

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

What the Fashionable Are Wearing Illustrated Dressmaking Lesson Furnished With Every Pattern

By Anabelle Worthington



A Princess coat frock expresses the new more feminine fashion. The circular flounces of the sleeves are young and charming. The collar terminates in broad revers. The diagonal closing of the bodice is slimming and smart idea.

Style No. 3460 can be had in sizes 16, 18 years, 36, 38, 40, 42, 44 and 46-inches bust. In the medium size 3 1/2 yards of 39-inch material with 1/4 yard of 39-inch contrasting and 4 1/4 yards of binding is sufficient to make it.

It is decidedly versatile in Lanvin green printed and plain crepe-silk. It may be worn for street, luncheon or matinee.

Pattern price 15 cents. Be sure to fill in size of pattern. Address Pattern Department. Our Spring Fashion Magazine is 15 cents, but you may order a pattern and a Fashion Magazine together for 25 cents.

Form for ordering a pattern, including fields for Name, Street Address, City, and State.

For The Cook GRAN BERRY'S DOUGHNUTS

Put into your sifter three cups bread flour, add to that two rounding teaspoons cream of tartar, one rounding teaspoon soda, one of salt, one-quarter teaspoon of nutmeg, some of ginger and cinnamon. Sift all into your mixing dishes. Now add one cup of sugar, the beaten yolks of two eggs (you may let a little of the whites go in) and one cup of milk. After this is beaten and stirred together add flour to make stiff enough to roll. Don't have them too soft. Roll about one-half inch in thickness, and please don't omit to shake the spider while they are rising. This makes them ever so much lighter. If sour milk is used, put in one teaspoon of cream of tartar and one of soda. You can use the whites of the eggs in many ways and if you don't wish to use them on the same day put them in a cool place, covered and they will keep a few days. I most always make a light cake or a Washington pie, using the whites, with one cup of sugar, one cup of milk, two cups of flour, two even teaspoons of cream of tartar, one even teaspoon of soda, any flavoring you like and last, beat in a piece of butter the size of a large egg melted.

Norman Holden, an English financier insists that every time his children visit them they travel by airplane



Glad to Be on Her Feet Again

"I was nervous. No appetite and all rundown. Most every day I had to lie down for two or three hours. I saw one of the booklets advertising Lydia E. Pinkham's Vegetable Compound so I went to my druggist and bought a bottle. My nerves are lots better and I am now on my feet again doing all my own work around the farm. The Compound has certainly done me good and can help others."

Mrs. Willie Lafleur, Route 3, Hemmingford, Quebec. Lydia E. Pinkham's Vegetable Compound

Milady Beautiful

By Lois Leeds

BEAUTY QUESTIONS ANSWERED

Care of Hair

Dear Miss Leeds—(1) I get my hair water-waved every two weeks—that is, a finger wave. By the end of the first week my hair is so oily and stringy that it looks disgusting. I don't want to wash it because I can't afford to get a wave every week. Is there anything I can do to make it not so oily and to make it grow in just a little bit thicker? (2) Once in a while I use peroxide on my hair to make it look lighter. Does this hurt a permanent? When should I make it.

Sift on the dry shampoo



apply the peroxide—before I shampoo my hair or afterward?

SAPPHIRE.

Answer—(1) If the hair becomes too oily you may give it a dry shampoo between times. To make this mix together one ounce of powdered orris root and one ounce of cornmeal. If your hair is excessively oily you may also add a little powdered camphor. This mixture should be sufficient for several dry shampoos. Put it into a box with a perforated top and shake a little of it along the partings and on the hair. Rub the powder into the hair and let it remain on for a few minutes. Then brush down each part in the hair with a long, firm, even stroke. This will brush the powder through the hair and take all the dust and grease with it. Take care to brush every bit of the powder out and as a finishing touch polish each strand of hair with a piece of old silk.

Be sure to massage the scalp well every day and also to brush your hair, as these are the best methods for keeping hair and scalp in good condition. To keep your hair from being so oily and also to encourage its growth the following tonic may be applied to the scalp once or twice a week: One-half ounce bicarbonate of soda, two ounces cologne water, one dram boric acid, one dram tincture of cantharides, one dram tincture of cinchona, ten ounces bay rum. Shake well before applying and when using be sure to moisten the entire scalp. (2) Never use undiluted peroxide on the hair, as this will make the hair lifeless, dull and brittle. It may lighten it temporarily, but has a disastrous effect on the hair itself. If your hair is light the following rinse may be safely used after the shampoo to bring out its golden lights: two tablespoonfuls lemon juice, one teaspoonful tartaric acid, one tablespoonful ammonia, two tablespoonfuls peroxide, two quarts water.

I have a leaflet on "Care of the Hair" which I shall be very glad to send you. It has many helpful suggestions on how to keep the hair in a healthy condition. The leaflet is free, but with your request for it please remember to inclose a stamped self-addressed envelope to cover mailing costs. LOIS LEEDS.

Tomorrow—Sage Tea Hair Dye.

who served in the American Revolution. Most of them were from the family stronghold, Hingham, Mass. Among them were Amos, who assisted in throwing tea overboard in the famous "Boston Tea Party," and, in addition to this, saw seven years' service; Beza (b. 1756), Esauel (b. 1759), Royal (b. 1754), Joshua (b. 1757), James (b. 1731), from Norton, Mass.; Ekanah (b. 1747); from Taunton, Caleb (b. 1757), Rufus (b. 1751), Nathaniel (b. 1744), Lot (b. 1751); from Rehoboth, Stephen Lincoln (b. 1751). There were Lincolns in Pennsylvania also; Michael Lincoln served at Fort Pitt under Captain John Brady. There are Lincolns in every part of this country today, and many of them trace their lineage to one or another of the early settlers mentioned in this brief sketch.

A Morning Smile

Now that the influenza germ has been isolated, let it be hoped that it will be kept so. Maybe if convicts were given the right kind of medicine, there wouldn't be so much breaking out.

Use Minard's for Burns.

Dorothy Dix Letter Box

Shall the Marriage Which Has Proved a Torture for 15 Years Be Continued for the Sake of Appearances? Is a Girl Ever Justified in Proposing to a Man?

Dear Miss Dix—We have been married twenty-five years. We were a poor boy and girl when we started out, but we were both ambitious, industrious and we have prospered, and now at middle age should be happy. To the public our married life looks ideal. To me for the last fifteen years it has been a torture, and had it not been for two wonderful children it would have ended long ago. Now they are grown, educated and started in the world. Now must I continue the balance of my life in this torment?

My wife is a wonderful housekeeper, but that is all. For years she has refused all obligations as a wife and has given me no companionship. I have bought and furnished a beautiful home, but I don't dare live in it. Hardly dare to sit on a chair. To read the paper or to lay it down is a crime. To smoke is out of the question. I am merely the bank account, the handy man about the place, a watchdog at night. I get no smiles in my home, nothing but nag, nag, nag, insults, slurs or complete silence.

My wife is not happy, either, so why should we go along keeping up appearances for the public? The children know the situation and would not disapprove if we got a divorce. I am willing to make a fair settlement on my wife, I am not in love with a flapper nor do I want to marry any woman. All I want is peace, contentment, and happiness for the remaining years of my life. Why is it not better for two people who have ceased to love each other and come to hate each other to be divorced than to live as strangers? Why should homes be kept up after they become a hell on earth?

MR. X. X.

Answer: I don't think they should, Mr. X. X. I think when a man and woman get to the place where you and your wife are that the only decent and moral thing for them to do is to part and go their separate ways. I think that for a husband and wife to live together after they have come to hate each other is the most demoralizing thing on earth, because they bring out everything that is mean in each other's nature.

I know that when a man and woman get married they take a solemn oath to stick together until death parts them, but intolerable conditions often arise that make a vow more honored in the breach than the observance. I know that many persons consider it a husband's and wife's duty to live together, no matter how miserable they make each other, but common sense asks: How can it be a duty for us to be miserable when we are doing no good to any other human being by our sufferings?

We are past the days when we believe that there was some mysterious virtue in misery, that we were uplifted and purified by wretchedness, that we were better men and women when we were unhappy.

We are wiser now. We know that happiness is like sunlight, in which the soul expands and blooms, that it fills us with kindly thoughts and sympathy and faith and hope in all beautiful things. And we know that unhappiness, and especially domestic unhappiness, warps our views and fills us with bitterness and cynicism. So how can it be a duty for a man and woman to be bound together, who make each other wretched and turn the milk of human kindness in each other into clabber?

And how can it be a duty to live together when they cannot live in peace? When their natures are so antagonistic that they fight like cat and dog?

The most beautiful thing in the world is a home in which there is love and peace and understanding, but the most terrible thing in the world is a home in which there is constant bickering and quarrels and argument and which is a perpetual storm center. The atmosphere of such a home is more poisonous than the most deadly malaria. It slays everything that is good in a man and woman and, it seems to me, there is no more duty to cherish it than there would be to cherish a pest hole.

The chief obligation in every marriage is to the children who are the result of the marriage. They do not come of their own volition into the world and it is their parents' duty to give them as good a chance as they can in it. It is their parents' duty to provide them, if possible, with a settled home in which to grow up and to give them the advantage of having both a father and a mother instead of half-orphaning them.

You have done this and now that your children are grown and on their own, I see no reason why you and your wife should any longer endure a marriage that has become a martyrdom for you both. I can see no good that would be attained by your living together in strife. I cannot see how it will make you a better man and woman to be thrown in daily contact with one who irritates you and keeps your temper and your nerves on edge and your hearts filled with hatred and murderous thoughts.

But, Mr. X. X., how did you and your wife get that way? You started out as lovers, and as partners who worked and struggled together. You must have been congenial then. You must have been pals and companions then. You must have hoped and dreamed together then. You must have been happy then.

What caused the parting of the ways? What killed your love? What turned your wife into a nagger and a shrew? What made her lose interest in you? What turned your marriage from a success into a failure?

Were you too immersed in business, too keen on making money to pay her any of the little attentions that women crave? Did her love starve to death because you ceased to feed it on the "honeyed words it hungered for? Did you ever try honestly and with set purpose to develop her so that she would keep step with you and be a companion to you at middle age? Did you ever try to interest her in the things in which you were interested?

Were you too soft with her? Did you take the line of least resistance and meekly give in when she first began to heckle you? Why did you let her monopolize the house and tell you where you could smoke and where you could sit and whether you could lay down a paper or not? Isn't it a man's own fault when he lets his wife bulldoze him into wiping his feet on the mat and using the back entrance to the house he bought and paid for?

When a couple, who have been married a long time separate it always seems as if divorce is a sudden tragedy, but the cause of it always goes a long way back and it begins in a man and woman not having deliberately and intelligently tried to make a success of their marriage from the start. DOROTHY DIX.

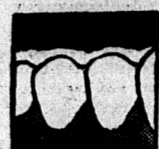
Dear Miss Dix—I have been proposed to by a girl. I have known her for a long time and have always found her to be a fine, modest young lady; but I was amazed at her proposing to me. Do you think a girl is ever justified in proposing marriage to a man? PETE.

Answer: It is no indication that the girl is forward and bold because she popped the question to you, Pete. It just shows that you are slow or dumb or something and that she got tired of waiting on you.

Some men are like that. They monopolize a girl's time and give every indication that they are in love with her, but they never come to the point. They never mention marriage. So what is a poor girl to do? She doesn't

DON'T fool yourself that your teeth are really clean

...unless you've cleansed the tiny crevices where decay begins. Colgate's penetrating foam sweeps down into these hard-to-reach places, removing decaying matter, cleansing teeth completely.



Greatly magnified picture of space between teeth. Note how ordinary, slugging toothpaste (having high "surface-tension") fails to penetrate deep down where the cause of decay may lurk.



This diagram shows how Colgate's active foam (having low "surface-tension") penetrates deep down into the space between teeth, cleansing it completely where tooth-brush cannot reach.



DON'T be content with merely polishing the surfaces of your teeth... any toothpaste can do that. Use the one dentifrice designed especially to go deep down into the tiny spaces between teeth where ordinary brushing doesn't reach. Colgate's active, penetrating foam not only polishes brilliantly, but gives an extra protection by cleansing these little fissures scientifically, thoroughly... thus removing the danger of half-clean teeth.

Your dentist will tell you that no dentifrice can cure pyorrhea; no dentifrice can correct acid saliva; no dentifrice can firm the gums. He will tell you that the one big job of the dentifrice is to clean the teeth. Colgate's cleans teeth best! That is why most dentists recommend it.



Etiquette

By Roberta Lee. Q. Should guests at tea lay aside their wraps? A. No. Q. For whom should a man wear deep mourning? A. Only for a close relative. Q. Is it necessary for a man to rise when another man enters the room? A. No, unless the newcomer is elderly or distinguished.

Household Hints

By Roberta Lee. The Dustpan. Bend the hollow tin handle of the dust pan to a right angle with the pan and insert an old broom handle. It avoids stooping. Mildew. Mildew on white clothes can be removed by rubbing with the juice of a raw tomato, sprinkle with salt and lay in the sun to dry. Repeat several times if necessary. Fat. Keep all cooking drippings and fats in the refrigerator to prevent their becoming rancid.

Character Close-Ups

Because they had not received the promised extra salaries for performing their colleagues' duties during holiday time, two magistrates at Bourg en Bresse, France, struck recently, and court could not be held. London has a movement to bring its Roll of Fame, which has had no additions since 1884, up-to-date by adding the names of statesmen, explorers, scientists, soldiers and sailors whom the city has honored. Bequeathing a ten-gallon cask "with its contents of Scotch whiskey" to his friend, George M. Muir Wood, the will of Edward P. Thompson, of Elstree, England, specified that when half the liquor was consumed Wood should refill the cask so that it would not have to be tilted to draw off the contents. Use Minard's for Burns.

Character Close-Ups

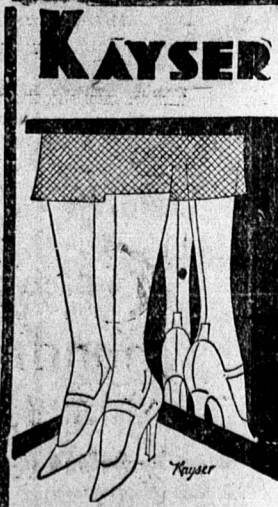


More than \$1,200,000 worth of French perfumes and cosmetics were imported into Cuba last year.

want to go on wasting her sweetness on the desert air when it isn't going to get her anywhere. And she wants to know where she stands. She wants to know whether the man means business or whether he is just one of these perpetual petters who make love and say everything except the important thing, which is: Will you be my wife? And why shouldn't a girl propose? Here I'm modest about it? It seems to me it is a lot more ladylike and just for a girl to come out flat-footed and tell a man plainly that she loves him and would like to marry him than it is for her to use all her arts and wiles and sex appeal to lure him into saying the fatal words. And you know that because a girl proposes you don't have to say "yes" unless you want her. You can always say "no." DOROTHY DIX.

Smartest of Stockings

THE first Turkish branch of the Women's Christian Temperance Union has just been formed in Constantinople. More than 500 American automobiles were imported into Argentina in January and February.



Smartest of Stockings

THINK OF ALL the good points you'd hope for in the perfect stocking. Then see how well KAYSER meets the standard. Women of flawless pure thread silk, dyed purely, perfectly and in line with Parisian color suggestions, heel that gives flattering ankle slimmest, perfect fit.

\$1.50, \$1.95 Heavy Service, Medium Service, or Chiffon. Kayser. Moore & McCord.