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RICE-EDDY NUPTIALS

(St. John Telegraph Journal) A pretty wedding of much interest both in Saint John and throughout the province was solemnized at Queen Square United Church at 7:15 Tuesday evening, when Miss Gertrude Lockhart Rice, eldest daughter of Rev. H. C. Rice, pastor of the church, and Mrs. Rice, became the bride of James Kenneth Eddy, of Pontiac, Mich., son of Mr. and Mrs. A. J. Eddy, of Bathurst, N. B. The ceremony was performed by the Rev. J. M. Rice, of Marysville, assisted by Rev. Dr. A. S. Rogers, of Centenary United Church. The occasion was of special interest, being the twenty-seventh wedding anniversary of the bride's parents. A color scheme of rose and white was effectively carried out in the church, where profusions of lovely garden flowers were artistically arranged and clusters of flowers tied with white ribbons marked the guests. Mrs. I. E. Archibald presided at the organ and before the ceremony the choir sang "O Perfect Love." As the bridal party entered the church the organist played the Bridal Chorus from Lohengrin. During the signing of the register Mrs. L. V. Lingely sang "Because" and at the close Mr. Archibald played Mendelssohn's wedding march. The bride, who was given in marriage by her father, wore a beautiful gown of eggshell d'Alencon lace fashioned in simple graceful lines, with very long, full skirt and long, lightfitting sleeves. Her veil of silk hat to match, which has insets of lace at the end, was held in place by a Dutch cap of the same lace finished at the back with a narrow band of seed pearls. She wore satin slippers and gloves to match her gown and carried a bridal bouquet of sunset roses and lily of the valley. She was attended by her sister, Miss Eleanor Rice, as maid of honor, with Mrs. Benjamin Rogers, Jr., of Summerside, and Miss Mary Rice, sister of the bride, as bridesmaids. Their stylish frocks of suede satin were fashioned alike with long bodices slightly shirred at the waists,

and very long skirts falling in graceful petal-like folds from a fitted neckline made in sectional swirl effect. They wore dainty Dutch bonnets of silver and matching lace, long gloves and slippers to match their frocks, and carried large bouquets of rose and mauve sweetpeas. The maid of honor wore Ophelia pink, while the bridesmaids wore opaline rose. Mr. Harper Kent, of Bathurst, attended as groomsmen and the ushers were Mr. Allison Rogers, cousin of the bride, and Mr. Hugh McLellan. Mrs. Rice mother of the bride, was wearing a stylish gown of black Parisian lace, black mohair hat faced with eggshell and a corsage of crimson roses. Miss Mable Eddy, of Bathurst, sister of the groom, wore a lovely frock of printed chiffon in shades of blue and a black mohair hat. Mrs. A. S. Rogers, aunt of the bride, wore black d'Alencon lace and a corsage with large hat to match and a corsage of Ophelia roses while Mrs. J. M. Rice, of Marysville, aunt of the bride, was wearing printed georgette with black hat. After the ceremony a reception was held at the bride's home in Papan Place, when about 100 guests were present. The bridal party received in a corner of the drawing room, where banks of beautiful garden flowers made an attractive setting. The bride's table, which had a cloth of Italian fluted and cut work over pink, was centred with the wedding cake surrounded by folds of pale pink tulle festooned with sweetheart roses. Mrs. A. S. Rogers and Mrs. J. M. Rice presided over the coffee cups, while Mrs. LeRoy A. M. King and Mrs. J. E. Keith, of Norton, replenished and those assisting in serving were Mrs. Harold Conley, Mrs. George Johnson, Miss Dorothy Stewart, Miss Flora MacDonald, Miss Frances Barnes, Miss Anna Jollymore, of Sydney, N. S., and Miss Mabel Eddy of Bathurst. Little Miss Helen Rogers attended the door. After the reception Mr. and Mrs. Eddy left by the Montreal train for a wedding trip to Upper Canadian and United States cities, after which they will reside in Pontiac. For

PRESENTATION TO REVEREND ALFRED B. MacDONALD

On Sunday, June 15th, 1930, Reverend Alfred B. MacDonald sang his first High Mass in his home parish in St. James Church, Summerfield and delivered an excellent sermon on the mercy of God. The church was filled to its capacity and there were present friends from many parts of the Island. Father MacDonald was ordained to the Holy Priesthood by His Eminence William Cardinal O'Connell in Boston, on April 11th, 1930. After Mass an address was read to Father MacDonald by Mr. Matthew J. White and a purse was presented by Mr. J. Herman Lambe. In reply, the Reverend Father, although taken by surprise expressed his thanks very feelingly in well chosen words. The following is the address: Reverend Alfred Bernard MacDonald, Summerfield, P. E. I. Reverend and dear Father: We, the parishoners of St. James Church, Summerfield, take this opportunity of extending to you, a former son of this parish, a hearty welcome on your return to your former home and parish. We could not ignore this occasion without expressing in some tangible and appropriate manner the sentiments and feelings which are aroused in our hearts on this the occasion of your return and on the mission which you have been consecrated to perform. We look with pride and enthusiasm on one of our former parishoners consecrated to the Holy Service of God and following in the footsteps of the rich son who took up his cross and followed his Master. Rare indeed are the occasions when a parish can boast of such an impressive and sublime event as St. James parish is called upon to witness today, namely, the celebration of the Holy Sacrifice of the Mass by a former son for the first time in his native parish. The untiring zeal and never failing devotion which you have always manifested to your Creator and to those entrusted to your care for their spiritual and temporal direction and welfare have won for you an unprecedented position to all those who had the singular pleasure of knowing you. We trust, Reverend Father, that you may be spared many, many years to participate in your noble and glorious work and that your labor shall be crowned by innumerable graces and blessings, which will greatly aid you to fulfill your duty to your Creator and your chosen flock. We know that the rudiments of knowledge and the insignia of faith and devotion to your Lord and Master, which you will inculcate into the hearts and souls of those entrusted to your care and guidance shall be deep-rooted in their foundation and have a lasting influence on your chosen ones, which will greatly enable them to so live that

they will hereafter partake of those heavenly joys which we are all striving to obtain.

We hope that the never failing and untiring efforts which characterize your labors shall obtain for you not only the holy consolation in this life of a close and intimate union with your Lord and God and the joy which the efforts of these labors will produce, but also the consolation of a closer and more intimate union with your Creator hereafter will crown these labors and the noble calling which you are destined to perform. Reverend Father, we ask you to accept this purse, not by any means given for the sake of the gift itself, but purely and simply from motives of esteem and good will which symbolizes the feelings and sentiments of the parishoners of St. James Church, on this the occasion of the consecration to the ranks of the Holy Priesthood one of its former noble and esteemed sons. We heartily ask you, Reverend Father as a request, although your field of labors, your direct assistance and your earnest prayers will be directed to those of your future parish, that you will occasionally remember St. James Parish in your prayers and sacred sacrifices, and you can rest assured of the earnest prayers and hearty co-operation from the parish of your boyhood days. Signed on behalf of the parishoners, St. James Church, Summerfield.—E.

DIPPING SHEEP FOR CONTROL OF EXTERNAL PARASITES

(Experimental Farms Note) Sheep breeders will find dipping at this season of the year a profitable investment. Sheep and lambs will not thrive if they are forced to act as a host for ticks and other vermin. Sheep going into winter quarters will also be greatly benefited by being dipped in the early fall. The expense involved in dipping sheep is very slight compared with the increase gains that will be made by the lambs and the greater assurance of having the ewes in good breeding condition in the fall and lambing time in the spring. The yield and quality of wool will also be greatly increased. The Frederickton Experimental Station has made a practice of dipping sheep each year (fall and spring), and as a result ticks have been practically eliminated from the flock. There are a number of reliable sheep dips on the market. Cooper's dip is the most commonly used and experiments conducted at this Station proved to be quite efficient, although tests made some years ago did not show it to give quite 100 per cent control. In 1924 the Frederickton Experimental Station undertook to test out the merits of sodium fluoride and wettable sulphur as cheap substitutes for the commercial dips. A number of grade sheep were heavily infested with ticks, were purchased from nearby farmers for this experiment. Counts were made of the ticks found on each sheep and lamb before and after dipping. Sodium fluoride was used in varying strengths from 1/4 of an ounce to a gallon of water. Cooper's dip was used according to directions. One hundred per cent control was secured where sodium fluoride was used in the most concentrated form but there was evidence of slight burning. The weaker strengths of this product failed to give satisfactory control of ticks. Consequently sodium fluoride in solution is not satisfactory as a sheep dip. Wettable sulphur was found to give 100 per cent control when used at the rate of 30 pounds to 100 gallons of water. Cooper's dip also gave 100 per cent control without any evidence of burning. While sheep breeders operating in a large way may be justified in trying out substitutes for commercial dips, the small breeder is well advised to use the reliable commercial dips on the market. C. F. BAILEY Superintendent, Dominion Experimental Station, Fredericton, N. B.

GLASS FLOWERS

Some of the sweetest bouquines for summer frocks and suits are little bunches of glass flowers. The leaves are made of kid. Others have buttons for flowers and kid leaves to go with them.

WHITE GLOVES

As hot days come, white gloves grow more popular. With short sleeves or no sleeves at all, short white gloves, or pull-ons of six or eight button length are very summery and smart looking.

Severe Headaches

If troubled with headaches, we will be glad to investigate the condition of your eyes, and if necessary, furnish you with properly fitted corrective glasses.

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OPTOMETRIST

For The Cook

ASPARAGUS IN LEMON RINGS

(Serves 1) An attractive serving of asparagus uses lemon. This vegetable can now be obtained fresh, and patrons appreciate the pleasing change from the canned vegetable served during the greater part of the year. 3 to 5 stalks asparagus 1 thick slice lemon Cook asparagus in pieces of even length. Remove pulp from lemon slice. Insert asparagus stalks and serve hot with: Lemon Butter for Vegetables. (Serves 24 to 32) 1/2 cup butter 2 teaspoons salt 1/4 teaspoon paprika 2 cups lemon juice Cream ingredients together. Serve over any hot, diced vegetable.

SWEETS TO THE SLEEPLESS AND HE WILL SLEEP

NEW YORK, June 25.—(By The Canadian Press)—If you are troubled with insomnia, you had better read this from beginning to end. The remedy is quite simple. Eat sweets and you will thoroughly enjoy refreshing slumber, pleasant dreams and a clear conscience—even if there is cause for a troubled conscience. The man or woman who uses an average of eight lumps or spoonfuls of sugar in the daily food and drink, and, in addition to that, munches on a bit of candy during the day, is the man or woman who dreams little; when dreams come to the sugar-eater, they are sweet dreams. The self-same sugar-eater wakes less frequently during the night than the individual minus a sweet tooth. He arises refreshed and strengthened. Altogether, life is a pleasanter thing for the sugar addict than for other men and women.

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THIS IS JUST PART OF THE INTERESTING DATA THAT HAS BEEN DISCOVERED BY DR. DONALD A. LAIRD, DIRECTOR OF THE COLGATE UNIVERSITY PSYCHOLOGICAL LABORATORY, AND CO-AUTHOR OF THE RECENT BOOK, "SLEEP: WHY WE NEED IT AND HOW TO GET IT" IN HIS RESEARCHES AMONG HOTEL VISITORS IN NEW YORK.

Dr. Laird has prepared a questionnaire plying tactfully and scientifically into the why and the whereof of the well-known slumber god, morpheus. He hopes to add to the research on sleep he has been making for the past six years.

In a talk to newspapermen, Dr. Laird said persons who prefer sweets to a pickle or a beef-steak, sleep better because carbohydrates are the food most readily absorbed and used by the body as energy.

It has also been found persons who eat a "snack" before retiring, sleep well or better, than those who do not eat before going to sleep. They dream—and pleasantly.

The effect of coffee is rather psychological than physiological, the sleep authority said, and referred to it as a "coffee superstition." If a person thinks coffee will keep him awake, it will. "In our sleep laboratories in Colgate," he said, "we've tried the experiment of giving our human guinea pigs a drink which they thought was coffee, but which had the caffeine removed, and it had the traditional effect of coffee because that effect was what was expected."

A professor of philosophy, "a most scholarly old gentleman," Dr. Laird knows, he said, is affected by the mere odor of coffee to a point of actual intoxication. He lays that to the "subconscious idea association" rather than the amount of caffeine imbibed in by the inebriated old gentleman.

A few other poignant facts Dr. Laird has gathered in his inquiry plus six years of experience in the field are: The average so-called intellectual sleeps less well than his non-intellectual brother. He dreams more and is aroused more easily. A heavy person should not sleep on his back. This posture, by putting the weight on the internal organs, often from sixty to seventy pounds, in the spinal column, interferes with the blood supply. The long sleeper sleeps best. He should have at least a three-quarters or a full size bed, so that he can move comfortably every seventeen minutes or so, as the normal sleeper does, without subconscious fear of falling out on his ear. Sleeping on the stomach isn't so good because it puts on the diaphragm the job of moving the whole body, and one is likely to either bury



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