

Woman's Realm :- Social and Personal :- Fashions :- Literature

RED ROSE TEA "is good tea" First - Last - Always GOOD tea

The HOUSEWIFE and HER ACTIVITIES

MAKE IT BRIGHT Keep smiling, though the skies are grey. And look upon the Bright Side. But if no "bright side" you can see, Then ... Polish up the Dark Side.

Wim jacket costumes to wear under winter coats are the smart buy of the practical woman at this season of the year.

Bright florals on a red crepe ground are featured in the basque jacket that tops a white crepe pleated skirt. Very suitable for resort wear.

An attractive spring outfit consists of a three-piece suit which includes a two-piece gray flannel jacket suit and a separate topcoat in plaid tweed which introduces black and red on a gray ground.

The plique weaves with quilted impressions are outstanding for 1936. They are making their appearance in trim little jackets and waistcoats to top the evening dress. Very chic for resort wear.

There are numerous new evening wraps that emphasize the popularity of the shorter wrap for southern wear. One of the most attractive is a basque jacket in velvet with sailor collar in white ermine.

SHINING THINGS.

I like shining things, wings. A shining square of window pane, Whipped by spears of shining rain, Shining stars on a velvet sky, Snow's crystal shine as the moon sails high.

A shining path on a lake at moon. When the sun proclaims a day new born.

I love the silvery shining grace, Or the hair that haloes my mother's face.

And the undimmed shine of the plain gold band, On the third finger of my hand, These are a few of the things that shine, Helping to gladden this heart of mine.

And so for the shining things I see, Dear God I would render thanks to Thee.

TRY IT

Are there dark circles around your eyes? If so, take more outdoor exercise, get more sleep, drink more water every day, eat more fruit and wholesome vegetables and see how quickly the circles disappear.

GRANNIE AT 29

Who is the youngest grandmother in the Empire? Two Australian women claim first and second place on the list. They are Mrs. Michael Rapa of West Melbourne, who was a grandmother at 29, and Mrs. L. Marsden, also of Melbourne, who had grandchildren at the age of 33. Mrs. Rapa, now aged 34, was married during the war when she was 13 years old. Her eldest daughter, born ten and half months later, married at sixteen and had her first child a year later, the day before Mrs. Rapa was 30. Mrs. Marsden, who is now 47, has seven children the eldest of whom is 30.

To End Annoying Cough, Mix This Recipe, at Home

Big Saving! No Cooking! So Easy! Here is the well known old recipe which thousands of housewives have found to be a dependable means of breaking up winter cough. It takes but a moment to prepare and costs very little, but it does give quick relief. From any drugist, get a 2 1/2 ounce bottle of Flinex. Pour this into a 16 ounce bottle and fill the bottle with granulated sugar syrup, made with 2 cups of sugar and 1 cup water, stirred a few moments until dissolved. No cooking needed—it's easy. Thus you make 16 ounces of a very efficient remedy, and you get four times as much cough medicine for your money. It never spoils and children love its taste. This home mixture soothes the irritated throat membranes with surprising ease. It loosens the phlegm and eases the soreness in a way that is really astonishing. Flinex is a compound containing Norway Pine in a concentrated form, a well known and reliable soothing agent for winter coughs. Money refunded if it does not please you in every way.

A Morning Smile

THE METHOD Harper: How do you play hooky from a correspondence school? Carter: "Send them an empty envelope."

FORGOTTEN MEMORIES Pat: "That was a fine sentiment Casey got off at the banquet last night." Mike: "What was that?" Pat: "He said that the swatter memoirs in loife are the recollections of things forgotten!"

for Baby's Cold WICKS VAPORUS

Proved best by two generations of mothers. something quite different from what I did in the days when to be considered pretty was every girl's ambition. Indeed, the very word "pretty" has been replaced by such terms as smart, good looking, charming, beautiful, exotic, individual-looking, chic, trim and neat.

Modern woman wants to be all of these, of course. If she can't she'll take any one of them in preference to "pretty."

As a result of all the talk about the importance of sleek coiffures, diets, tailored clothes and individual make-up, there are, as a matter of fact, few pretty girls. By this we mean the curly-headed, plump-cheeked woman who was just that—pretty and nothing more. In her place we have the exquisitely groomed, simply dressed girl with haircut that shows the shape of her fine head, a full-right figure, not fat, but flat like the post-war curvaceous bodice—and feminine appeal that spells beauty rather than mere prettiness.

There always have been women like this, of course, but they used to be generally interspersed with pretty ones because prettiness was the vogue. If you doubt that it isn't today, look at screen and stage stars whose looks and personal appearance either set a trend or reflect it.

Kay Francis certainly is lovely, but one thinks of her as beautiful and smart rather than pretty. Contrast her with petite Mary Pickford of the regular features who used to be considered one of the prettiest girls in the world. Prettiness was important then.

FLORIDA MOSS IS BY NO MEANS USELESS

Old Spanish moss that clings to the more than 15,000 live and dead trees that add to the beauty of Orlando, Florida, is not as useless as it appears to the visitor.

Bunched, the grey moss has been put to many uses in domestic life. Some have found that it makes very good stuffing for mattresses upon which to sleep.

Architecture of small buildings has been given a unique touch with moss-covered roofs. Fences and walls have been draped with the Spanish moss, adding to the beauty of homes in residential sections of the city.

Probably the most ridiculous use of the moss was ever put to when a young Orlando miss tried it out as a bathing suit—but it did make a very attractive sun-suit!

Children of Seminole Indian families in the territory find it the "fig leaf" for garment, and skirts have been the result.

Lemon juice or vinegar in the water cauliflower is cooked in makes it keep its snowy white color. —Osha.

OIL BATHS ARE BEST WAY TO KEEP SOFT SKIN

Years and years ago, historians tell us, Persian men and women cleansed their bodies with oils, instead of using soap and water for bathing purposes. Indeed, they used these oils so copiously that the Spartans contemptuously asserted they could smell a Persian 200 feet away. And that they weren't particularly fond of the odor either!

Many women in this part of the globe seem to object to the use of lubricants on their bodies. They refuse to recognize the fact that the skin of the body requires lubricating just as much as the skin on the face. A rough, flaky, itchy skin is anything but a pleasure to possess. It may be suitable for a weatherbeaten fisherman, but it's not the kind that adds to any girl's charm. Yet this condition often results when a woman neglects her body.

The best way to keep the skin of the entire body soft and smooth is through occasional oil baths. Such baths are simple enough to



Dorothy Dix's Letter Box

Many Women Who Complain That Their Husbands Have Exchanged Their Love-making for Business Should be Put to Work so That They May Better Appreciate What the Men Are Doing for Them

Dear Miss Dix—Is there any way by which a man can be a success both as a business man and a husband? I try to do both, but it seems I am destined to lose out on one or the other.



My wife is always complaining that I am not emotional nor affectionate; that I give too much time to my business and not enough to her; that I am no companion to her because when I come home in the evening, I am worn out physically as well as mentally and do not feel like going out to places of amusement, or even talking. I only want to go to bed early and rest up for the work of the next day.

My wife does not seem to grow older as I do. She still wants to go around to places of amusement like a girl, and wants me to make love to her as I did in our courting days. I am afraid that if I do not come up to her desires more she will seek her emotional outlet elsewhere. Yet if I neglect my business to keep her entertained it will be wrecked, what am I to do? A DEVOTED BUT DESPAIRING HUSBAND.

Answer: The solution of your problem is to get your wife a job. What these emotional women need is some good, hard, honest labor by which they can work off their soul yearnings. It is only the idle women, with nothing to do to fill in their time, who suffer from heart, hunger, and having missed their affections, and who keep a clinical thermometer on their husbands' affections to see if they are still feverish or have dropped to subnormal. Women who have to cook and wash and iron and baby-tend for a husband and half a dozen children just take domestic love in their stride and don't bother about whether their husbands kiss them and compliment them so long as they bring home the bacon.

I do not think that any other vagary of the feminine mind—and goodness knows it is curious enough in the way it works its wonders to perform—is so inexplicable as the jealousy so many wives have of their husbands' business. They can really get greener-eyed over that than they could over a platinum blonde stenographer. It is a common thing to hear wives speak disparagingly of "the old office" or the "old factory" where their husbands work, and to complain that "Oh, yes, of course, John has always plenty of time for his business, but he hasn't any for me, and he is always well enough to go to work, but when I want to go to the movies or to a dance he is too tired, or his feet hurt, or something."

You would think to hear these wives talk that business was some sort of orgy in which men indulged, and that they just simply had the time of their lives slaving over desks, or wrestling with cranky customers, or listening to sick people tell their symptoms, or whatnot.

Apparently it never occurs to these morose wives that every business of every kind is a treadmill on which a man toils until he is ready to drop with exhaustion, and that in the great majority of cases he undergoes this torture for the sake of his family and in order that his wife may be kept soft and comfortable and have pretty clothes and cars to ride in.

Personally I should have much more sympathy for the women who wall and weep over their husbands being absorbed in their business if they were ever willing to give up some of their luxuries in order to have more of their husbands' time. But they never are. They want all the money they can get, but they want their husbands to somehow get it without working for it. Which can't be done. As between giving up a good business and an unreasonable wife, I would advise you to stick to the business because the minute you cease to be a money-maker you will lose your wife, anyway. DOROTHY DIX.

Dear Miss Dix—Which is more likely to be happy and to hold until death do us part—a marriage that is the end of a long engagement, where the couple have known each other since childhood, or a marriage that is the result of love at first sight? A. AND Z.

Answer: In a scientific survey that has recently been made on this subject it was found that the most successful marriages were those in which the couple had been engaged a medium length of time.

The consensus of opinion seemed to be that an engagement that dragged on for years wore romance to tatters, and that the man and woman got tired of each other even before marriage. In short, that wedding cake lost its sweetness if kept too long on the shelf. On the other hand, the marriage that was entered into on the impulse of the moment and without any serious consideration on the part of the two contracting parties, was just a flash in the pan of passion that burned out as quickly as it was ignited.

The conclusion, therefore, is that the safest marriages are those in which a couple have been engaged long enough to get to know each other and test their own feelings, and yet not long enough to have lost all their illusions.

There is, of course, such a thing as love at first sight, but the average person is less likely to experience it than he is to be struck by lightning, so it isn't safe to risk it. DOROTHY DIX.

Dear Miss Dix—Why is it that when a small girl writes to you about her size you say that it is all right with the boys, and when a tall girl writes to you, you say it is all right for her to be tall? Why don't you tell the truth? A. B. C.

Answer: To which is the truth. There is no set formula for feminine size or looks to which all men subscribe. There are men who like petite Venuses. Other men who prefer girls who are daughters of the gods, divinely tall. There are men who like the cuddly type and others who fall for Amazons.

There are men who like living skeletons, others who like them plump and roly-poly. Platinum blondes, golden locks, redheads, brunettes all have their worshipers, and a girl has just as good a chance to be admired by men if she is any one of a thousand types of female pulchritude. For every man has his own particular taste in women. DOROTHY DIX.

Today's Short Wave Radio Program

- THURSDAY, FEBRUARY 13
4 p. m.—A broadcast from Tokyo's amusement center with news bulletins in English. J.V.M. Nizaki, 27.9 m. (10,740 kc.).
London
6.45 p. m.—"The Story of a Song." A description in words and music of the history of "Home Sweet Home," "Men of Harlech," and "Robin Adair." G.S.C. 31.3 m. (9,580 kc.), G.S.C. 31.5 m. (9,510 kc.), G.S.L. 49.1 m. (6,110 kc.), or G.S.A. 49.5 m. (6,090 kc.).
Berlin
7.45 p. m.—Let everyone show what he can do. D.J.C. 49.8 m. (6,020 kc.).
Paris
8.15 p. m.—Songs of yesterday and today. Susy Vinker. E.Y.A. 25.6 m. (11,720 kc.).
Toronto
10.45 p. m.—Canadian Press News Bulletins. C.J.R.X. 49.2 m. (6,090 kc.).

THE COOK'S CORNER

LEMON PUDDING Cream 1 cup sugar, 1 tablespoon butter and 2 tablespoons flour. Then add juice and rind of 1 lemon, 1 cup milk, yolks of 2 eggs, then the stiffly beaten whites, and pour into butter dish. Place in pan of hot water and bake in hot oven one-half to 1 hour, or until nicely browned. Serve at once, plain or with whipped cream.

GINGER SNAPS One cup molasses, 1 teaspoon soda, 1 cup sugar, 1 cup shortening (one-half butter, one-half lard), 1 tablespoon vinegar, 1 tablespoon ginger. Heat this all to boiling point, and then add 1 egg and flour enough to roll. Stir as little as possible.

CHOCOLATE CRISPIES 2 squares unsweetened chocolate, melted. 1/2 cup butter or other shortening 1 cup sugar 2 eggs, well beaten 1/2 cup sifted cake or pastry flour Or 1/2 cup sifted hard-wheat flour 1/2 teaspoon vanilla 1/2 cup nutsmeats, finely chopped. Melt chocolate over hot but not boiling water. Add butter, sugar, eggs, sifted flour and vanilla. Combine mixture thoroughly. Spread mixture on greased pan, 12 x 16 inches. Sprinkle with nutsmeats. Bake in hot oven, 400 degrees F., for about 10 minutes. While still warm, mark in squares. Cool and break into squares.

SOFT MOLASSES AND RAISIN CAKE

One cup molasses, 1-3 cup butter, 1 1/2 teaspoons soda, 1/2 cup sour milk, 1 egg, 2 cups flour, 1 teaspoon ginger, 1 cup seeded Valencia raisins (or if these are not accessible, use 1 cup steamed sultana), 1/2 teaspoon salt. Put butter and molasses in saucepan and cook until boiling point is reached. Remove from heat, add soda, and beat well. Then add milk, egg, well beaten, and remaining ingredients mixed and sifted together—the raisins being floured in the flour mixture before being added. Pour into well buttered shallow pan and bake at 375 degrees Fahr. Muffin may be baked in individual muffin tins.

CHOCOLATE PUDDING

One-quarter cup flour, 1 cup sugar, yolks of 2 eggs, 1/2 cup milk, 1 1/2 cups flour, 3 teaspoons baking powder, whites of 2 eggs, 1 1/2 squares cooking chocolate, 1/2 teaspoon salt, 1/2 teaspoon vanilla. Cream the butter, add one-half the sugar gradually. Beat egg yolks until very light, then sift remaining sugar into them. Combine mixture, add milk alternately with the flour mixed and sifted with the baking powder and salt, then fold in the stiffly beaten whites, the melted chocolate and vanilla. Bake in an angel cake pan, at 350 degrees Fahr., when done, turn out, fill centre with whipped cream sweetened, and pour around.

CHOCOLATE SAUCE

(For Chocolate Pudding) Boil 1 cup sugar, 1/2 cup water and few grains cream of tartar until of consistency of thin syrup. Melt 1 1/2 squares cooking chocolate and pour on gradually the hot syrup. Cool slightly and flavor with 1/2 teaspoon vanilla.

TALLOID

Oxford, when laced up and tied in the usual way, often press on the instep, causing discomfort. Try lacing shoe within one hole of the top, then twist laces twice, finish lacing and tie as usual.

THERE IS NO SUBSTITUTE FOR NATURAL "BULK"

Needed to Correct Constipation

Most people recognize the seriousness of constipation. But too often they dose themselves with strong cathartics that often actually lead to chronic constipation.

The natural way to check common constipation is to correct the condition which causes it—usually, insufficient "bulk" in meals.

How can you get "bulk"? Fruits and vegetables have some. Bran has more. The most popular product of this kind is Kellogg's ALL-BRAN.

The "bulk" in ALL-BRAN is gentle in action. ALL-BRAN also supplies vitamin B and iron.

This delicious cereal is a wholesome food. Serve ALL-BRAN regularly for regularity, with milk or cream—or use in cooking.

Two tablespoonsfuls of ALL-BRAN daily will usually correct constipation due to insufficient "bulk." If not relieved, see your doctor.

ALL-BRAN gives you gentle, natural exercise. Sold by all grocers. Made by Kellogg in London, Ont.

*Constipation due to insufficient "bulk"



Are some babies born BAD?

Do you ever jump to the conclusion that your baby was "born stubborn" when he doggedly refuses to take a laxative? Perhaps the answer is that the little fellow doesn't like it. And, if you "force" him to take it you can completely upset his digestion by the struggle.

Thousands of mothers have adopted Castoria as their children's laxative—from babyhood to 11 years. Why not join them? Keep a bottle of Castoria on hand always. Your drug store has it. Ask for the Family-Size and save money.

CASTORIA The Children's Laxative from babyhood to 11 years

original stone and the restorations of cement, and sand. Mr. Frith and his son have also sculptured the gargoyles of the string-course and the restorations of the east pediment.

The leaden rain-heads which collect the surface water from the roof are among the most beautiful in England. They have been restored to their original forms, and their coloring renewed by Mr. W. H. Sharpington.

MOSTYN HEIRLOOMS

London—Lord Mostyn, of Mostyn Hall, Flintshire, has lent to the National Museum of Wales for 12 months a valuable collection of plate from the family set.

Among the objects exhibited are a 19 inch diameter rose water dish, mounted on a platform with embossed panels and grotesque masks, presented by Henry VII. two Jacobean steeple cups, dated 1610, and two silver-gilt Elizabethan flagon tankards of fine craftsmanship, dated 1601.

Blankets and flannels will keep that soft, fluffy new feeling if a teaspoon of glycerine is added to each pint of rinsing water when washing them.

SMART CLOTHES FOR THE HOME DRESSMAKER

Fashion this attractive dress in one of the thin new woollens, so smart this season, and you'll love it. While it looks lovely in the various mixed patterned weaves woollens, it also looks exceedingly smart in plain woollens. Black, beige or grey, being particularly modish.

Plain or printed crepe silks are fascinating lovely for it too. If your choice is for silk, perhaps you'd like the short sleeves as in back view.

Style No. 1661 is designed for sizes 14, 16, 18 years, 36, 38 and 40 inches bust. Size 16 requires 3 1/2 yards of 39-inch material.

Price of PATTERN 15 cents in stamps or coin (coin is preferred). Wrap coin carefully.

No. 1661. Size Name Street Address City State

WELLS COMMENCE FILLING

(Canadian Press) REGINA, Feb. 13—Earthquakes in Montana have benefited Saskatchewan's drought areas. Many farmers report wells dry for years are filling with water. It is believed the Montana earth convulsion shifted earth strata or changed the course of underground currents.

