

THE CHARLOTTETOWN GUARDIAN

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POLITICAL IMMORALITY

The federal election of last October has left behind it evidences of political immorality such as Canada had never before witnessed...

The deputy returning officer who officiated at the Peace River poll at the last general election was, last Thursday, given five years in the penitentiary with hard labor for glaring offences in the performance of his "duties."

Only a few days previously, Mr. Justice Ives of Alberta sentenced two deputy-returning officers of the Athabasca riding to two years imprisonment in the penitentiary and delivered a severe criticism of the Dominion Government's choice of a returning officer for the district. One of the two deputy-returning officers had been found guilty by a jury of initiating the ballot papers other than those which he had stuffed in the ballot box.

Mr. Justice Ives observed: "You are of no more use than a wooden Indian on that job, and if I were you I would resign or you will find yourself in trouble one of these days. These three men shared in the conduct of the election in which Mr. C. W. Cross, Liberal, was declared to have been duly elected. In the Peace River, constabulary, a man who acted as deputy-returning officer at poll Your, Brule River, has been charged with destroying ballot papers, putting in the ballot box papers other than those authorized and improperly initiating papers purporting to be ballot papers. In the Peace River district, D. M. Kennedy, the Progressive candidate, was declared elected. In poll four, Brule River, the result of the polling was reported to have been 127 votes for W. Rae, Liberal, 21 votes for J. A. Collins, Conservative, and 12 votes for Mr. Kennedy. At the trial of the charges against the Brule River deputy-returning officer, 106 witnesses swore that they had voted in the Brule River subdivision and had marked their ballots for the Conservative candidate. One witness testified that he had been handed a ballot paper that appeared to have been spotted by a mark made with an indelible pencil. He had demanded and obtained another ballot.

Mr. Justice Ives, in sentencing the two Athabasca deputy-returning officers, said that they had been guilty of offences amounting virtually to theft of the franchise from the public, and that a continuance of such practices would mean the end of democracy in Canada. He was justified in making those statements.

The charges made and the evidence given concerning the conduct of the last Dominion election by Liberal officers in Athabasca and Peace River" says a Toronto exchange, are reminiscent of charges laid and testimony given in certain Ontario cases in the last years of a period of Liberal rule in this

Notes by the Way

Shortly after it was announced that Mr. Joseph Daoust was to be a member of the Advisory Tariff Board that gentleman gave an interview in which he expressed protectionist opinions. In a subsequent interview he modified these views somewhat. This is read as the probable result of the strong disfavor with which Mr. Daoust's first reported interview was received in ministerial circles at Ottawa and Conservative members are predicting that the appointment will not be confirmed and may probably be cancelled. It is quite apparent that no outspoken protectionist is wanted by the Government on the Board, but it would create an awkward situation if Mr. Daoust were dropped after his appointment had been announced in Parliament.

A tariff board should be made up of capable men who are well versed in fiscal matters and who would be free to advise the Government according to their best judgment without partisanship, fear or favor. A board that would merely advise the Government in line with what it intends to do would be entirely useless except as an outwork for defense. It has been given out that the Finance Minister "will have the last word" after the Tariff Board offers its advice which really means that it is not bound by the recommendations of the Board in any way.

Mr. Daoust has been indiscreet from the standpoint of his own interest. He has placed a good salary prospect in some peril, but Quebec has enough Liberal members in the House of Commons to save him with the aid of his partial recantation which can be made stronger if needs be, publicly or privately, if necessary. Some day not very far in the future it will come to a clinch between Quebec and the Free Traders beyond the Lakes. If Daoust should be turned down now it may hasten the day.

A shrewd Maritime member of Parliament has expressed the opinion that the King Government will hold on through the session and that there will be no general election this year; that the Progressives are getting all they ask for from Ottawa and are very desirous to hold their seats as long as they can, realizing that few of them would come back after another election; that Mr. Forke's prediction that they would come back stronger is only empty bluff and their best hope would be to return as a party of ten to fifteen at the most.

It is no new thing that there is talk of tax reduction at Ottawa. That sort of thing has gone on for years, but has always ended as it began. In talk. This year the country was led to expect a considerable reduction in the income tax. It has been so much higher in Canada than across the border that it has proved to be a serious stimulant to the exodus and some relief has become imperative, but the latest telegraphic news from Ottawa intimates that it is unlikely that there will be any change in the general income tax.

Of course nothing definite can be known until the budget is brought down, and that date is not yet fixed. What is known is that the Progressives are opposed to present reduction in that direction and they hold command in this as in other matters. The Forke is a formidable weapon. Its sharp prongs can be very effective in prodding and the handle serves readily as a bludgeon in case of emergency. "Co-operation" is the pretty name given to such little encounters behind the curtain in which the surrender of the Government is always inevitable.

All the while Uncle Sam has been stealing more and more water from the Great Lakes and enlarging the flow of the Mississippi; our customs revenue has been stolen by smugglers and honest manufacturers and importers cheated out of legitimate business, while two seats in Parliament, Liberal and Progressive, appear to have been gained by gross irregularities. These are matters that cannot be pleasing or satisfactory to the

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That Body of Ours

By James W. Barlow, M.D.

TWO STRIKING STATEMENTS.

Dr. Robt. McGarrison, for many years a physician in India, states that he has never seen a case of cancer, appendicitis, constipation, or other stomach or intestinal trouble among the natives who live on purely fruit and vegetable diet.

This statement is true and is often quoted. The idea of course that meat may be the cause of cancer. And just as we are about to accept this along comes the explorer, Stefansson, who after 11 1/2 years to the Far North reports he has never seen a case of cancer among the Eskimos, who live on 100% meat diet.

Immediately this would seem to destroy the argument of our vegetarian friends. And yet these two opposite statements would go to prove, what that celebrated British surgeon Sir Arbuthnot Lane attempts to prove that constipation is really the cause of cancer.

And those other research men, Gye and Bernard, working on cancer emphasize the fact that cancer is more frequent in these tissues, the resistance of which have been lowered by poisons from a sluggish intestine.

When an X ray is made of these folks after a bismuth meal, it will be found often that the large intestine is dilated, hangs low in the abdomen, and doesn't empty itself for many hours after the wastes should really be out of the body.

Sometimes the liver and gall bladder are slow in action, the bile doesn't get into the intestine to stimulate the action of intestine, and substances on which the bile should act, fail to injure sufficient quantity to render injurious matter harmless.

Now how does this cause cancer? Every cancer research man admits that irritation causes cancer. Not necessarily hard substances, but the irritating action of the bile, the tissue, but the poisonous substances in the blood irritate these superficial cells and cause them to increase in enormous numbers. So that while it may be neither meat nor vegetables that cause cancer, too much food, or not getting rid of the wastes from food, might certainly have something to do with it.

The Public Forum

This column is open for the discussion by correspondents of questions of interest. The Charlottetown Guardian does not necessarily endorse the opinions of correspondents.

FINANCIERS DIFFER

Sir.—What will the Patriot and Mr. Saunders have to say regarding the following cable from London: "London, March 31.—An apparent deficit of \$41,000,000, but an actual surplus of \$26,000,000 is shown in the revenue returns issued tonight for the budget year which closed today."

It appears the British provision for Sinking Fund is 50 million pounds, but last year 44 million of it was used to pay the coal subsidy leaving 36 millions to the good. Over in London it seems they may have an apparent deficit and yet have a 36 million pound surplus.

In like manner P. E. I. had an apparent deficit last year of \$65,791 but that is reduced by sinking funds and other funds raised and written on the public debt which reduced the deficit to \$14,303. How similar the British and Premier Stewart's ways of financing are! If the British too are in error Mr. Saunders should lose no time in going over to straighten matters out in London.

I am, Sir, etc., H. A. McPHEE.

Further sessions would be considered as illegal and treated accordingly.

A woman, Malvina Freglioli, and a workman, Egidio Frattini, were sentenced to eight months imprisonment each in Florence yesterday for uttering offensive remarks about Premier Mussolini.

In Milan, on a similar charge Cesare Gittardi was sentenced to six months. He pleaded not guilty, saying he had only told of reading in a Paris newspaper a facsimile of Mussolini's order of reprisal against a prominent member of the Opposition, who recently died in Paris from the effects of these police persecutions.

The Progress of Medical Science

(Continued from page two)

ductless glands such as the Pituitary, suprarenal and ovaries are so intimately connected and in many cases overlapping that up to the present, attempts to disentangle them have been unsuccessful and extracts from these glands have not given the results hoped for.

Our Food. Our bodies, as you are aware, are remarkably intricate mechanisms with their own multifarious systems of chemical laboratories attached, all busy, some converting the materials provided into fuel for the driving of the mechanism, others clearing off waste products and building up new tissues. It is therefore very necessary that we supply the material in the form of food sufficient, not only in quantity but also in quality.

About 1850, Jakob Moleschott expressed his materialistic philosophy in one terse sentence "Man is what he eats." On account of this ill-fated phrase he lost the chair of physiology and anatomy at the University of Heidelberg. The theologians of the day predicted moral chaos if such an idea were accepted. But in a very important sense this statement is true. A man's stature, his physical well being, consequently his mental capacity and even his moral and spiritual fibre are profoundly influenced by the food he eats.

In this temperate climate, where we have a sufficient variety of food for our needs, substituted, through our modern transportation facilities, by food products from every part of the world, we may not realize what the absence of the different necessary elements of diet means. The Eskimo of the far north living chiefly on fat and fish and the natives of the tropics largely on plants, have an equally inadequate one-sided diet. This causes a poorly developed body, prone to disease and premature death.

Professor Bender of New York University in his "Health and Social Progress" makes the interesting assertion that the main reason for the periodic migration of northern people to the south temperate zone (not the tropics) in earlier centuries, was the search for a mixed diet. Also that civilization grew up where such diets could be had for instance, as in Egypt, Palestine and Mesopotamia, followed by a gradual deterioration due to animal diseases. Be this as it may, it is an undisputed fact that the food factor at least holds a place of equal importance with climate and endemic disease as a cause of the growth and decay of civilizations.

There are five basic elements necessary to a well balanced diet. Proteins, Carbohydrates, Fat, Inorganic Salts and Vitamins. Sugar, which we call carbohydrates, and fats correspond to the fuel of the engine. The Protein and some mineral matters, to the materials of which the motor is made. Other mineral matters to the lubricant; and lastly, the Vitamins to the ignition sparks, whose energy is insignificant, but without which the engine cannot run.

The discovery of the vitamins element of food is of comparatively recent date. Up to the latter part of the nineteenth century two diseases were very prevalent throughout the world. The cause of these was unknown although they appeared to have some relation to the quality of available diet. The diseases were, first Beri Beri, occurring in southern Asia and the East Indies, and secondly, Scurvy, which was prevalent particularly in the crews of sailing vessels, where salted meats and other preserved foods comprised the only available diet for months at a time. You will remember that the crew of Columbus' vessel was decimated by this scourge. One can well imagine the crew in a state of mutiny after living on bread and salt pork for two or three months with their companions dying around them. It is also easy to picture their great joy when the sight of the luxuriant land assured them of an abundant supply of fresh food.

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The Modern Physician's Advantages. The doctor of the present day is indeed fortunate in comparison with his brother of earlier times, not only in the accumulation of knowledge as to the cause and treatment of disease, but also in the great abundance of artificial aids which he may utilize for determining the cause and subsequent treatment of the individual case. He has delved into the sciences of Chemistry and Physics and moulded to his needs many of the great discoveries in these fields. Instead of depending entirely on his own five senses in order to guess at what is going on inside the patient's body, he can employ the great galaxy of methods for determining many conditions accurately. Chemistry has shown him how to analyze the income of the body and also to analyze its output, and so learn much concerning what is going on inside; to analyze the blood and so determine whether its constituents are normal or on the other hand whether various substances are present in excess due to diseased condition of one or more organs. He may determine the relative number of red and white corpuscles also the coloring matter (haemoglobin) of the blood, giving him a clue to diseases such as the Anemias and Leukemias. He utilizes tests for detecting the presence of numerous parasitic and bacterial organisms in the blood, such as Syphilis, Typhoid, Malaria, etc. He is enabled to inject various aniline dye derivatives into the blood, which he knows are excreted by definite organs and so enables him to determine the function of a particular organ, such as Kidney, liver and gall bladder. He also uses others of these aniline dye derivatives for injecting into the tissues or blood to kill off an invading bacteria. Physics has given him the X-ray to detect a broken bone or foreign body, to look into the chest and note the conditions of lung and

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Daily Selections FOR Guardian Readers

April 6, 1926

GREAT PROMISES.—"And ye shall serve the Lord your God, and he shall bless thy bread, and thy water; and I will take sickness away from the midst of thee." Ex. 23:25.

PRAYER.—Keep us Lord, ever as the apple of Thine eye.

LAD APRIL

April is no lady! April is a boy. Wearing torn green trousers Made of corduroy!

Whistling through the woodland, Cheerily he goes. Nothing but the brown dust Covering his toes.

Lad, he cuts a slingshot Out of tough green wood, Shoots at all the squirrels In the neighborhood.

Clambers in the treetops, Swings across the air. Never hurts a robin Or a bluebird there.

April goes a-fishing With a small green rod. No one else goes with him— Only, maybe, God.

KATHRYN WORTH

Italian Societies Suppressed For Anti-Fascism

CHIASSO, Switzerland, April 4.—The most important of Italian academies of art and science, the Accademia Dei Lincei, will soon be dissolved because in the opinion of the Cabinet the institution has become a hot bed of anti-Fascist sedition.

For similar reasons the Italian Society for Scientific Progress and other cultural organizations will also incur Fascist ex-communication. Still another attack was made against scholastic liberty by the Fascist yesterday. The Congress of Italian Professors of Philosophy, which had been debating for three days in the hall of the University of Milan was dispersed by Government order. These remarkable measures followed, the correspondent is informed, a confidential report from Milan's Prefect of Police to Minister of the Interior Federzoni that the philosophical arguments of the professors were in the prefect's opinion all anti-Fascist in tone. Three detectives, one disguised as an undergraduate and the other two as teachers, attended the meetings and took shorthand notes of the speeches. On the basis of their report the prefect summoned the chairman of the Congress to his office and told him that any