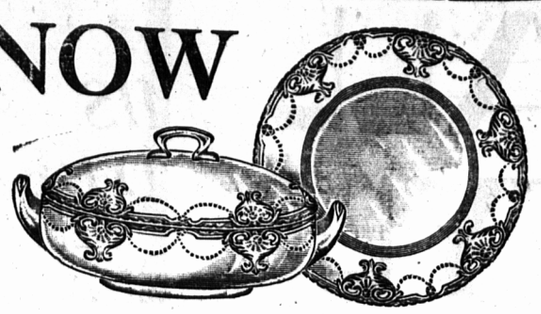
Make Your Selection NOW



# Instalment Club Premium Sale of DINNER-WARE

Starts Friday Sept. 21

Hundreds of people were disappointed last spring when they were too late to take advantage of our Premium Sale of Dinnerware.

Here is your opportunity to make up for that past neglect. The sale is for eight days. 19 patterns to choose from. Terms as low as $1.00 down and $1.00 a week, with your choice of 3 premiums with final payment.

Ends Saturday Sept. 29

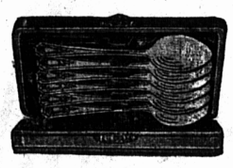
## 19 Patterns to Choose From!

10 patterns of Semi-Porcelain, ranging from $19.25 to $51.50.
5 patterns of Bavarian China, ranging from $32.50 to $48.50.
4 patterns of Elite Limoges China ranging from $49.95 to $78.00.
All sets are 87 piece composition—complet dinner sets.

Buy these sets on the following terms:—
Sets up to $20.00, $1.00 down and $1.00 a week.
Sets up to $30.00, $1.00 down and $1.25 a week.
Sets up to $40.00, $1.00 down and $1.50 a week.
Sets up to $50.00, $1.00 down and $2.00 a week.
Sets over $50.00, $1.00 down and $2.50 a week.

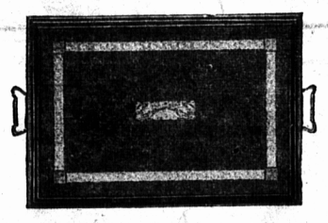
## Premiums for Prompt Payment

REVERSIBLE MOP



NO. 1—REVERSIBLE FLOOR MOP, chemically treated, cotton mop, complete with polished hardwood handle.

NO. 2—6 SILVER PLATED TEASPOONS in nicely lined leather covered case as shown.



NO. 3—SERVING TRAY in mahogany finished wood with imitation inlaid design and plated silver handles.

Your choice of either one of the above premiums given FREE when final instalment has been paid on your Dinner Set.

# HOLMAN'S

CHARLOTTETOWN—SUMMERSIDE

Thurisattue.


### CHOOSING YOUR COSTUME

Five dresses are enough for the average woman. Better have a few excellent gowns than a closetful of ordinary ones. When you are planning your outfit, think first of your color scheme. You are limited in this and should choose only colors becoming to you.

There are two color types, the warm type are those with brown hair and eyes. They have more yellow in their skin and should wear the cool colors: gray, blue, green, and all their shades and combinations. The intermediate colored may select from both types of colors.

From the colors becoming to your type, select a neutral tone of the color you desire, for a background, and a secondary color to brighten, which you will use in small quantities. A blonde might choose gray and green; and a brunette, beige and orange.

When you have chosen your color scheme, stick to it throughout. Suppose it is gray and green. Have a coat of gray, gray hose, shoes, gloves, a gray or a green hat, a gray and green sports suit for morning, business or school, a green afternoon dress for social functions, Sunday afternoon and dress-up, and an evening dress of either gray or both.

No matter how charming a blue hat you find nor how great a bargain it is, don't look at it. It is not for you. You could not wear it with your outfit. The chief delight of the ensemble is its entirety. There must not be the slightest note of any discordant color tone. Even umbrella, purse, slicker, beads, galoshes—everything must harmonize. Then you are quite "It" and may feel at ease.

In selecting your color scheme for the next season, make it harmonize with this, if you would wear your left-overs. Anyway there is little range of colors appropriate to you, for the color of your clothing should be determined by the color of your eyes, hair and skin, and as long as these do not change much, neither should your clothing.

Minard's Liniment for Grippe.

### SEWING MACHINE CARE.

Three-fourths of sewing machine troubles are because the wrong kind of oil for a lubricant has been used. An oil with parafin in it gums up the works. To keep your sewing machine in good order, use on it only oil bought at a store where sewing machines are sold.

If your sewing machine runs heavily, it probably needs a cleaning. You can do this yourself if you have the gumption, plus a crochet hook, a flat brush and an old machine oil can filled with kerosene. The kerosene is not a lubricant, but a cleaner for the gummed up parts.

Spread several layers of newspaper under the machine to catch the dirt. Remove thread, needle, presser foot, shuttle, the needle plate under the presser foot, and brush away all the dust and lint you have exposed.

Tip the machine top back and clean all parts underneath, reaching up into the head of the machine with the crochet hook. Use the kerosene freely to loosen any hardened or gummed oil and to wash out the dirt Turn the wheel so that you will reach every part. Repeat the application of kerosene if necessary until all the parts are perfectly clean.

Lower the top of the machine and clean the balance wheel and bobbin winder in the same way, then tackle the drive wheel and treadle parts. When the machine is thoroughly clean, oil it with the right kind of oil and run it hard for a few minutes to work the oil into all the parts which need it.

Wipe off any excess oil with a soft cloth, and, before you sew on a garment, run a scrap of muslin through to catch the oil which might spot your choice sewing. Keep the machine covered when not in use and it will not give you much trouble after this sort of a cleaning. When the machine is not in use, release the belt, as it tends to stretch if left on the wheels.

The man who sits around and brags of his bravery is the first to break for the woods in time of danger.

### HOT BREADS.

We eat too exclusively white flours, which have been robbed of their mineral salts and our bodies suffer many mysterious ills for the lack of these health giving elements. Corn bread, graham muffins, grain gems and hot breads made from coarse meals are splendid for winter meals and often take the place of meat on the menu.

To vary your usual hot breads, try adding a cup of chopped cooked meat to the recipe. This will add both nourishment and flavor and make a pleasing innovation. Chopped bacon or ham are good, and bacon or ham grease can be used for the shortening. Children will enjoy the use of frank-furters for this. Use the tiny ones, or cut the others in half. Boil them a few minutes first and lay them across the top of your biscuit, gems or corn bread to bake. The dough will rise around them. Raisins or cut dates, figs and cooked prunes are a pleasing and healthful addition to gems and Johnny Cake.

### BROILED STEAK

Steak, to be broiled, should be tender and juicy. A porterhouse or sirloin steak about an inch thick is best for broiling. There are two methods of broiling steak: by direct heat, and in a fry pan.

To broil by direct heat, grease the rounds of the broiling rack, lay the steak on it, and place over live coals, or under an electric grill or gas flame. If a gas oven is used, do not close the door. Sear first on one side and then the other, being careful not to break the tender coating which holds in the juices. After searing, reduce the heat and turn occasionally until cooked as you like it.

To pan broil a steak, grease the pan lightly with beef fat and have it sizzing hot. Lay the steak in it and sear both sides, then reduce the heat and cook until the desired stage. Do not add water, nor use a cover. When done, lay the steak on a hot platter, salt and pepper it and dot with melted butter.

Open secret—the hidden cork screw.

## Central Guardian

**PURCHASERS** of season tickets for Chautauqua may obtain reserve seats at Y. M. C. A.
7850-9-18-3i

**THE FUNERAL** of the late Mrs. Wm Chandler, Mt. Albion, will take place on Friday, Sept. 21st, at 2 o clock.

**RESERVE** seat sale for Chautauqua opens today at Y. M. C. A.
7850-9-18-3i

**POWNAL CIRCUIT** — Services Sunday will be as follows: 11 a. m. Clifton; 2.30 p. m., Mt. Herbert and 7 p. m. Pownal. All are cordially invited.

**BAPTIST SERVICES** North River Field Sunday 23, North River 11 a. m.; Clyde River, 3 p. m.; Kingston 7 p. m. Rev. A. D. Matheson of India will speak at North River and Clyde River.

**DURING SEPTEMBER** we pay freight charges both ways on all orders from P. E. I. We can make your discarded Rugs and Carpets into nice new velvety rugs that cost only half their value and Shampoo Clean your soiled floor coverings, so they will look like new. Send today for Catalogue with price list. Maritime Rug Works, Limited, Saint John, N. B.
7769-9-14-6i

Mrs. J. E. Cantwell and Evelyn Clarke, left yesterday morning on a visit to relatives and friends in Lynn, Mass.

### CHIMES

Many clocks all over the world strike, each quarter hour, with one, two, three and four phrases of an ancient tune of which the origin is unknown. At the hour, they play the whole tune—four phrases. One hears it from church towers and from clocks everywhere—the same tune—and few know anything about its meaning.

These chimes are Westminster chimes and play the tune played by the bells of Westminster Abbey. In ancient times the words of a quaint old prayer were attached to this tune. If you have a clock with Westminster chimes in your home or neighborhood, memorize the words and say them to yourself, line by line-sometimes-as the clock strikes the hour. An expression like this repeated at frequent intervals, is certain to have an uplifting influence on a life. These are thewords:

"Lord, through this hour
Be Thou my guide;
So, by Thy power
No feet shall slide."

### FRUITS WITH MEAT

Turkey with cranberry sauce and pork with apple sauce have been known to us for ages as a proper combination. The richness of the meat seems to demand something tart. But we have failed to realize that almost any meat is improved by combination with fruit, if only a flat tasting meat, like lamb, which calls for currant jelly to give it flavor.

There is hardly any fruit whose succulent juices and piquant flavors is not welcome with almost every meat. Like tomatoes, the acids of fruits help to dissolve the connective tissues which bind the fibres of the meats and so make the meat more tender.

Such fruits as pears, pineapple and apple, may be cut in pieces and cooked with the meat, or may be used as a garnish. Fig, raisin, date or prune sauce go well with meats. A dash of lemon often improves the flavor. Grapefruit pulp or slices of orange are acceptable. Try adding chopped pears or crushed pineapple to your next meat loaf.

### CARE OF LINOLEUM

The waxed, inlaid linoleum may be kept clean by merely dustmopping it. To wax it, put a little wax between the folds of cheesecloth and rub it in well, then polish it with a weighted floor polisher. You can make one for yourself by covering a heavy brick with a thick cloth. Be sparing in your use of wax for if you put on more than you rub in, the floor will be slippery and the surplus wax will collect dirt.

The printed linoleum should be kept well varnished. To give it two coats of waterproof varnish a year is a good way to preserve it. It should be mopped with luke warm water and a mild soap when dirty. When varnishing the linoleum, choose a bright and breezy day when you can leave the doors and windows open and it will dry quickly. Let the first coat dry thoroughly before applying the second. It should be varnished twice a year to keep it from wearing below the surface and erasing the printing.

### WHIPPED CREAM

If your cream will not whip, use a commerical aid to whipping cream. This product will enable you to whip thin cream. Or if you prefer, add the white of an egg to the cream for whipping, and it will whip more easily.

The quiet action of the little wasp is responsible for many a loud word.


## Eats Sauerkraut Now, Feels Years Younger

"Now I eat even sauerkraut and Sausage and feel fine. Adlerika ended stomach gas and I feel 10 years younger."—Mrs. M. Davis.

Just ONE spoonful Adlerika relieves gas and that bloated feeling so that you can eat and sleep well. Acts on BOTH upper and lower bowel and removes old waste matter what you have tried for your stomach and bowels, Adlerika will surprise you. Hughes Drug Co., Ltd.


## Cardigan School Fair

**Class I.—Grains.**

Best sheaf of 100 heads of Oats.—1, Ira McMillan, Corraville; 2, Mary Fogarty, Glenfanning; 3, Cyrus Dockerty, Iona; 4, Helen Moore, Corraville.

Best sheaf of 100 heads of Wheat.—1, Alice Moore, Corraville; 2, Mary Fogarty; 3, Francis McDearmid, Iona; 4, Ira McMillan.

Best 6 ears, Sweet Corn,—1, Isobel Adams, Cardigan.

Best pint of Threshed Beans,—1, Ira McMillan; 2, Lucy Reville, Cardigan; 3, Alice Moore; 4, Mary Fogarty, Glenfanning.

**Class II.—Roots.**

1 peck Green Mountains,—1, Jamie McSwain, Cardigan; 2, Wm. Sullivan, Cardigan Head; 3, Alice Moore; 4, Henry O'Brien, Cardigan North.

1 peck Irish Cobblers,—1, Francis McDearmid; 2, Celena Wilson, Cardigan North; 3, Warren McInnis, Iona; 4, Henry Green, Cardigan North.

Best collection of 3 Turnips, — 1, Francis Landrigan, Glenfanning; 2, James Milson; 3, Helen McAulay, Cardigan; 4, Allan Walsh, Cardigan.

Best collection of 6 Carrots, — 1, Ronan McDonald, Cardigan; 2, Alice Moore; 3, Daniel Walsh, Cardigan; 4, Margaret Reville, Cardigan.

Best collection of 6 Parsnips, — 1, Charles Crawford, Cardigan; 2, Mary McPherson, Martinvale; 3, Lucy Reville; 4, Alice Moore.

**Class III.—Vegetables.**

Best half dozen Green Tomatoes,—1, Charles Crawford; 2, Mary McPherson; 3, Beatrice Green, Cardigan North; 4, Norman McPherson.

Best half doz. Cucumbers,—1, Russel McAulay, Lorne Valley; 2, Daniel Walsh, Cardigan; 3, Allan Walsh; Emmet Rice, Glenfanning.

Best half doz. Beets.—1, Margaret McEachern, Iona; 2, Evelyn Burke, Cardigan North; 3, Lloyd McIntyre, Cardigan; 4, Beatrice Green, Cardigan North.

Best 2 heads Cabbage,—1, Leonard McIntyre, Cardigan; 2, Norman McPherson.

Best Pumpkin,—1, Ira McMillan; 2, Lloyd Warrie, Cardigan; 3, Alice Moore; 4, Jean Buchanan, Cardigan.

**Class IV.—Flowers.**

Best Bouquet Sweet Peas,—1, Gertrude McDonald, Cardigan; 2, Ronan McDonald; 3, Katie McPherson, Iona.

Best bouquet of Mixed Flowers.—1, Margaret McDonald, Cardigan; 2, Minnie McPherson, Martinvale; 3, Annie McPherson, Martinvale; 4, Anna McCannell, Lorne Valley.

Best Potted Geranium,—1, Lucy Reville; 2, Grace Lewis, Cardigan; 3, Agnes Flynn, Iona; 4, Reta Flynn, Iona.

Best Potted Plant, any variety,—1, Lloyd Warrie; 2, Rita Murphy; 3, Jean Buchanan; 4, Grace Lewis.

**Class V.—Fruit.**

Best plate of 6 Apples, Wealthy—1, Teresa Wilson, Cardigan North; 2, Alex. McSwain, Cardigan Head; 3, Neil McCannell, Lorne Valley; 4, Margaret Reville, Cardigan.

Best plate of Red Astrachan Apples, (6)—1, Bert Leard, Lorne Valley; 2, George McCannell, Lorne Valley; 3, Dorothy Leard, Lorne Valley; 4, Teresa Wilson.

Best plate of 10 Plums, Purple,—1, Evelyn Burke; 2, Lucy Reville; 3, Margaret Reville.

Best plate of 10 Apples, Crabs,—1, Neil McCannell; 2, Katie McPherson; 3, Alexander McSwain.

**Class VI.—Canning.**

Best 1 pint Jar String Beans.—1, Katie McPherson; 2, Gudula Donahoe, Cardigan; 3, Florence McPherson, Iona; 4, Lucy Reville.

Best 1 pint Jar Beets.—1, Ethel Shepherd, Cardigan; 2, Gudula Donahoe; 3, Isobel Adams; 4, Lucy Reville, Cardigan.

**Class VII.—Cooking.**

Best White Cake, not iced,—1, Marie Brothers, Cardigan; 2, Gudula Donahoe; 3, Mary Sharkey, Corraville; 4, Lucy Reville.

Best plate of half doz. B. P. Biscuits,—1, Gudula Donahoe; 2, Gertrude McDonald; 3, Isobel Adams; 4, Jennie McAulay, Lorne Valley.

Best plate of 9 Sugar Cookies,—1, Florence McEachern; 2, Evelyn McEachern; 3, Isobel Adams; 4, Kathleen Campbell, Cardigan.

Best plate of Apple Pie.—1, Evelyn Burke; 2, Bessie Buchanan, Cardigan; 3, Dorothy Flynn, Iona; 4, Mary Fogarty.

Best plate of Brown Sugar Fudge —1, Margaret Reville; 2, Mary Sharkey; 3, Margaret McAulay; 4, Jean Buchanan, Cardigan.

**Class VII.—Sewing.**
Division A.—Under 12 years.

Best specimen of Plain Sewing—Handkerchief,—1, Katie McPherson; 2, Marguerite Sharkey, Corraville; 3, Mildred Redmond, Cardigan; 4, Stella Sharkey, Corraville.

Best specimen of Knitting, — 1, Ira McMillan; 2, Marguerite Dixon, Iona; 3, Winnifred Ferguson, Cardigan Head; 4, Stella Sharkey and Mildred Sharkey (equal.)

Miscellaneous Sewing, — 1, Ira McMillan; 2, Alice Moore.

Best specimen of Plain Sewing,—Apron,—1, Bessie Buchanan; 2, Jean Buchanan; 3, Mary Sharkey; 4, Mary S. McIntyre, Cardigan.

Best specimen of Knitting, — 1, Lucy Reville; 2, Mary Fogarty; 3, Florrie McPherson, Iona.

Best specimen of Embroidery,—1, Dorothy Leard; 2, Gudula Donahoe; 3, Helen Moore, Corraville.

Best specimen of Miscellaneous Sewing,—1, Alice Moore; 2, Helen Moore; 3, Gudula Donahoe; 4, Mary McAulay.

**Class IX.—Manual Training.**

Best Milking Stool. — 1, Herbert McDonald, Cardigan; 2, Cyrus Dockerty, Iona.

Best Nail Box,—1, Emmett McGilvary, Glenfanning; 2, William McAulay; 3, Alban Brothers, Cardigan.

Best Bird House,—1, David McDonald, Cardigan.

Best Hammer Handle,—1, Alban Brothers; 2, Cletus Sharkey, Corraville; 3, Herbert McDonald; 4, Wm. McAuluay, Cardigan.

Miscellaneous,—1, Cyrus Dockerty, Iona.

**Class X.—Live Stock and Poultry.**

Best Calf, dairy breed,—1, Francis Landrigan; 2, Gladys Landrigan; 3, Emmett McGilvary, Glenfanning; 4, Stella Sullivan, Cardigan; 5, Evelyn Burke, Cardigan North.

Best Pullet and Cockerel — Plymouth Rock,—1, Warren McInnis; 2, Lloyd Warrie; 3, James Sharkey; 4, Daniel Walsh.

Best Pullet and Cockerel, White Leghorn,—1, Katie McPherson; 2, Arthur Brothers; 3, Allan Walsh.

**Class XI.—Collections.**

10 Noxious Weeds, correctly named and mounted,—1, Iona School; 2, Cardigan School; 3, Cardigan North School; 4, Mary Sharkey, Corraville.

15 Tree Leaves, pressed and mounted,—1, Iona School; 2, Cardigan School; 3, Corraville School; 4, Vera McDonald, Cardigan North.

10 Samples of Wood, bark on one side, planed and named,—1, Forrest McDonald, Cardigan North; 2, Iona School; 3, James Sharkey; 4, Norman McPherson and Norman McLeod (equal.)

10 Insects, correctly named, — 1, Cardigan School; 2, Patrick Sharkey; 3, Iona School; 4, Forrest McDonald, Cardigan North.

**Class XII.—School Work.**

Miscellaneous Pencil Exercise Book, Grades 1 and 2.—1, Irene McPhee, Corraville; 2, Patrick Sharkey; 3, Gladys Redmond; 4, Rita Sullivan. Grades 3 and 4.—1, Margaret Martin; 2, Caroline Wilson; 3, Alexander McDonald; 4, Charles Burke. Grades 5, 6 and 7.—1, Winnifred Freguson; 2, Roderick Martin; 3, Hilda McDonald; 4, Mary McPherson and Marguerite Sharkey. Grades 8, 9 and 10.—1, Marguerite Dixon; 2, Florence McPherson; 3, Agnes Flynn; 4, Annie McPherson.

Best Map of P. E. Island. Grades 5, 6 and 7.—1, Winnifred Ferguson; 2, Marguerite Sharkey; 3, Margaret McAulay; 4, Mary Landrigan. Grades 8, 9 and 10.—1, Norman McPherson; 2, John McDonald; 3, Florence Ferguson; 4, Grace Lewis.

Best Miscellaneous Crayon Drawing, Grade 1, 2 and 3.—1, Mildred Sharkey; 2, Bernard McGilvary; 3, Warren McInnis; 4, Tena McLeod.

Best Flag, in Crayon, Grades 4, 5, 6 and 7.—1, Alexander McSwain; 2, Gordon Scrimgeour; 3, Marguerite Sharkey; 4, Alice Moore.

Best Pencil Drawing, Landscape, Grades 7, 8, 9 and 10.—1, Margaret Reville; 2, Florence McPherson; 3, Marguerite Dixon; 4, James Sharkey, Corraville.

Best Pen Drawing, Grades 7, 8, 9, and 10.—1, Grace Lewis; 2, Vera McDonald; 3, Teresa Wilson; 4, Margaret Sullivan.

Penmanship, Grades 1 and 2.—1, Rita Sullivan; 2, Agnes Quinn; 3, Gladys Redmond; 4, Milton McDonald. Grades 3 and 4.—1, Neil McCannell; 2, Charlie Burke; 3, Margaret Martin; 4, Margaret McEachern. Grades 5, 6 and 7.—1, Mary S. McIntyre; 2, Stella Sullivan; 3, Hilda McDonald; 4, Roderick Martin and Celena Wilson. Grades 8, 9 and 10.—1, Lucy Reville; 2, Vera McDonald; 3, Mary Sharkey; 4, Minnie McPherson.

**Class XIII.—Sports.**

50 yard Dash for Boys under 9 years.—1, Claude Brothers; 2, Warren McInnis; 3, Bernard McGilvary.

75 yard Dash for boys, 9 to 12 years.—1, Anslem Campbell; 2, Wm. Sullivan; 3, George Sullivan; 4, David McDonald.

100 yard Dash for boys over 12 years.—1, John McDonald; 2, James Sharkey; 3, Lloyd McIntyre; 4, Frank McDonald.

50 yard Dash for girls under 9 years.—1, Mary C. McSwain; 2, Catherine Campbell; 3, Rita Sullivan.

75 yard Dash for girls, 9 to 12 yrs. —1, Jennie McAulay; 2, Marion Sullivan; 3, Bertha Hayter.

75 yard Dash for girls over 12 yrs. —1. Lucy Reville; 2, Dorothy Leard; 3, Jean Buchanan; 4, Hilda McGilvary.

3-Legged Race for Boys under 12 years.—1, Lloyd Warrie and John Redmond; 2, George Sullivan and Dan Walsh; 3, Allan Walsh and Willie Sullivan.

3-Legged Race for Boys over 12 years.—1, Bert Leard and Russel McAulay; 2, John McDonald and Lloyd McIntyre; 3, William McAulay and Frank McDonald; 4, Jamie McSwain and Herbert McDonald.

3-Legged Race for Girls.—1, Dorothy Leard and Jennie McAulay; 2, Mary McAulay and Bessie Buchanan; 3, Jean Buchanan and Florence McEachern; 4, Katie McPherson and M. McEachern.

Jockey Race for Boys. — 1, Bert Leard and Russel McAulay; 2, Frank McDonald and William McAulay; 3, John McDonald and Lloyd McIntyre; 4, Jamie McSwain and Herbert McDonald.

Sack Race for Boys.—1, Jamie McSwain; 2, John McDonald; 3, Daniel Walsh; 4, Herbert McDonald.

Wheelbarrow Race for Boys. —1, John McDonald and Lloyd McIntyre; 2, Frank McDonald and Wm. McAulay; 3, Herbert McDonald and Jamie McSwain; 4, John Redmond and Lloyd Warrie.

Backward Race for Boys.—1, John McDonald; 2, Bert Leard; 3, James Sharkey; 4, Russel McAulay.

Leap-frog Race for Boys.—1, John McDonald and Lloyd McIntyre; 2, William McAulay and Frank McDonald; 3, Bert Leard and Daniel Walsh; 4, Herbert McDonald and Jamie McSwain.

Half Mile Race for Boys. Time, 3 min., 7 sec.—1, Lloyd McIntyre; 2, Frank McDonald; 3, James Sharkey; 4, Jamie McSwain.

There was a large crowd of parents and visitors present. The judges were Mr. H. J. Hynes, Supervisor, and Mr. and Mrs. McBeth, of Montague.

The exhibits were numerous and their quality showed the interest of all the pupils in preparing and selecting the best possible articles for their fair.

In the sports competition was keen and everybody was very much interested, especially in the half-mile race, all of which could be seen from the hall.

Eva Millar, a noted high diver, of New York fame, who died recently as a result of a fall from the top platform of a high ladder just as she was ready to dive at the Canadian National Exhibition, Toronto.

# Patons MILLINERY OPENING

—AND—

DISPLAY of NEW FALL FASHIONS

Thursday Afternoon

New Ideas
New Styles
New Shades
New Fabrics

We cordially bid you welcome to this exceptional display—whether to inspct or to select.

A complete showing of the very latest and smartest of the season's creations in Coats, Dresses, Millinery, Silks, Coatings, Hose, Underwear, Silk Window Drapes, Beds and Bedding, etc.

PATONS Limited

"The Whole Town's Talking"