

# Woman's Realm z Social and Personal z Fashions z Literature

## Expressing Our Thanks



THE food business has faced—and will continue to face—great and critical problems brought about by the war. As a major factor in the food industry, General Foods, Limited has had a large measure of responsibility and many problems.

That we have been reasonably successful in distributing our products fairly is not due to our efforts alone. We have had the invaluable help of understanding and patience from the grocery trade and from the public.

May we take this opportunity of thanking and applauding the *Canadian housewife*. Cheerfully, wisely, efficiently, she has met the thousand and one problems of the home. She has kept her family well-nourished in the face of food scarcities, difficult shopping, swing shift and night shift meals.

And our thanks, also, to the *wholesale and retail grocers*. Shortages of goods and of help have made it difficult for them to keep their businesses running smoothly. They have had difficulty getting certain products for you—including some of ours.

We would not miss this opportunity of also expressing our appreciation of the loyalty of the large group of *General Foods employees* who have worked ungrudgingly and faithfully to help overcome our problems. To those of our employees who are serving in the armed forces we extend hearty greetings and look forward to their early return.

Along with our thanks for help in the year past, we ask from public and trade, continued patience with the shortage of some of our products. To all we wish as much happiness as possible... and a much brighter future, soon.

## General Foods, Limited

- |                        |                         |                           |
|------------------------|-------------------------|---------------------------|
| Postum Cereal Beverage | Jell-O                  | Swiss Dessert Cake Flour  |
| Instant Postum         | Jell-O Fruitings        | Colman's Mustard          |
| Crushed Potatoes       | Jell-O Ice Cream Powder | Baker's Breakfast Cocoa   |
| Crushed Potatoes       | Jell-O Dressing Mix     | Baker's Hot Chocolate     |
| Post-Tens              | Jell-O                  | Baker's Premium Chocolate |
| Post's Corn Flakes     | Le-Franco               | Baker's Cocoa             |
| Post's Bran Flakes     | Minute Tapioca          | Maxwell House Coffee      |
| Crushed Potatoes       | La France               | Sanka Coffee              |
| Crushed Potatoes       | Selma                   | Kaffee Hag Coffee         |

## Living & Leisure The Woman's Realm

### CHRISTMAS OBLIGATIONS

By F. R. M. Collier

When the cold comes in December all the feathered folk remember, spruce and beam each invite you to make their Christmas bright. Sunflower disks from harvest bins, and currants, pips and seeds. Dumplings made of suet skins. Welded like to molten beads. Pockanut shells, pudding stuffed. Dainty scraps, in boxes cuffed. All should deck their Christmas trees. For icy blasts in wintry spears of peppery sleet and wicked gusts Anach and spoil their meagre crusts. Ruffled sparrow, small and gay, keep beneath the Christ Child's away. No man dare deny them gifts. To ease the scourge of Arctic drifts. So each and all must fashion

### ANIMALS PROCLAIM THE NATIVITY

God could have provided a palace of gold for the scene of the Nativity. Instead, He chose a cattedled and so honored, fore-forevermore the beasts of the field. It is reasonable to suppose that warm hearts, beating under fur and feathers, were awed at first by the presence of the Holy Infant. For a moment the Manger was hushed and still. Then the animals lifted up their voices and Heaven and Nature sang. An old English broadsheet pictures the Holy Family on the night of the Saviour's birth, surrounded by angels, shepherds and certain birds and beasts with Latin words printed on their lips: The Cock crows, "Christ is born!" (Christus natus est).

### The Raven asks, "When?"

(Quando). The Crow answers, "This night." The Ox moos, "Where?" (Ubi) And the Lamb bleats, "Bethlehem." Kneeling angels gaze in adoration upon the tiny Babe while voice from above chants, "Gloria in Excelsis." Glory Be to God on High. —Brownie Sampall.

### "MERRY CHRISTMAS"

First a Merry Christmas! And then a wish for you That you may feel an extra joy Throughout this season too. Because you do your part to keep Real freedom in all lands, And carry on the finest things For which our nation stands. Everyone should know something about home nursing. Particularly in wartime is this necessary. You can never tell when you will be called upon to save a person's life, and a practical knowledge of nursing is helpful.

### CANDLE IN THE WINDOW

One of the prettiest customs of the Christmas decoration is the use of candles. The original thought was to put a light in the window to guide the Christ Child. Later, carolers stopped to sing before each house with a lighted window. This custom still prevails in

## Dorothy Dix Says—

### SADDEST HUMAN TRAGEDY IS COUPLE WRECKING MARRIAGE

Down-And-Outers Might Have Been Successful If Opportunities Of Youth Were Appreciated

DEAR MISS DIX—I have been married eleven years, but for the past five years my wife and I have been living apart. I am now in the service and the women I have met and the things I have seen have made me wonder what an angel I had for a wife. I would murder the man who would mistreat her. I have tried to tell her how much I love her and how I regret my past conduct, but she says that she could never be a wife to me again as she has ceased to love me and does love someone else. This man has done so much to make her happy and they want to be married. She blames no one for our marriage being a failure, but insists that we married too young.

Our religion forbids divorce, and as she is the only support of her invalid mother she has agreed to let things remain as they are for a time. She offers a prayer every week for my safe return, but my prayer is to die so that she will be free to marry the man who can make her happy. SOLDIER.

WRECKED MARRIAGE IS SADDEST TRAGEDY ANSWER—Few sadder letters have ever come to this column than this one because it tells the futile regret of those who have had a precious treasure in their hands and thrown it away, and who only after it was gone realized its value.

And there are so many of them. So many shabby down-and-out-people, carrying a living out of their families, who would have been prosperous and successful and respected if only they had not let all the opportunities of their youth slip past them. So many bitter and lonely people who might have had companionship if only they had bound those about them to their hearts with little acts of kindness and "meanness." So many parents who have driven their children from them by their parsimonies. So many homes that are wrecked as carelessly as a child knocks down a house of blocks.

And saddest of all human tragedies is the one that we see happening about us every day: husbands and wives wantonly wrecking their marriages. They know that there is no other earthly happiness so satisfying as the companionship of the man and woman who love, trust and respect each other and who share every joy and sorrow. They know that nowhere is such contentment to be found as in a peaceful home, and that no other effort brings such rewards as keeping the home fires burning.

Every marriage should have the old story book ending "and they lived happily ever after." But instead of this happening, one marriage out of every six ends in divorce, and how many others are just a kind of drawn-out misery, only the Recording Angel, who keeps track of our follies and weaknesses, knows.

Perhaps the husband gets a little fed up with domesticity and takes a roaming. Or he thinks that home is a place where a man is free to give rein to his temper and his grouches, and has the privilege of saying things to his wife that he would not dare say to any other woman. Or maybe it is the wife who thinks that marriage gives her the right to go & cunchy and eat onions, or to nag and fret, or perhaps to do a little maintaining and keep on account. But between them they pull down their happiness to the winds, and when it is too late they repent their folly. But they can't undo what they have done. You can't make the vase you have broken whole and beautiful again. You can no more receive a dead love than you can breathe life into a corpse. And that's the heart-break of it.

DEAR MISS DIX—We are a married couple in our early thirties and have been very happy together. Our only trouble is that we cannot have children of our own, and as we both love children very much I have suggested that we adopt a baby but my husband is adamant in his refusal to take anyone else's child. This has caused many tears and much heartache on my part as I want a baby more than anything else in the world. Is there anything I can do to change my husband's point of view, since it is only the fact that he would not be the father of the child that prevents us from adopting one and bringing sunshine and happiness into our lives? BAD BUT HOPEFUL.

COMPROMISE MIGHT WIN OVER HUSBAND ANSWER—Why don't you offer your husband a compromise? Tell him that you know you are making yourself a grocer to him by your continual arguing with him on the baby proposition, and that you suggest that you take a baby on probation, so to speak, for six months. If at the end of that time he is not willing to adopt the child, you agree to give it up and drop the subject.

Inasmuch as he is fond of children, the chances are largely in favor of your winning because babies are cunning little creatures who have a very subtle way of tangling their tiny hands in our heartstrings. If however, on the other hand, he still isn't willing to take someone else's child to rear a grip on yourself and do not let your baby amuse him as the old proverb says, but a husband is also a desirable adjunct in one. Don't forget that.

Just now when there are as many thousands of war babies being born, whose mother will be unable to take care of them, offers a large choice for anyone looking for a child to adopt. These babies, the children of your own strong parents should, at least be healthy, and certainly no one could do a more patriotic duty than to take one and give it a name and a home and a conscientious rearing.

DEAR MISS DIX—What do you think of promiscuous petting? If you were a man, would you trust a girl who does it? I am going with a girl and like her very much, but she is known to be a petter, so I feel doubtful about her affection for me and keep thinking of the other men she has pretended to love. Do you think she would make a formidable wife? ANXIOUS

ANSWER—I think promiscuous petting is common and vulgar and that no girl who has any delicacy of feeling will do it. Can you tell me who lets any man manhandle her wouldn't make the kind of a wife whose husband could put much faith in her.

MANY PLACES. Candles, add much to the looks of a Christmas table. They are easy to burn, and in place and make the Christmas tree a thing of magic, and electric lights in the form of candles make it safe.

## THE COOK'S CORNER

### SHORT-CUT FRUIT CAKE

A last-minute-before-Christmas fruit cake can be made in short order using green tomato or other ingredients, according to the following recipe: Two-thirds cup fat 1 teaspoon vanilla One-third cup marmalade or jelly 3 eggs 2/3 cups sifted all-purpose flour 1/2 teaspoon baking powder 1/2 teaspoon soda 1/2 teaspoon salt 1 cup raisins 1 cup chopped nuts 1 pound green tomato or other ingredients Blend together fat and vanilla. Gradually add sugar and marmalade or jelly, creaming after each addition. Add eggs one at a time, beating well after each addition. Sift together flour, baking powder, soda and salt. Combine a cup of the dry ingredients with raisins and nuts. Add remaining dry ingredients alternately with marmalade to the creamed mixture, beginning and ending with dry ingredients. Add raisins and nut mixture. Pour into a greased loaf pan. Bake in slow oven at 325 degrees for 1 1/2 hours. Cool 1/2 hour before removing from pan. Makes a 2-pound cake that has splendid keeping qualities.

### CHRISTMAS COCKTAIL

Four cups cranberries, 4 1/2 cups water, 1/2 cup sugar, 1 teaspoon orange rind. Pick over the cranberries, then wash well. Place berries in a saucepan, add cold water and bring slowly to the boil. Simmer until tender. Strain through a cheesecloth. Add the sugar and orange rind to this juice and simmer 5 minutes longer. Chill thoroughly and serve in cocktail glasses with hors d'oeuvres. If desired, rum or ale may be added, just before serving.

### MITTENS EASY TO KNIT ARE MOST ATTRACTIVE



DESIGN NO. 1225

These gay mittens done in floral design are easy knitting tricks. Design No. 1225 contains complete instructions.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlotetown Guardian. Design No. 1225 NAME \_\_\_\_\_ STREET ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ PROVINCE \_\_\_\_\_



# New!

## FLAVOR-TIGHT

### REGULAR GRIND PERCOLATOR

# KING COLE COFFEE

## HELPS KEEP COFFEE FLAVORFUL AND FRESH

The new war-time container for KING COLE Coffee is colorful, attractive and convenient for you to use. But the best thing about it is that it will help keep KING COLE Coffee at the peak of freshness—rich in flavor and aroma—the way you like it best. Buy KING COLE in this new container—and enjoy the enticing flavor only freshness gives.

# KING COLE COFFEE

### FIND TANTALITE DEPOSIT

GEORGETOWN, British Guiana (CP)—The discovery of a deposit of tantalite is reported. Tantalite is a mineral used chiefly for the manufacture of an incandescent filament for electric lamps.

## Needlecraft For The Home

### CHRISTMAS APRONS

Three aprons that require only a yard of fabric apiece, make wonderful gifts for your friends. They are so easy to make that you will have several in no time. No. 3469 requires 1 yard 35-inch fabric, 6 1/2 yards braid. No. 2468 requires 1 yard 35-inch fabric, 2 1/2 yards binding. No. 3461 requires 1 yard 35-inch fabric, 2 1/4 yards binding. Send 20 cents for PATTERN, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish. Address, Pattern Department the Charlotetown Guardian.

Name \_\_\_\_\_ Street Address \_\_\_\_\_ City \_\_\_\_\_ Province \_\_\_\_\_

### A Morning Smile

A Lancashire man, who had made his million, took his son to a famous teacher of elocution in London to be taught a refined English accent. Two months later he called on the teacher and said, "Well, 'ow's 'e doin'?" and said, "Well, 'e's 'e doin'?" "Ee," replied the teacher, "'e's doin' champion, 'on 'is-ad o' thine!" "Do you remember Mrs. Smith?" "I can't say I do." "You must remember her! She was the plainest girl in the village. But I forgot—that was after you



3 Aprons Each from a Yard of 35 in. Fabric

3469 ALL APRONS IN ONE SIZE ONLY

3468

3451

## A MEAL in ITSELF

# FRY'S COCOA

A Cup of Fry's is A Cup of Food