

Woman's Realm Social and Personal Fashions Literature

Living & Leisure THE WOMAN'S REALM

The wayfarer, Perceiving the pathway to truth, Was struck with astonishment. It was thickly grown with weeds. "Ha," he said, "I see that no one has passed here in a long time." Later he saw that each weed Was a singular knife. "Well," he mumbled at last, "Doubtless there are other roads."

—Stephen Crane.

Welsh rabbit is the name given to a savory consisting of cheese which is melted and seasoned and spread over buttered toast.

Clothes will last longer and remain a far better color if they are always laundered before becoming very badly soiled. This is particularly true of colored materials.

FIRE-PROOF KITCHENS

The accent on fire safety in post-war homes building has boosted use of fire-proof materials for floor and wall covering in the kitchen where most home fires start.

CREAM SAUCE

Select medium-sized potatoes and boil or pressure-cook with skins on. Meantime make plenty of egg cream sauce. Pour boiling hot over the hot potatoes; dust with paprika garnish with parsley and serve at once.

FOR STEAM IRON

WASHINGTON, D. C.—Home-makers who have occasion to use a steam iron will welcome the latest attachment for steam pressing. The unit slides on neatly like a topcoat and makes it possible for the housewife to have a steam iron when she needs one without sacrificing the convenience of a lightweight iron.

OFFERS ROUTINE FOR DRY SKIN

By LOIS LEEDI

For your special problem modern science has developed dry skin creams which have two notable features that make them helpful in softening that parched-like skin. First, they contain lanolin, the oil which is most like the oils of your own skin. Second, the creams are homogenized, which means that they are mixed under tremendous pressure. This breaks up the particles of oil into microscopic globules, which can sink more easily into those dry top layers of skin. They do a really thorough job of lubrication.

Now for your special dry skin routine. Night is the best time for this. First, cleanse thoroughly with cold cream, patting it in with a tissue. Then wash with a soap and water the stale makeup and grime go with it. Follow this by splashing on skin freshener. Moisten a pad of folded cleansing tissue, pat face and throat with it. You will find it a refreshing pickup.

Now you are ready for your routine. Smooth on the dry skin cream, working it up and out. Pat in thoroughly from base of throat to hairline. Pay special attention to the delicate tissues around the eyes, where little squint lines form. These are delicate tissues and must be handled gently.

If you have noticed sagging lines developing from nose to mouth, get after them NOW! Massage with the thumbs with a firm up-

ward and outward movement. Do this while your skin is slippery with the cream. Do the same with any lines that hint at showing across the forehead.

While the circulation is pinking your face, hop into the tub. The heat of the water steams in the cream, giving you the home equivalent of a salon face treatment. After your bath, run your fingertips over your skin. If there is a thin film of cream left, then your skin has reached the saturation point. It has absorbed all that can take. You can remove the film if you wish but it is more helpful to leave it on overnight.

BLACK SUED

Paris says "Black suede for a belt very wide and rising high enough softly to follow bust line in front is smart on a full skirted afternoon dress of pale blue printed silk."

FOR TRAVEL

PARIS—With three-piece travel outfits, beige shirtwaists and beige and brown checked skirt. Maceline de Rauch designs a wide soft band of tobacco brown wool fabric.

SUMMER 'NATURAL'

NEW YORK—Chiffon, a "natural" for summer and perfect this year around, is more plentiful this season. One designer shows a firmness to advantage in a simply-styled dress finely pleated at the waist and gathered in to the waistline with a jeweled belt. Another uses a hand-painted chiffon for another beautiful dress, the full skirt shaped over a taffeta petticoat, and the small-looking bodice squared across the top to shoulder-cap sleeves.

The accent of gold is everywhere from casual gold sandals for "7-time wear" to belts, purses, dancing shoes and gold glints in cottons.

MIRROR STUDY REVEALS "FIT"

The woman with a mature figure should study her mirrored back view in the clothes she plans to buy. From this angle she needs to be as critical as she is when appraising her appearance from the front if she wants uniform figure flattery.

A waistband, for example, which appears properly placed in front may be too short when seen from the back. Such a defect in its tends to emphasize a hip space. The slight alteration required to lower the waistline is well worth the time or money involved in creating more slimming proportions in a dress.

Flared peplums, bows and bustles visible in a rear view appraisal, may be offenders that add inches to figure size by fore-shortening the back line. If that's the case, dresses with these touches should be passed by in favor of togs with no confusing back details. Shorts, for example, which flare just below the hipline or with back centre pleats sliced over the hips are better choices of style.

Another point to check is the fit across shoulders. Dresses cut full across the bosom may offer a stumpy fit across the back. The danger to watch for here is fabric pull. Fabric may be pulled into horizontal creases by the strain on shoulder and side seams. This "about-to-burst" effect serves to point up figure size.



DISTINGUISHED COUPLE ARRIVES—On a visit to Canada, the Earl and Countess Mountbatten arrived in Sydney recently by Trans-Canada Air Lines. They spent more than an hour at Reserve Airport before continuing their flight on a North Star skyliner to Montreal. Lord and Lady Mountbatten are shown in the above photograph just before they stepped down from the T. C. A. plane to be greeted by a large group which had assembled to see the prominent couple. Photograph—Trans-Canada Air Lines.

The Stars Say--

By Genevieve Kemble

For Friday, August 27

WHILE there is sign of a congestion, postponement or other impediment, seeming to prove tenacious and disheartening, a condition that might be attributable to the withdrawal of support from prominent places, the situation is not hopeless. There is a very encouraging aspect in which an adult and gracious use of the factors of youth charm, wit, perhaps social prestige may break down obstacles. Adjustments may be made, aided and abetted by patience and application.

Those whose birthday it is, may be able to batter down opposition, stagnation or lack of cooperation, by a tactful and judicious manipulation of the purely personal element. If social, cultural, youthful or mental strategies it might be possible to melt static situations and recapture promised assistance. Social gestures, entertainment, or just pleasant approach could "move mountains" in a dilemma.

Better English

D. C. Williams

1. What is wrong with this sentence? "Many people gathered together."
2. What is the correct pronunciation of "regatta"?
3. Which one of these words is misspelled? Regalia, registrar, regata.
4. What does the word "stimulate" mean?
5. What is a word beginning with so that means "state of being anxious or concerned"?

ANSWERS

1. Omit together. 2. Pronounce es-krw-er, e as in end, i as in ice, accent second syllable. 3. Regatta. 4. To assume the appearance of, without the reality. "The defendant simulated insanity in order to escape the death penalty." 5. Sollicitous.

Ellen's Diary

By an Island Farmer's Wife

We have had more than one interesting visitor at Alderley today for this has been a day to "write folks to take that outing of the city or through the country which had been planned to take place after the haying or when other cares were in order. Roads beckoned beguilingly to enter there and wander in the fragrance and charm that is August's own. A mellow but warms for a cooling breeze and now for a familiar container in a car. "But only to wear when I'm picking cucumbers" she laughed. "Oh yes" she said "we've got a piece of cucumbers in this year!" And another's baby, a lad like Jamie is spending first days in school. One could fancy how often her thoughts would stray to a Gask and a wee, shy man there. Farmers we had to be enjoying an afternoon away from their farming — but returning to it refreshed from the outing and with what James and I speak of as "new theories" gained, to be put into practice there.

A clergyman called, not a big man at all though with a kindly twinkle in his eye. He had just come in passing so he said chuckling to see if all those things written in the Diary are true — and to see the place! If James had been at home, instead of at the haying at Rob's, he would have hastened to reply. He would have said: "Oh yes, it's all true—though there are items like her afternoon's nap, or my getting my own lunch, that she seems to forget to mention! And then too, she is inclined to have one believe that she is the busiest woman on the island when actually in comparison with other countrywomen she only plays at working!"

And then James would chuckle and continue "well you can see for yourself how busy she is with just me to cook and do for!" And "the place" just an old and ordinary farmhouse with wide gables, a fan of glass above the front door and still with the original small-paned windows. It is (Continued on page 11)

DOROTHY DIX SAYS—

Boorish Mates Marriage Partners Invite Disaster By Reneging On Companionship

One of the curious things about marriage is that so few husbands and wives make the slightest effort to be entertaining companions to each other. This is one of the phenomena of the holy estate that is hard to understand, for surely intelligent men do not deliberately pick out Dumb Doras for wives, nor do gay and clever women knowingly select grim grouches with whom to spend the balance of their lives.

Moreover it is a matter of common knowledge that during the days of courtship an enamored couple never run out of conversation. They can spend hours upon top of hours asking each other: "Do you love me? Will I always be the only one in the world to you? Would you die of grief if I should be run over by an automobile, or fall out of an airplane?"

Yet after marriage only too often they pass into the silence and have nothing to say to each other, unless they can find a good topic to fight over. Few things are more pathetic than an evening at home, with nobody saying a word, and the husband and wife sitting up in a gloom so thick you could cut it with a knife. We are all familiar with this sight, and also with the almost hysterical joy with which they greet any visitor who may drop in, and break up the boredom and set the tongues wagging.

STARVED FOR GOOD TALK

Now, strangely enough, the very husbands and wives who starve their mates for companionship would be shocked at the mere idea of cutting down on their rations. Father works his fingers to the bone to feed his family on filet mignon, and Mother makes a burnt offering of herself cooking things to Father's taste, and apparently neither one realizes that what is making them lose their taste for each other is because they have ceased making their conversation a savory dish that will pique the other's appetite, and keep him or her asking for more.

So we have the dreary homes to which a tired man dreads to come at night, for well he knows that his wife is just waiting to begin her monologue about everything unpleasant that has happened during the day, from the price of butchers' meat and the baby breaking his pet pipe, and Mrs. So-and-So not inviting her to her cocktail party, to Mama's letter saying she is coming for a nice, long visit, until the poor, badgered man gets butterflies in his stomach.

Or, perhaps, it is the other way around and the husband is one of the men who only grunts when he is spoken to; who would die the death before he would tell an interesting bit of news, or what he had done, or where he had been, and who is about as thrilling to live with as a store dummy. Can anyone wonder that the thousands of women who spend their dreary days in baby-tending and cooking and washing and scrubbing, and who are unfortunate enough to be married to men who never even say a kind word to them, grow bitter and peevish and nagging?

Many recipes are given about how to make a marriage a success. The infallible rule is for both husbands and wives to make themselves charming and interesting companions.

How Can I!!!

By Anne Ashley

Q. How can I wash a suede jacket properly?
A. Wash it in warm water and pure soap suds, to which has been added about one tablespoonful of household ammonia to a gallon of water. Rinse and stretch to the desired size to dry.

Q. How can I make cooked peas more savory?
A. If the peas seem a little tasteless, put a teaspoonful, or a tablespoonful of sugar in the cooking water. Even sweet corn can often be improved by adding a little sugar.

Q. How can I remove brown stains from the steel fittings of a range?
A. Try using a cloth dipped in kerosene.

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That Body Of Yours

By James W. Barton, M. D.

The story is told of a Scotch clergyman who, in the midst of some disagreement in his congregation which made him an object of much criticism, nevertheless seemed to be his good-humored self. When asked how he could carry on with his regular work, eat and sleep well, he stated, "The wife and children are well. This enables me to face my work and difficulties."

We sometimes wonder at the early aging of an acquaintance. He still has a good position, apparently has no financial worries, and yet seems to be listless at times as if his mind and thoughts were some distance away. He is not himself.

In comparing the body to an automobile, we compare the brain, nerves and emotions to the battery. Under the same conditions, the battery must remain dormant at times, in order to get rid of the fatigue products in the blood and get renewed energy.

When the automobile battery gets run down, however, it must be recharged before it can do the work required of it. In the same manner, the brain, nerves and emotions must remain dormant at times, in order to get rid of the fatigue products in the blood and get renewed energy.

No wonder our clergymen felt well enough to face his work and difficulties, knowing that his wife and children were not sick, that all was well at home.

CANCER: ITS SYMPTOMS AND TREATMENT

We never should forget that cancer is curable if discovered early. Send today for Dr. Barton's informative booklet entitled "Cancer: Its Symptoms and Treatment." To obtain it, just send 10 cents and a 3-cent stamp, to cover cost of handling and mailing, to The Bell Syndicate, in care of this newspaper, Post Office Box 99, Station G, New York 15, New York, and ask for your copy.

The Key to..... Successful Entertaining

KING COLE TEA COFFEE

Household Scrapbook
By Roberta Lee

Modern Etiquette
By Roberta Lee

Homemade Shower Curtain

You can make a waterproof shower curtain of rayon taffeta. Dissolve a pound of melted paraffin into a gallon of dry-cleaning solvent; dip the cloth into the mixture, then hang up to strip until it's dry. The cloth will be waterproof and still retain its translucence.

Old Gloves

A pair of discarded kid gloves worn when paring potatoes, or working with other vegetables, will stain on the fingers and hands.

Stringing Beads

When stringing beads, try dipping the needle in water frequently. The beads will slip on more easily and will also cling together.

Cook's Corner

DATE AND NUT LOAF

Cut fine 1 cup of dates, 1 cup of boiling water, 1 teaspoon of soda. Put on the stove for five minutes, let stand to get cool, mix 1 egg, 1 cup brown sugar, 2 tablespoons butter or shortening, 1 cup of flour, 1 cup all bran, 1/2 cup walnut meals and bake in moderate oven about one hour.

BREAD

Two tablespoons sugar, 1 1/2 table-spoon salt, 1 quart warm water or milk or half of each and about 9 cups flour, 3 tablespoons melted lard, 1 yeast cake. Mix dry ingredients and dissolve yeast cake in a little of the warm liquid then add lard and mix with liquid and add everything together, and knead a few minutes until smooth, place in greased pan and put in a warm place to raise for 1 1/2 to 2 hours, then shape into loaves and let raise for another one hour or 1 1/2 hours then bake in oven 300 deg. F. until golden color.

GINGER BREAD

Half cup white sugar, 1 egg, 2 tablespoons shortening the size of an egg. Mix well together, add 2 1/2 cups sifted flour, 1 teaspoon cinnamon, 1/2 teaspoon cloves, 1/2 teaspoon salt, 1 1/2 teaspoons baking soda. Sift all together with flour, then add 1 cup molasses, 1 cup warm water not boiling, bake slowly in oven about (350 degrees F.)

Morning Smile

Have you heard about the two cats who sat watching a tennis tournament? One of them seemed quite intent on the match, following the ball back and forth without missing a stroke. The other cat appeared quite bored and also a bit irritated at this companion's interest.

"I didn't know you cared so much for tennis," he finally purred.

"I don't," the other replied, "but my old man's in the racket."

Morning Smile

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The earliest luminous paint, called "Biolumina phosphorus" was made of sulphide of barium, still used in the manufacture of that product.