

Two-thirds of the Teas of other brands are Dusty and Broken

# "SALADA"

Teas are Clean, Delicious and Free from Dust—

Black, Green or Mixed Sealed Packets Only.

## If You Should Lose Your Position!

It is an appalling prospect for the average man whose family is depending upon his income for their support, but there is always the hope that a new position will open up.

In the event of death, however, while you do not lose your position, your position loses you. There is no hope of a revival of your income, as in the former case. It ceases for ever.

What will your family do? Who will provide for them? The question is a distracting one. It can be answered, however, by means of a policy of insurance in The Mutual Life of Canada.

Think of it! A life policy for one thousand dollars can be secured for only \$21.30 per annum at age 35, or ten thousand dollars can be provided for wife and children for only \$213 per annum.

### The Mutual Life of Canada

WATERLOO ONTARIO

ARSENAULT, General Agent

Think what a policy might mean to your family

# NERVOUS PROSTRATION.

Lady's Speedy Cure by Dr. Cassell's Tablets.

Was terribly run down, with her nerves all on edge.

Dyspepsia and flatulence also made her life a burden.

Had suffered for years but made bright and well by

DR. CASSELL'S TABLETS.

Housewives especially, as well as other members of the Dominion, should be glad to read further proof of the power of Dr. Cassell's Tablets to cure nerve weakness, and the ill-effects of nerve weakness. This is well shown in the case of Mrs. Spencer, who lives at Wood Lawn, 124, Colbarrow-lane, Gamberwell, London, England. She says:—"I'm delighted to tell you that Dr. Cassell's Tablets have done me a wonderful amount of good; in fact, they have set me up so thoroughly that I'm sure I never felt better in my life."

"I was dreadfully run down when I commenced taking the Tablets. My nerves were all on edge as it were, and I was so weak that it was an effort to do anything, or even to get about. Any sudden noise would make me jump, and at all times I was extremely nervous. When going upstairs I used to feel that I should fall, and I had a queer idea that somebody or something was coming behind me. My general health, too, was seriously affected. I suffered much with dyspepsia and flatulence. The wind seemed to get up about my body; I could feel it even if my arms were tucked. Dr. Cassell's Tablets cured me of all that. They did me more good than anything else I ever tried, and altogether have made me feel



Mrs. Spencer.

ever so bright and well. And I had suffered for years! Now I am not a bit nervous; my health is splendid, and I feel quite strong. Certainly I shall always praise Dr. Cassell's Tablets. Hundreds of instances could be cited where Dr. Cassell's Tablets have restored health and well-being even in extreme cases of nerve weakness, and the awful dependency of neurasthenia. The explanation is that Dr. Cassell's Tablets supply and vitalize the nerves, renew the functional powers of the system, and so compel health where older-fashioned methods are useless. When you feel run down, when your work becomes an effort, don't wait for more

serious symptoms. Take Dr. Cassell's Tablets and you will be astonished at the bright new health they will give you.

## NERVOUS DYSPEPSIA cured after years of suffering.

"Dr. Cassell's Tablets have done me a world of good, and I only wish I could tell every poor sufferer the world over



Mrs. Hubbard.

how splendid they are for the nerves and dyspepsia."

So says Mrs. Hubbard, of 6, Havelock place, St. Annes-road, Harrow-on-the-Hill, England. It is a most praiseworthy desire to help others that prompts Mrs. Hubbard to speak in this way. She has found how truly reliable are Dr. Cassell's Tablets, and sympathetically suffering

urges her to testify. That is the spirit which actuates all who have ever recorded their experiences of this great medicine. Mrs. Hubbard continues:—"I had suffered for years more or less, but about a year ago the trouble became very acute. I had the most violent pains in my stomach, like colic or cramp, and my nerves were in a dreadful state. A knock at the door would make me jump. Appetite I had none, and food caused me such suffering that I was afraid to eat at all. Naturally I became so weak and run down that I could hardly do anything. Besides the pain at my stomach, which was simply awful, I had severe pain in my back, and headaches that at times were agonising. Of course, I had advice, spent quite a lot of money on medicine, but no benefit at all followed."

"I was in a frightfully weak and nervous condition when I obtained to read about Dr. Cassell's Tablets. I got some at once, and from the first dose I felt they were going to cure me. They did. I improved rapidly, gained strength and fitness, and now I feel ever so well, with no nervousness and no dyspepsia."

**BRITAIN'S GREATEST REMEDY**  
Popularity Now World-Wide.

Dr. Cassell's Tablets are a genuine and tested remedy for nerve or bodily weakness in old or young. They are composed of pure ingredients which have an invigorating effect on all the nerve centres and are a reliable remedy for Nervous Breakdown, Nerve Failure, Infantile Weakness, Neurasthenia, Sleeplessness, Anemia, Kidney Trouble, Dyspepsia, Stomach Disorder, Wasting, Palpitation, and they are especially valuable for nursing mothers and girls approaching womanhood. All druggists and storekeepers throughout the Dominion sell Dr. Cassell's Tablets at 50 cents. People in outlying districts should keep Dr. Cassell's Tablets by them in case of emergency. A Free Sample will be sent on receipt of 5 cents for mailing and packing. Sole Agents for Canada, H. F. Ritchie and Co., Ltd., 10, McCaul-street, Toronto, Ont.

McPHAIL.—In New Haven early this morning, Mrs. Robert A. McPhail. Funeral notice later.

VESSEY.—At Little York, April 8th, Margaret Elizabeth, daughter of Warren R. and Hattie Vessey, aged 11 months. Funeral Friday at 3 p.m.

JOIN INFANTRY.—The following is an additional list of young men who have volunteered in the last few days for overseas service with the Infantry:—John Jarvis, Grand Tracadie; James McArdle, Charlottetown; Stanley Perry, St. Nicholas; Ernest Gaudet, St. Nicholas; Ronald Vissey, Charlottetown; Albert McGougar, Hamilton; J. Doiron, Mayfield; Frank Dunning, New London.

HAZELBROOK SERVICES.—Despite the bad roads and difficulty in getting around large numbers assembled night after night in the Baptist Church, Hazelbrook. On Wednesday night there was a surprising number present to hear Rev. E. P. Calder on "Confession of Christ." In introducing the subject he indicated a large place it had in the teaching of Christ, being linked with Faith in Christ. The speaker then showed the importance of confession in Christian life. It made for the strong confidence and happiness; the method of advance the Kingdom of Christ. Christ commands confession. Christ awaits confession. The plan of confession in salvation. Confession is the medium indicating a great purpose. The method of confession. It is to be by the mouth, the speaker held his audience right through. There will be a service to-night at 7.30.

SCOTCHFORT AND VICINITY.—Mr. J. C. McKenzie, Vancouver, is on a few months' visit to his old home in Scotchfort.—Mr. Herbert McKenzie spent Easter visiting at Webster's Corner, the guest of Mr. J. H. Cumiskey.—Mr. Montague McKay, Glenroy, was in Charlottetown, Saturday.

—Miss Annie McKenzie, formerly at O'Leary, spent the Easter holidays at her home in Scotchfort. She was accompanied by her friend, Miss Annie O'Halloran.—The death occurred at Ten Mile House on Saturday, April 3rd, after a lingering illness, of Mrs. Peter Hughes. Deceased had been in her usual good health up till two months ago, when she was stricken with illness from which she never recovered. The funeral, which was held on Monday at Bonaventures Church, was largely attended. After receiving the last sad rites of the Holy Catholic Church, the remains were laid to rest. Besides a sorrowing husband, six small children are left to mourn the loss of a kind and loving mother. May her soul rest in peace.

—PLEASANT ENTERTAINMENT.—Despite criticisms, notwithstanding the bad roads and inclemency of the weather, together with minor other oppositions and drawbacks, the Allites Athletic Club of Kensington, by sending a high class entertainment to an appreciative audience of about three hundred people, gained their supremacy after a fierce struggle for existence. A special train from Summerside brought in quite a large party arriving at 7.30. As general and popular as ever, Mr. James Pendergast acted in the capacity of chairman. Jim is always on hand when anything relating to athletics is in the air. The programme consisted of the following plays in which the leading parts were taken by Miss Gladys Doyle, Miss Helen Cooke, Messrs. John Thompson and Samuel Cameron. Excellent instrumental music was furnished by Miss Leslie and her band, Messrs. Burgess and Lynds. Messrs. Burgess and Thompson in tenor and base, charmed the audience with the beautiful and pathetic song "Just Before Battle, Mother," afterwards glad to sing her to "Tipperary."

Other numbers well worth mentioning were "The Banks of Havana" by Mr. Burgess; "Bonnie Sweet Bessie" by Mr. Thompson; "I Will Love you when the Silver Threads," etc., by Miss Dunning; recitations by Messrs. Samuel and Allison Proffitt. A number of baskets were auctioned off by Mr. Hugh Morrison, after which the devotees of the terpsichorean art chased the glowing hours with flying feet until the wee small hours. Much credit is due Mr. Wilton Woodside for his whose untiring efforts the success of the concert was largely due. Mr. Harry Warren, who was taking the lead in the comedy "Rooney's Restaurant" had the misfortune to have his leg broken while at work in his father's mill and had to be replaced by Mr. John Thompson, whose natural eloquence helped him in many a tight place.

## Spring Reminders Of Rheumatism

Raw, Damp Weather Starts the Pain, But the Trouble Lies in the Blood.

Spring weather is bad for rheumatic sufferers. The changes from mild to cold, the raw, damp winds starts the aches and twinges, or in the more extreme cases, the tortures of the trouble. But it must be born in mind that it is not the weather that causes rheumatism. The trouble is rooted in the blood—the changeable weather merely starts the pain. The only way to reach the trouble and to cure it is through the blood. The poisonous rheumatic acids must be driven out. Limes and rubbing may give temporary relief, but cannot possibly cure the trouble. The sufferer is only wasting time and money with this kind of treatment and all the time the trouble is becoming more deeply rooted—harder to cure. There is just one specific cure for rheumatism—Dr. Williams' Pink Pills. They act directly on the impure, acid-tainted blood. They purify and strengthen it and thus root out the cause of the rheumatism. Here is strong proof of the above statements. "I was so badly crippled with rheumatism in my hips and knees that I could hardly go about. I began the use of Dr. Williams' Pink Pills, which I took steadily for a couple of months, by which time all traces of the trouble had disappeared. I can mostly strongly recommend the Pills to all rheumatic sufferers."

Sold by all medicine dealers or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

POWNAL CIRCUIT.—Services next Sunday, 11th, will be: Pownal at 11 and 7; Millview at 2.30. The delegates to the recent Boy's Work Conference in Summerside will give a report of that gathering at the evening service in Pownal. There will be no service in Hartney Hall this (Friday) evening. If the roads remain bad there will be no service at Clifton, Lot 48, on Wednesday evening, April 14th.

—OPERATED UPON.—Miss Lillian Carver, the 9-year-old daughter of Capt. and Mrs. Oliver Carver, Summerside, was on Tuesday conveyed to the Prince County Hospital, where, upon examination, it was found she was suffering from an attack of appendicitis and accordingly on Wednesday a successful operation was performed. Miss Carver is now rapidly recovering.

—ROLLO BAY WEST.—Miss Gladys Townsend spent her Easter holidays with her parents at Rollo Bay West. Miss Annie Campbell spent her Easter holidays with her parents at Rollo Bay West. Mr. Arthur Kelly is visiting at Rollo Bay West. Mr. Gordon Dingville is visiting at Bay Fortune. The many friends of Mr. Dan McDougall learn with deep regret that he still keeps very ill.

—A ROBBERY.—Another robbery has been committed in Summerside. On Monday night the store-room of a private citizen was broken into and several bags of flour stolen. A hole happened to be in one of the bags through which some of the flour trickled out and next day these marks were followed to the residence of a nearby neighbor with the result that the goods were recovered and returned to the lawful owner but the offender has been successful in leaving for parts that have not yet been located.

The attendance at Kensington Hall last night was larger than on any previous night of the week, and the interest in the concert was keen. The singing was very hearty, and a selection was rendered by a quartette consisting of Miss Gardner and Miss Puncher and Mr. Procter and Mr. Cox. The address, which was given by Mr. George H. Moore, was based upon the incident of the nobleman's devotion to Jesus for the healing of his sick son, with particular reference to the words that Jesus had spoken unto him, and he went his way.

There will be a solo by Miss Stanley in connection with to-night's service.

—FORTUNE.—Mr. Charles Coffin, Bay Fortune, lost a very valuable brood sow last week. Mr. Gordon Dingwell, Brackley Point, is spending a few days at his old home in Bay Fortune. It is pleasing to write that Mr. John McKenzie, of Bay Fortune, is recovering from his recent illness. While loading hay Mr. William McDonald, Red House, had the misfortune to fall off the load and severely cut his head. At latest reports he is doing nicely. It is pleasing to note that Mr. Albert Burke, of Fortune, is recovering from his recent illness. Mr. Wm. Compton, of Fortune, had the misfortune to fall and break a bone in his shoulder. He is recovering as quickly as can be expected.—F.

—LOWER FREETOWN.—Following are the results of examinations of Lower Freetown rifle club. The month of March. Grade VI.—1, Alice Cairns; 2, Jennie Burns; 3, Louis Cairns; Grade V.—1, Anna Burns; 2, Margaret Malone; 3, Leslie Burns. Grade IV.—1, Cairns; 2, Amy Cairns; 3, Geo. Burns; 4, Henry (equal); Junior, Alfred Reeves; Grade III.—1, Cairns; 2, Austin Hammill. Grade II.—Senior, Mary Simmons; Junior, 1, Marion Burns; 2, Bly Burns; 3, Doris Simmons. Grade I.—1, Laura Burns; 2, Leonard Simmons. Perfect attendance for month; Margaret McArthur Burns, Katherine Malone, George Burns, Alfred Reeves, Ruth Cairns, Doris Simmons.

—STURGEON.—The fishermen of Sturgeon are busy preparing for the Spring's fishing, making traps and preparing boats. Mr. Milford Moore has purchased a valuable fleet of fishing gear from Mr. Philip Jamieson, Jr. Mr. Russel Moore and his team are busily engaged hauling wood for Nathaniel Taylor. Mr. Wm. Fraser has finished up hauling Mr. James Brown's supply of fire wood. Mr. George Johnstone, of Brudnell, was visiting friends in Sturgeon the guest of Mr. and Mrs. Jones Lively. Mr. Daniel King and Mr. Murdoch Allen, Boughton Island, were visiting in Sturgeon. The new residence of Mr. John Griffin narrowly escaped being burned down by a defective flue but was saved by the timely arrival of a neighbor. Mr. Murdoch King has purchased a very handsome colt from Mr. Neil Collings.

—ENJOYABLE FUNCTION.—The annual Easter tea and bazaar by the Ladies Aid of St. James Church, held yesterday afternoon and evening, was one of the most successful and enjoyable functions of the kind yet held by this organization, which for many years has had the reputation of attracting the whole city to its fairs. There was the usual large attendance, but the young ladies in charge—while not obliged to perform any miracles, very successfully managed not only to feed the multitude, but to make everybody happy. The proceedings began with a five o'clock tea, at which ice cream, refreshment and candy tables were in evidence, all of which were generously patronized. The bazaar, at which all manner of fancy articles were exhibited, admired and purchased, was a great success, although, perhaps, the crowning success was at the tables where the people, representing all classes of citizens and all denominations, were fed. The proceeds amounted to nearly \$500.

It would appear, that with the incoming of spring, the Home Guards have taken upon them the recent shooting practices under the supervision of Capt. Landrigan has also enticed the members to get more men to join and the prospects are now good that the movement will survive until after the war is over. A number of volunteers have joined lately, and if each member will endeavor to get a man to join, the movement started and held until all through the winter will revive, and greatly increase in membership and efficiency it will not be long before drills may



Training the Soldier Boys to Shoot.

## Fenian Raid Veteran Had Nervous Prostration

Mr. F. T. Carr, familiarly known as Capt. Carr, Stoughton, Sask., writes:—"I have Dr. Chase's Almanac of several years back on file in my home, and prize them highly. I can recommend Dr. Chase's Medicines, and particularly the Nerve Food, because it completely restored me to health and nerve strength when I was suffering from an attack of nervous prostration, sleeplessness and neuralgia pains through the head—almost unbearable pain and misery. My sickness resulted from overwork and worry—utterly exhausting my whole nervous system. Dr. Chase's Nerve Food cured me completely, so that I felt like a new man, and fit to tackle anything. This experience happened eight years ago, and I have been a well man ever since. I hereby affirm that this statement is true and correct in every particular."

Nervous troubles are so little understood that many people who could easily be cured in a few weeks by the use of Dr. Chase's Nerve Food allow their nervous systems to become completely run down. Cure is then most difficult, and at best is a slow, tedious process. You find yourself not feeling first-class, you do not sleep well at nights, your digestive system fails in its work, you have headaches, it may be, and are irritable and easily annoyed. Possibly you have not recognized these as the warning symptoms which indicate exhaustion of the nervous system, but such they are, and in nervous troubles, as in many others, an ounce of prevention is worth a pound of cure.

There can be no doubt in regard to Dr. Chase's Nerve Food as a restorative of the nervous system. Particularly at this season of the year, when the changing temperature is so trying on the human body, people everywhere are proving the wonderful revitalizing influence of this great food cure. Just read what Mr. Carr says about it.

50 cents a box, 6 for \$2.50, all dealers, or Edmanston, Bates & Co., Limited, Toronto.

Insist on getting what you ask for.

# Dr. Chase's Nerve Food



Dr. Chase's Recipe Book, 1,000 selected recipes, sent free, if you mention this paper.

be held in Victoria Park, and practise shooting at the Rifle Range, which conditions will naturally assist in training the men for active service at home should circumstances require such service during the coming summer. Col. Moore and officers of different companies have been most interested in the Home Guard organization let the men from this out show their appreciation of this volunteer services. Now that the movement has the approval of Lord Kitchener and the interest and sympathy of the King, as expressed in a special interview according to Lord Desborough. It may

be expected to go serenely on its way acquiring strength and importance as it grows.

What prompted the early opposition of the War Office was the fear that the Voluntary Training Corps would have a deterrent effect upon recruiting.

Events have proved the fallacy of this idea. Many thousands of men who might never have enlisted have passed straight from the training corps into the Army, and there is now a consensus of opinion that their experience in those corps has been of the utmost value."

## You Can't Make BEAVER FLOUR Bread with a western wheat Flour,



YOU can't get the delicious, nutty, homemade flavor, with western wheat flour, that you get with "Beaver" Flour.

You can't get the lightness—the snowy whiteness—the fine texture—the uniform, dependable quality and strength—with western wheat flour that you get with "Beaver" Flour.

The Agricultural Colleges have proved—by experiments—that a true blended flour like "Beaver" Flour, is the only one suitable for both Bread and Pastry.

The bakers, in the big cities like Toronto, have proved that it pays to use a blended flour like "Beaver", because all their customers want "that delicious Bread with the tasty, homemade flavor".

Try "Beaver" Flour yourself. Test it for Bread and for Pastry—and you'll see that it IS BEST for both. Your grocer has it.

DEALERS—Write us for prices on Feed, Coarse Grains and Cereals.

THE T. H. TAYLOR CO., LIMITED, CHATHAM, Ont.