

Woman's Realm / Social and Personal / Fashions / Literature

THE HOUSEWIFE - AND - HER ACTIVITIES

CAN LIFE BE PERFECT?

A little path that winds and turns... A little light, perhaps a star! A tiny bit of drifting cloud...

FASHION FLASHES

Embroideries are being used even on shoes this winter... A dusty pink hoop skirt velvet gown with a four-tiered skirt has a bodice shirred vertically at the front and snugly fitted...

A brown net gown had a billow skirt, ornamented by gold sequin applique in a leaf design. Diamond earrings, brooch and clip were worn with it.

One unusual jacket costume combining black sheer wool with black Persian lamb had a wind-breaker jacket of the Persian with the Persian picked up again in an enormous muff and in the edging of a shako. American beauty deerskin long gauntlet gloves, a ruby and diamond brooch and ring added a colorful note.

Two men crashed down a perpendicular rambler's Sask.

ROOF INSULATION To reduce the heat absorption of roofs which are covered with a bituminous preparation it is suggested that a small amount of aluminum powder be dusted over the surface of the newly brushed-on roof coating...

THE COOK'S CORNER

FRUIT DUMPLINGS (5 SERVINGS)

Sauce: One and a half cups of liquid (fruit juice and water), half cup brown sugar, 1 tablespoon butter, 1-8 teaspoon salt.

Dough: One cup sifted flour, 2 teaspoons baking powder, 1-4 teaspoon salt, 1 tablespoon sugar, 1-8 teaspoon butter, 2 tablespoons butter, 1-4 cup milk, half cup of drained canned fruit.

Sift dry ingredients together. Cut in the butter. Add the milk and fruit, stirring quickly to make a stiff dough. Drop by spoonfuls into the boiling sauce.

Cover tightly and boil gently for 15 minutes without removing the cover. Through the transparent glass saucpan and cover the progress of the cooking can be easily observed. Serve dumplings immediately in the same dish. Grand eating.

Household Scrapbook

Baby's Toys

The baby's toys and playthings by a string to the arms of the highchair. The baby will soon find out he can pull the toys up by the strings and this will save the mother endless stooping.

Fresh Cheese

Often times a large piece of cheese has been thrown away because of the fact that the outside of the cheese becomes dry and hard. To prevent this, spread the cheese quite thinly with butter, and it will keep just right and not lose its flavor.

Clean Photographs

Photographs can be cleaned by wiping delicately with a piece of soft linen dipped into a weak solution of ammonia.

Modern Etiquette

Q. If a girl is going with a young man, and she earns as much money as he does and wants to pay for part of the entertainment, how should she manage it?

A. A man with any pride would resent such an offer. If the man is willing for the girl to share the expenses, it doesn't seem to matter much how she goes about it; probably slip the money into his hand when no one is looking.

Q. When several different wedding showers are given for the same bride-elect, is it necessary to give a gift each time?

A. Yes; this is expected. Q. Is it permissible to break bread or crackers into the bowl of soup?

A. No; this should not be done.

For New Pep and Energy

Dr. Chase's Nerve Food

Dear Dorothy Dix—I am 40 years old and weigh 240 pounds. My husband has begged me to diet but I cannot do it. I love to eat and only go to my friends' homes when they invite me to a big dinner...

ANSWER: You can probably make up with your friend by apologizing for your rudeness, especially if you will explain to her that it was inspired by your being envious of her slim and attractive figure and her youthfulness. That is a compliment that would butter any feminine parsnip.

The problem as to how you are to regain your attractiveness in your husband's eyes is more difficult to solve. For you admit that a woman who weighs 240 pounds has little physical allure, except for Orientals, whose taste run to fat instead of bone, as well as Westerners.

The dieting that would have been effective twenty years ago in maintaining a willowy figure is not to be thought of now. It would not only be hazardous to your health, but also ruinous to such good looks as you have left, for when those who have been stout for a long time you must have left in folds upon them. It ages them until they look almost prehistoric. In addition, it ruins their dispositions and makes them so unpleasant to live with that their families and friends treat them to return once more to their chocolate creams and amiability and let the scales go hang.

The most that you can do is to cut down on your sweets and starches and fats enough to keep from gaining any more and put in the remainder of your energies in keeping yourself neat, well-groomed and well-dressed; in making yourself so interesting, pleasant and agreeable that nobody will care whether you have a string-bean figure or are an undestudy of a haystack.

In the matter of personal appearance, preparedness is the word for every woman. There are lots of things she can do about her looks if she begins in time, but that are unchangeable if she waits too long. Any woman who starts at 20 to keep her girlish figure can do it by counting her calories and controlling her appetite, but she can't gorge herself until she is middle-aged and then expect to look like a flapper and ill-groomed and suddenly turn into a fashion plate. Nor can she let her mind go to seed and then expect to reap a harvest of brilliance. All of these things which we call personality are built up through the years until they become a part of us. And our husbands and our friends have the picture of us as being attractive or unattractive so firmly fixed in their minds that we cannot change it.

It is important now, as never before, for the wife who wants to hold her husband to keep herself attractive because every man works side by side with pretty, smart, well-dressed girls with whom the sloppy wife is inevitably brought into comparison, which bodes her no good.

Dear Miss Dix—I am a young married woman with a baby 6 months old. My husband is a traveling salesman who goes from one town to another, sometimes staying a month in one place while he works that territory. Even with his car he is unable to get home often as he has to drive more than 150 miles each way. Now what we are thinking of doing is giving up the house we rent and buying a trailer so that the baby and I can go with him. We think in that way we can have a home I can give him better food to eat and we can be together. Do you think the plan will work? I daydream about it all the time, but haven't the nerve to go ahead. UNDECIDED.

ANSWER: I think it is a dandy plan. I don't see any reason why it won't work. I live on what you might call the trailer's trail and every day I go by camps that are filled with trailer folks who seem to be having a delightful carefree time.

Your scheme gives a chance to be with your husband and that means such a lot when a couple are young and when they should be growing together instead of learning to do without each other, as they do if they are much separated. And certainly it will do your husband good to have regular meals, well cooked, and his baby to play with of an evening instead of living the unsettled way he does now.

But don't become a trailer unless you have a drop of gypsy blood in you. If you are one of the ultra-domestic women who must have everything just so and disinterested with monogams on them to be happy, you had best stay put in a regular house that isn't on wheels.

Dear Dorothy Dix—I have been engaged to a young man for a long time. We want to get married, but as my father is dead I am the sole support of my family. I cannot leave them and he refuses to let me regular meals, well cooked, and his baby to play with of an evening instead of living the unsettled way he does now.

ANSWER: No girl is ever put in a more tragical situation than the one who is called upon to decide between her love for a man and her love for her family. On the one side is her own life's happiness, and on the other she chooses means a heart-break for her.

I cannot decide the question for you. I can only wish that there would be a little more co-operation between those who should consider your happiness a little as well as their own. I think that your mother and her selfish brother should help support them instead of dumping the whole burden on you and that your fiancé might swallow his own pride and prejudice and let you continue working after marriage as long as your family needs help so badly.

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Dorothy Dix's Letter Box

A Wife Should Never Let Down in Her Efforts to Retain Her Youthful Figure, Looks and Keen Mind. She is Always Being Compared With Other Women

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AVOID EVERY COLD YOU CAN

TRY THIS QUICK EASY WAY

At the first warning sniffle or sneeze—just put a few drops of Vicks Vapo-r-nol up each nostril immediately. It helps to prevent many colds from developing.

And What's More—even when your head feels all stopped up from a neglected cold—Vapo-r-nol quickly clears away clogging mucus, reduces swollen membranes, helps to keep sinuses from being blocked by the cold—lets you breathe again!

VICKS VAPOR-NOL

For 24 Years Vicks Advertising has been passed upon by a Board of Physicians.

To-Day's Popular Design

By Carol Aimes

MISS ALMES receives at least 200 votes for each design before it is accepted for this column. Send us your votes. We print all the popular designs.

Dear Readers: The popularity of the jumper has carried over from last season. This is the fall version of that very practical vogue. We have had no end of requests for it and have designed it both for comfort and real style. The skirt is stocking stitch. The sleeves and back of the jumper are stocking stitch using one color. The front of the jumper repeats the color of the suit but has a dark horizontal stripe. Lovely in soft blue, grey or beige with deeper blue, brick or brown stripes. The pattern includes easy-to-follow instructions for sizes 34, 36, 38 and 40, material requirements and all directions for finishing. Send 20 cents, coins preferred.

Pattern Order Form—To be used when ordering Patterns and Voting for POPULAR DESIGNS.

To The Charlottetown Guardian Needlework Dept.

DESIGN NO. 657. SIZE

Name

Street Address

POPULAR DESIGN

I suggest the following as a

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Bad Manners Annoy Table Companions

A Morning Smile

STOMACH TROUBLES Often Due To Constipation

HOW TO GET WELL

BEANS... flavored with delicious BEMA MOLASSES

Use Minards for dandruff.

DR. HAMILTON'S PILLS for INDIGESTION

EDISON MAZDA Lamps

FOR BETTER LIGHT - BETTER SIGHT - USE EDISON MAZDA Lamps

Guard precious young eyes with adequate light from dependable Edison Mazda Lamps. For close work use 100 watt size, now 25c.

MADE IN CANADA

FOR BETTER LIGHT - BETTER SIGHT - USE EDISON MAZDA Lamps

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Every Day Styles

For The Home Sewer

There's much to recommend skirts and blouses to start off fall for town or suburban wear. A pleated skirt gives endless variety to your wardrobe at a budget price. The pattern includes both the gored sports type and the plaited model.

Make either in moirone or in plaid woolen! Wear them with all your sweaters, blouses and wool or velvet jackets. The gored skirt is very smart too in pin wale corduroy velvet. You find them so easy to make you'll want the pattern for "keeps" to use over and over again.

Style No. 3407 is designed for sizes 12, 14, 16, 18, 20 years, 30, 32, 34, 36, 38 and 40-inches bust; or 24, 26, 30, 32 and 34-inches waist. Size 16 or 28-inch waist requires 3 1/2 yards of 54-inch material for pleated skirt; and 1 3/4 yards of 54-inch material for gored skirt.

Send fifteen cents (15c) in stamps or coin (coin preferred) wrap coin carefully address to Charlottetown, P.E.I.

Style No. 3407 Size... ..

Name

Street Address

City

Province

Brown wool was chosen for the dirndl frock worn beneath a soft beaver bolero jacket. The upswart brim of the accompanying brown felt hat was also edged in the beaver. A black nubby wool coat was paneled at the centre front in sable martin and worn with pink brown gloves and a red plumed black antelope high rising

2 SKIRTS 3407

BEANS... flavored with delicious BEMA MOLASSES

• The next time you prepare baked beans, try them with a flavoring of BEMA Extra Fancy Table Molasses. You'll be delighted with the extra deliciousness it gives them and the added appeal to grown-ups and young folks, too.

Use BEMA Extra Fancy Table Molasses in your cakes, muffins, cookies, etc., as well as a spread for bread. It's a pure, palatable food, rich in body-building vitamins.

SOLD IN BULK AT YOUR GROCER'S

THE ORIGINAL PRODUCT - NOT A BLEND

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