

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

FOR THE WOMAN READER

It takes a heap o'emilin' in these times we're goin' through to keep the old ball rollin'...

HOUSEHOLD HINTS

When bottling fruit, use new rubber rings each time, as these perish so easily.

When making cherry cake first roll the cherries in the weighed flour to prevent them sinking.

In making flaky pastry dredge each layer of fat lightly with flour to produce light flakes.

Avoid beating eggs to a froth when making a baked custard, or the mixture will not set well.

Yorkshire pudding is lighter if a little water is added to the batter as part of the milk measurement.

To prepare a new cake tin wash thoroughly, dry, and heat it in a gentle oven for thirty minutes.

Home made scones will not rise well if the dough is mixed too dry.

NEW DINNER PROCKS OF METAL LACE

Very new for early autumn are dinner frocks of metal lace, in dull gold, bronze or silver.

BRIGHT, SPARKLING EYES ARE ALWAYS ATTRACTIVE

Tired eyes never helped any girl toward romance.

It is the sparkling, wide awake eyes that catches men's fancy.

There are many little eye secrets that any woman can use, if she cares to take the trouble.

Eye-pads are one of these. There is nothing rest in eye pads. Dip them into hot water and lie down.

He has a growing APPETITE

AND how he likes his bowl of Kellogg's Rice Krispies. Bubbles of rice that actually crackle out loud in milk or cream.

One of the best cereals for children. Nourishing rice in easy-to-digest form. Always oven-fresh. Made by Kellogg in London, Ont.



Listen! - get hungry



for 15 minutes with them over your eyes and you'll get up feeling much refreshed.

Make your own eye pads out of cheese cloth, cut like spectacles, filled with herbs that you buy at the drug store.

Palm your eyes, while you are out in the open helps, too. This is a process of placing your palms over your eyes to shut out all light.

THE MOTORING DOG

Under this title a dog owner, and we are sure a dog lover, writes to the B-ston Traveller the following excellent letter:

Many dogs nowadays are motorists, and it is worth while for their owners to bear in mind a few little points that make or mar the motoring dog's enjoyment:

(1) Always carry a drinking vessel in the car for the dog's use. Dogs need plenty of water.

(2) Never leave a dog in a parked car if it can be avoided. They are unnecessary as guards in a proper parking place.

(3) The fondness of dogs for leaning out of a car window to catch the breeze should be discouraged.

It is the cause of a considerable amount of eye trouble.

FACTS ABOUT BEASTS

The kangaroo babies, when first born, are only one inch in length!

The flying lemur or galaga, a native of the Indian Archipelago, leaps on an inclined plane a distance of over 300 feet!

Some other famous jumpers are the kangaroo, who is able to jump between fifteen and twenty feet on the level.

The Arctic fox, the stoat and the blue or mountain hare change their color scheme in winter in favor of a white fur coat.

The donkey was a beast of burden hundreds of years before horses were tamed.

A seal, although it spends almost all of its life in the water, is not a fish! It is an animal!

A camel's ability to go without food and water for long periods can be easily understood.

The giraffe can see behind him without turning his head. This is due to the great distance which his eyeballs extend from their sockets!

The beaver cuts down trees, trims them, cuts them into logs, floats them down the river and, finally, builds his dams out of them.

The hippopotamus and elephant, two of the largest creatures, are vegetarians!

The purpose of windows, of course, is to let light and air into your house and let the persons inside look out.

And the reason for window curtains is to soften the light coming in, to add a decorative note, and to maintain privacy.

Homely Women: Take Heart! Dorothy Dix Finds Brains Can Make Up Deficit

Don't Despair if You Are an Ugly Duckling in a World Where Beauty Gets the Breaks. Dress Yourself up, Cultivate Tact, Humor and Intelligence and You Will Win Out

There is no bitterer despair than fills the heart of a girl when she realizes that she is an ugly duckling instead of the white swan she would like to be.



Usually the girl, seeing herself so double-crossed by her fairy godmother, just succumbs without a struggle and lets Nature take its course.

Now I would like to say a few words of comfort to those girls who were not around when good looks were passed out and who failed to get a square deal when naturally wavy hair and peaches-and-cream complexions and classic profiles were distributed.

First, I would bid them to get rid of their inferiority complex and cultivate a spirit of optimism.

And, in the next place, beauty isn't nearly so important as women think it is, and there are substitutes for it that are more potent medicine than the real thing.

Of course, it helps to be easy on the eyes, but any girl can attain a synthetic prettiness by wearing pretty gowns.

But while the pretty girl can wear anything that happens to be the fashion, the homely girl must watch her step and get just the colors and lines that bring out her best points and camouflage her worst ones.

As for her figure, she can acquire slimmness or curves, as she wishes, by counting her calories, while as for her complexion, she can thank her merciful Providence that she lives in a day when all complexions come from the drug store.

Then the ugly duckling must acquire an inexhaustible bag of parlor tricks. Every mother who has a plain-faced little Jane should begin educating her feet by the time she can walk if she wants to save her from being a wallflower when she is grown up.

And, finally, the homely woman has as her consolation the fact that time is her friend and she will be better-looking at 40 than she is at 20.

Then the homely girl must make of herself a diplomat. She must learn to handle every one with velvet gloves.

Small pickles known as gherkins always are in demand and they are very easy to make if the housewife is willing to take the time.

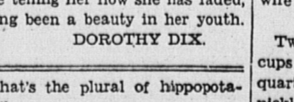
Two quarts small cucumbers, 2 cups salt, 2 quarts boiling water, 2 quarts vinegar, 2 ounces mixed pickling spices, 2 teaspoons powdered alum, 2 cups brown sugar, 1/2 cup sliced horseradish root.

Choose very small cucumbers of uniform size. Be careful not to bruise or mar the cucumbers. Wash carefully and pat dry between towels.

Let stand twenty-four hours and drain off brine. Bring to the boiling point, skim and pour over cucumbers: Let stand twenty-four hours. Drain and wipe cucumbers. Cover with boiling water in which alum has been dissolved and let stand six hours.

Diarrhea, dysentery, colic, cramps, manifest themselves; the gums become swollen, and cankers form in the mouth. This is the time when the mother should use

and perhaps save the baby's life. On the market for 85 years. Price, 50c. a bottle at all druggists or dealers.



Her Happiest Moments

She owes her smooth, faultless complexion to this secret soothing blend of olive and palm oils.

It is the secret blending of the oils of olive and palm that makes Palmolive truly a beauty soap—the soap millions of women depend on to keep skin smooth, fresh, radiantly youthful and alluring.

Morning and night, with both hands make a rich, creamy lather of Palmolive Soap and warm water. Massage it gently into the pores of the face, throat and shoulders.

Here's what happens. Palmolive's soothing olive oil penetrates every pore... flushes out every particle of dust and dirt. This is the true foundation cleansing which brings out the healthy, youthful, natural coloring of your skin, gives you a complexion admired by men, envied by women.

Buy 3 cakes of Palmolive today. Use them as directed above. Then watch for results—a smoother, lovelier, younger complexion.

Pastry Isn't Enough, Fine Filling Needed To Make Good Pie

No matter what the weather, and very little matter what the facilities, there do come times when nothing seems to fill the bill but—Pie!

This morning, we have gathered a few pies that we think are worthy enough specimens to merit the attention of Table Talk and perhaps score a few triumphs for our followers.

Carrot Pie: 2 medium-sized carrots, 1-4 teaspoon ginger, 1-4 teaspoon cinnamon, 1-2 teaspoon salt, 1-2 cup sugar, 2 eggs, 1-2 cups milk.

Butterscotch Pie: 1-4 cups brown sugar, 1-2 cup flour, 1-2 teaspoon salt, 2 cups hot milk, 3 egg yolks, 2 tablespoons shortening.

Mix sugar, flour and salt. Add milk and cook until mixture thickens. Just before removing from stove, stir in beaten yolks and shortening. Let stand while preparing pastry.

Macaroni Pie: 1-2 cup sugar, 1 tablespoon cornstarch, 1-8 teaspoon salt, 3 eggs, 2 cups milk, 1-2 dozen macaroons.

Secrets of Pickle Making: SALT HAS BEEN FOUND TO BE MOST EFFICIENT AGENT IN PREVENTING SPOILAGE AND SOFTENING.

The secret of pickle making lies in obtaining a correct bacterial action in one respect and at the same time preventing the bacterial action which causes spoilage and softening.

Many questions have been asked the past season about the Mexican bean beetle, which has done an immense amount of damage in many gardens.

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A Morning Smile

SLEEP WALKER: Vicar—I noticed your husband went out in the middle of the service—this morning, Mrs. Breen. Isn't he very well?

Mrs. Breen—He's the very well? Mrs. Breen—He's ageing, sir; that's what it is. He's started walking in his sleep now.

ONE REQUEST: A Swedish farmer, asking for his naturalization papers at Minneapolis, was being quizzed by the Judge.

"Are you satisfied with the general conditions of this country, Mr. Olson?" the Judge asked.

"Yah, sure," was Olson's answer. "And does this Government of ours suit you?"

"Vell, yah, mostly, only Ay lak to see more rain."

Daintiness With Chic Styles

Illustrated Dressmaking Lesson Furnished With Every Pattern BY ANNABELLE WORTHINGTON

Today's pattern provides for a high or open V-neckline. Have your way about it.

The dropped shoulder is a smart new detail. You will note that it has a pointed hipline, both modish and slimming.

It's fascinatingly lovely as its inspirator carried out in black crepe satin.

In wool crepe, faille crepe silk, marocain crepe, wool and synthetic mixtures, silk and synthetic crepe, etc., can this Paris dress also be fashioned.

Style No. 516 is designed in sizes 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38 and 40 inches bust.

Size 16 requires 3 1/2 yards 38-inch with 3/4 yard 35-inch contrasting. Price of PATTERN 15 cents in stamps or coin (coin is preferred). Wrap pattern carefully.

No. 516. Size ..... Name ..... Street Address ..... City ..... State .....

Douglas' Egyptian Liniment is remarkable in its quick, effective action. Relieves instantly burns, sprains, toothache and neuralgia. Invaluable for sore throat and quinsy.

A Safe Prescription For These Ailments of Childhood

- INDIGESTION, CONSTIPATION, BILIOUSNESS, DIARRHOEA, SUMMER COMPLAINT, COLIC, BAD BREATH, COATED TONGUE, TEething TROUBLES, WORMS, CRUOP, COLDS, SIMPLE FEVER, SKIN TROUBLE, FRETfulness, SLEEPlessness.

Check over the list at the left, and you'll see why hundreds of thousands of mothers all over the world always keep a box of BABY'S OWN TABLETS in the medicine cabinet.

Children take them as readily as candy. They can be given safely to a delicate infant. An analyst's certificate is given with each box, certifying that these tablets contain no narcotic, opiate or harmful drug.

DR. WILLIAMS' BABY'S OWN TABLETS Make and Keep Children Well—As Mothers Know

