

THE CHARLOTTETOWN GUARDIAN

\$4.50 per year (in advance, mailed in Canada and United States) Morning Daily (founded 1857) \$5.00 per year (in advance) delivered.

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FRIDAY, AUGUST 24, 1928

THE REWARD.

PERHAPS the greatest reward on the completion of any undertaking is the satisfaction of knowing that it had been well planned and carried to a successful conclusion. The management of the Provincial Exhibition now about over are today enjoying this reward. The Exhibition has been successful even beyond their fondest hopes. For one thing only they do not take any credit to themselves, namely, the weather, which with the exception of a light shower yesterday morning was ideal, a factor which contributed very largely to the success which has been achieved. For all the rest the management is entitled to full credit. They planned wisely; they provided for every eventuality, improved the grounds and buildings, provided entertainment of a class far above anything heretofore undertaken in that line; had all arrangements completed on time and the logical conclusion, success, was the result.

and its ministers. For a mid-summer night's entertainment, and from the Liberal standpoint, the meeting was a success, but the people of Nova Scotia as a whole are not likely to be impressed. They have before them the clear fact that the prosperity of Canada is not such as to give the people of Nova Scotia and other Maritime employment.

The migration of young people from the Dominion still continues. The crops are abundant, but they fail to see the connection between this and anything that has been done by the Mackenzie King Government. They will admit that Canada is prosperous, but not as prosperous as she ought to be with the opportunities at her command, and they feel in their bones that there is something wrong with a fiscal policy which permits the importation into Canada of goods which should be manufactured in Canada by Canadian workmen.

The Hon. Mr. Bennett has started a fire not only in the Maritimes but throughout Canada, and it is slowly eating into the Liberal propaganda that has been in progress for the last few years. Our Liberal friends are frantically trying to stamp out the fire, but the flames are increasing in volume and intensity. The people of Canada know that there is something wrong, and they have a pretty good idea what it is. The fiscal policy is wrong and they are going to rectify it at the first opportunity.

WE ALL DO IT.

DURING the present Summer an unusual heat wave passed over England, causing discomfort and not a few dangerous breaks in the health of the people. The doctors rose to the occasion, and distributed gratis much valuable advice. This is what they told the people to do and not to do:—

"The laymen must eat no meat and subsist on fruits and salads. He must drink no heating alcoholic beverages, confining himself to milk and unsweetened lemonade. He must discard his stuffy black wools suits and wear airy flannels. Hats should not be worn at all. Smoking, of course, must be cut to the minimum."

EDITORIAL NOTES.

Now that the Exhibition is over, we can go on with our regular work, the principal part of which for the farmers at least will be harvesting. The caterpillar pest has largely gone into Autumn quarters, and is less conspicuous than it had been. Our short Summers are not sufficiently favorable for these pests to get a foothold and it is not likely that with the care that is being devoted to their checking, that we shall ever suffer serious damage. Nevertheless, eternal vigilance is the watchword.

Notes by the Way

ONE of the explanations given for the tremendous success of this year's Exhibition is that the Directors have got some "pep" in their make-up. The writer overhearing this remark in the very crowded grandstand enclosure on Wednesday, set his mind working to find out what "pep" really meant. Of course, in the case of the Exhibition it spelt success—overwhelming success. From the opening night of the Exhibition it was evident there were brains "and then some" behind the arrangements. Usually the opening ceremony has been perfunctory—a dreary, monotonous, mechanical affair which only those whose sense of duty constrained them attended. On Monday the opening was not only full of life, but of unusual attractiveness.

So also with the first day's proceedings. Customarily the proceedings have been stale and uninteresting, except to those primarily concerned in the judging and arranging of the exhibits. This year the annual Scottish Gathering was held in conjunction with the Exhibition, and proved an outstanding success for both organizations. Not for many years have entries for the various classes of sports, etc., been so well filled, and not for many years has the Club been so well rewarded financially; while the attendance was the largest in the history of the Exhibition, justifying the Directors in the financial risk they took.

This is, of course, what everybody knows. On Wednesday a party newly returned from London and the continent were thoroughly re-living the Midway and its entertainments. One could not but surmise that to them even the glamor and pleasure of Earl's Court and its world-renowned attractions could not compare with the thrill which the Midway in their own home town was giving them. And the joyous sensation was infectious—"everybody was doing it"—or rather them, for old and young thoroughly entered into the spirit of the occasion and let themselves go. It is this spirit, or the lack of it, which makes or mars an enterprise.

But "to come back to the 'osses'" or rather the ingredient which tends to make things go—"Pep." The dictionary, or at least the ordinary dictionary, does not deign to recognize the word as deserving a place in its columns, so no help is to be obtained there as to the exact meaning or implication of "pep." Recently, however, an American—and the word, of course, is American, has published a book called "Pep," and he gives as its sub-title what he considers to be the meaning of the word, viz:—"Poise, Efficiency, Peace." At first glance that seems a ridiculously inadequate interpretation of the word, but reflection serves to satisfy one that it really contains all that the word really stands for even in the case of the Directorate of the Exhibition: Poise—the condition of being able to weigh and examine affairs calmly, and with a degree of accuracy built on experience and good judgment. Efficiency—the power of producing results by a qualified person. Peace—the state of tranquillity possessed by an efficient, experienced person, irrespective of the carping, uninformed criticisms of lesser minds or jealous rivals.

The author of "Pep," however, gives it a higher and more exalted ethical meaning than merely the attaining an end irrespective of the consequences. He does not admit that "Pep" enters into the attainment of any low ideals—there must be present the spirit of altruism, the principle involving—not necessarily demanding—the sacrifice of self in the interest of others. And this is just what the President and Directors of the Exhibition have done for the people of this Province. They have made untold sacrifices of time, energy, ability, with patience and perseverance in order to put Charlottetown on the map as a successful Exhibition centre—and thanks in no small measure to the weather—have had their reward.

Colonel William C. Hunter, the author of "Pep," expands the three words of the sub-title into a system of life, a philosophy, which is perhaps best explained in his own words:—"The world is to you just as you are to the world. Think good, act good, be good, and crowd out the bad; the more you feed your brain on good, the surer you are to get good thoughts out of it."

In other words, we reap just what we sow. No matter what enterprise we engage in, the more efficiently generous we are in the planting, the more abundant the harvest, be it for good or evil. "Pep" means the wise preparation—the sowing in a condition of poise, in a state of efficiency, and in the calm and peaceful assurance that everything possible



By James W. Barton, M.D.

CURING EPILEPSY

When you see an unfortunate individual in an epileptic fit, and remember that in Bible times this condition was known, perhaps you wonder why with so much progress in medicine that a cure for this ailment has not been discovered. I mentioned in a former article that I had been able to keep a patient free of these attacks for over a year by the simple method of washing out his stomach twice a week. As the cause of the attack was not known but usually followed some error or fancied error of diet, washing out the stomach seemed a reasonable thing to try. However, Dr. M. G. Peterman of Milwaukee, about four years ago, suggested that although acidosis caused certain ailments in the body, it was the opposite condition, alkalosis, that seemed to be the match that lighted the fire and caused epileptic attacks. He therefore tried to cause acidosis in the blood. His method is now being tried in various countries of the world and most encouraging reports are coming to hand. The treatment is about as follows:—"There is a period of complete fasting until convulsions have ceased, and then the special diet is given. This consists in cutting down on the carbohydrates, that is vegetables, sugar and bread, and also proteins, that is meat and eggs, but increasing greatly the amount of fat in the diet. The amounts to be taken would of course be regulated by the size of the individual. The patient is kept on this diet, low in vegetables, sugars, starches, but high in fats, for a period of three months after his last seizure. Then the vegetables, sugars, and starches are increased gradually. At end of six to nine months he is given an increased amount of meat, eggs and cereals. Twelve months after the seizures have stopped, the amount of fat is gradually reduced. The reports to hand show cures in nearly one third of the cases, and a lessened number of attacks in others. The results such as these it is surely not too much to hope that the knowledge of the cause and cure of this "falling sickness" of ancient times is likely to be an established fact.

The Land We Love

By Frank Yeigh

THE MONTREAL RIOTS

Q. What were the Montreal Riots? A. On April 25th, 1849, riots took place in Montreal over the Rebellion Losses Bill; this was an aftermath of the rioting of '37, and was backed by the French members, and carried by a small majority; but Lord Elgin, the Governor General, was appealed to by many to veto or delay the bill. The last would have been wisest, as racial passions were at fever heat, and a delay would have cooled them, but Lord Elgin thought it was his duty to enforce the will of the majority—and the mob of Montreal rose, burning the Houses of Parliament there and destroying all public records of both the Upper and Lower Canadian Parliaments.

Daily Selections FOR Guardian Readers

August 24, 1928 THREE GREAT GIFTS—For God giveth to a man that is good in his sight, wisdom, and knowledge, and joy; but to the sinner he giveth travail, and gather and to heap up, that he may give to him that is good before God.—Ecc. 2:26.

PRAYER—May all our springs be in Thee, O Lord.

SOMEBODY'S BIRTHDAY This is somebody's birthday. Just as sure as fate, Some little boy is six years old, Some little girl is eight, Some little boy is three to-day, Some little girl thirteen, Some little twins are exactly two—Two apiece I mean.

Someone is eating his birthday cake And laughing over the plums; Someone is counting her birthday dolls On all her fingers and thumbs. Somebody is bouncing his birthday ball, Or winding his birthday top, Somebody is not too wise or tall For birthday butterscotch.

Think of the beautiful birthday books, Think of the birthday cheer, Think of the birthday happiness Every day in the year! Every day in the year, my dear, Every day we're alive, Some happy child is one or two, Or three or four or five.

HOUSEHOLD SCRAP BOOK By ROBERTA LEE

Spots On Table White marks on tables can be removed by the application of methylated spirit rubbed in with a piece of flannel. Then polish with a soft rag dipped in warm paraffin.

A Good Pie Crust To 1 cup of shortening, butter, or lard, pour 1/2 cup of boiling water and beat until creamy. Sift in a flour mixture composed of 3 cups of flour, 1/2 teaspoonful baking powder and salt. Stir together and roll out. This makes two pie crusts.

Tired Feet Add a tablespoonful of soda to a pint of common bran and put in a basin, dampening with sufficient hot water to make a paste. Immerse the feet in this for 10 or 15 minutes and great relief will be felt.

sible having been foreseen and "humanly possible provided for—the rest may be left in the hands of Providence.

Modern Etiquette

By Roberta Lee

Q. Is the ending of a line with a comma still in use when addressing an envelope? A. No; the more modern style is to omit the comma. Q. Is it proper for an engaged girl to send announcements to the newspapers? A. No; a member of the family, or a friend, should do so. Q. What is the usual hour for serving dinner in American cities? A. Seven o'clock.

DAILY LESSONS IN ENGLISH

By W. L. Gordon

WORDS OFTEN MISUSED: Use "fishes" to indicate separate fishes, "fish" (plural) when speaking collectively. OFTEN MISPRONOUNCED: algret. Pronounce a-gret, as in "day," e as in "let," accent first syllable. OFTEN MISPELLED: delirious; one e and two i's. SYNONYMS: palliate, extenuate, excuse, conceal, soften, gloss, mitigate. WORD STUDY: "Use a word three times and it is yours." Let us increase our vocabulary by mastering one word each day. Today's word: INDETERMINATE; indefinite; unsettled. "The time I shall remain is indeterminate."

The Land We Love

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Miss MacDonald Speaks to Canadian Women

TORONTO, ONT., Aug. 22 (CP) Interviewed while in this city, Miss Isabel MacDonald showed most animation when she talked about children. In her work in the end of London, she comes in contact with hundreds of working-class mothers and their children. "The children know that I understand them," she said. Speaking of her work in the County Council she stated that elementary education, clinics and the health of the school children were her special province.

To the women of Canada, Miss MacDonald has a message to give. "Women are coming out into public life," she said, "not to work against men, but to co-operate with them in improving public affairs." Continuing, she added: "I do not believe in equality. Men and women can not be compared. Women are just as important as men but they are not equal any more than A and B are in the alphabet." Education is Miss MacDonald's chief interest. She was elected to the London County Council before she had a vote. She has applied now for registration for the franchise.

"I am not going to stand for election to Parliament," she laughed, but would not say that she would never enter the political arena for this purpose. Such was not her intention though, she thought. The women of the Labor party take a great interest in politics in England she stated. The working class mother was inclined to put her heart and soul into politics. She is a very charming girl, Miss Isabel, and quite pretty with her kindly brown eyes, unabbreviated brown tresses, smooth brow and

Yes We Can Fill Any Prescription

and from any Doctor and all our drugs and extracts are the newest and the best that money can buy. When you couple this with our experience and painstaking care in putting up prescriptions you can pin your faith on us. The 2 Macs DRUGSTORE 149 GREAT GEORGE ST. Telephone 315 MAIL ORDERS RECEIVE PROMPT ATTENTION.

An Invitation To Our Customers and Friends Exhibition 1928 We extend to our many customers and friends throughout the Province a cordial invitation to make OUR OFFICE THEIR HEADQUARTERS while in the City attending the Exhibition. WRITING ROOM AND TELEPHONE SERVICE AT YOUR DISPOSAL, and OUR AUTOMOBILES ARE AT YOUR COMMAND FOR DRIVING TO THE EXHIBITION GROUNDS. It will afford us great pleasure to do anything we can to make your visit to the City a pleasant one. OUR SERVICES ARE AT YOUR COMMAND—CALL UPON US. DeBLOIS BROS Ltd.

rosy cheeks, innocent of cosmetics. Her younger sister, Joan, is a second year medical student at the University of Edinburgh. She wears her hair in the "Eton" bob style. Sheila, the youngest, is the tallest of the trio. She is still at high school, being but 17 years of age. MRS. GUILD ON INTERIOR BOARD CALGARY, ALTA., Aug. 23.—Mrs. Guild, Regina, convener of the committee of Home economics has had a signal honor paid her according to the Women's Institute Publicity officers Mrs. J. W. Price. She has been appointed by the Interior, Fruit, and Vegetable Committee of Direction of the British Columbia Government as women representative of the Prairie Provinces, consumed, to obtain firsthand information concerning British Columbia fruit, in order to promote the interprovincial market. The purpose of this committee, which functions under the British Columbia Produce Marketing Act, is establishing of conditions for the producer and consumer, also the encouraging of a greater consumption of Canadian products by Canadians, especially those living nearest this market. Mrs. Guild has been addressing meetings, and through the press has been keeping the prairie woman informed as to when to expect cherries, apricots, tomatoes, etc., their prices, conditions that have retarded the various crops the best time to buy etc. The average man is usually so glad to get home from a reception that he is glad he went. The tongue is an instrument that can undo more good than hands can do. To save the expense of wooden railroad ties extensive tests are under way in New York with ties made of metal from old rails, while a railroad in Pennsylvania is trying out concrete ties. Time saving in both loading and unloading is the aim of an English inventor's double decked motorbus that has an entrance serving both decks at one end and a similar stairway at the other. For washing tourists' clothing a machine has been invented to be carried on an automobile running board, the motion of which as a car is running circulating water through garments it contains. When winter dies, spring furnishes the flowers. If a man could read his own biography it would surprise him more than any one else.

THE WORLD HAS A NEW AND FINER MOTOR CAR It is a fact that the Steering ease and Riding comfort of the Nash "400" are so far superior to anything you have ever experienced that, once you drive the new Nash, you will never, we believe, be satisfied with any other car. NASH "400" Leads the World in Motor Car Value OTHER IMPORTANT FEATURES—NO OTHER CAR HAS THEM ALL Twin Ignition motor Aluminum alloy pistons Bijur centralized chassis lubrication 12 Aircraft type spark plugs High compression 7-bearing crankshaft Electric clocks New double drop frame (allow crank flex) Short turning radius Houdaille and Lovejoy shock absorbers Torsional vibration damper Longer wheelbases (Exclusive Nash mounting) Salon Bodies Nash-Special Design front and rear bumpers NASH MOTOR SALES CHARLOTTETOWN AND SUMMERSIDE