

# Woman's Realm / Social and Personal / Fashions / Literature

## THE COOK'S CORNER

### CABBAGE, WITH VARIATIONS

#### Plain Cabbage.

Six cups finely shredded green cabbage, 1 teaspoon salt. Place cabbage in large kettle, add salt, and enough boiling water to cover. Cook, uncovered, about 12 minutes, or until tender. Drain well, add 2 tablespoon salad oil, salt, pepper, and serve at once.

#### Savory Cabbage.

Cook cabbage as directed above, drain thoroughly, then season, and add small pieces of crisp, hot bacon and a sprinkle of celery seed. Mix lightly, then serve.

#### Stuffed Cabbage

One head green cabbage, 1 onion, 3 sausages, 1 pound hamburger steak, 1 teaspoon salt, 3 tablespoons chili sauce, few drops Worcestershire sauce. Cook cabbage head 1-2 hour, drain, cool, and remove centre. Mince onion, and cook with chopped sausage until light brown. Add steak, and cook 5 minutes. Add remaining ingredients, and mix well. Fill cabbage with mixture, and bake in covered casserole in oven at 350 degrees about 23 minutes. Serve hot, garnished with sausages.

#### VANILLA OF ORCHID

The vanilla plant is a member of the orchid family native to Mexico.

## Living & Leisure

### The Woman's Realm

#### HARKEN!

This little strip of light 'twixt night and night, And let no shadow of tomorrow In sorrow from the dead yesterday Gainsay my happiness today, And if tomorrow shall be sad Or never come at all, I've had, at least, today.

#### FOR THE ABSENT-MINDED

If you are inclined to leave packages, pocketbooks and umbrellas around promiscuously, why not see that they are always tagged with your name and address so that if they are lost, you stand some chance of their being returned? If you are shopping, write your name and address on your package as soon as you receive it.

Woven belts in gay colors are good with sports clothes.

Don't twist bend or tie the so-called cord attached to your electric equipment. It is not cord, but two bundles of wires.

pearly ear, plant sweet peas in the top and side of your roll, have a diminutive nosegay to fit right in to your pompadour. Try it—and let us know the tailor's reaction!

#### HOUSEHOLD QUIPS

A few drops of cologne water in the bird's bath will keep him from picking his feathers and skin after his wetting.

Use a small paint brush with a long handle when cleaning up the parts of the sewing machine. It will reach into all the crevices with little trouble.

Use lukewarm water when washing anything made of white silk, or a mixture of silk and cotton. Too hot water is almost certain to turn the material yellow.

#### VENTILATE STORM WINDOWS

If you had storm windows in your home for the first time this past winter you may have found them just a bit too air-tight and result in the room being a bit stuffy. If this is the case now is the time to figure out a way of building a panel on them that may be opened for ventilation purposes.

#### IT'S OLD TIME NOW

Summer or daylight saving time started in England in 1916.

## Want LOVELY CUTICLE?

Use CUTEX OILY CUTICLE REMOVER

Whatever else this war does, it is going to change vitally the lives of women. It has made a new earth for them and nothing about them will ever be the same again. It has so completely wrecked all of the age old theories about women's sacred spheres and women's limitations, and women's frailties that it almost seems as if a new species of fauna had been evolved.

Gone forever are the clinging vines and the timid dears who wept if you said too to them, and the helpless girl babies who never had strength enough to stand alone. In their places we have feminine dare devils who by the oceans solo; sturdy debutantes who drive trucks and ambulances through blackouts; skilled women machinists and munition makers. Nobody now talks about women's place being in the home. It is being in the factory, and on the farm, and running the canteen, and ministering to the wounded in hospitals, and wherever else she is needed in the defense of her country.

The war, God grant, will one day be over, and what this new world that we have bought at such a price of blood and tears and agony will be we cannot even faintly imagine. But it is only to think that women who have been living a life of thrilling adventure and doing their part in big enterprises will be content to spend their days in little cottages or flats and take up their knitting where they laid it down. The woman who has made precision tools will find it piddling work to measure out the ingredients of a cup-cake. The woman who has handled hundreds of thousands of dollars of relief funds, without misplacing a penny, isn't going to be interested in running a ten-dollar-a-week budget.

#### FLATTER FACE WITH HAIR-DO

Think of the shape of your face when you get your spring coil, and also when you make up for a party—or for work.

If nature blessed you with an oval face, the shape many women strive to achieve by illusion, then take care to reveal it clearly. Don't blur the lovely outline by a fuzzy halo, nor part the hair too low, nor draw it back tightly, nor wear bangs or dips. All of those things detract. Your hair style should follow through with the oval line of your countenance.

For the same reason, you should wear natural eyebrows and rouge placed in the centre of cheeks but blend over the cheekbone in a modified triangle, following the oval contour of your cheeks. And make up lips full and natural—no cupid's bow.

The round-faced girl shouldn't slick her hair back either. She needs softness and fullness. The fullness should be above the ears, and should taper down behind the jawline, with waves soft and large and the forehead should be clear of bangs and dips. Make up with mouth as widely as possible, without distorting it, for that. Reduce the distance to the edge of the cheeks and make them look more oval.

#### Make-Up Hints

Side fullness in the coil reduces sharp angle of a square face. Rouge should be placed in a circle under the eyes and carried back toward the ears—never applied square or in a straight line. Sharply arched eyebrows following the bow mouth are wrong for this face also.

If your countenance is oblong, dress the hair sedately, loosely, with you a high pomp and centre part; rather, wear side rolls, which add height to the face. Rouge should be carefully blended in a circle in the centre of the cheeks. With lipstick, the upper lip may be widened, the lower lip made rather full at the corners.

#### WASHING THE HAIR

This is the time of the year when most people's hair begins to look a bit ragged. The long, severe winter has possibly taken its toll of our strength and energy; in fact is soon reflected by the appearance of our hair, which may be falling badly, looking dull and lifeless, too often this very dry as well. Now the first thing to do is see about your general health. As this improves so will the appearance of your hair. It is quite useless to expect your hair to look right unless it is kept really clean and free from dandruff.

Once a fortnight is often enough to wash or shampoo your hair, provided that your brushes are kept spotlessly clean and that you give the hair regular brushing and the scalp regular massage. This is particularly important in that the scalp gets nothing otherwise to stimulate the circulation which is all important to its health. Rubbing the hair in a silk handkerchief, after first combing it with a fine comb to remove dust, will keep it just as clean and in far better health than too frequent washing which often helps to increase dandruff when there is a dry scalp to be considered.

#### LABELLING BOTTLES

In these days when we have to store commodities many of which look very much alike, such as soap flakes and flaked rice, it is very essential that clearly printed labels should be on each jar. Corn-flour, cream of tartar, bi-carbonate of soda, arrowroot, are all alike in appearance though vastly different in taste and uses, and there should be no risks taken of the wrong things being used through lack of labels.

The same applies to bottles, only more so, for while any number of liquids look just like clear water, some of their contents would prove pretty deadly if taken by mistake. Mandy a fatal accident could happen so easily averted if only someone had taken the time and trouble to see that all bottles were properly labelled.

#### SPRING BROOK WOMEN'S INSTITUTE

The regular monthly meeting of Spring Brook W. I. was held at the home of the President, Mrs. Wesley Paynter, on Thursday evening, April 9, with 6 members and one visitor present.

## Dorothy Dix Says—

### WAR WRECKS THEORY WOMEN'S PLACE IS IN HOME

#### Doubtless Future Families Will Be Reared In Communal Houses

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In a way this happens with nearly every woman who has been a wage-earner before her marriage. Rarely is one ever contented with domesticity. She misses the pleasure of doling herself up in the morning and going downtown to her job. She misses the excitement of working in a group, with its gossip, its coming and going of new faces, hearing new things, having different things happening all the time. Above all, she misses her pay envelope and having money of her own that she can spend without giving an account of it to her husband.

#### WOMEN'S ABILITY RECOGNIZED

And this discontent with home life will be intensified a hundred-fold in the women who have been through the war, for the war has made them realize for the first time their ability to do work that they have always thought was the exclusive prerogative of men. No longer are they doomed to the kitchen and the sewing room. No longer do they have to join the overcrowded ranks of the salesgirls and stenographers. Every door of opportunity has been opened to them, and they can walk through it to the high-priced jobs.

So just as the old ditty asked: "How Are You Going to Keep the Boys on the Farm When They Have Been to Gay Paree?" that we sang after the other war, after this one the question will be: How are you going to work in the kitchen playing over cook stoves and wash tubs when they can get union hours and the wages of welders? And nobody has ever found out a way to do either one.

Of course, the fundamental passion of every woman's heart is for love and marriage. Nothing is ever going to change that. But the old domestic picture of the husband bringing home the bacon and the wife trying it will have to be altered when a girl will no more think of giving up her job when she marries than a man does.

#### FAMILY LIFE IN THE FUTURE

The vine-wreathed cottage will have to go into the discard when women find out that they cannot be efficient business women and crack-erjack cooks at the same time, so doubtless the family of the future will live in family hotels or communal boarding houses where they will be better fed and taken care of than they would be in a private home in which an overworked woman warmed up something out of a paper bag and a can and called it dinner. Also, there will be creches in which little Johnny and Susie is negotiating loans at a bank, or helping to design an airplane. And there will be child-specialists to bring up little Johnny and Susie in the way they should go.

Of course, you may say that this altered plan of domestic life would never work, but a lot of us said the same thing about apartment houses when they first commenced building them, and now we live in them and like them. And it will be the same way with the new woman we will have with us after the war.

#### MATCHED ACCESSORIES

Gloves, shoes and stockings, in a variety of colors for spring, are available in matching colors at one Fifth Avenue shop. Colors are Yum-tan, green, warm beige or red.

## BABY'S HOT LITTLE HEAD IS A DANGER SIGNAL

WHEN your baby's head feels hot to your hand, read what Mrs. B. — of Enterprise does and what results she gets: "My baby's cheeks and hands were so hot I was frightened. I gave him a Baby's Own Tablet at noon and by eight o'clock he was all better."

And Mrs. Francis Carol of Midland, has this to say: "My little girl was so feverish I was really alarmed. Then I thought of Baby's Own Tablet and gave her three every two hours and by night she was up and around."

Baby's Own Tablets are sweet-tasting, easy to take, absolutely safe. Analysts certificate in every box. Quickly reduce simple fevers, equally good for teething fevers, diarrhoea, upset stomach, colds and other minor ailments of baby. Get a box today. Sickness so often strikes in the night. 25 cents. Money back if you are not satisfied.

#### Earnings at Home Help Buy "Extras"

Questionnaire on Home Economics discussed. Collection 75c. Next meeting to be held at the home of Mrs. W. Paynter.

#### PURE WHITE

Girls in white evening gowns are more likely to be proposed to than sisters in red, or blue, or other colors. The reason, according to experiments conducted in psychology classes at Westminster college, are these: White is associated with moonlight, moonlight with romance and, finally, romance with marriage.

#### COLOGNE WATER AVAILABLE

BERNE. —(CP)—Cologne water is still being offered for sale in Germany despite the heavy demand for alcohol for aviation and other war purposes.

#### YOURS FOR YOUTH AND LOVELINESS

Take care of your face with GOTHIC. Don't buy more beauty products. You're Country needs rubber and other goods. STYLE No. 994.



She thought her badminton dress was white...

...till she saw her partner's Rinso-washed dress

## You'll never be satisfied with anything else once you see RINSO WHITENESS

THE wider your washing experience the more you'll be impressed by your first sight of Rinso-washed clothes. You'll agree, Rinso not only washes whiter, it gives the whitest wash. In fact, you'll say the only true standard of whiteness is Rinso whiteness!

Colored washables keep marvelously bright, too, with Rinso—even after dozens of launderings they're still bright—and fresh as new. Rinso helps to make all the clothes wear longer, you'll find, because its rich suds float dirt away without hard rubbing.

You've only to use Rinso once and you'll never again be satisfied with anything else. Order some for this coming washday. Get the GIANT package for extra economy.

Rinso keeps colors bright and gay! Makes clothes last longer, too!

A LEVER PRODUCT

Rinso gives the whitest wash

## WHAT'S IN A NAME?



## Needlecrafts For The Home

There's sweetness for the larger sized figure in this smart, all-occasion dress. It's the effect of such artful features as the pointed yokes which release bodice fullness and the V darts veering from the tapering waist.

Style No. 3060 is designed for sizes 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42, 44, 46, 48 and 50. Size 36 requires 3 yards of 38-inch fabric for dress; 2 1/4 yards for long sleeved jacket.

## A Morning Smile

At a reunion of a gallant Irish regiment, a member arose to express his carefully rehearsed sentiment. Here's to the old Fifty-ninth," he began, "the last in the field and the first to leave it."

"Ye muddler," shouted a comrade, springing to his feet. "Here's to the old Fifty-ninth, equal to none."

"Put up your hands!" commanded the larger of the two bandits, one gallantly. "We'll rob the gentles and kiss all the ladies."

"No," remonstrated the smaller one, gallantly. "We'll rob the gentles all right, but we'll leave the ladies alone."

"Young man," snapped a woman passenger of uncertain age, "mind your own business! Your friend's managing this hold-up."

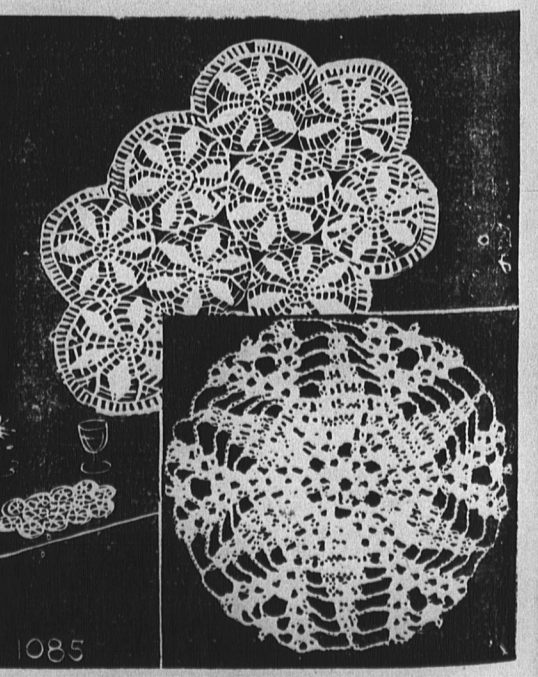
## IS THAT PALE YOUNG GIRL YOUR DAUGHTER?

Parents should not ignore the depressed mood, the listless, tired air, the pallor, headaches, fickle appetite—the crying spells—so many daughters exhibit during those years when they are passing into womanhood.

If her health at this stage is not maintained by a sufficiency of good rich blood, all kinds of weaknesses may arise to make her later life unhappy.

So should you notice any of these disturbing signs in your daughter, lose no time. Get some Dr. Williams' Pink Pills at your drugist. They are wonderfully effective in helping to build up iron-improved blood and have helped to transform thousands of sickly, pale daughters suffering from simple anemia into happy active girls full of vitality and high spirits, hungry for meals, glad to help with the housework, attractive to others. Right now simple anemia may be undermining the strength and resistance your daughter needs so badly. Don't wait—get Dr. Williams' Pink Pills today.

## BEAUTIFUL STAR DOLLY



This lovely star dolly is made up of medallions. They are designs which may be used for any type of crochet work. It is easy to do and requires little time. Pattern No. 1085 contains list of materials needed, illustration of design and complete instructions.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlotetown Guardian.

To Charlotetown Guardian Needlework Department

Design No. 1085

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STREET ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ PROVINCE \_\_\_\_\_