are laid every other day, and incubation takes place in 17 to 20 days.

It will add to your enjoyment of your hobby if you exhibit your pets at bird shows; but whether you breed them for exhibit or just for fun, you'll find the Budgerigars most charming little creatures. "Taken from their nests young chicks should be taught many clever tricks," said my informant. "Eating at table, playing ball, ringing bells, and after about five months with a female trainer who possesses a high-pitched voice, can be taught to speak."

(Note: Hobbies stories for this column will be gladly welcomed by the writer. Please send your articles on plain white paper—scribble size will be o.k.—and write plainly with pen and ink. All scripts received will be reviewed by me personally, so just tell the story in your own words. And remember, the more unusual the hobby the better. Keep your story within 600 words, please. —"Uncle Joe".)

## CRISP!

Toaster 'n' crunchier in milk!

Enjoy Kellogg's RICE KRISPIES

Twice as nourishing, too — bowl for bowl, as any other nationally known ready-to-eat rice cereal. AND CRISPER. AND TASTIER! Try Kellogg's Rice Krispies and you'll love 'em!

Kellogg's RICE KRISPIES

MOTHER KNOWS A BEST!

## The Stars Say—

By Genevieve Kemble

For Saturday, June 11

A DAY of "mixed influences," according to the conflicting aspects between major planets. While there are excellent prospects for stabilizing the fortunes built upon firm, secure and enduring foundations yet a strange or stubborn state of mind could undermine this promising structure. Under a drive of mind versus senses and emotions grave errors might be made. And any drastic measures to alleviate adverse conditions by force or experimental tactics could but aggravate the situation. Practical and studied industry could hold the ground.

### For the Birthday

Those whose birthday it is, may encounter a contradictory state of affairs, in which old plans, established jobs or concrete possessions, may be held together by application, determination, shrewd tactics. Elders' old institutions could assist. But experiments, departures from orthodox procedures, or rash attempts to take things by storm, could devastate well-laid programs. Financial promises, expansion and security are held by firm and routine techniques rather than spurges or extravagant tactics. Patience and perseverance might be constructive.

A child born on this day, may have many conflicting adventures, with much promise and clever preserved by studied efforts, diligence and skill rather than "flash-in-the-pan" tactics.

## Modern Etiquette

By Roberta Lee

Q. Does it show ill-breeding to "eat and run" after having luncheon with a friend?

A. This would be permissible for a business man or woman. However, when luncheon is served in a home, it is proper to remain for a least an hour after finishing. Q. Is it considered good form for women to kiss and embrace when greeting one another on the street, or in other public places?

A. No, it is not. These affectionate demonstrations should be reserved for privacy.

## How Can I!!!

By Anne Ashley

Q. How can I remove discoloration from aluminum utensils?

A. Discoloration on aluminum utensils, caused by food or water containing iron, is easily removed by rubbing briskly with steel wool and soap. Then rinse and dry.

Q. How can I give a better flavor to baked apples?

A. A delicious dish to serve with a roast pork is baked cranberry apples. Fill the cavity left in apple after core has been removed with cranberry sauce, and bake.

Q. How can I prolong the life of a broom?

A. Dip the broom into a bucket or boiling water at least once a week. This will not only keep the broom clean, but will prolong its life.

## Needlecraft FOR THE HOME

### FOR CASUAL HOURS

There's fresh appeal in this shirtwaist frock — you can button it up with a soft rolled collar, or button it low to a plunging neckline! For a soft finish did drawing bag and back-adjustable hat No. 3859.

No. 2597 is cut in sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42, 44 and 46. Size 18, 3 1/4 yards 39-inch.

No. 3859 is cut in one size. Hat, 1 1/2 yard 35-inch; bag, 3/4 yard 36-inch.

Send 25c for each PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wear (include postal unit, or zone number in your address.)

Address: Pattern Department, The Charlotte Guardian, Charlotte, N.C. Pattern Nos. 2597 and 3859

City: \_\_\_\_\_ Province: \_\_\_\_\_



## BLACKHEADS

Get two ounces of peroxide powder, your druggist. Sprinkle on a hot, wet cloth and apply to which you have blackheads will be dissolved. The one left, use and simple way to remove blackheads.

## Life was never SUCH FUN before!

Now — she's sought after — invited everywhere — her healthy glow attracting admiration like a magnet. What a difference from that pale, listless, anemic girl who once led such a friendless existence. Don't envy this happy, popular girl. Be one yourself. If you are always too tired — lack the pep and glow that win popularity — do what thousands of girls do, take Dr. Williams' Pink Pills. See if, within 30 days, a richer red bloodstream doesn't bring you, too, really surprising benefits in renewed energy, better color, and new radiance. Get Dr. Williams' Pink Pills today!

## DR. WILLIAMS' PINK PILLS

# THEY'RE CHEERING FOR Surf's NEW GIANT PACKAGE!



Now Get More Surf-Clean Washes for your Money — in the Big Convenient Box that Lasts and Lasts!

NO WONDER they're all cheering! No wonder they're storming the counters! Surf, in the new Giant Package, is the greatest washday bargain ever offered. Now you can get real Surf-Clean

washes at the lowest cost. And remember, use Surf for all your washing needs—for finest washables as well as heavy laundry. Get the big, blue Giant Package today. At your dealer's now.



Dishes come Crystal-Clear without even wiping!

Keep a Giant Package in your kitchen, too, and let Surf do all your dishes faster. Remember, no dirty soap suds—no need for wiping. Just rinse in hot water and your dishes are done.

Scum-free Surf suds give the CLEANEST WASH!