

Woman's Realm Social and Personal Fashions Literature

Crisp! OVEN-FRESH FRESH

ASK FOR QUAKER

Cool... Crisp... delicious... and OVEN-FRESH! That's Quaker Corn Flakes! All the rich corn flavour... the crunchy crispness... the zesty tang of the added malt, are kept OVEN-FRESH in the big blue and yellow flavour-sealed package! Be sure to ask for Quaker Corn Flakes... they're OVEN-FRESH!

The Quaker Oats Company of Canada Limited
FLOURING OATS COMPANY

QUAKER CORN FLAKES

LOOK FOR THE BIG BLUE AND YELLOW PACKAGE

A Job Only You Can Do
Price Control Questions And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board Readers. Persons who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the War Time Prices and Trade Board.

Q. I live on a farm and have quantities of fruit and berries to preserve. Is it possible for me to obtain extra canning sugar coupons for this purpose?
A. No, this is not possible. Every ration book holder in Canada is allotted the same amount of canning sugar, that is ten pounds plus the amount they may purchase with their preserves coupons.

Q. How many preserves coupons does a 2 lb. container of corn syrup require?
A. A 2 lb. container of corn syrup requires 2 preserves coupons. 1 preserves coupon being worth 15 fluid ounces of corn syrup.

Q. My husband recently received a discharge from the Army but when he applied for a ration book, some of the coupons were torn out before it was given to him. Is this in order?
A. Yes it is. You see, the first coupons in Ration Book 4 became valid April thirtieth. It is only natural that people getting ration books after that date should not be entitled to coupons that were valid when rationing was not required.

High tide this afternoon at 4:35 and tomorrow morning at 5:50. Sun sets this evening at 8:47 and rises tomorrow morning at 5:13. Last quarter moon June 13, 12:56 P.M.

Summerside tide eighteen minutes later than Charlottetown.

SAVE 120

Dorothy Gray
HOT WEATHER COLOGNE
fresh as a daisy.

Cool, discreetly fragrant... a fastidious way of feeling and looking dainty-fresh from morning till night.

June Bouquet Natural Sweet Spice

BIG 11oz. BOTTLE—REGULARLY \$2.25
Sale Price \$1.05
for limited time only!

MOORE & McLEOD Limited
CHARLOTTETOWN P.E.I.

Ellen's Diary
By An Island Farmer's Wife

This was the morning I first heard that the Allies had liberated the Eternal City. It is a fine thing that the manner in which it was taken went to preserve "all things of religious and historical interest." The destruction in the lands across the sea of so much that has come from antiquity is one of the greatest losses of war. Although of course, in the reconstruction period following the war there will doubtless be miracles in design and execution, there will be much that was beautiful and wonderful in the way of art and buildings—that can never be replaced. For after all when we pause to consider it, there really is nothing new under the sun. The taking of Rome by the Allies is heartening and I would say that although we can be very thankful for this step—doubtless costly as time will tell—the road to peace, which too soon yet for rejoicing, I doubt if even after the peace is won there will be a time for rejoicing. There will be so much that will be hard to forget that especially for those of us who are older there will be no ray light-hearted rejoicing, just a great thankfulness when it will finally be "The Lord's doing."

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The Man Who Wasn't Himself
By Leslie Cargill

CHAPTER V
THE MYSTERY OF "BLACK JACK"

Familiarly said to breed contempt but when it came to donning the personality of Perry Chetwood there were innumerable snags snags for Richard Harkness. Loss of memory and the inevitable after-effects of illness did not explain why every item in the ward robe seemed to shrink slightly.

True, the clothes fitted after a fashion, but there were discrepancies of an inch here, half-an-inch there, and a considerable variation between the size of his head and the hats that required explanation. Joyce had told him he had changed apparently not for the worse. For this he must be thankful. Then Mrs. Minns drove it home. "The way you talk, sir," she observed, "I should hardly have known you."

"I expect my vocal chords were affected," he replied.

"Taint altogether that, Mr. Chetwood. It's the words what you use. It's the same, if you know my meaning."

"I don't quite grasp it, Mrs. Minns."

Altogether I am baffled. You see I don't know what I used to be like.

"Can't remember a thing, eh?" "As blank as a new sheet of note paper."

"All I can say, sir, is that it's rummy. I did not mind this very much, done for you for the past five years. You used to pull my leg, but you don't do it any more... and the way you sit and read for hours on end... Well, it isn't like you a scrap."

People began to call. Most of them were vaguely troubled to find an old friend or acquaintance had lost old tricks and acquired new ones.

He did not mind this very much, having little liking for any of them except Joyce Barlow. After the conversation which first gave him cause to ponder she was continually pumping him or priming him oil and vinegar and he had to be present at anything else than getting to the bottom of a mystery. More pleasant were the firmer grounds of friendship on which they stood, their strengthening from day to day.

He made special effort to seek her company. She was equally content not to avoid such meetings.

An unpleasant intruder was Jack Murrey, designed by nature on a large scale with a blustering manner in keeping with his large frame.

"I'm pleased you around," he said. "Hock business has been in a putrid state without your co-operation. What do you mean by getting in the way of a bomb?"

"Afraid it caught up with me when I wasn't looking," Harkness replied with a smile.

Murrey stared. "Gee whizz," he exclaimed. "Never known you look so pleased with yourself. Soon be back in harness, won't you?"

"The doctor tells me to take it easy for a while."

"You're fit as a fiddle, anyone with half an eye can see that. We've lost thousands of quids through your being 'held on the shelf.' Snap out of it, man."

"I'm sorry," said Harkness, "but I recollect no more of my business associations than I do of my private life."

"Months, Mr. Murrey, I've been ill a long time."

"All right only back up and get back into circulation. I want you for a big deal. Haven't been able to put it over on my own. There's need for the whole organization to get cracking."

A note of menace crept into his tone as he added:

(To be continued)

THE COOK'S CORNER

BASIC BOILED DRESSING

1 cup milk
1 teaspoon salt
1 tablespoon mustard
2 tablespoons flour
2 tablespoons sugar
Few grains cayenne
1/2 cup vinegar

Heat milk in double boiler. Beat eggs until very light and add dry ingredients; add hot milk and return to double boiler, stirring until thickened, then stir in vinegar very slowly. Cook 2 minutes longer.

MAYONNAISE

1 egg
1 teaspoon mustard
1 teaspoon salt
1/2 teaspoon pepper
1 teaspoon sugar
1 cup salad oil
3 tablespoons vinegar

Beat egg well. Mix dry ingredients and add to egg, beating well. Gradually beat in 1/2 cup oil. Add 1 tablespoon vinegar. Add more oil, then alternate until all thoroughly and have all ingredients very cold.

Dorothy Dix Says—

EMOTIONS BREAK UP MARRIAGES
Middle - Aged Couples Want Revival Of Youth's Experiences, Pity Themselves Too Much

The reason that so many marriages turn into endurance tests, instead of being the state of bliss they should be, is because middle-aged husbands and wives think too much about their emotions. Up to the time they get in the perils of their lives have followed the usual pattern. Boy meets girl. They fall in love. They get married. Build a home. Have children. And are so busy with their business and babies that they have no time to think about their feelings.

They take love for granted and congeniality in their stride, and if the husband no longer sees his wife as his dream girl, he reflects she is a darn good cook and easy to live with; and if the wife no longer mistakes her husband for a Fairy Prince, she realizes that better is a husband who is a good provider than one who quotes poetry. So they log along comfortably and happily together without ever bothering about their blood pressure.

Then a curious thing happens to innumerable married couples. They noted up from struggling to Easy Street. The children have grown up and are on their own. And for the first time in twenty years the emotions of life are not so busy that they cannot be towards each other, and to wonder if they have been as happy as they thought they were or whether they missed something, and to speculate about whether they really got soul mates or not.

MIDDLE-AGE FOLK PITY THEMSELVES

They literally sit with their fingers on their pulses counting their heartbeats, and if they stay normal, they conclude that they have ceased to love each other. At middle age they expect to experience all the vicissitudes and thrills of adolescence, and when they no longer radiate at the sound of a foot step they have heard millions of times, they begin to pity themselves as the victims of a dead passion.

The remedy for this state of mind is that these love-lorn oldsters, who have suddenly discovered that they have ceased to care for their lawful mates, so often turn philanthropists. They have gone into a mad panic over hearing the final call to the dining car and are determined to have a last bite at romance at any cost. So women who have been models of virtue and pillars of the church all their lives have under the influence of their husbands and their granddaughters, and wives and marry good-diggers young enough to be their granddaughters. Nothing is more pathetic than this craving of middle age to revive the emotions of life which cannot be revived.

And if married people would just accept this as one of the comforting facts of life and instead of trying to pep it up with new thrills, they would save themselves a lot of grief.

FALSE TEETH HELD FIRMLY BY Comfort Cushion

NOW WEAR YOUR PLATES EVERY DAY HELD COMFORTABLY SMUG THIS WAY

It's so easy to wear your plates all day when held firmly in place by this "comfort-cushion"—a dentist's formula.

Dr. Wernert's vent sore gums. Powder lets you 2. Economical; enjoy solid foods small amount—avoid embar—last longer. 3. Assures of loose 3. Pure, harmless, plates. Helps pre—pleasant tasting. All strengths—304. Money back if not delighted.

Dr. Wernert's Powder
LARGEST SELLING FLUORIDE POWDER IN THE WORLD

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Dr. Wernert's Powder
LARGEST SELLING FLUORIDE POWDER IN THE WORLD

Living & Leisure
The Woman's Realm

I borrow Beauty to enrich my soul.

Will lend me some that you have found or made.

You shall not miss it, for 'tis magic. If shared, 'twill live forever; never fade.

—Rena Chandler.

SILVER TIPS

Polishing silver these busy days may not be a welcome chore. To save yourself work, keep matches, eggbeater, fruit juice and rubber away from silver as they tarnish it.

RELAXING HANDS

Learn a few tricks to relax tired hands—clenching and unclenching the fists is a good one; shaking the hands vigorously is good, too. You can smooth cream down your fingers in pull fashion to help exercise them.

TO USE STALE BREAD OR CAKE

Spread each slice of either with currant jelly and put together, sandwich style. Cut in squares and place in a well-greased pudding dish. Cover with custard made as follows:

Beat 3 egg yolks until light; add 1/2 teaspoon flavoring and a pinch of salt and 3 tablespoons of sugar. Beat again and to this add 2 cups hot milk, mixing well.

Four over bread, lifting the bread pieces lightly with a fork to allow the custard to mix well.

Bake at 350 F. for 40 minutes or until set.

Remove and put a meringue on top, made by beating the 3 egg whites with 1/2 cup sugar and 1/2 cup of sugar and 1/2 teaspoon cinnamon. Spread over pudding and brown.

If desired, the pudding may be served with cream using the whites for something else.

If you want good blossoms in your hybrid tea rose garden, prune bushes severely leaving only five or six canes and cutting them back to three buds. Pruning is an important part of your spring gardening.

Tired Feeling Adds Years To Your Looks

Third people often have an overlooked digestive system. Clogged with food waste and fatness acids, because liver fails to supply 1 to 2 pints of bile every day.

Take the warning and get after your liver—purifier of blood, storehouse of energy. If liver fails to purify, you enjoy less of life. The gentle way to increase liver's daily flow of bile is with BILE BEANS. Bile Beans are small tablets plus tone up the digestive system—liver bile, stomach acids. Made from pure vegetable extracts, Bile Beans act so gently, yet effectively, that you can take them with your meals. "Wakes Up Nature" called "The Medicine That Wakes Up Nature."

Shake that "tired feeling"—and get some fun out of life. Try BILE BEANS tonight—they work while you sleep. Over 7 million boxes used last year, convincing evidence of how greatly they are helping others.

second front action when the War Office gives the signal.

Amber-colored diamonds can be changed to green by bombardments with heavy hydrogen atoms.

Undernourished children under the age of four, score as much as after they have been given an adequate diet.

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It was difficult to keep my thoughts concentrated on my work today. They would wander. I busied myself with a bit of washing early, with an eye to the end beyond the hill, for the mail-man's black mare. I wished to learn all the particulars of the family and of Rob's helping him at his work and I saw Rob with a "four-hour hitch" at work cultivating the land for the roots. After dinner the gentler sex went to the work of washing and working busily all afternoon, we found ourselves wishing a lay sun would smelt through the basement windows and make it easier to discern the potato-eyes. There was a quiet but in yards for James was missing all day.

The men returned from their respective tasks in time to assist with the milking and then, removing the back seat from the car, they began to stow the dinner small bins in crates in the back of it. There was a bit of collecting as to whether they might smother in such tight quarters and I heard James remark before he took his place beside Jack in the car. "That will lessen the work in the morning."

There was a bit of ironing and pressing to be done this evening and when James came across the lane to listen to a favorite program. Tonight it was the century old story of a romance brought up to date of course—Jane Eyre. It is many years since I read this book but as the play progressed, I could recall, easily, the tears I shed over Jane's trying experiences in her earlier years. Then there were her subsequent happy years as governess, and then the period when bravely and sorrowfully she departed and wisely—turning her back on a promised land unethical at best. Then there was the turn in

In a Changing World Ganong's Standard Remains Unchanged

Open your box of Ganong's... taste the first chocolate your fingers touch... any one... and you realize immediately that Ganong has remained faithful to the principle that quality and taste go together. One cannot exist without the other. And that is why Ganong's Chocolates are as pure and tasty as they can be... an unbeatable combination of goodness that has made Ganong's the candy for Canadians.

True your dealer may not be able to supply as many Ganong's Chocolates as you'd like to purchase—but those you buy are always worthy of their reputation, the finest in the land!

Ganong's GB Chocolates

GANONG BROS. LIMITED, ST. STEPHEN, N.B.

SO SOFT SO STRONG SUCH BIG VALUE

More people in Canada buy **WHITE SWAN** than any other tissue

3 Rolls
2250 sheets 25¢

THE E. B. EDDY CO. LIMITED
HULL - CANADA

Etiquet DEODORANT CREAM

Stops underarm perspiration 1-3 days

Scientific tests prove Etiquet 24% more effective than other deodorant creams tested.

- Spreads smoothly; not crumbly.
- Pure; not irritating to nor sensitive skin.
- Works fast; no need to rinse.
- Will not harm delicate fabrics.

LOOK FOR THE BLUE PLAID JAR AT TOILET GOODS COUNTERS... 25¢

CUNNING DOLL

1002

DESIGN NO. 1002

A cute doll dressed in a smart jumpsuit is attractive and inexpensive toy to make. Pattern No. 1002 contains complete instructions for making the body of the doll, clothes, wig and shoes.

To order pattern: Write or send above picture with your name and address with 15 cents in coin and stamps to Needlework Bureau, Charlottetown, Guardian, Design No. 1002.

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Needlecraft For The Home

SMART SPECTATOR FROCK

Cherries are ripe on the pockets of this beautifully-designed sports frock, too to give you the freedom active young American demands.

No. 2796 in size 14 requires 3 1/2 yards 36-inch fabric.

No. 14845 is a transfer pattern including 34 different motifs for application.

Send 20 cents for PATTERN. Print your Name, Address and Style Number plainly. Be sure to state size you wish.

Address: Pattern Department, The Charlottetown Guardian.

Name _____
Street Address _____
City _____ Province _____

A Morning Suite

NOTICING HIM

Jones: "I reckon the boss is beginning to take an interest in me."
Smith: "Oh, yes?"
Jones: "Yes. He asked me if I

2796