

Woman's Realm / Social and Personal / Fashions / Literature

Needlecraft Living & Leisure

For The Home



SUCH A PRETTY FROCK
For the In-Between Age
It isn't often you find such a delightfully styled frock for the growing girl. She steals a march on the grown-ups, who will be wearing the "hand-in-pocket" frock this Fall. Style No. 3566 is designed for sizes 6, 8, 10, 12 and 14. Size 8 requires 2 1/8 yards 35-inch fabric with 1 3/4 yards ric-rac.

Name _____
Street Address _____
City _____ Province _____

THE COOK'S CORNER

TOMATO CHILI SAUCE
12 medium ripe tomatoes.
4 medium green peppers.
2 large onions.
4 medium apples.
1 1/4 cups Crown Brand Corn Syrup.
1 1/2 cups brown sugar.
2 cups vinegar.
2 tablespoons salt.
2 tablespoons ground cinnamon.
1 teaspoon dry mustard.
1 teaspoon celery seed.
1 1/2 teaspoon ground cloves.
1-2 teaspoon allspice.
1-8-1-4 teaspoon cayenne pepper.
METHOD: Wash and peel tomatoes, cut in small pieces. Add green peppers, chopped fine; onion peeled and chopped, and apples peeled and cut fine. Put in kettle with Crown Brand Corn Syrup, brown sugar, vinegar, salt, mustard and spices. Cook two hours over moderate heat (or until thick and transparent).
YIELD: 4 pints.
PRESSED MEAT
2 pork hocks, 1 veal hock, 1-2 best-of-five series with Saint John onion, seasoning, meat juice. Boil hocks till done; grind or cut up very finely, add chopped onion, meat juice and seasoning. Press New Brunswick city with the remaining games being slated for Halifax.

Halifax Navy Wins N.S. Baseball Title
HALIFAX, Sept. 23 (CP)—Halifax Navy today won the Nova Scotia baseball championship, defeating the Dominion Hawks 15-2 for their third straight win in the best of five series.
The Sailors leave tomorrow for Saint John where they will open a best-of-five series with Saint John Ironmen for the Maritime championship. The first two games will be played Friday and Saturday in the New Brunswick city with the remaining games being slated for Halifax.

VALUES
(Beatrice Lawrence Barry in Montreal Gazette)
The things that matter most to me are comradeship and loyalty. To God, the King, this land, a friend.
Old-fashioned virtues, without end.
To walk together, hand in hand—For company, a goodly band.
To speak our minds with pleasant ease;
To worship God the way we please.
To slip into a good friend's coat;
To love sincerely—without art.
To know, when we walk up and down
That we are liked in our own town.
To do our duty; turn our hands
To any job that life demands.
I could, no doubt, more grasping be
But these things matter much to me.

NEAT BUTTER SQUARES
You can cut butter for the table in nice neat squares by putting a piece of wax paper over the knife.
CRISP PIE CRUST
When taking pies from the oven put a high rack under them until cool. This will keep the crust crisp and prevent sogging.
ORANGE WALDORF SALAD
Cut in small pieces: 2 oranges, 1 apple, 4 stalks celery. Combine with 1-2 cup raisins or walnuts, Jelly French Dressing or mayonnaise. Pack in jelly glass for lunch box. (Serves three to four).
SIMPLE DESSERT IS GOOD
A smooth, boiled custard over fresh or stewed fruit is just about as good as any dessert you can think of.
KEEP UP EXERCISES
Beauty experts say that it is a mistake for any girl to give up exercise as she finishes school and begins to work in an office or gets married and has a home of her own. She should take a long brisk walk every day and, in addition, keep on with one sport and do limbering and stretching routines regularly.

CLEAR THE CAUSE OF BABY'S DIARRHOEA

It saps your baby's strength. Lowers his resistance to disease. Leaves him a prey to other sicknesses. Regulate the bowels and banish it immediately.
Read the experience of Mrs. Edith Stroud, of Brown's Line P.O., Ont.: "I have nine children, but have had no serious illness among them, and one this to Baby's Own Tablets. For diarrhoea they are invaluable. They quickly clear up the cause."
Promptly effective, also, in cases of simple fever, colds, colic, upset stomach, constipation, simple cough, indigestion and teething.
Free of stimulating drugs and opiates. Easy to take at any time. Safe and harmless. Analyzed in every box. Get a package today. Sickness often strikes in the night. 25 cents. Money back if you are not satisfied.

TEA LEAVES CAN BE USED TWICE
English housewives have found many ways for making the most of their tea ration. One of the most successful economies, according to those who have tried them, is to use the same leaves for a second brew, and very little difference is noticed in either taste or colour.
Here is the method which some housewives might like to test:
Make the first infusion in the usual way. Let it infuse five or six minutes. Then fill the cups, using all the liquid in the teapot. Don't add any water to the leaves. Second cups are forbidden by this method.
Press any surplus liquid from the leaves, or turn them into a colander to drain. Then spread on a double sheet of white paper, and put into a slow oven to dry. This is best done when the day's cooking is over.
Strain heat must not be used or the leaves will burn instead of drying. Stir them once or twice while in the oven, so that they crisp evenly. Repeat the drying on two successive days, if necessary. When done, store in a glass screw-topped jar. As soon as you have a sufficient quantity, mix it with an equal weight of freshly-bought tea, and put back into the airtight jar. Use in the ordinary proportion, and allow to infuse before pouring out.

SLIP-COVER YOURSELF
This summer you will be hearing a good deal about the washable suit, which is the most practical fashion for the woman going to business or busy civilian defense activities. Variety in tailored two-piece fashions is provided by practical fabrics in wide awning stripes on a white cotton ground. Slip-cover cottons, as they are called, are just as neat, crisp and cool-looking for women as they are for the furniture for which they were originally intended and you will find them as enticing and comfortable as your favorite slip-covered armchair. Wash these cotton suits snatched from the upholstery looms in rich and fast colors, and without hard rubbing and keep the colors bright and new looking.

HONEY SWEETENS PEACHES
Peaches, whether raw or cooked, are delicious sweetened with honey. For canning, a syrup of the proportion of three-quarters of a cup of honey to one cup of water is just right for peaches or pears. Corn syrup can be used in the same way.

LEAVE CAR IN SHADE
Tip to women drivers—when you park the car next time you go shopping, leave it in a shady spot. Not only will it be more comfortable when you get back to drive away, but you will have saved gasoline. Gas evaporates more rapidly when the car is left in the sun.

"TEDDY" COATS
Light and bright colored teddy bear coats go equally well over sports and evening clothes. Light blue, white, red.

HAND CROCHETED FRILLY CAP
This lovely crocheted triangular hat is grand to wear with your pompadour. It is easy to make and requires little time. Pattern No. 1157 contains list of materials needed, illustration of stitches and complete instructions.
To order pattern: Write, or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian, Needlework Department, Design No. 1157.

DESIGN NO. 1157
This lovely crocheted triangular hat is grand to wear with your pompadour. It is easy to make and requires little time. Pattern No. 1157 contains list of materials needed, illustration of stitches and complete instructions.
To order pattern: Write, or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian, Needlework Department, Design No. 1157.

Female Weakness
AND HELP BUILD UP RED BLOOD!
Lydia E. Pinkham's Vegetable Compound TABLETS (with added iron) have helped thousands to relieve periodic pain with weak, nervous, blue feelings—due to functional monthly disturbances. They also help build up red blood, and are a tonic for the stomach. Pinkham's Tablets are made especially for women. Well worth trying!

Dorothy Dix Says—

WIVES ARE EXPECTED TO BE PERFECTION PLUS
Every Man Thinks Wife Should Be A Miracle-Worker

A woman who complains that her husband is always criticizing her, and harping upon her faults, and generally letting her see how disappointed he is in her and how far short she is of his ideal, wants to know what men expect of their wives, anyway.
Well, generally speaking, men don't expect much of their wives. Merely perfection, plus. They expect them to be compounders of all the charms and virtues with a lot of useful everyday adjuncts thrown in for good measure, and when they do not get this human marvel, they naturally feel disappointed and that they have been kipped. It isn't really that a husband doesn't think that his Martha is a pretty good wife, as wives frequently think. It is only that she doesn't come up to expectations. She isn't his dream wife. Hence these growls.

He won't admit it, of course, but the first little thing a man expects of his wife is for her to stay young and slim and pretty, not only does not know how to perform symphonies upon the gas range, she hates the very sight of one. No woman expects her lawyer, or doctor, or banker to be an expert plumber and electrician, but every husband expects his bride to make bread like his mother used to make and be as good a judge of a steak as a butcher.

Every man expects his wife to be a miracle-worker who can take care of a family without running up bills. He expects her to conjure good meals out of the air, to have children who will grow their own feathers and not have adenoids or tonsils or buck teeth, and who will look like a million dollars in a hand-me-down she bought in the basement bargain shop. Men never get over the feeling that somehow it is their wives' fault that marriage has such a big price tag on it when they expected it to be just pure, inexpensive romance.

Men expect their wives to feel that just being married to them is all the happiness that any woman could desire in life and they should be so grateful to them for keeping them from being old maids that they would not see why wives crave any other excitement than just looking forward to their return home of an evening, nor why they should wish any greater pleasure than just watching their husband to devise any little trick or surprise for his wife. He feels she doesn't need it. She has HIM.

Husbands expect their wives to do the heavy work of rearing a family and to take all the blame if the children turn out badly, but let them monopolize the credit if the youngsters are a success. It is mother who washes the floors at night when the baby has the colic and who pushes the perambulator before her when she goes to market. It is mother who slaves away the best years of her life fixing baby formulas and wiping the noses of little crawlers and having her nerves shattered by the whoops and yells of little savages and coercing little sinners into the straight and narrow way, while father is playing golf or enjoying some of the diversions the three business man needs and the three mother gets along without. "MY son" when Bob graduates cum laude at college or Susie is elected Miss America.

Many husbands expect their wives to take whatever treatment they give them and like it. Many men are he-angels who are tender and kind and generous to their wives and who keep their wives on their knees thanking God for what they've got. But many other men do not think it worth while to be even commonly polite to their wives. They say things to their wives they would not say to any woman who had an able-bodied shop. Men never show them a particle of affection. They never give them a cent of the money they earn a hundred times over by their labor as domestic drudges. They never speak to them except to find fault with them and yet they expect their wives to love them.

And most of all, men expect their wives to forgive them for their philandering and to wait patiently for them to come back home after they have gone ten or twelve months to wander any more. Furthermore, they expect their wives to forget the past and slay the fatted calf and welcome them with glad hosannas.

These are a few of the things men expect of their wives. Small wonder so many men are disappointed in marriage.

NAIL POLISH PRESERVES METAL
It takes real ingenuity to be a conservation expert. Right in your own home! Anybody can wear out a pair of stockings a day, or throw out a gold compact the minute it collects a scratch. It's the smart girl who can stretch an extra month's wear out of her girlish, and save the precious metal from getting battle-scarred.
Here's a hint on conserving metals: Keep them scratch-proof the same way you keep them shiny—by painting them with colorless nail polish. Boys in the navy are using this polish-upper for their buttons—it's a fine way to "keep 'em shining."

AGAINST MOTHS
Here's one we wouldn't have dreamed up in a million years—dip camels hair paint brushes in colorless polish to keep out moths. To use again, rinse in polish remover. Black-and-white shoe wearers note this one! Paint colorless lacquer over the black portion of the shoe before you do a whitening job. It will keep whiteners from getting into pores of the dark leather, and while splash- es rub easily from the polished surface with a damp cloth.
One parting thought—now that your sock may be a ring off to war—acquire the labels of your medicine bottles. Then, in case of spills, ink won't run or blur.

NO DOUBT ABOUT IT—
YOU SAVE CLOTHES IN WARTIME!



YES, THE NEW OXYDOL
washes WHITE without bleaching
...CLEAN without hard rubbing

OXYDOL
Of course your clothes last much longer! You don't rub things threadbare to get the deep dirt. You don't run your washer extra minutes as you often do with poorer soap. And you don't risk weakening fabrics or fading colors to bleach your wash sparkling white.
With the new OXYDOL you get beautiful wash just with rich, safe washing action. It's much richer in washing power now. Every ounce gets more dirt for you—draws it out gently, safely.
So, except for stains or unusual pieces, your wash comes so white you'll hardly believe you haven't used a bleach. So clean you'll hardly have any rubbing to do.
It's a grand way to wash! And your washable coats come shiny-bright. Yes, the new Oxydol is safe even for your lovely washable rayons. Made in Canada.

Exercises Banish a Matronly Chin



Young Throatline For Young Hat
Are salesgirls showing you matronly hats ALREADY? Then do something about that chin line! Nothing labels you "old" so positively as a double chin—but the lovely young throat that's achieved with exercises can make a woman who is middle-aged look years younger!
These special chin and neck exercises bring prompt results if you do them at least once or twice a day.
Here's one exercise: (1) Turn your head sharply to the right, until your chin is over right shoulder. (2) Keep your chin over your shoulder and tilt head backward slowly, lifting face toward ceiling.
(3) Lower head slowly. Now repeat entire exercise five times. After this, turn your head to the left and repeat. A rest—then repeat, 20 times altogether.
There are as safe and easy exercises for a bulgy waistline, for spreading hips, too. Or perhaps you have some other figure fault you'd like to correct.
Our 32-page booklet illustrates and explains exercises for waistline, hips and legs; for bust, arms, shoulders, neck and posture. Also gives exercises to correct foot troubles, constipation, nervous tension; and a general exercise routine.

Send 20c in coins for your copy of "The Meaning of Dreams" to Be sure to write plainly your name, address and the name of booklet.

Name _____
Street Address _____
City _____ Province _____



SUB-STANDARD FULL FASHIONED RAYON HOSE
67c pr.
\$1.30 for 2 Pairs.
400 pairs of sub-standards full fashioned Rayon Hose in light service, reinforced, with run stop below garter welt. Shades Sunny, Town Mist and Bluish. Sizes 8 1-2 to 10 1-2.
Price 67c pair — two pairs for — **1.30**
Week-end Special

MOORE & McLEOD Limited

In addition to your metal compact, you can protect all your ever-so-precious metals from marks and smudges. The fastener on your purse, that last shiny clip you can't replace—it's smart to polish 'em up for the duration. When the first protective coat wears off all you have to do is polish up again. It's a long-lasting shine, incidentally, and a bright one. In fact, you may want to get after the metal-ware right through your house. Keep tarnish from your silverware, ash trays, candlesticks, and brass. One first-aid enthusiast writes in that she's solved the problem of how to keep finger bandages from getting grimy and ravelling at the edges—paints colorless polish at the edges of the bandage. Saves bandage and adhesive, because you don't have to change them until it's time to put on a new dressing.
INGENIOUS TRICKS
Recently a publication editor started a conservation contest, offering a small prize for ingenious tricks with colorless polish. Here are a few of the suggestions she received just to give you a small idea! Cover legs of wooden desks with spinners won't catch stockings. Cover typewriter keys—keeps clean and increases speed of operation. Says typist—correspondent. For stamp collectors—paint your special issues with colorless lacquer to preserve them. For tennis fans, use it to protect strings when you put your racket up for the winter.

You'll want this PLEDGE OF PERFECT QUALITY
She will always appreciate the tribute you pay her in choosing the best... So choose a ring with the exclusive Bridal Wreath 4-point guarantee of complete perfection in color, cut, brilliance and flawless quality—a genuine Bridal Wreath diamond ring!

BRIDAL WREATH Rings
DIAMOND AND WEDDING

C. W. PATTERSON
JEWELLER
Gt. George St.

GODKIN BROS.
Bridal Wreath Diamonds & Wedding Rings

MOOSE JEWELER
Summerside