Woman's Realm ~ Social and Personal ~ Fashions ~ Literature

The finest-flavoured quick soup you've ever served. And it's so quickly and easily made, you'll want it always in your home. Just add contents of package to 4 cups of boiling water. Cook for 7 minutes. Then you can sit down to a smooth, satisfying, golden soup, so delicately seasoned and so appetizingly flavoured that you'll say it equals the best slow-simmered soup ever made on your own stove.

Lipton's Noodle Soup Mix is extremely economical . . . each package makes one-third more soup than that obtained from the average canned soup. Ask your grocer for it today.

2 PACKAGES FOR 25¢

A PRODUCT OF LIPTON'S
The Packers of LIPTON'S FULL-FLAVOURED (Small Leaf) TEA

Living & Leisure

The Woman's Realm

THE SONG AND THE STAR

There's a song in the air!
There's a star in the sky!
There's a mother's deep prayer,
And a baby's low cry;
And the star rains its fire
While the beautiful sing
For the manger of Bethlehem
Cradles a King.

There's tumult of joy
O'er the wonderful birth;
For the virgin's sweet boy
Is the Lord of the Earth
Ay, the star rains its fire,
And the beautiful sing,
For the manger of Bethlehem
Cradles a King.

In the light of that star
Lie the ages impearled;
And that song from afar
Has swept over the world.
Every heart is aflame and the Beautiful sing
In the homes of the nations that Jesus is King.

We rejoice in the light,
And we echo the song
That comes down through the night
From the heavenly throng.
Ay we shouted to the lovely evangel they bring,
And we greet in His Cradle our Saviour and King.

WATCHES SMALL AND DECORATIVE

NEW YORK—Your probably know silver is the metal used for much of the jewelry now being worn You'll find some stunning silver pieces both with and without stones You also will find some extremely attractive patriotic designs both in enamel, in plastics and stones but the big interest seems to be centured in watches, which are decorative and diminutive Ring watches are most interesting of all and right in line with the continued favor accorded large rings.

A Morning Smile

REAL TEMPTATION

One Sunday morning the pastor of a Negro congregation noticed that an old face had reappeared among his flock and after the sermon welcomed the supposedly repentant backslider

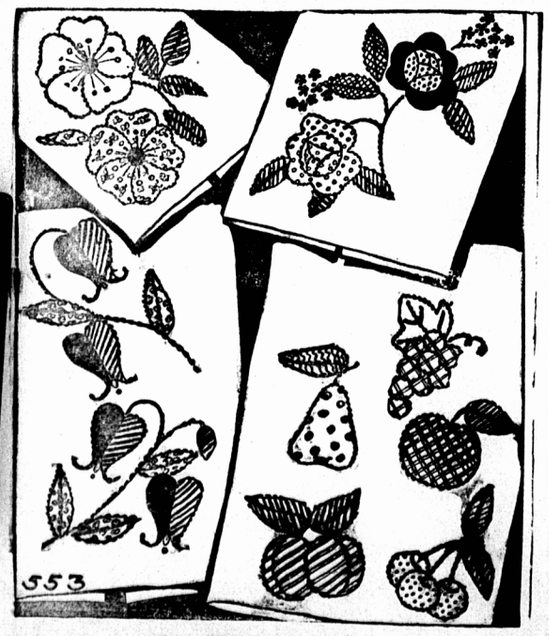
"This is the first time you've been to church for a long time," he said. "I'm glad to see you."

"Ah done had to come," exclaimed Rastus. "Ah needs strengthenin.' I'se got a job whitewashing a chicken coop an' building a fence round a watermelon patch."

Rifle Instructor —Do you know where you are aiming?

New Recruit —No sir, I'm a stranger in this district

FRUIT AND FLOWER MOTIFS



DESIGN NO. 553

Fruit and flower gift applique embroideries for towels, luncheon cloth, napkins, etc. Simple to make. Hot iron transfer pattern No. 553 contains 9 motifs measuring 1 1-2 by 2 1-4 to 2 3-4 x 3 3-4 inches with complete instructions.

To order pattern: Write, or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.
Needlework Department.

Design No. 553

NAME ----------
CITY ----------
STREET ADDRESS ---------- PROVINCE ----------

THE COOK'S CORNER

MINCEMEAT HERMITS

One-half cup shortening, 1 cup sugar, 2 eggs 1-4 cup milk, 2 cups flour, 2 teaspoons baking powder, 1-2 teaspoon salt, 1 teaspoon cinnamon, 1-2 teaspoon cloves, 1-2 teaspoon allspice, 1 cup mincemeat.

Cream shortening, add sugar,-well-beaten eggs and milk. Mix and sift flour, baking powder, salt and spices and add a small amount to first mixture. Add mincemeat and rest of flour. A little more flour may be needed if mincemeat is very moist. Drop batter by teaspoonfuls onto a greased baking sheet Bake in a moderate oven (325 degrees F.) until delicately browned.

WHITE FRUIT CAKE

(With Cocoanut)

Cream 1-2 pound butter add 1 1-2 pounds sugar gradually. Beat in 8 eggs. Mix and sift 3 1-2 cups flour 2 teaspoons baking powder, 1 teaspoon nutmeg and 1 teaspoon mace. Dredge 1 1-2 pounds shredded citron 1 1-2 pounds shredded blanched almonds 1-4 pound shredded candied lemon peel and 1-4 pound candied orange peel with 1 cup of the flour. Add remaining flour alternately with 1 cup milk to the first mixture. Add the dredged fruit and 2 grated cocoanuts Turn into buttered pans lined with buttered paper and bake in a slow oven, or at about 275 degrees Let cool in the pan Store in cake-box.

SEVEN MINUTE FROSTING

Two egg whites unbeaten 1 1-2 cups granulated sugar; 5 tablespoons cold water; 1 tablespoon corn syrup; 1 tablespoon pineapple juice.

Combine all ingredients except pineapple juice in top of double boiler. Mix thoroughly. Place over boiling water and beat briskly until mixture holds shape. Remove from fire and add pineapple juice. Beat until cool Spread on cake and top with little dolls dressed as skiers and mounted on drifts of snowy-white icing, or other appropriate holiday decoration.

Home Service

Public Speaking Easy With Rules

New Membe. Has Secret Of Poise

"What a poised speaker our new member has become!"

Not so surprising—for poise in public speaking can be learned. The secret is knowing the rules—how to "address the chair," how and when to introduce your remarks, what to do when you're stuck for a word.

To get the chairman's attention you raise your hand. When recognized you rise to your feet and say, "Madam Chairman, I should like to make the suggestion that—" You don't usually keep the floor for more than three minutes.

Be brief, explicit. "Mrs. Kennedy is the logical person to ask. She's done settlement-house work for 10 years."

If a word eludes you, no need to stall "Er-er"! Just pause without apology until it comes. Pauses are effective!

You can not only speak but make real speeches well! Our 32-page booklet gives public speaking exercises you can do at home for pronunciation, voice, emphasis. Tells how to prepare a speech, hold attention, feel at ease. Has sample speeches for many occasions; explains parliamentary procedure.

Send 20c in coins for your copy of "Public Speaking Self-Taught" to Charlottetown Guardian Home Service. Be sure to write plainly your name, address, and the name of booklet.

Name

Street Address

City Province

Relieve Painful Distress of
ACUTE CATARRH

MORE AND MORE sufferers from acute catarrh are discovering the grand relief that comes . . . with a few drops of Vicks Va-tro-nol. It soothes away distress, relieves stuffiness . . . brings real breathing comfort!

3-PURPOSE MEDICINE . . . Va-tro-nol is so successful because it does three important things at once: (1) shrinks swollen membranes of the nose, (2) clears out nasal passages and (3) soothes irritation. Many catarrh sufferers say it's best relief they've found. Try it!

VICKS VA-TRO-NOL

Dorothy Dix Says—

Good Morale on Home Front Important as in Army Camp

Bearish Father or Over - Sympathetic Mother Can Ruin Domestic Life

During the war we hear so much about the importance of keeping up the morale of the soldiers that it is to be hoped it will make many people realize something they apparently never consider—the importance of keeping up the domestic morale..

For the home front is just as vital as the battle front. All wars are not fought in the air, or on the water, or in the trenches. In millions of living rooms and across millions of dining tables men and women and children are struggling for their lives, and whether they go down in defeat, or win out to victory, depends upon whether their families buck them up and keep them brave and cheerful, or whether they

break their courage and put out the last spark of hope in their souls with their discouragements.

Curiously enough, much as we talk about home home influence, few of us sense its deadly power to determine our whole lives. We even think of happiness in the home as being a sort of parlor ornament, an adornment but not a necessity, but in no way affecting the success or failure of the inmates.

So, if Father enjoys working off his grouches about things in general on his family, and is surly and fault-finding (as pleasant to live with as a sore-headed bear), he indulges himself in his tempers And if Mother gets a kick out of whining and complaining and nagging and fretting, she thinks she has a perfect right to weep and wail all she wants to.

CHILDREN SUFFER FROM PARENTS ILL-NATURE

And it never occurs to Father that the reason his children show no affection to him is because he drove them from him by his harsh treatment. Or that the reason they are nonentities is because he terrorized them so in their babyhood that he killed their initiative and gave them an inferiority complex they never got over. Or that the reason they took to the street and its ways was because home was such an unpleasant place they escaped from it as soon as they could.

Nor does it occur to the wife that the reason that her husband never gets anywhere in the world is because her constant belittling of him has killed his faith in himself, and her wet-blanketing of his plans takes the starch out of him so completely that he hasn't enough enthusiasm left to go into a new venture. It is the happy people who fight because they are are full of vim and pep. The sad ones just sit down and take their beating without protest. It doesn't seem to them that there is anything in the world worth fighting for.

Another way in which families break down the morale of their members is by pitying them when they have a hard thing to do, instead of bracing them for it. Probably this accounts for more failures in life than any other one thing. Sympathy can slay ambition and drug energy so that its unfortunate victims just spend their lives in being sorry for themselves.

Mothers are the chief purveyors of this lethal dose. Mother weeps over poor Johnny, who has to get up in the morning and punch a horrid time clock and work all day long in a store or office instead of playing golf, until Johnny comes to consider himself a victim of the inequalities of society, and throws up his hands and quits. Mother is so sorry for her darling Mamie, who has to model expensive clothes instead of wearing them, that she takes all the fun and excitement out of Mamie's job and her pride in financial independence, and turns her into one of the discontented slackers who get fired for incompetence.

MOTHER'S SYMPATHY ENCOURAGES MARRIAGE TROUBLES

And it is Mother's sympathy that is first aid to most of the divorces When son finds out that he has married a human woman instead of a pin-feathered angel, and daughter discovers that her husband expects her to act like a grownup adult instead of a spoiled baby, they run home to Mother and she pities them into the divorce court. When what they need is some one to read the Riot Act to them and send them back to do their duty. Many and many a sagging home could be bolstered up and saved from falling down if Mother would only put her backbone under it instead of her tear ducts.

A woman, who had come triumphantly through a lot of hard sledding in her life, once said to me: "The thing that I have been most grateful for is that my family has always stood behind me in my troubles, but they have never weakened me with their pity. They have never tried to keep me from doing the thing that I felt that I had to do I have never had to fight my family as well as the difficulties I had to overcome. And that is something to thank God for on your knees for there is nothing that takes the last ounce of courage out of you like struggling with those you love and who love you."

So let's think a little about building up morale on the home front as well as the battle front.

THE PRINCESS OF GRATZEN

By Louis Arthur Cunningham, Author of "Of These Three Loves," "Marionette," Etc.

CHAPTER XV

There was a new maitre d'hotel at the sign of the Golden Cock. True Jules Goujon was still to be seen in his tentlike apron and tasseled cap but he preferred, even as in Gratzen, to preside over the kitchen, to mix rare sauces and bake lovely confections to experiment with new ways of glorifying the succulent fowl, the sublime duck and noble goose He had discovered something new —maple sugar, and the lovely syrup of the national tree and now on the menu at the Coq d'or, beautifully lettered by Merdel, who sat at the change counter and drew even more customers than Jules's cooking one might read: "Roast turkey a l'arable" or "Chicken fricassee a la Canadienne," and truly wondrous were the maple ices served in the shape of a maple leaf or a little beaver which were hailed by everyone as a veritable masterpiece.

The new maitre d'hotel was Rudi. To be welcomed to the warm comfort, the good viands of the Coq d'or by Rudi was better than any appetizer, any cocktail ever poured by man. White-haired courtly, smiling seeming, as indeed he did, to take an interest in everyone who came to dine, Rudi was always there to welcome the coming, speed the parting guest. In all the guidebooks pointed the Coq d'or was noted as a place that one really must not fail to visit But if the prying newshounds did learn that the Royal House of Gratzen helped to manage the hostelry they for once refrained from telling the world about it.

Emil and Magda played each evening while dinner was being served, sometimes Meridel sang, and when that sweet contralto came stealing into the ears of the guests the sound of cutlery of clinking glass, of busy talk died out and everyone listened raptly and marveled and gave the full need of applause. Who was this lovely girl they wondered, who looked like a queen who made the beauties of the screen look artificial? What was her history?

But they never found out. Oh, a rumor, here another there: She was one of the Hapsburgs she was a Norwegian princess, a great Polish lady; she left a grand castle in Europe a fortune in precious gems —Meridel smiled when Pol Martin and Rosine came back from school with stories like these.

"Tell those who ask you" she said, "that we come from one of the little countries that we are of the small folk who were in the path of the mighty. Tell them we were happy in our own land and that we are happy here. You do like it here, don't you? You like to make snow forts, to coast downhill on your sleds to go on skis and snowshoes?"

"Oh, we like it, Meridel But when will Roger come? When shall we go back to Philibert again?"

"Soon —soon is the answer to both your questions, I hope." She had received no word of Roger Fabre. She had written to madame to thank her again to tell her how they fared at the Coq d'or:

To say we are as happy here as at Philibert would be no lie madame, and no reflection, I trust, on the wonderful kindness you showed to us. We shall always remember that and bless your generous heart. But here too we are happy; here we have found a true and loyal friend and an honest welcome. Uncle Rudi has invested the money he had saved with Jules, and is now part owner of the Coq d'or He is maitre d'hotel and how proud you would be to see him in that role! He was born to be the royal chamberlain and sometimes when I see him with the guests here, I am ready to weep but more often ready to laugh. And I am sure Rudi is far happier attending to the comforts of good Monsieur Chabronneau or stout Madame Grandmaison than ever he could have been dancing attendance on the poor rulers of our beloved country.

Pol Martin and Rosine are well. They love their school and they are happiest when they go skating or skiing or on the toboggan with their playmates. But they are always asking for you and when will Roger come back and will they go to Philibert And all I can answer is soon and I hope that is really the truth. You are our good friends, our first friends in this country and you have a place in our hearts.

I guard the picture you gave me. I think I shall always treasure it. Have you had any news of that one?

It was the end of the first week in December when that letter came to madame. A blue-white icy day, the air pellucidly clear the snow sparkling with myriad crystals, the great trees of the park cracking with the frost making noises like rifle shots Madame still lived in the housekeeper's rooms She liked them now better than the sumptuous quarters she had vacated when she underlook to play with what now she had begun to consider the illstarred role of Madame Laurin.

Perhaps she thought 'looking at Meridel's letter if I had not made Rudolph act this farce, if I had h en tell the truth, as he wanted tell it, she and the children wou have stayed with me. Now there no having them here on any ter that I know of —none that is, u less that perfect knight, Rog Fabre should come back and pe suade her to marry him. And doubt whether he could do that the girl is in love with Michel — love with the image of him. I pr she has made a true image.

It had been very lonely for th old lady after the Morpins had le here Never before had she realis how much she was dependent Rudolph, how much the smoo running of the great house h rested with him. True Gesner w capable and willing and the go ernment officials had sent a ve fine man, Gerard Chamberland help look after the children, an another governess, Miss Kightly, h come to assist gentle Miss Carri But three was no one like Rudi one like Meridel and madame ofte wept when she thought of litt Rosine and Pol Martin.

The noisy honking of a moto horn aroused her from her dream ing. She hated motor horns an the brash blowers of them She g up from her chair, muttering di threats; got up stiffly, she who ha never before noticed the aches, i weariness of age in her body, wh had resolutely refused to grow old She went to the window and flun open the casement prepared to ye a command of silence at the of fender. The breath she had store up for it escaped in a long sigh sheer relief when she saw the ve hicle from which the noise came— the decrepit old station wagon tha for long years had been the prid and joy of Roger Fabre.

"Roge:!"

The sight of that tall, spare, blue clad figure standing at the ven erable hack, with a hand thrus through the window to manipulat the horn brought a rush of glad ness to madame's heart, a corresponding flow of tears to her brigh eyes. "You —you young fiend!" she called. "Stop that horrib noise at once and come up here You hear me?"

A Job Only You Can Do

Price Control Questions And Answers

Questions and answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board. Readers who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the Wartime Prices and Trade Board, Chappell Building, Charlottetown.

Q. Is there a new ceiling price on used cameras?

A. Yes Retail prices on used cameras sold by dealers have been set at 100 per cent of the list price for all types. The result of this new regulation is actually to bring about a reduction on prices prevailing recently. Because new Cameras are not being manufactured in Canada, retailers have been getting stock by buying over the counter from private individuals.

• • •

Q. I have rented two rooms in my house as a light housekeeping suite. Should I report this to the rent control board?

A. Yes. Any new tenants or change of tenancy should be reported to the Board. The necessary form RC 40 is available at your nearest board office..

• • •

Q. Is there a specified time to use up coupons after the week for which they are issued?

A. Coupons in your permanent ration book are good until used.

Sore Mouth, Loose Teeth

Bleeding gums, sore mouth and loose teeth may mean that you are a victim of Pyorrhea or Gingivitis that may sooner or later cause you to lose many of your teeth and have to wear false teeth before your time. Amosan curbs gum bleeding the first day, overcomes sore mouth and helps nature quickly tighten the teeth. Amosan must promptly and effectively overcome sore mouth, curb bleeding gums and help nature tighten your teeth or money back on return of empty carton. Get Amosan today from your druggist.

Amosan
For Pyorrhea—Gingivitis

Our money-back agreement protects you.

We Are Sorry

WAR'S necessities have limited the supply of Jell-O—and the demand exceeds the supply. Naturally, there are times when grocers are out of Jell-O. If *you* have been disappointed, we are sorry. But Jell-O is still being produced, and you will be able to enjoy it from time to time.

Seven delicious flavors—Strawberry, Raspberry, Cherry, Orange, Lemon, Lime or Pineapple.

JELL-O Brand

A PRODUCT OF GENERAL FOODS

J662

Needlecraft

For The Home

IF YOU WANT TO BE WARM AS TOAST

Make This Shirtwaist Dress and Jerkin

Because they make a very smart team, because the cosy jerkin will prove a boon when cold weather nips, they'll prove a grand investment.

Style No. 2590 is designed for sizes 12; 14; 16; 18 and 20 Size 16 requires 4 3-8 yards 39-inch fabric or 3 yards 54-inch for dress; and 7-8 yard 54-inch for jerkin.

To order pattern: Write or send picture with your name and address with 20 cents in coin or stamps to the Needlecraft Bureau The Charlottetown Guardian.
Style No 2590

Name

Street Address

City Province

Santa Rides Again— *The First Visit*

By Geoff Hayes

TIPPIE AND "CAP" STUBBS

By Edwina