

Woman's Realm Social and Personal Fashions Literature

THE COOK'S CORNER

Spiced Apricot Custard

1-2 cups sliced apricots
 1-4 cup apricot juice
 1 tin evaporated milk
 1-4 cup brown sugar
 1-2 teaspoon cinnamon
 1-2 teaspoon ginger
 1-4 teaspoon salt
 1-4 teaspoon allspice

Methods: The apricots are the dried ones that you soak overnight, then simmer until they are tender. Measure them, then wash very fine in a muslin cloth. Boil the milk and apricot juice. Beat the eggs slightly with the spices and add these with the sugar, stirring until the sugar is thoroughly dissolved.

Turn into individual custard cups and set these in a larger pan containing one inch of hot water. Bake in a moderate oven, 300 deg. F. oven until a silver knife inserted through the centre comes out clean. Chill and serve.

Honey Rice Pudding

8 cups milk
 1 cup cooked rice
 1/2 cup strained honey
 8 eggs
 1-8 teaspoon salt
 1 teaspoon vanilla

Method: Soak the milk and turn it into the top of a double boiler. Add the rice and cook until this is creamy and thoroughly heated through. Beat the eggs well and add the honey and salt. Turn into the rice mixture and cook gently until it thickens.

Remove from the fire, add the vanilla and cool. Pour into a glass dish or into individual serving dishes and sprinkle with a little nutmeg.

SUDDEN BACK PAINS WEAK KIDNEYS



After 40 Watch Your Kidneys

Writing from his home in Augusta, N. E. Patterson states: "My back ached from morning till night. Even a little work made me weak. I couldn't stoop or lift without getting dizzy. My tongue was furred, my appetite was poor. My head ached continually, and I had urinary disorders. Dr. Hamilton's Pills proved just the medicine I needed. I felt better in a week, and after using these Pills for a month I was completely restored."

For kidney ailments, sore back, liver complaint, biliousness, test Dr. Hamilton's Pills. They give complete satisfaction.

DR. HAMILTON'S PILLS ARE GOOD FOR BACK ACHES

FRUIT AND VEGETABLE MOTIFS FOR TOWELS



Design X 533
 Towels may have as definite personalities as individuals when they are embroidered in an outline design to the color of the vegetable or fruit in question. Every kitchen will be a more attractive room if these dainty towels are hanging on a convenient rack. With the wide variety of toweling on the market, no two articles need be alike.

Send 30 cents, coin preferred.

PATTERN ORDER FORM—to be used when ordering pattern.

To Charlottetown Guardian
 Design X 533
 Address _____

Dorothy Dix's Letter Box

Mother Can Solve the In-Law Problem by Treating the Wives of Their Sons as They Themselves Would Like to be Treated—Equality for all Should be the Motto

Dear Dorothy Dix—I have three sons with lovely wives who are kind and good to me. I think that much of the splendid feeling that exists in our home is due to my starting out with them right, and I am handling my plan on in the hope that it might help some other mother to get along with her in-laws. The first place I wanted my sons to marry, because I think the domestic life is best for a man. Second, I treat my daughters-in-law in the same loving intimate manner in which I do my own daughters. Third, I keep my hands off their affairs and let them manage their homes in their own way. Fourth, I try to build up their wives to my sons. I never criticize anything their wives do to my boys. The result of this is that my daughters-in-law are just as devoted to me as my sons are. I believe if mothers-in-law would follow the Golden Rule of do to your daughters-in-law as you would have them do to you, but do it first, it would settle the in-law problem.

MRS. H. B.

Answer: Indeed it would, and if a fifth admonition "don't ever go to live with your in-laws" were added to Mrs. H. B.'s rule for how to make your daughters-in-law love you, it would save a lot of tears and grief. For it is not to be denied that of all the wars that have drenched this suffering old world with woe, none have caused more heartache and unhappiness than the fight that rages between so many mothers-in-law and daughters-in-law and of which the poor unfortunate victim is the son and husband.

Which is the aggressor and the one most to blame depends, of course, upon the individuals who take part in the feud. But, be that as it may, I have always felt that it was the mother-in-law who was generally chiefly to blame, because she was older and had had more experience in dealing with a mother-in-law for a warning and she should have more tact and patience and wisdom in meeting the situation than the girl bride has.

Besides which, the mother-in-law has most to lose if she does not establish cordial relationships with her son's wife. It is no trick at all for a bride to alienate her husband from his family and even keep him from visiting them if she doesn't find the atmosphere at mother-in-law's house agreeable. So on every count it pays a woman to cultivate her daughter-in-law and make her a friend instead of an enemy.

Yet how pitifully many women fail to do this. They are so jealous of the woman who they think has taken their son away from them that they refuse to see that mother love and conjugal love are two different things that do not clash, and that often it is only after a man is married that he really understands and appreciates his mother.

There are the meddling mothers who insist on bossing their daughter-in-law's homes and raising their children and running their budgets for them. There are the mothers who insist on meddling between their daughter and another for their daughters-in-law. Who think that their own daughters' husbands should provide them with every luxury, while their daughters-in-law should live plainly and never have an evening's worth of fun. There are the mothers who insist on meddling between their sons and their wives by their fault-finding and tale-bearing and who are first aid to divorce.

Dear Miss Dix—I am engaged to a young man of 25. We loved each other very dearly and were ideally suited to one another, but his parents forced him to break our engagement because we did not wish to live with them after we were married. His mother cried, fainted, had heart attacks and was in bed for months. His father is a very kind man, but the reason he doesn't want his son to marry is because he has taken possession of all the money my fiancé earned, although the father is under 50 and has a job. We plan to give them suit money and go off and marry where we will. None of the men does not continue to live with them. No girl could possibly be happy in a home like that. What human, red-blooded girl could be happy with only half a husband. Five times he has tried to leave her, but she would not let him go. He has put on a big act and goes back to them. So the last time he told me he couldn't leave, I told him to go home and stay with his mother. Is there any solution to this awful mess?

IRENE.

I think you solved it in the only possible way when you told him to go home and stay with his mother. Evidently he is a weakling who has been led to mamma apron strings so long and so tightly that he hasn't the strength to break them.

No girl could be content with such a man for a husband, because Mother wouldn't relax her grip on him after he got married. She would always be calling him back and interfering between him and his wife and poisoning his mind against her until she broke up their home.

Of course, any man who falls for Mother's hysterical fits and who believes her when she says she is going to die, and who is afraid of his mother, hasn't enough intelligence to be allowed to walk on the street by himself. She just puts on the act because she has found out that she can get her own way by so doing. If he had spent enough to leave her and go off and marry where he would be the best of both worlds.

Dear Dorothy Dix—I have a girl friend who has a hair lip and a cleft palate, but in spite of these she is very pretty and talks plainly. She is very intelligent and has a marvelous personality. She is a wonderful sport and can also cook and keep house. A friend of mine is very much in love with her. Her affliction hereditary? What do you think about marriage with such a girl?

A FRIEND.

washing your feather pillows. Fill the tub with hot suds and plunge the pillows in, feathers and all. Then put through several waters, shake briskly, and hang on the line to dry. Purge the pillows several times so that the feathers will dry. They should be replaced in the fresh air every sunny day for a week following this treatment.

Household Scrapbook

(By ROBERTA LEE)

Apple Sauce
 Add your sugar to the apple sauce before removing it from the stove, and in this way much less sugar will be required to sweeten the sauce.

Lip Salves
 Glycerine, cold cream, and lettuce cream are all very good for roughened and cracked lips.

Feather brushes
 Choose a bright windy day for drying them.

Do This If You're NERVOUS

Don't take chances on products you know nothing about or rely on temporary relief when there's a remedy that's been tried and found to be reliable. Lydia E. Pinkham's Vegetable Compound, made especially for women, will relieve the most distressing conditions and make life worth living.

Let Pinkham's Compound help build up more physical resistance and give aid in salting the nerves, lessening the nervous system, and making life worth living.

For over 60 years one woman has told another how to go "smiling thru" with Pinkham's—over 1,000,000 women have written their glowing stories because—IT MUST BE GOOD!

Q. How can I clean white window shades?
 A. One method is to use finely powdered bath brick. Apply with a dry, clean nail brush. Brush the shades briskly until the stains disappear.

Q. How can I make a good acid for the manure?
 A. Put one teaspoonful of lemon juice into a cup of warm water. Stains will be removed from the floors and walls, and it will also loosen the cuticle.

Q. How can I make the drippings from highly flavored foods sweet and tasteless?
 A. Fry a few slices of raw potato in the drippings. This will also take away the flavor of rancidness.

CHRISTABEL

By PEARL BELLAIRS

"GO OUT INTO THE WORLD"

Of all the inmates of the chalet, Christabel was perhaps most truly alive in his discomfort. As he grew better, he began to want more of life, and then there began to be visitors at the chalet.

He knew many of the persons contented with the permanent staff of the League of Nations, and when in October there was a sitting of the League assembly many of the League diplomats came up to the chalet. He had entertained them before in the days when he was fit and active; he could talk; he could still sit at the head of his table in a wheeled chair; he could still take a keen interest in current events.

To most of these men not the least attractive thing about the latter visits to Cavanagh's chalet, was his pale, graceful, dark-eyed companion who sat on his right at dinner and attended to his needs. In such company, and knowing that she made a successful impression on it, Christabel could not help blossoming and gaining confidence. Interest in the world outside the chalet soon began to take part in it, and international affairs began to fill a mind which had been all too blank except for regrets; and there was soon nothing one could not talk about when it came to the various powers.

She had a responsive mind, and a light-hearted view of such things, and the harassed diplomats and economists found it refreshing to talk to a lovely young woman who interested in the world outside the chalet as much as she did.

At first her position in Cavanagh's life was a trifle mysterious, though Miss Cavanagh's presence made it perfectly proper; but her husband had been all too busy before his seizure soon became known, and his pathos added to the romantic aura which began to surround Christabel in the eyes of Cavanagh's visitors.

While admiring Christabel's charm and gentleness, she was not slow to shake their heads, and add that both were being tragically wasted.

The shadow of the sick-room, the room which had never fallen into the hands of the mother and the chalet lifted with this influx of interesting persons from all over the world, and Christabel never failed to forget that she was not his old active self. His feeling for Christabel changed, and he found that he could not love her as he once had looked on a very beloved daughter.

Her state of mind puzzled him a little. She was passive, and yet he did not believe that she was really happy.

One day he said to her: "Christabel, sooner or later, you know, I shall want you to go out into the world and have all the happiness you've missed so far. I'm going to give you the means."

"Please, Arthur, I don't want anything."

Christabel meant it. She shrank from the thought of everything that would be said of her if she did. However, she said nothing, but she would stop him; and she gradually came to accept the idea that she would be comfortable and happy in the rest of her life, and that all the world would be hers at last.

But her attitude to life was one of complete disillusion; at times cheerful, and at others soul weary.

Once Cavanagh looked at her, and commented suddenly: "You may live a long time, but you've got to look out of the window over your face that I think of a thrush shut up in a cage!"

The blood flushed up under her delicate skin and she protested at once.

"How foolish! I never feel like that!"

"I feel that I'm being utterly selfish in allowing you to stay with me. If I were to give you the means now, while you're young, would you go to Paris to New York, or Florida? People who have been here have given you plenty of invitations. Go out into the world, Christabel, and find all that it has to offer."

"I know all that it has to offer," she said.

"But you don't say so," he said.

"She took his pale hand in hers; he noticed how the marks of prison labour had at last gone from her fingers."

"I hate the world," she said.

"He was shocked by the calm certainty of her tone. She sighed, pressed his hand and smiled. It was strange to him that she should be young and beautiful exterior, and be with his worn out, useless body, should have come to the same total lack of inner sparkle that he had."

"It's difficult to me to realize that you can have come to feel that permanent happiness is to be found in the world. I'm quite happy. Don't try to make me long for a lot of non-sense in life!" she said.

"I may live a long time, Christabel. Years and years. Won't you be wise my dear, and go?"

"I'll go if you want me to."

"You know I don't want to go!"

"There was no mistaking his conviction about that; his voice shook with it."

"I feel that I do you some good," Christabel said.

"The day could do for me what you do."

"Then let me stay, for I couldn't possibly have a pleasanter existence, and I'll help to keep you cheerful, then I don't think it's wrong."

"But you could have so much more in life!"

"I know too much about that more already," replied Christabel, with another sigh, and a laugh and nothing he could say would move her.

ANOTHER OFFER OF MARRIAGE

"It's getting cold," Cavanagh said. "We must move on."

He was darkened by masses of snow clouds and the flakes drifted against the window panes; the lake below was a dull, grey, and the trip in the launch was nearly always rough.

November found them established in a villa on the outskirts of Algiers, beyond the dusty, heated city, among small, steep hills, patched with vari-colored cultivation, a background of cool, lined rooms and Moorish arches; of blazing marginals, and the distant battlement of the Atlas mountains, which were always of the giant whose patience held up the world.

His main theme seemed to be the visits of the young French official with a high place in the colonial government, who fell in love with Christabel at first sight, by the time the year had passed he was putting into words what she did not want to consider.

"Forgive me, mademoiselle, but you cannot see the rest of your life at the bedside of an invalid! You are young, beautiful, a woman of high intelligence and high culture."

He was really pleading for himself, having asked her to marry him. He was a very nice looking young man with charming manners, who came of a solid French family, and his prospects were of the best. Christabel could imagine what her mama would have said if she had known what he was contemplating. But there was no need to tell him anything about herself but the one truth, which was that she did not love him.

She did not want to love anybody. It seemed to her almost as though there was a conspiracy afoot to make her feel what she did not want to feel. None of the men she met aroused more than the most fleeting superficial interest; or just a simple friendliness.

In April they returned to Geneva.

(To be Continued)

NERVOUS WOMEN

If you are nervous, weak or have headaches or backaches, take Dr. Pierce's Favorite Prescription. It tones the female organs, calms the nerves, improves nutrition and so strengthens you. Mrs. J. M. Scott (photo above), of 243 Brook St., Bradford, Ont., says: "I was so badly nervous that everything upset and irritated me. I felt weak, dizzy and worn-out and often had such miserable headaches I could not work. After using Dr. Pierce's Favorite Prescription a short while, my appetite improved. I was stronger, wasn't so nervous, and became quiet and robust. I felt better in every way. Buy it in liquid or tablet at your drug store."

Smart New Draperies You Can Make Yourself



Choose Gay Colors for Spring
 As colorful as spring itself are these stunning new draperies with their box-pleated valance and perky pleated ruffles!

They're so simple to make—and especially lovely in eggshell chintz with a widely spaced floral design. Let plain chintz ruffles pick up soft tones from the flowers in the pattern—French blue, rose or apple-green.

For the pretty colonial-style valance make two box pleats as the top diagram shows. Fold, stitch press with an iron.

As for the pleated ruffles—so easy way to sew them on is illustrated in the lower diagram. Hem the draperies first, then split the hems, turn in the raw edges, insert ruffles and stitch.

Your valance hangs trimly when tacked to a simple valance board—and the draperies fall in rich, even folds when you finish them with pinch pleats—which are easy to sew!

Beautiful new drapery styles for every room in the house—complete instructions, diagrams for making them are given in our 32-page booklet. Tells how to estimate material, cut, sew, finish and trim. Glass curtains, swag draperies, valances, complete.

Send 30c in coins for your copy of Build Your Own Complete Booklet to The Guardian Home Service. Be sure to write plainly your Name, Address, and the Name of booklet.

Mr. Robert Brown Thompson on Wednesday the Seventh of May at four o'clock at _____ Church Buffalo

Q. Is a woman permitted to be the first to suggest that a man call on her?
 A. Yes; she has that privilege.

Q. Must the fork be used for cutting salad?
 Yes; one should not use the knife.

Lace can often be invisibly mended by running the sewing machine to and fro over the worn part. This is quite effective with lace curtains and can be done on linen goods, too.

The Crow of Groug Worries the Mother

When the child wakes up in the night with a groug cough, spasmodic croup, it strikes terror to the mother's heart.

The child can scarcely speak, can hardly breathe, and seems to be choking.

There is no time for delay; apply hot poultices to the throat and upper part of the chest, and give Dr. Wood's Norway Pine Syrup.

Give of nothing better to give prompt relief. It is absolutely safe, does not contain any habit forming drugs, and will help to soothe the inflamed membranes, stop the irritation and subdue the inflammation.

The T. Millers Co., Ltd., Toronto, Ont.

Modern Etiquette

(By ROBERTA LEE)

Q. What is the proper wording for a wedding invitation?
 Mr. and Mrs. William Allen request the honor of your presence at the marriage of their daughter Elizabeth Anne

to Mr. Robert Brown Thompson on Wednesday the Seventh of May at four o'clock at _____ Church Buffalo

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The Housewife And Her Activities

THE OLD STORY

Old Times, old manners, old, old folk—
 I count them sound and sweet; I love to wonder thoughtfully Down some sequestered street Where the old houses, brick by brick Reared in some bygone day By pridelike hands, are falling now To undescribed decay.

Old tunes are welcome to my ear They have a mellow ring A cake of soap so as to fill space Each cadence seems to bring; Old letters tell of happy love— But this is true, I find: Old love and new are much alike, For both are fond and blind.

—Mary Coles Carrington.

To prevent stains under the nails dip the ends of the fingers in melted tallow or paraffin before beginning a task which is likely to stain them. Or rub the nails lightly over a cake of soap so as to fill space between nail and finger with soap. Do this before blacking the stove and put a paper bag on each hand. Wash hands when finished and all black comes off with the soap.

A lemon rind, dipped in salt, is a simple cleanser for discolored copper and brass.

Some ferns bear as many as 50,000,000 spores on a single plant, and are capable of producing a new plant.

Use potato water for cleaning decanters and other bottles with small necks. Cut a raw potato and put the pieces into the decanter. Nearly fill with warm water, shake well and the cleaning is done. Drain, rinse in warm soapy water, then in clear warm water. Invert to dry.

Milk distributors report marked advances in research to improve processing methods and develop new products during the year 1938. A new feature of some of the new products is that they are practically unspoilable. The middle of a dinner table is so treated and so is the top of a sideboard.

These are soapy ideas
 You will find that laundry soap will go farther if the wrappers are removed before it is stored away, and it is allowed to dry out a bit before using. Odd bits of laundry soap that are unhandy to use may be dried and grated into a coarse soap powder, or shaved into soap chips. A soap jelly can be made by pouring hot water over a jar of soap scraps.

MATCH BUTTONS TO FABRIC

When buying buttons for clothes you are making sure and get a swatch of the material along. Very often you may be intrigued by buttons entirely different in shape and color than those you had in mind, and you can tell at a glance whether they will do if you have the fabric with you.

Hats are growing up and Jeanette MacDonald's sloping brown felt boasts more cubic inches than last season's microscopic headgear. Turned up back, medium high crown and wide brim, they are a bit brim, its only reminiscent note of by-gone trickery is the tiny opening through which a lock of the pattern—French blue, rose or apple-green.

LOW FURNITURE FASHIONABLE

The furniture which has been shown in recent exhibitions in Paris is all noteworthy for its lowness which gives height to modern rooms. Most of the sideboards are very long, but low.

Chairs and tables are also low. There are whole pieces made of iron and glass but they are used in conjunction with other materials. Large glass tables are difficult to move.

Long low lines are also expressed in the lounge furniture. A new feature of some of the new furniture is practically unspoilable. The middle of a dinner table is so treated and so is the top of a sideboard.

CATARRH O ZONE Gives Quick Relief

"I was troubled with Throat Weakness and Asthma that defied every medicine I used. I was discouraged until a friend recommended Catarrh-o-zone so strongly that I bought a package. I breathed the healing fumes of Catarrh-o-zone very deeply—used the Inhaler five minutes every hour. After the first day I was better, and next morning my cough was gone. My Asthma is better, my Throat Weakness is gone, and I am well."

—M. J. J. Tooken.

For Grippes, Catarrh, Nose Colds, Irritable Throat, you will get prompt and effective action from Catarrh-o-zone. Carry the Inhaler in your purse or pocket, etc.; use it frequently. Complete outfit \$1.00. Smaller size 50c. Trial size 25c, at all chemists.

TIMELY TIPS FOR THE HOME SEWER

A young spring costume with an enchanting contrasting bolero over a flaring print crepe skirt dress. The jacket flashes the print in the perky revers. You'll live it this season's costume right through spring. You'll wear the dress alone with bright accessories. It's as fresh as spring itself. The tight bodice buttons up to a carcan neck. The skirt collar is patterned with two breast pockets, included in the pattern, gives a remarkable chance to have a soft young shirtwaist dress of washable silk, cotton, or linen. You won't be happy with only one! It's a joy to sew with the aid of the picture sewing instruction chart that accompanies the pattern. Style 30, 268 is designed for sizes 12, 14, 16, 18, 20 years, 30, 32, 34, 36 and 38-inches bust. Size 16 requires 2 7/8 yards of 59-inch material for dress; 1 1/4 yards of 39-inch material for bolero. Complete outfit, STYLE NUMBER 2686.

Send fifteen cents (15) in stamps or coin (coin preferred) wrap and mail carefully, address to Charlottetown Guardian giving—

Name _____
 Street Address _____
 City _____ Province _____



The vicar and the squire were walking together after the morning's service. Suddenly the vicar, very peeved, burst out: "Did you hear Robinson snoring in church this morning?" "Yes, I did," said the squire's reply. "The sounder woke me up!"

2566
 SIZES 12-20

HELPS TO AVOID COLDS

Specially designed for the nose and upper throat, where most colds start. Used in time, helps prevent many colds.

VICKS VA-TRO-NOL

A Morning Smile

A visitor who had been spending a Scottish season in a village noted for its golf links asked one of the caddies if he made much carrying in the winter time. "Nae, sir nae," replied the caddy. "There's nae carrying in the winter time. Ye see, it's this way. If it's no snae, it's frost; if it's snae, it's snae; if it's neither snae nor frost, it's rain; if it's no rain it's wind; and if it's a fine day it's the Sabbath."

Corns Easily Removed By a Painless Solvent

Chemists have found a way to dissolve corns. A drop of this solvent and the corn shrivels up. Next day a few more drops of the solvent and the dried-up kernel of the corn drops out. You can get the benefit of this discovery by using Putnam's Corn Extractor. Paint your corn tonight with Putnam's Corn Extractor and see how well you feel tomorrow. All druggists sell Putnam's Corn Extractor.

materials. Large glass tables are difficult to move. Long low lines are also expressed in the lounge furniture. A new feature of some of the new furniture is practically unspoilable. The middle of a dinner table is so treated and so is the top of a sideboard.

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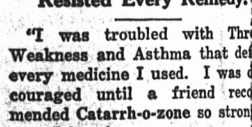
Banished My Cough In One Night!

Throat Weakness Ended That Resisted Every Remedy.

"I was troubled with Throat Weakness and Asthma that defied every medicine I used. I was discouraged until a friend recommended Catarrh-o-zone so strongly that I bought a package. I breathed the healing fumes of Catarrh-o-zone very deeply—used the Inhaler five minutes every hour. After the first day I was better, and next morning my cough was gone. My Asthma is better, my Throat Weakness is gone, and I am well."

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2566
 SIZES 12-20

HUSTLING HARRY To the Rescue

HERE YOU ARE HARRY, ANOTHER PACKAGE OF GRAPE-NUTS TO GO TO MRS. BROWN

THOSE KIDS ARE TAKING A BIG CHANCE SKATING ON THE RIVER THIS LATE IN THE YEAR

GOSH—THE ICE IS BREAKING! AND IT'S PLENTY BREAKING RIGHT THERE!

LUCKY THIS BOARD WAS HANNY! SAY THOSE KIDS MUST EAT GRAPE-NUTS, TOO—THEY'RE SURE LUCKY!

SAVE! SHELL WANT GRAPE-NUTS IN A HURRY!

TAKE IT EASY—OUT YOU COME!

IT WAS WONDERFUL OF YOU HARRY HOW CAN I EVER THANK YOU?

WELL I HATE TO MENTION IT, BUT I DO SEE SOME GRAPE-NUTS ON THE TABLE!

SEE—DON'T GRAPE-NUTS TASTE SWEET! THEY'RE SWEET AS A NUT!

AND YOU JUST CAN'T BEAT EM FOR GIVING YOU ENERGY!

YES SIR! THAT TEMPTING NUT-LIKE GRAPE-NUTS FLAVOUR SURE IS GRAND! AND JUST TWO TABLESPOONS OF GRAPE-NUTS WITH WHOLE MILK OR CREAM AND FRUIT PROVIDES MORE NUTRIMENT THAN MANY A HEARTY MEAL... BETTER GET SOME FOR TOMORROW!

Grape-Nuts

MADE IN CANADA

IN THE BLUE AND YELLOW PACKAGE

Grape-Nuts

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