

Woman's Realm :- Social and Personal :- Fashions :- Literature

FOR THE WOMAN READER

God spoke; and from the arid scene sprang rich and verdant bowers. Till all the earth was soft with green—

He smiled; and there were flowers. —Mary McNeill Fenellan

What did the chap say who caught the thief with his watch? Give it up. What did the neighbor say when he heard the burglar-alarm? I reckon there's a catch somewhere.

Properly Hung Pictures The rule for picture hanging is to hang them at eye-level. This is one of the most frequently broken rules of interior decoration. People who should know better will insist on hanging their pictures too high. This room about which I have just told you has the pictures so high that you almost have to stand on tip-toe to reach the frames. It would be impossible to dust them without standing on something. That of course is the least objectionable part of it. What is the use of hanging up a picture if it is so high that you cannot enjoy it to the fullest. Friends of ours have just bought a very lovely oil-painting, which cost them a considerable amount of money and of which they are justly very proud. It is hung so high that you fairly have to peer at it to see what it is all about. It would add very much to the enjoyment of the picture if it were hung low enough to properly see it.

Sometimes there is a great unevenness in the height of pictures in the same room. It will add to the balance and the feeling of restfulness in the room, if all pictures are hung with the bottom of the frame, the same distance from the floor. That of course is a general rule which cannot be applied to pictures hung in groups.

To Improve Fruit Salads If you wish to give a zip to your fruit salads, make a dressing of equal parts of whipped cream and mayonnaise and to this add a generous dash of cayenne pepper.

Improving Toe Nail Isn't it a joy to get into a pair of

"Helped My Nerves and Built Me Up" Tells How Lydia E. Pinkham's Vegetable Compound Overcame Anemic Condition



"My last child lived only ten days and I was terribly sick before and after its birth. I began to take Lydia E. Pinkham's Vegetable Compound to overcome an anemic condition and it helped my nerves and built me up. I think every woman should give it a trial when she is nearing middle age too."

MRS. W. MANSELL, 462 Gordon Ave., Verdun, Montreal, Quebec. Get a bottle from your druggist today.

AUCTION SALE AT MT. HERBERT FARM, STOCK, CROP AND MACHINERY SATURDAY, APRIL 26th At 1 O'clock Sharp

Farm of 130 acres, 20 chains from Station, 4 miles from Charlottetown. Good buildings with running water. 2 springs, well located on farm, (formerly old Orphanage property.) 3 horses, 10 head of cattle, 4 cows to freshen, from 10th to 20th May, one heifer freshen September 28th, one heifer October 26th, 2 heifers, two years old, 1 ox two years old, 1 heifer 10 months, 1 sow. 2 wood sleighs, 1 box sleigh, 1 extra heavy truck wagon, 1 light truck wagon, 1 driving wagon, 1 express wagon, 1 hay mower, 1 rake, 1 cart, 1 gang plow, 1 single plow, 1 disc, harrow and other harrows, 1 roller. Half interest, in seed drill, harness, team and single, two cream separators, forks and shovels, etc., quantity of hay and straw. Terms—6 months credit on approved joint notes. All sums under \$5.00 cash.

EDDIE FARQUHARSON, Owner. Mt. Herbert.

slippers after a days' walking about to hang them at eye-level. Yet this painful condition can be relieved in a few minutes.

Most people make the mistake of cutting down the nail on the painful side. That only makes matters worse for it creates a new cutting edge, and encourages the nail to grow in still more.

The correct way is to cut the nail straight across. Then try to cut as deep a V-shaped wedge as you can down the centre of the nail. The wide end of the V pointing towards the end of the toe.

Next with a fine file flatten out the surface of the nail taking care not to get too near the quick.

When you have carried out these instructions you will be able to wear your shoes with comfort, for there will be nothing to press the nail into the flesh.

Boy Swallowed Jackstone

A six-pronged jackstone doesn't make very good eating, four-year-old Richard Raines, Arlington, Wis. discovered. Richard swallowed the metal object while playing. After 24 hours of pain and discomfort, during which he could not eat, physicians succeeded in removing the jackstone from his esophagus.

Use Liver in Varied Ways

To use the cheaper kinds of liver grind it and combine it with other foods for such dishes as creamed liver, liver hash liver and rice loaf and liver croquettes. Liver salad may be made from chopped liver, raw cabbage and onions.

Scorch Stains

Scorch stains may be removed in any one of three ways. If the stain is light, soap and water will remove it. The second way is to wet the spot with water and expose to the sun for a day, longer if necessary. The third is to place a cloth wet with hydrogen peroxide over the stain. Next place a second cloth, a dry one, over the two layers and iron with a medium warm iron. Ironing directly on the cloth wet with hydrogen peroxide leaves rust stains.

Frayed Edges

When frocks, skirts, or coats are to be washed and lengthened, it is advisable to undo the hem at the bottom before the garment is washed, so that the mark of the old turning will not show. Loosely-woven tweeds and other woolen materials are inclined to unravel easily, and to prevent them from becoming badly frayed bias binding should be carefully tacked over all the loose edges as soon as the old hems are unpicked. The garments may then be washed or cleaned without risk or inconvenience.

A Morning Smile

Mr. Giles once lent a volume of Plato to one of his neighboring farmers, and when the book was returned asked, "Well, how did you like Plato?"

"First-rate," said the farmer. "I see he's got some of my ideas."

"You have heard what the last witness said, persisted counsel, "and get your evidence is to the contrary. Am I to infer that you wish to throw doubt on her veracity?"

The polite young man waved a deprecating hand.

"Not at all," he replied. "I merely wish to make it clear what a liar I am if she's speaking the truth."

Sealed Tenders addressed to the undersigned and endorsed "Tenders for Coal" will be received until 12 o'clock noon (daylight saving), Friday, May 5, 1933, for the supply of coal and coke for the Dominion Buildings, in the Provinces of Nova Scotia, New Brunswick and Prince Edward Island. Specifications and forms of tender can be obtained from H. E. Dawson, Acting Chief Purchasing Agent, Department of Public Works, Ottawa; H. A. Russell, Resident Architect, Halifax, N. S.; and W. W. Allingham, Resident Architect, St. John N. B. Tenders will not be considered unless made on the forms supplied by the Department and in accordance with departmental specifications and conditions. The right to demand from the successful tenderer a deposit, not exceeding 10 per cent of the amount of the tender, to secure the proper fulfillment of the contract, is reserved. By order, N. DESJARDINS, Secretary, Department of Public Works, Ottawa, April 12, 1933.

GARDENING

By J. B. Spencer, B.S.A., Director, Ontario Horticultural Association

A preview of rose plants from within their winter covering would indicate that they have come through with relatively little loss. The first job for the rosarian after uncovering is the pruning of the plants, and this requires some courage, particularly by the beginner, who hesitates to cut away what appears to be healthy wood. After a few warm days, growth in the plants will show itself by the swelling of the buds. Pruning should then be undertaken, cutting away all the weak limbs, and shortening the stronger ones, according to their size. Canes no larger than a lead pencil might safely be cut to six inches, and stronger canes to a greater length. Four to six inches for hybrid Teas and eight to ten inches for hybrid-Perpetuals is a fairly safe rule. Strong old plants, however, may be left longer unless one desires relatively few very fine blooms, rather than more flowers of less quality. There should be no stumps of old shoots visible above ground when pruning is finished, and in most cases the retained growths should not be over three years old in the case of strong growing varieties, and two years old in the case of weak sorts. One should examine the wood carefully for dark coloured bark close to the ground, the upper part of the canes may look quite sound, but if there is a ring of brown bark lower down, the cane should be cut away below the killed portion without hesitation.

It is important that the pruning be done with a sharp instrument, in order to avoid tearing or crushing the wood. A well sharpened, hooked-blade pruning knife is the best implement, but sharp pruning shears may be used if carefully handled. The cut should always be made in a slanting position, and it is a safeguard to the plants if a dab of fresh paint is applied to the newly cut stub.

Climbing roses, unlike bush roses, produce flowers on the wood of the previous year's growth, and should, therefore, not be severely pruned. All that is necessary is to remove unhealthy and damaged wood and weak growths that cannot produce flowers. If climbing rose plants are cut low like bush roses no flowers would be produced that season.

Setting New Plants

Even though the rose beds may

not be extended a few new plants may be needed to fill gaps. When the new plants are received the roots, in no circumstances, should be allowed to dry out. It is a good practice when opening the parcel to plunge the roots in water for several hours, or to bury the plant root and branch in moist soil for a few days. Either of these practices will restore the moisture in the stems that has been lost during the winter season. The plants are then ready to set out.

(Continued on page 6)

Don't let Pimples or Bolls Spoil your Looks!

PIMPLES, bolls and blotches disappear when you take that safe blood medicine and tonic which has enjoyed sixty years of success—namely Dr. Pierce's Golden Medical Discovery.

Mrs. T. A. Berney of 645 Wellington St., W., Toronto, says: "About three years ago I had a bad case of bolls due, I believe, to the condition of my blood. I certainly was in misery as the bolls were all over my face and I spent many a sleepless night because of these sores. I took only two bottles of Dr. Pierce's Golden Medical Discovery and the bolls gradually disappeared. I have had no return of these eruptions."

SWEET VANITY

By RICHARD GOYNE

Did she but know it, this moment marked the death of the old Cynthia Marland, the birth of the new. It was a moment of magic revelation, a moment of wonder. And, because of another woman away up in the white bungalow on the reef, it was a moment of tragedy.

Peter was bound. Every softening of these two towards each other was but building higher the terrible barrier between them.

Cynthia realised all this, and a sob rose in her throat as, ignoring the angry, protesting Dicky, she turned, murmured a word of farewell, and turned towards the door of the hotel and went out.

CHAPTER XVII

Cynthia went back through the noonday heat to the house of Father Denou, the Catholic missionary, and all that afternoon sat silently by the bedside of the unconscious man or moved noiselessly about the darkened chamber where he lay.

It was a beginning, this, and it was also an end. That night as, very late, she walked back alone to her hotel, Cynthia saw a distant white shape out to sea and knew that the Sweet Vanity had embarked upon her mission.

She was alone here, on this strange island of divers people of divers passions. It was a fearsome place for a helpless woman like herself; yet Cynthia was not afraid. She did not fear because, though she was helpless to aid her and

THE COOK'S CORNER

3-MINUTE MAYONNAISE

2 egg yolks 1 teaspoon salt 1 teaspoon mustard 1 teaspoon onion juice 1 tablespoon sugar 1/4 cup vinegar 1/2 cup Mazola oil 4 tablespoons cornstarch 1 cup water

Put egg yolks, seasonings, vinegar and salad oil in deep bowl, being careful not to mix the ingredients. Mix the cornstarch and water together, stirring constantly and cook until a thick paste is formed. Quickly add to other ingredients in the bowl and beat with rotary beater.

ASPARAGUS SHORTCAKE

2 cups flour 3 teaspoons baking powder 1 teaspoon salt 1 tablespoon sugar 4 tablespoons Crisco 1 egg and enough milk to make 2-3 cup of liquid

Asparagus tips Sift the dry ingredients together, put in shortening until fine like meal. Break egg into measuring cup and add enough milk to fill to two-thirds mark. Mix slowly into dry ingredients. Toss on floured canvas, roll 1/4 inch thick and cut with a large biscuit cutter. Arrange two pieces together one on top of the other, and bake in a 450-degree oven. Split and butter; place hot asparagus on lower piece, cover and serve with cream sauce or cheese sauce

But while neither the husband nor the wife is free to do as he or she did before marriage, it is not to be denied that the lack of freedom is one of the main things that is the matter with matrimony. For the desire of personal liberty is the strongest passion of the human heart. From the very beginning of time men and women have fought and bled and died to gain it and accounted no sacrifice too great to achieve it, may be soft and manured, with painted red nails.

This is true in domestic life as well as political life, and one of the main things that marriage is that husbands and wives are not willing to accord each other any personal liberty. They make home a prison. They try to enslave each other. They try to dominate each other. They give each other no more freedom than a dog has on a leash.

There are husbands who cannot go out of an evening without their wives making a row over it and who have to furnish an alibi for every hour they are away from home. There are women who cannot buy a spoon of thread without asking their husbands' permission. There are men who are not free even to eat what they want and women who wouldn't dare to join a bridge club or stay out thirty minutes late at a party for fear their husbands might get home first and raise Cain because they were not there. And it is no wonder that these husbands and wives who grant their spouses no liberty are hated, as we all hate our jailers.

Specifically as to what liberty a wife should grant her husband I should say it would be: Freedom to indulge in his own personal tastes and habits and opinions without being nagged about them; freedom to have his men friends come to the house; freedom to go off on men parties now and then; freedom to indulge in outdoor sports in moderation.

And the husband should give his wife the same liberties that he enjoys.

Dear Miss Dix—I am married to a man whom I love dearly, but he is so untidy and slovenly in his appearance that he is getting upon my nerves. I want to love him and admire him, but a slovenly unshaven man has always been repulsive to me. My husband is a professional man and I represent to him that his appearance is a handicap to him, but he says that is ridiculous. He buys me nice clothes and expects me to look my best. Why can't he see that an unattractive man is just as little pleasing to a woman as an unattractive woman is to a man? BRIDE.

needed aid himself, Peter Caven-dish was not very far away. That is love. She was prepared to admit it all, now. Her pride had gone. Life had suddenly flung off its mask of silver and the cloak of shimmering silk that had garbed a naked, ugly body. That night for the first time for longer than she could remember, Cynthia sank to her knees by the bedside and prayed: She did not mention herself, nor ask even for protection for her person here upon this strange island. She prayed for the man she loved, to whose love and protection she would never, now, have any right.

Cynthia was a different woman. The old Cynthia had died out there in the treacherous waters beyond the island. A woman knowing life ahead to be empty of all happiness or the satisfaction of love had come out of that seething torment with its living peril. A woman fearless as she had been thoughtful only of herself, a woman purged in the fires of her own kindling.

And so began a long and anxious vigil. Each morning, very early, she would rise, and bathe, and make her way to the missionary's house, to the side of the man she loved. While his life hung in the balance she carried out her ministrations of tenderness with that gentle ability only a woman can give. She spared herself not at all. She made weariness a stranger that might be ever-present but was never to be recognized. She gave all she had to give.

They were times of anxiety and anguish, nevertheless. More than once, after a long day by the side of the delirious and fevered man, she remained all night. Peter's delirium was, indeed, the hardest of all to bear.

He had no knowledge of her presence, yet. He lay there on the bed, tossing, moaning, murmuring. So

Dorothy Dix' Letter Box

Has Wife Less Freedom Than Husband? Slovenly Husband Gets on Bride's Nerves—Has Elderly Mother Right to Wear Youthful Clothes?

Dear Miss Dix—What liberty should a wife give her husband? What liberty has a wife with children and not much money? There is always enough money for the husband to go to the club or out with a friend, but what money or time will a husband give his wife for enjoyment? The fifty-fifty cases are indeed very few and far between. Generally it is a proposition of ninety-fifty, with the wife getting the short end. MRS. ANN.



Answer: When we speak of liberty as between husbands and wives, we do it in an academic sense because, in reality, each is bound to the other and neither one is free to do as he or she pleases without reference to the other. No married man, for instance, is free to spend all of his evenings away from home amusing himself, nor is he free to spend his money on his own gratifications, nor is he free to philander around with other women as if he were a bachelor.

When he married he parted with his birthright of freedom for the sake of having a wife and children and home. Unfortunately, many men do not seem to realize this before they marry. Or else they are not willing to pay the price and wench on their bargains. So we have the common spectacle of husbands who have their cake and eat it, too. They use their homes merely as places to eat and sleep and from which they step out to places of amusement. They spend their money on themselves. They have affairs with other women. In every way they arrogate to themselves all the freedom of the single man while they enjoy the blessings of the married man.

But heavens, what a row these free married men would make if their wives claimed similar freedom! What martyrs they would consider themselves if their wives clapped on their hats as soon as dinner was over and went forth to enjoy themselves, and left them to wash the dishes and put the children to bed and spend their evenings waiting for the gay ladies to return home! How quick they would hunt up the nearest divorce lawyer if wife still had an eye out for a good-looking gigolo or stayed downtown to have dinner and dance with a boy friend! They would tell you quickly enough that a wife isn't free to act like a girl bachelor.

But while neither the husband nor the wife is free to do as he or she did before marriage, it is not to be denied that the lack of freedom is one of the main things that is the matter with matrimony. For the desire of personal liberty is the strongest passion of the human heart. From the very beginning of time men and women have fought and bled and died to gain it and accounted no sacrifice too great to achieve it, may be soft and manured, with painted red nails.

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He gazed clouded. He looked puzzled. He put out a hand that was so weak that it fell back again to his side. His lips moved. It was as if he began to say "Cynthia," and had not the strength.

He slept again, then. It was not until next day that he clearly understood that Cynthia was there, but days passed before he could talk. He would lie and watch her moving about the room. She never spoke to him, feeling it better not. More days went by, and then one afternoon, when he had sipped the medicine she pressed to his lips, he managed to speak the first words since the tragedy.

"Cynthia, you—have been here all the time?" His voice seemed to come from very far away. Her cheeks paled, she held the medicine glass very tight against her breast, and smiled and nodded.

"Yes, Peter." He seemed satisfied, as if that were enough to think about for the present. Next afternoon she was reading by the bedside when his hand sought and found her own, and when she looked up with a little start of surprise and embarrassment, he asked another question.

"How long have I been ill," "Oh," and again she smiled, so that each time he spoke he expected that smile, "a long time, Peter. Nearly three weeks already." Again he lapsed into silence. An hour passed, and then there was a disturbance outside, and Cynthia half-rose as she heard a woman's angry voice. It was Peter's wife, who had come many times before and always for money. Cynthia had given one of what she had kept for her needs before Dicky went. She was about to hurry out, now, when Peter called to her. (To be Continued.)

FOR ENERGY...



NB YEAST FLAKES creates a feeling of buoyancy and energy, because it keeps the system healthy. It supplies the body with vitamins necessary to perfect health, and it promotes the natural activity of the intestines, so that there is no sluggishness in ridding the system of poisonous wastes.

NB YEAST FLAKES is best for you, because it is pure, brewers' yeast—the richest of all yeasts in the famous yeast vitamins. Keeps indefinitely. At grocers' and druggists'.



RICH BREWERS YEAST SPECIAL PURE CULTURE (Saccharomyces cerevisiae) CONCENTRATED BREWERS' YEAST

THE NATIONAL BREWERIES LIMITED, MONTREAL. Sales Agents: Harold F. Ritchie & Co. Ltd., 10-18 McCaul St., Toronto

I don't know, unless a man thinks that he is so irresistible to women anyway that they can't resist him, clean or dirty, and that to be well groomed would be like gliding the lily and painting the rose. It is queer that men who set such store on personal appearance and who never want to take a girl out unless she is waved and manicured and powdered and painted and dolled up to the minute are so often so careless of how they look themselves. But they are, and you often see a girl who looks as if she had just walked out of a fashion plate with an escort who looks as if he had just been fished out of the garbage can.

Of course, the real reason behind every man's slouchiness is laziness. It is an effort to shave. It takes time to get his hair cut. He would have to exert himself to keep his shoes shined and his clothes pressed, and he is simply too indolent to do it. It is easier to let things go, and he follows the line of least resistance.

(Continued on page 6)

Daintiness With Chic Styles

ILLUSTRATED DRESSMAKING LESSON FURNISHED WITH EVERY PATTERN

BY ANNABELLE WORTHINGTON

The charm of a jumper dress. Wear it with the gumpe or without it!

The gumpe may have short or long sleeves just as you feel about it.

The pattern also provides for a low sun-out back for this jumper.

Dawn-blue crinkly crepe silk made the original. The gumpe is white crepe, printed in blue.

Style No. 667 is designed in sizes 14, 16, 18, 20 years, 36, 38 and 40 inches bust.

Size 16 requires 2 1/2 yards of 39-inch material for jumper with 1 1/2 yards of 39-inch material for blouse.

Price of Pattern is 15 cents in stamps or coin (cash is preferred.) Wrap coin carefully.

Form with fields for Name, Street Address, City, State

If you wish a beautiful sheet of transfer embroidery containing over 60 designs, send 15 cents additional for pattern No. 2350.

Count teeth with others older than you

Ask those who have ALL their teeth if they ever had gum trouble

"Counting teeth" is not a very popular game. You can't find many people who will play it. There is too much embarrassment in confessing that natural teeth are missing. And there are not so many folks around who can boast two sound and perfect rows of teeth. When teeth begin to "go," you feel that it is a personal failure. And it is. No matter how carefully you brush your teeth, they are never safe unless you care for your gums. Four out of five people past the age of forty have the dreaded gum disease pyorrhea—and pyorrhea takes half of the adult teeth which are lost.



among the few who escape pyorrhea. You can't fool around with pyorrhea, it simply must have professional dental advice about twice a year and when you take up home treatment seriously, it will pay to use a toothpaste invented by a dentist. Dr. K. J. Forhan devoted a lifetime to pyorrhea treatment. His professional formula is used by thousands of dentists and his home formula is embodied in Forhan's Toothpaste. It's the finest toothpaste money can buy, with an extra-protection feature in its special formula. Don't let pyorrhea get started. Use prevention. Use Forhan's. Use it twice a day—old and young. At all drugstores.