

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

Fashion Hint



FOR PLAY HOURS

Just a simple nice green chambray with white pique collar and which are embroidered in a set stitch in nice green mercer-cotton. It's one piece too, with a effect at front formed by clever pleating, which makes Style No. 454...

Household Hints

By Roberta Lee

Finishing The Floor

Always dust the floor, just before applying any finishing coats, with a cloth dampened in benzine. Every dust speck that is varnished or painted under, becomes magnified and spoils the beauty of the finish.

Coat Collars

To clean coat collars, moisten with benzine, and after it dries thoroughly sponge with soap suds. Keep the benzine away from any fire.

Crust On Bread

If the crust on hot bread is baked too hard, grease and place in open window and it will soften.

Measuring

A "level teaspoon" is the bowl of the teaspoon filled to the level of the edges of the spoon. A "rounding teaspoon" is equal to two level teaspoons. A "heaping teaspoon" is equal to two rounding teaspoons, or four level teaspoons.

To Freshen Rugs

Scatter dry salt over the rug before sweeping. It brightens the colors and checks the ravages of moths.

Dried Yeast

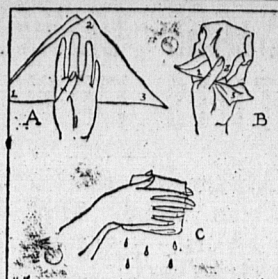
Dried yeast can be kept for some time, and by soaking it before mixing gives very good results.

carefully.

We suggest that when you send for this pattern you enclose 10 cents additional for a copy of our Spring Fashion Magazine. It's just filled with delightful styles, including smart ensembles, and cute designs for the kiddies.

Milady Beautiful

By Lois Leeds



REFRESHING BEAUTY PACKS

I have often heard women say that they cannot use a facial pack because it "raws" the skin too much, making it blotchy and sensitive. This effect follows the use of clay or mud packs on delicate skins, but there are other kinds that smooth and soften the skin.

One such pack is made with a base of barley flour. (Fine oatmeal, bran or almond meal will serve just as well.) First cleanse the face with a cleansing cream. Wipe off all traces of the cream with a soft cloth or tissue square; then sponge the skin with your favorite skin lotion. If you use the tissue squares, which, of course, are more sanitary than a cloth, fold them diagonally into a triangle. Wrap the triangle around your fingers so that the ends may be folded around the front of the fingers and held in place with your thumb (A). This way of holding the tissues is used by cosmeticians and prevents the delicate paper from rolling into balls as you rub it on the face.

Take a half cup of the barley flour and slowly stir in enough orange flower water to make a smooth paste. Put some tissue cream on the fine wrinkles at the corners of the eyes and mouth and under the eyes. Now spread the barley paste on evenly over face and neck. Lie down and relax until the pack dries.

Cut a square of clean absorbent cotton large enough to cover your face. Fold it twice and lay it in a dish of tepid water. Remove from the water and press it between your palms to squeeze out the excess water (B). Now mold the wet cotton mask over your face to loosen the dry barley pack so that it may be washed off easily. Sponge the skin with tepid water until all the paste has been removed and then blot dry. Finally, put on your skin tonic. Make-up may be applied.

The above treatment is very refreshing to take after a busy day to remove the tired lines from milady's face and help her to look her best for the evening hours, when social engagements claim her attention.

Tomorrow—Beauty Questions Answered.

A little boy was sent with a note to the clinic doctor. The note ran: "Please will you do something to Willie's face? He's had it a long time and it's spreading."—The Teacher.

Etiquette

By Roberta Lee

Q. Is it necessary to give a kind word of appreciation to a considerate servant, in addition to a tip?

A. It is not necessary, but very nice.

Q. How are large dinner napkins folded?

A. In thirds.

Q. What card for man and wife is sent with flowers to a funeral?

A. The double card.

For The Cook

Jellied Chicken

1/2 teaspoonful gelatin. 3 teaspoonfuls cold water. 1/2 cupful chicken broth. 2 tablespoonfuls cooked chicken, chopped.

Method—Soak gelatin in the cold water 5 minutes. Heat the chicken broth to boiling point and pour over the gelatin, stirring it until dissolved, then season. Wet a mold with cold water and pour in just sufficient gelatin mixture to coat the bottom. Set to harden. When set, arrange a little of the chopped chicken and a few drops of the gelatin mixture and allow to set. When this is firm, add the remainder of the chicken and gelatin, put in a cool place to become firm. When desired to serve, unmold the jelly and garnish with lettuce, parsley or cross and radish cut in fancy shapes, according to the season of the year.

Note—If a more elaborate mold is desired, a slice of hard cooked egg, a slice of lemon or a little pimento may be used for the first layer instead of the diced chicken, the latter being added to the gelatin.

THE POET'S CORNER

VEGETABLE STORE

Slender cold green cucumbers, Tomatoes living red—Onions are pearly comets with trails of green.

The wax of beans and yellow of celery fronds,

The bulging pea-pods

Are pleasant to look at.

And the full-curved egg-plant, purple in corpulent royalty.

The cauliflower is a bride, goes daintily

Beside the cabbages and founced lettuce balls,

The stiff, prickly foreignness of pineapples,

Asparagus like stacked-up spears and lances,

Parsnips in rustic brown,

Lean pink of carrots, watercress and mint,

And the crooked gnarled horse-radish roots . . .

Gold-warted squashes, spinach and ragged endive,

And here lie peppers made of green jade.

—Helen Hoyt.

"Wanda's uncle has left her \$5,000 a year in perpetuity."

"Fine! But does she have to go there and live to get it?"



Illness Kept Her From Work

"I took Lydia E. Pinkham's Vegetable Compound because I was so sick every month that I had to keep my bed for two days and I suffered so that I felt badly all the time. I had been working in a factory but for a long time was not able to work as I was so run-down and nervous. My friends told me of the Vegetable Compound. I am now sound and well and have gone back to work. I have a good appetite, my color is good and I am in good spirits."

Lydia E. Pinkham's Vegetable Compound

Liabilities in Family Life || Dorothy Dix || Lists Some Frequent Fallings

Most Families Take Advantage of Their Close Relation to Invade Each Other's Privacy, Give Unsought Advice, Damp Enthusiasm and Bring Carefully Hidden Blemishes Into the Limelight

What are the chief family faults? One woman to whom I put this question answers emphatically: "Family curiosity. The eternal family questionaire. Being put through the everlasting family third degree about everything you do or don't do. That is the thing that breaks up families and sends the different members scurrying to the four corners of the earth in search of some place where they can have a little privacy of thought and action. Why we should all hate to be questioned so I don't know. But we do. I have never yet met an individual who did not resent having his or her private affairs pried into. It isn't because we are trying to hide something. It is just that we feel that our secrets are our own secrets and when they are dragged out of us against our will it hurts like having a tooth pulled and leaves us just as sore in the mouth. Left to ourselves we would voluntarily tell the things that it makes us so furious to have wormed out of us.

"But you haven't the ghost of a show of keeping anything to yourself as long as you live at home. You can't get a letter without every member of the family turning it over and reading the postmark and wanting to know who it is from and what it is about and why he or she should be writing from that particular place, and mother feels hurt if you don't turn it over to her and let her read it herself.

"You can't get a telephone call without the dear family listening in and demanding to know who was speaking to you and asking what they said that made you say what you replied. You can't step out for a call or go to a party without being asked: 'Where are you going? Why are you going? Who are you going with? Why are you going with that particular individual? How long are you going to stay? When will you be back? Whom do you expect to see?'

"And so so on and on. Millions of questions that sting like gadflies and that irritate you until you are willing to do anything in the world to get away from them.

"It is family curiosity, vulgar snooping that makes us break away from home and get among strangers who don't take enough interest in us to care what we do.

"I think the chief family fault is giving unsought advice. No matter how great a success you may achieve in the outside world nor how highly strangers may value your judgment, your own family always regard you as a low-grade imbecile entirely incapable of deciding the simplest matter for yourself.

"Therefore, they feel that it is their sacred duty to regulate your entire life for you. They tell you just how you should manage your business, although they have failed in everything they ever tried themselves. When you are sick they prescribe for you, though they never saw even the outside of a medical book. They tell you how to manage your wife or husband and raise your children, they have made messes of their own domestic affairs.

"They try to settle your religion and your politics and pick out your friends for you and are generally Solomon on the spot so far as you are concerned. You rise up and lie down to the continual admonition: 'Don't eat that, it is bad for your stomach.' Or, 'Do eat this, it is so good for you.' And 'Don't sit up at night and read.' 'Don't get your feet wet.' 'Don't get run over by an automobile,' until it gets on your nerves so you are ready to scream.

"Of course, you know that it is because your family loves you that they badger you to death with their advice, but it makes living among your enemies, who don't feel called upon to supply you with gratuitous advice, mighty comfortable and peaceful.

"I think the chief family vice is wet-blanketing every enthusiasm. Leave it to your family to take the joy out of everything and, believe me, when the Amalgamated Order of Domestic Cold-Water Throwers are done with a hope or plan or ambition it is as limp and peplless as a drowned rat.

"Father is all on fire with his plans about a new departure he is going to make in his business. Mother puts on the extinguisher by reminding him of all the blunders and mistakes he has ever made and by prophesying that he will fall in this also. Mother is filled with joy over her new dining-room set. Father takes all of her pleasure out of it by proving to her that it is an imitation antique and that she paid three times too much for it.

"Johnny is on his tiptoes with ambition to be a doctor. The family snuff out the flame by telling him that he has just mediocre ability and only men of genius succeed. You are crazy over your new automobile until the family literally pull it to pieces and convince you that you are a fool not to have bought any other make except the one you did.

"I often think that the reason that the boys and girls who leave home and strike out for themselves succeed while the stay-at-home ones never amount to much is because the stay-at-home ones are kept in such a limp, shivering state from the family could-ouches to which they are continually subjected that they never have the courage to stiffen up and make an effort to do anything."

"I think the chief family fault is telling home truths," said another woman. "Your own family are the only ones who ever feel called upon to tell you the things that you would rather die than hear. This may be good for our souls, but it isn't soothing to our vanity."

"It is only your own family that tell you that your new hat is too young for you and that you look like a figure of fun dressing like a flapper at your age and that you have put on twenty pounds in weight or that you look as if you might be going into tuberculosis and that you ought to do something for your complexion, it is getting so slow. It is only your family that interrupt your pet story to remark that they have heard it before and that invariably get you with their criticisms because they know so well your weak spots. For none of our blemishes are hidden from our family and they don't pretend that they are. On the contrary, they turn the spotlight on them."

It is because our families are too nosy and too naggy and because there is nothing as cruel as the candor of a near-relation that makes us love our families, even our parents, better when we get far enough away from them to get a perspective on their virtues. DOROTHY DIX.

THE LAND WE LOVE

By FRANK LEIGH

MOTOR VEHICLES IN CANADA

Q. How many motor vehicles were registered in Canada in 1923?

A. The registration of motor vehicles in Canada, reached in 1923, the high number of 1,458,100 or a car

for every 9 or 10 of the population. These figures are striking when it is recalled that it is only a few years ago comparatively that the first car made its appearance in the Dominion. Ontario leads with 482,000; Quebec next with 148,459 and Saskatchewan third with 118,000. 2,668,737 foreign automobiles entered Canada during 1923 for a period not exceeding 24 hours, and 945,543 for 60 days. These figures constitute a record which is steadily increasing.

Juliana Of Holand Important Princess

The democratic tendencies of our prosaic day and age have not yet succeeded in robbing princes and princesses of their romantic interest for the world in general, especially if they are of marriageable age and still unwed. Rumor, rarely believable chooses their husbands, settles their lives and destines a dozen times before the royal victim takes sweet revenge by deciding on the least expected course of all, writes Lady Drummond-Lay in the Sphere.

A recent suggestion that Princess Juliana, heiress to the throne of the Netherlands, may pay a visit to England during the spring, naturally awakens speculation regarding the matrimonial plans of Queen Wilhelmina for her precious only child. Princess Juliana, who will be 20 this year, is the most important unmarried princess in Europe, and already many possible alliances have been suggested for the future Queen of the Netherlands. The latest, I hear from a friend, comes from picturesque Coburg, the stronghold of royal exiles, nesting in the beautiful Thuringian Forest in South Germany, where rumor is linking the name of the pretty Dutch Princess with that of Prince Leopold, eldest son of the Duke of Coburg, of English parentage. Rumor in this case was encouraged by the fact that Queen Wilhelmina visited the Duke and Duchess of Coburg at Callenberg last summer. Princess Juliana speaks excellent English, and is related to Princess Alice, Countess of Athlone and Lady May Cambridge, with whom she has stayed on several occasions. Brought up in the strictest simplicity, friends in Holland tell me that it is an open secret that the high spirits of the Dutch Princess sometimes rebel against royal convention. She is never happier than in the company of her fellow students at the University of Leyden, and although by virtue of Royal etiquette she is not supposed to do her own shopping in the local stores, Princess Juliana "runs in here and there on her way home to buy per-

sonal requirements, even to a tin of sliced pineapple "for a treat," as she laughingly told her two comrades waiting outside on the pavement waiting for her. Queen Wilhelmina, queen at the age of ten who realizes better than anyone could tell her, the "natural" long-ling of a young girl for youthful companionship and the joy of care-free years, tries hard not to interfere with the girlish fun of her daughter, but when Princess Juliana took to riding in the Leyden tram cars, I am told that the Queen did protest.

It is just as well for the 19-year-old maiden that she does not feel the burden of responsibility which will some day be hers. As Queen of the Netherlands she will rule over some 57,000,000 people of whom only 7,000,000—the population of Greater London—are in Europe. The population of the Dutch Colonies numbers around 50,000,000 and includes Java, the treasure house of Holland, an island of some 50,000 miles area and the only tropical island in the world with a dense native population.

Lesson in English

By W. B. Gordon

WORDS OFTEN MISUSED: Do not say, "She was that stubborn." Say, "So stubborn."

OFTEN MISPRONOUNCED: audition. Pronounce a-dish-un, a as in "all," accent second syllable.

OFTEN MISPELLED: Japanese; note the esse.

SYNONYMS: accustomed, addicted, devoted, disposed, predisposed, inclined.

WORD STUDY: "Use a word three times and it is yours." Let us increase our vocabulary by mastering one word each day. Today's word: UNDENIABLE; not to be denied. "These things are undeniable."

Minard's 24th Street presents



Preparing for Baby

DURING the weeks before baby arrives there is one service of love even more important than the tiny garments so carefully chosen: make sure that you will be able to feed baby yourself.

So much depends upon this. Artificial feeding can never take its place. Doctors have proved conclusively that breast-fed babies have much better chances of avoiding nutritional diseases like rickets . . . of growing up strong and sturdy.

Ovaltine is no haphazard mixture of its several ingredients, but is manufactured by an exclusive scientific process. This retains, unimpaired, all the essential elements of its valuable ingredients—ripe barley malt, fresh eggs and creamy milk from England's richest pastures. One cupful of Ovaltine contains more nourishment than 3 eggs or 12 cupfuls of beef tea. Ovaltine has enabled thousands of mothers all over the world to breast-feed their babies. Your doctor will confirm this.

Delicious and easily digested, Ovaltine will maintain your strength, as nothing else can, during confinements; and afterwards will ensure you a quick return to normal health.

Made in England. Sold at 50c, 75c, \$1.25 and special \$4.50 family size. The larger tins are more economical to purchase.

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OVALTINE RUSKS

are perfect when baby is teething. These, made from finest Canadian wheaten flour to which Ovaltine is added, are more appetizing, easily digested and far more nourishing than ordinary rusks or biscuits.

Daily Arguments

AUNT HET

By ROBERT QUILLEN



"When Pa buys somethin' foolish an' extravagant, he always eases his conscience by sayin' he done it for me."

POOR PA

By CLAUDE CALLAN



"I got mad yesterday an' told Ma I was goin' to quit tryin' to please her, an' she said she didn't guess she'd notice the difference."

Advertisement for D&A Foundation Garments. Features a silhouette of a woman in a patterned dress and the text: 'D&A Foundation Garments combine the irresistible appeals of style—comfort and value.' 'In Charlottetown all leading stores sell the D&A Foundation Garments'.