

Every Minute Counts in the fight against constipation!

Once let constipation get a grip on you, and your system is wide open to 90% of human ailments. Statistics show that to be the proportion of illness that has constipation for a starting point. Pills and cathartics are as dangerous to the system as constipation.

Your physician will recommend Kellogg's Bran, because it is nature's own relief from constipation. It is scientifically prepared to relieve suffering humanity from constipation and it will do what no other food can do! It will give every sufferer permanent relief if it is eaten regularly—at least two tablespoonfuls daily; as much with each meal in chronic cases!

Kellogg's Bran is wonderful in its natural, positive action. It sweeps and cleanses and purifies the bowel.

JENKINS & SON, Charlottetown
Dealers for Kellogg's Toasted Corn Flakes and Bran

tract; it scours out the dangerous toxic poisons; it puts you back on schedule time without irritation or discomfort!

Don't delay eating Kellogg's Bran each day in some form! Try it as a cereal sprinkled over your favorite hot or cold cereal or cook it with hot cereals. In the latter case, add two tablespoonfuls for each person and mix with the regular cereal and cook as usual.

Kellogg's Bran is simply delicious made into muffins, popovers, raisin bread, macaroons, pancakes, etc. Recipes are on every package! For health's sake get some Kellogg's Bran immediately. All grocers.

First-class hotels and clubs serve Kellogg's Bran in individual packages. Ask for it at your restaurant.

Maritime Religious Educational Council

The Provincial Older Boys' Parliament of Manitoba was held at the Legislative Assembly, Winnipeg, on December 27, 28, 29, 30, 31. Older Boys were elected as members of this first Older Boys' Parliament, two from each organized District. They were nominated at the various District Older Boys' Conferences, and conducted a campaign in their constituency until Election Day which was held on December 13th. The city of Winnipeg was divided into six different constituencies. Four boys were nominated from each constituency, two in each constituency were elected. The elections were carried out as nearly as possible according to the regular Provincial Election Act. Mr. Geo. H. Stewart, President of the Boys' Work Board, was chosen as Lieutenant-Governor. He, with the Parliament Committee, chose the Premier, Edward Armstrong of High Bluff, and in turn with the Lieutenant-Governor and Parliament Committee, chose the Cabinet. The portfolios were: Premier, Provincial Treasurer, Provincial Secretary, Minister of Intellectual Life, Minister of Physical Life, Minister of Social Life. There was also the Speaker of the House, the Sergeant at Arms, etc.

Several bills and petitions were passed, among the most important being the Fourfold Development Act, which placed every member of Parliament under obligation to do his part to develop the forefold idea and purpose throughout the Province. This entailed the organization of District Older Boys' Councils, promotion of Conferences, Camps, Training Classes, and general organization of C. S. E. T. Groups.

Another very important bill was the Finance Bill. In this the boys took upon themselves the responsibility for raising \$6,250, the yearly budget of the Manitoba Boys' Work Board. The boys raised by bond selling \$7287. We attribute the success of this campaign to the fact that the boys themselves accepted the responsibility for this task, and with very little assistance from adults, organized it, promoted it, and carried it out to the last detail. The greatest credit is due these boys for the splendid and business like way in which they accomplished this splendid task, especially under the present economic conditions.

To assist the boys in carrying their work to a practical issue, through the kindness of one of the business men, Edward Armstrong, Premier of the Older Boys' Parliament, was placed on the staff of the Manitoba Boys' Work Board for three months. During that time he organized Older Boys' councils covering practically every District in Manitoba and Western Ontario. He addressed 95 different meetings and assisted the boys in setting up their organization for raising the budget. We cannot speak too highly of the splendid work done by Edward Armstrong, not only in the organizing which he did but the very high idealistic note which he struck, which has done much to stimulate boys to nobler living.

The Boys' Work Secretary for Manitoba comments on the last year's work as follows:

1. That there is a much more intelligent understanding of our program and the purpose of our work and a growing appreciation of the fourfold development idea. This is not only appealing strongly to boys but to Mentors, parents, and the public at large.
2. That there is a deepening conviction on the part of church leaders regarding the value of this program and the real place it should find in the life of the church.
3. A large number of boys coming directly out of the Tuxis Square are continually uniting with the Church.
4. That churches that have promoted this work in earnest during the past two or three years are finding at present that they have leadership for their own work and some to square. This is the acid test and vindicates the conviction that some have had regarding this work for some years.
5. That the churches that have an organized Boys Work Board and Older Boys' Council of men and boys who are vitally interested and carrying out their work in a much more intensive way as indicated by the winning of badges. There have been times during the past three months when over 200 badges have been applied for at our office during one week.

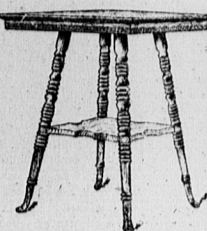
Beer & Weeks

EXHIBITION "SPECIALS"

Beer & Weeks

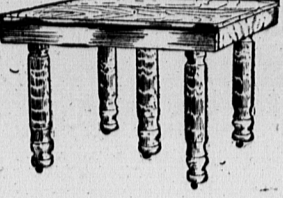
WATCH YOUR WINDOWS FOR YOUR WANTS

Big special Exhibition offerings will be on sale at this store—offerings you should take full advantage of FOR THE BALANCE OF THIS WEEK AND ALL NEXT WEEK



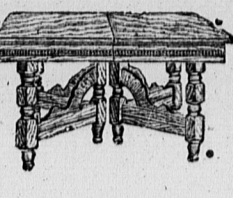
Parlor Tables

Finished in mahogany gloss 24x24 inch top. Shelf below, neatly turned legs **3.95**



5 Leg Extension Table

Solid hardwood, finished in oak, very strong and massive **\$15**



V Leg Extension Table

Solid hardwood golden finish, very strong **14.50**



Sideboards

These sideboards are large and roomy, with linen drawer, 2 cutlery drawers, and 2 cupboards. Mirror in back **\$22**



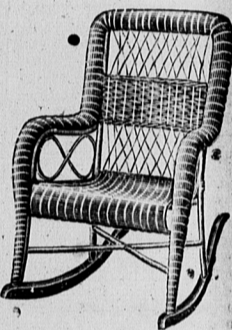
Sliding Couches

All-steel, very strongly constructed—link fabric—green denim mattress with valance. May be used single or double **14.95**



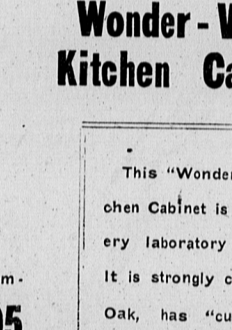
Roll-Seat Rockers

Oak roll seat Rockers—very comfortable, large and roomy **7.50**



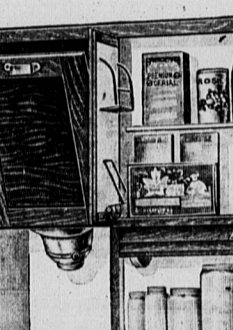
Roomy Reed Rocker

Just like cut, big and comfortable, why not have one? Only **5.95**



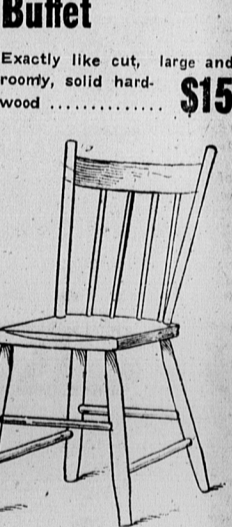
Buffet

Exactly like cut, large and roomy, solid hardwood **\$15**



Wonder-Value Kitchen Cabinet

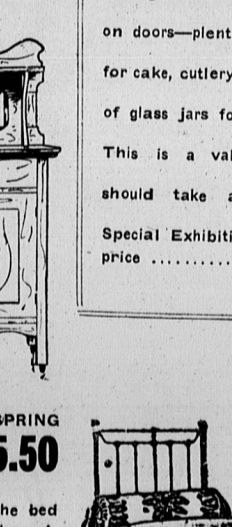
This "Wonder Value" Kitchen Cabinet is built with every laboratory convenience. It is strongly constructed of Oak, has "curtain door"—sliding Porcelain top—racks on doors—plenty of drawers for cake, cutlery, etc. Full set of glass jars for spices, etc. This is a value everyone should take advantage of. Special Exhibition price **\$45**



Brass Rail Bed, Spring and Mattress

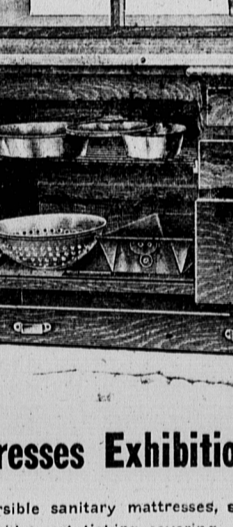
ALL FOR **15.50**

A bargain? Yes! The bed alone is worth \$10. The outfit includes the bed, a woven wire spring, and soft top mattress. Single size only **15.50**



Ball Corner Brass Beds

A very popular and attractive design. Special for Exhibition Week **24.50**



Mattresses Exhibition Specials

Reversible sanitary mattresses, soft cotton on both sides, art ticking covering **5.50**

..... All soft cotton filled mattresses, with stitched roll edge, art ticking covering, — a dandy value **7.95**



A Wonderful Selection of Odd China Closets

An opportunity is here for anybody wanting a bargain in a china closet. We have a few nice ones left over—in oak and walnut, clearing at big discounts.



Chesterfields

\$80.00 to \$275.00



Great George

Drop in and see our splendid line of lovely bedroom furniture in walnut, mahogany, bird-eye maple, enamel finish, etc. Cheaper lines, too. For instance, golden oak dresser, two drawers, 13x22 mirror, together with commode to match. Both for **17.90**

"Yes, We have no"

- Cold Rooms
- Smoking Stoves
- Unreliable Pipe Furnace



All the usual heating discomforts disappear when you instal the

ENTERPRISE All Cast-Iron PIPELESS FURNACE

- You have every room heated to a nice, easy, living warmth—
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