

Woman's Realm/Social and Personal/Fashions/Literature

DOROTHY DIX SAYS—

Successful Young People's Club

Cooperative Sportsmanship Plus Lively Program Does The Trick

DEAR MISS DIX: We are organizing a young people's club, the aim of which is character building for good citizenship. What shall we do about the boy and girl who attend the club but refuse to enter into the games and exercises, of the boy and girl who go for a drink of water and remain out for several minutes? What of the girl who seems to care nothing for the other girls' company but usually has three or four boys cornered? What about the girl who insists on holding her boy friend's hand when walking with him? What of the boy who wants to remain on the porch and smoke or have a social chat during club hours? What of the girls who want to park in a car for a while before going into the house?

ALABAMA LEE

ANSWER: Well, I should say that all of these are the usual garden variety of youngsters, good material to work on, and your club a fine instrument for training them.

But if you want your club to be a success and do the work for which you are organizing it, don't be too pernickily about what the boys and girls do and don't have too many rules. Don't make it a penal institution instead of a pleasure house, for you will drive the young ones away instead of attracting them to it. And don't think that you can coerce them into doing the way you want them to do. You have to entice them along.

Try to make your sessions so interesting that the young people will not want to miss any of them. That will take care of water-drinkers and smokers.

Then work up a spirit of sportsmanship. Tell the youngsters that the only way you can succeed in the club is success is for everybody to join in and help boost. I was reading the other day what a Rhodes scholar had to say about English games. He said that nobody seemed to play just to win and that nobody seemed to care whether you played a good game or not. The thing was the spirit of sportsmanship, with everybody entering in and doing the best they could.

If you can get that idea across to your club, it will make it a success. Many girls and boys hang back in shyness and vanity. They won't try to play for fear they may not win or that they will be laughed at.

You can stop the girl from holding her sweetie's hand by giving her a bit and letting her know that it is one of the things that simply isn't done among sophisticated people. They do their petting in private.

Certainly it is to laugh to see a girl, as you often do, riding around in an automobile with her arm around a boy's neck while he sits sitting up stiff as a poker with a look on his face that indicates he would like to strangle her, for well he knows she is making him an object of derision for every observer.

Here's wishing your club success. But drive with a light rein. Young folks are skittish colts these days.

DOROTHY DIX

DEAR DOROTHY DIX: I am a boy 19 and have been working since I was 12 and earn about \$40 a week. My mother was a widow, but about a year ago she married a man unemployed at the time who had lost his job through drink. I have been turning over all of my money to my mother which means that I am supporting my stepfather, and I only get an allowance of \$5 a week. Should I ask for a larger allowance or should I pay board?

UNCERTAIN BOY

ANSWER: You should pay board. Agree with your mother upon a fair price, what she would charge any other boarder, and if you want to help her more than this give her what you can afford. But handle your money yourself and let her realize that what you give her is of your generosity.

I see no reason why you should support your stepfather. He is probably far more able to work than you, but as long as you provide him with free lodging and food you may depend upon it that he will not hunt for a job.

The laborer is worthy of his hire, and it takes the ambition out of a boy never to see the money he has worked for so hard. For another thing, it teaches a boy responsibility to have the handling of his own money.

DOROTHY DIX

(Continued on Page 8.)

Needlecraft FOR THE HOME

WEDDING BAND TREATMENT

The simple charm of this frock makes it ideal for many fabrics. For a date dress use velvet ribbon on taffeta, or set lace bands on a sheer; for day, try two-way stripes!

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McKearney-McManus Wedding



Photographed on the steps of St. Dunstan's Basilica, following their marriage, Mr. and Mrs. F. A. McKearney with their attendants. The bride was Miss Margaret Mary McManus, daughter of Mr. and Mrs. L. McManus of Kelly's Cross. She was attended by her sister, Miss Sally McManus of Boston, Mass., and her young niece Miss Doris McDonald, Dartmouth. N. S. Mr. Alfred McKearney was groomsmen and Mr. Wm. Campbell and Mr. M. F. Hagan were ushers. —Photo by Garnham

Modern Etiquette

By Roberta Lee

Q. Would it be all right to tip a waiter by the week instead of every meal, when one is staying at a hotel for several weeks?

A. Yes; this is more convenient and is often done.

Q. Is it correct to congratulate a girl upon her approaching marriage?

A. No; good wishes should be extended to the girl, and congratulations to the man.

Q. Is it necessary for a man to rise if he is dining in a restaurant with a woman, and another woman steps to speak to them?

A. Yes, and he remains standing until she departs.

Morning Smile

Patient (at lunatic asylum): "We like you better than the last doctor."
New Doctor (flattered): "How is that?"
Patient: "You seem more like one of us."

Man (to wife)—What do you mean by saying I have been deceiving you?

Wife—Just found out the government allows you \$1,500 a year on your income tax for being married and you only allow me a measly \$10 a week.

The Stars Say—

By Genevieve Kemble

This Side Of Glory

By Gwen Bristow

Author of "Deep Summer," "The Handsome Soldier," etc.

The next day Dilcy collapsed with flu. The children missed her, and Eleanor found that she had not known until now how much she had been counting on her. While she herself was in the fields she left them with Bessie, but Bessie did not know much about caring for children and Eleanor was frightened lest they catch the infection. When she came in a day or two later to find that Mamie also was ill, she went into the kitchen and cooked their supper herself, clumsily, for she knew very little about cooking and was already trembling with weariness.

She gave it to the children—used to Mamie's delectable concoctions they grumbled till she felt like giving up to hysterics—and when Violet had been driven bed Eleanor went back to the kitchen to find something for herself. She was standing by the table eating a bowl of cornflakes when Bob came to see how the servants were. He was accompanied by Violet, who was driving his car so he could rest on the road.

While Bob was upstairs Eleanor and Violet sat looking at each other in the disordered parlor, both of them too tired to talk much. Violet had been driving Bob from house to house since early morning.

"My idea of heaven," she remarked, "is a place where one can eat white bread and buy a whole ton of coal at once and read every morning in the paper, 'The War Is Over.'"

Eleanor laughed grimly. It was the only speech made by either of them until Bob came in. Bob gave Eleanor a fresh pile of flu masks, and reminded her to keep up her daily ration of iron. She tried to smile. "I've already taken enough iron to make a railroad."

"You don't look it," he returned. Eleanor walked to the door with them. Violet put her hand comfortingly on Eleanor's shoulder. "Don't let yourself get so distracted," she urged. "You'll come through this mess. You're the sort that comes through anything."

Eleanor did not reply. She closed the door behind them and went up to her room, where she lay down across the bed with her hands pressed to her throbbing temples.

The next morning when she looked in her haggard face in the mirror she decided to get away from the house and think quietly. Ordering Bessie to stop washing the breakfast dishes and stay with the children, she got out the car and began to drive slowly toward town, for she had learned before now that the motions of driving required just enough attention to free the under part of her mind for thinking through a problem. The streets were bright with billboards. Lovely women in Greek robes waved flags on the posters urging the public to buy Liberty Bonds or join the Red Cross. There

Cook's Corner

BROWNIE PUDDING

(Serves 6-8)

One-half cup sifted all-purpose flour, 1 teaspoon baking powder, 1/2 teaspoon salt, 1-3/4 cup granulated sugar, 3 tablespoons cocoa, 1/4 cup milk, 1 tablespoon melted shortening, 1/2 teaspoon vanilla, 1/4 cup chopped nuts (optional), 1/2 cup brown sugar, firmly packed, 1/2 cup boiling water.

Sift flour once, measure, add baking powder, salt, granulated sugar and 1 tablespoon cocoa, and sift again. Add milk, shortening and vanilla, mix only until smooth. Then add nuts. Turn into greased casserole or small baking dish. Mix together brown sugar and 2 tablespoons cocoa; sprinkle over batter. Then pour boiling water over. Bake in moderate oven (375 degrees F.) about 30 minutes.

How Can I!!!

By Anne Ashley

Q. How can I repair a broken place in the plastered wall?

A. By applying a thick paste made of two parts of sand, two parts of sifted coal ashes, and one part of white flour, adding enough water to get the proper consistency.

Q. How can I make a novel sandwich?

A. Try mashing one large banana to a cream, working in two tablespoons of cocoa, adding mayonnaise, and placing this between buttered slices of bread.

Q. How can I stop the bleeding of a cut?

A. Try an application of either flour or salt when a cut persists in too much bleeding.

ELLEN'S DIARY

By An Island Farmer's Wife

When James, husband of mine, had taken his place at the supper-table yesterday afternoon, where the family had forgathered in honor of Jennie's and the new babe's home-coming, it was to remark as he looked into a dish: "Stew is it, Ellen? Why, this is 'Chicken' by a stretch of imagination!" and "poor things—these got an ill reward for raising a flock of chickens—or was it ducks?" However, chicken or fowl, the dish brought the family together excepting Jamie, who goes daily now to his classes.

The farmers suspended for the time their hauling of bedding-straw from the other farm to Rob's, an endeavour which will make room for that from the threshing, now not too far in the offing. . . . There is talk now of buying "the twins" and getting "the binder rigged up" to commence the harvest perhaps by tomorrow or if not then, certainly by the first of the week. Most of our grain-fields, rather late

(Continued on Page 3)

Household

Scrapbook

By Roberta Lee

Rag Rugs

When crocheting a rag rug and the last row is reached, make it like a tubing with all edges turned in. Then, as the rug gets older there will not be any unsightly ravelings around the edge. The outside row gets harder wear and the double edge will add to its durability.

Rust

Rub some lemon juice and salt on rust spots and then place the article in the sun. This method rarely fails to remove the stains.

Fish

When cleaning fish, it will be much easier to handle if the fingers are well covered with salt.

Better English

D. C. Williams

1. What is wrong with this sentence? "She has a bad cold."
2. What is the correct pronunciation of "irrevocable"?
3. Which one of these words is misspelled? Proof, approve, grove.
4. What does the word "sacade" mean?
5. What is a word beginning with pa that means "not actively"?

ANSWERS

1. "She has a severe cold" is preferable. 2. Pronounce i-rev-oh-ka-b'l, as in l, e as in let, a unstressed, accent second syllable. 3. Especially, the principal front. (Pronounce fa-sad, first a as in ax, second a as in ah, accent second syllable). 5. Passively.

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Eastern Bakeries' BUTTERNUT BREAD

That Body Of Yours

By James W. Barton, M. D.

BLOOD PRESSURE AND BODY WEIGHT

It is known that overweights have a greater tendency to high blood pressure than those of normal or less than normal weight. Many of us have read or heard of the little book "Life Begins at Forty"; others have heard that Oiler stated that men past 60 should be chloroformed. Oiler did not make the statement because the best mental work of outstanding inventors, musicians, professional men, authors has been done after the age of 60.

Referring to blood pressure and body weight it is interesting to know that the greatest number of heart strokes (coronary thrombosis) occur after 40 years of age and grow fewer after the age of 60. In a series of cases reported from Finland the results showed that the average body weight in women increased as the blood pressure rose. Among those with high blood pressure considerable more overweight was found than among those with normal blood pressure. More cases of high blood pressure were also found in women of excess weight than in those of normal weight. In men, excess weight up to the age of 40 did not seem to affect the blood pressure. Similarly after the age of 60 excess weight did not seem to affect the blood pressure. However, in the 40 to 50 age group, men with high blood pressure showed considerable more excess weight than men with normal blood pressure, and overweight men showed more tendency toward high blood pressure than those of normal weight. Insurance companies have been in

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pointing out for years that as excess weight accumulates the blood pressure rises and that increased blood pressure occurs more frequently in persons of excess weight than in other persons. A noted United States physician, Dr. Fabberg, has stated that the presence of overweight and high blood pressure in the same person is often due to hereditary predisposition to these two conditions.

The lesson from the above is that weight begins to increase and also the blood pressure at the age of 40, when "life begins," because more and richer food can be bought and less physical work is done or exercise taken. Less food and light exercise, such as walking, would help prevent gain in weight and rise in blood pressure.

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