

Woman's Realm / Social and Personal / Fashions / Literature

Living & Leisure THE WOMAN'S REALM

From like two little bank-dividing brooks.
What wash the pebbles with their wanton streams,
Meet both at length in silver-breasted Thames,
Where in a greater current they conjoin;
So I my Best-Beloved's arm; so He is mine.
—Francis Quarles.

The housewife who does much baking will find it convenient to have her mixing surface 32 or 34 inches from the floor, depending on her height and the length of her arms.

Young growing plants require re-potting when they have formed a "root ball" or the close network of roots inside the pot. To find out if the ball has formed, knock the plant out of the pot by placing the stem between the index and the second finger of the left hand, inverting the pot and knocking the rim rather sharply against the edge of a bench or an old chair. The ball of soil will come out of the pot most readily when it is quite moist.

Never cut it out with a knife as this may injure many of the roots.

A useful gadget for sowing seeds indoors in a small sieve made of ordinary screening. Make one yourself by using a little box without a bottom and covering one side with ordinary dove screen. The particular use for this screen sieve is to cover seeds in your seed flats.

When sowing seed, press the soil down firmly. A small piece of board is best for this. Then make tiny rows with a lead pencil or a match. Instead of trying to cover the seed by filling in the rows, lift loam lightly over the entire flat.

When a cineraria plant shows

signs of withering, stop watering it and let it go to seed. As the flower dries, gather the seeds and save them for future planting.

POOR POSTURE SPOILS POISE

Barometer of your poise is your ability to sit gracefully. Jerky movements and nervous mannerisms, such as foot tapping, foot twisting or tugging at clothes, indicate a lack of self-confidence. You'll look bored and ungainly if you drop into a chair like a dead-weight, slump back against the cushions and sling one leg over the other.

What promotes a poised and graceful appearance are smooth, disciplined movements. To sit gracefully, keep one foot a normal step length directly behind the other, turn on the balls of the feet and lower your body slowly into the chair. This controlled motion not only seats you with a minimum of jolting, but it encourages clothes to fall in graceful folds instead of bunching up underneath you.

Sit so that hips touch the back of the chair. This position permits you to lean back comfortably without slumping. Knees, ankles and feet of course, should be kept close together. If you cross your legs, cross them high enough so that the foot of the crossed leg points down to the floor.

When you rise don't hoist yourself out of the chair with your arms. Instead, lean forward from the hips, distribute your weight on both feet and let your leg muscles push you up.

EARLY AIR-CONDITIONING

About 500 years ago slaves in a rajah's palace in India threw water on a curtain of reeds hung across an opening in a wall and achieved a primitive type of air-conditioning.

CHECK WINTER COLDS

Father John's Medicine not only relieves colds. It also builds up inner resistance against repeated attacks. At the first sign of a cold start to fight it and fortify your system as well with Father John's Medicine.



Household Scrapbook

By Roberts Lee

Tempering Glassware

When glassware is new, place it in a pan of cold water. Put a padding of paper at the bottom of the pan. Place the pan on the stove and bring it very slowly to a boil. The glasses will then be able to stand more heat than usual.

Black Kid Gloves

You can clean black kid gloves by adding a few drops of ink to a tablespoon of salad oil, rubbing this on with a feather, and drying in the sun.

Yeast

Do not place a cake of fresh yeast directly on the ice. It will keep for several days if placed in the dry compartment of the refrigerator.

Dorothy Dix Says—

Coping with Other Woman

Wife Makes Friend of Girl Having Affair With Husband

One of the great tragedies of life is when a young girl falls in love with a married man, and it happens so often, but when it does there is always a heartbreak in it for someone. Sometimes a mere girl child breaks her alabaster box at the feet of a villain who betrays her and plays with her and casts her aside when he is tired of her. Sometimes a fine and noble girl falls in love with a married man through sheer sympathy, because he is so lonely and so starved for affection and understanding that his wife never gives him.

But, whatever the reason, it brings about a situation with which the average wife seems temperamentally unable to cope. Yet it can be solved, as is proven by the experience of a girl who writes me the following letter, which I wish every girl who is getting that gone feeling about her boss would read out and paste on her mirror and read every morning before she starts out to the office. She says:

"When I was 18 years old I was desperately in love with my employer, who was much older than I. He was a wonderful person, good-looking, intelligent. At that time he had been happily married for six years and had two children but there was a definite attraction between us that even his wife could see.

"His wife, instead of throwing a jealous tantrum and treating me as poison as most wives would, made a friend of me. She was every-thing that was kind and sweet to me. Had she treated me as an enemy, I would have felt justified in taking her husband away from her, but it is a rare woman, even a rare bad woman, who can stab a friend in the back.

"As it was, his wife made me realize my own immaturity, my own lack of understanding and wisdom, thereby saving her home, her children, her husband and me. I quit my job. Moved to another city and began a new life. I am sure that if her husband had divorced her and married me that we both would have regretted it within six months and would have been ready to call it off. I would have gotten over the situation as there was too much difference in our ages. We would have had to give up everything for each other and that never really works.

"If only wives could see the side of the Other Woman, they would be able to handle the situation. Nearly every woman wants her own man, not someone else's. Besides, the wife has everything on her side—society, the law, a man's natural chivalry towards his wife, his love for his home and children. The wife has won her husband once and knows the tricks that got him. She knows his likes and dislikes. And if she meets these problems with understanding, she will be more likely to hold her husband than to drive him into the arms of another woman.

"I am a firm believer that every good you do will come back to you. Now, five years later, I have found a man of my own age, with the same aims, desires and outlook on life as I have. We are going to be married and I will always be grateful to this wise woman who saved me from myself and who taught me a lesson in creating a successful marriage. I pray that I can be the understanding wife that she was, and if at some problem ever comes up in my marriage I hope that I can meet it and triumph over it as she did."

Ellen's Diary

By an Island Farmer's Wife

Alderley is a lonely farmstead tonight with only grand-daughter and Pard and I to keep it, and she fast asleep in her cot upstairs and the prowling about the yard. Her bark rings out occasionally and when I come to a window I find that he has been challenging the passing of a car which sheds a friendly light along the roadway or an animated lantern about the yard of the house on the hill. Strange that Pard's bark has a minor sadness in it now, not noted when the other members of our family are at home. They have gone to the seed grading at the other farm where so James said, after a morning at that work, there remained "some straightening up" to be done. Thither they went with lights and all, at the close of the evening choring. And had burrowed among her blankets, fair curls tousled, a hand beneath a cheek, a worn but much esteemed doll for company, our small one sleeps. I just came down from there, on tip toe lest I should disturb that rest. This damp dark day has been a dreary one for such small fry. I saw her factious against a window this afternoon, as she watched James at his chore of banking the house across the lane and a smile flash as he paused in his work to chat with her.

Jamie was missing from the scene today. Accompanying our men on their way to the grading was a slipper trail they went. Jamie himself had heard last night's down-pour when he awakened to draw up the covers he had tossed aside in his sleep. "Rain!" he said when James spoke of it at breakfast. "I guess it did—it was just pounding on the roof!" Pard in advance of the car was a muddy leagled dog, when he returned and tucked up his place on a veranda. The pond was turbid today, ad swollen being fed by the streamlets which meandered downhill at the least excuse, to lose themselves presently there. The small boat which danced so gaily on its sparkling surface not so long ago, coaxing one to leav dishes and breadmaking and all come and excursioning up the return of a colorful sequestered spot with only the dropping of odd leaves to disturb the delightful stillness, is now drawn up on a bank and at present is one of Jamie's concerns. "Now where shall we put that boat for the winter?" is now a puzzling storage question. There will be no more pleasant outings by water until in good time the radiant glints of Spring return to the pond and cowslips giddily sprinkle the edges.

An insistent interest drew Jamie homeward this morning. It began as evening. "Could you write a letter for me?" he asked me in a serious tone, which reminded me much of his great-grandfather. He had been listening round-eyed to the radio's Christmas program, listening so intently that even the intrusion of the jangling telephone bell caused a frown of disapproval. I nodded. "Then" he said "get your paper and pen, and write whatever you think would be best right for a baby that can creep now—and stand alone. He's a good fellow and no trouble at all. And for me you can bring . . . and Jamie's wants were very modest. Then the letter was folded and went to neighbor a collection of other possessions in the small lady's pocket to be taken home today for his mother's approval or as he said "in case I've forgotten something."

I was glad Jamie was not here this evening to watch me violate a deed of trust though most regretful I am at such a time. It began with a loud and not unmusical call and a scattering of wheat. Then an answering flutter of wings a subsequent quick move—or two on my part, though studied and a swift heeding at the chopping block. It was not done so noiselessly as I should have liked. "Ellen!" James called to me

with ho that means "the killing of one human being by another?"

ANSWERS
1. Omit new. Creation is the presentation of a new conception. 2. Pronounce han-sum; the n as in silent. 3. Icing. 4. To set free, or release, as from some obligation, or from the consequences of guilt. "He was absolved from all blame in the transaction." 5. Homicide.

add flavour to every dish it touches

Promptly Relieves RHEUMATIC ACHES-PAINS

Sore, Stiff Muscles

When you're suffering from rheumatic, lumbago or neuritis pains—from stiff lame muscles—rub on Musterole for fast, long-lasting relief.

Musterole offers the advantages of a warming, stimulating mustard plaster yet is much easier to apply—just rub it on. Musterole promptly relieves aching soreness and helps break up the congestion. In 3 strengths.

MUSTEROLE

IT'S A BUY!



Look for the YELLOW PACKAGE

The Stars Say—

By Genevieve Kemble

For Wednesday, December 3

THE planetary aspects, stimulated by benefic rays, from solar sources, encourage the inauguration of plans and policies of major importance and of deep significance. There are undercurrents indicating a prospect of subtle, intriguing and strategic operations, rather than open and above-board procedures.

Those in high place and influence, possibly in political, diplomatic or community power, may be approached with confidence, for suggestions and substantial support. Use finesse, graciousness and tact.

For the Birthday

Those whose birthday it is may prepare plans and objectives for development with the aid and encouragement of those in high place and authority in any sort of public influence, but where the strings may be more successfully pulled from the undercover sources.

Stratagem, intrigue and tact, understanding may go father and reach deeper than open and above-board tactics. Secrecy, diplomacy, and "inspired" gestures go far, with intuitions and hunches of importance. On higher planes, creative urges are strong.

A child born on this day will have splendid talents of a creative and inspirational nature. It may gain its ends by subtlety, craft, or strategy rather than by direct approach.

across the yard "what on earth are you doing, frightening the hens like that?" I maintained a silence. Even James, not much interested in such feminine doings should have remembered tomorrow evening is the Church Clock Supper.

Until tomorrow — Dirty-Good-night.

FOR FASTER RELIEF NEVER Wait Till a Cold Gets Worse!

Quick! Use These Special Double-Duty Nose Drops!

A little Vicks Va-tro-nol in each nostril relieves head cold distress fast! And if used at first warning sniffle or sneeze, Va-tro-nol actually helps to prevent many colds from developing. Try it! Follow directions in package.

VICKS VA-TRO-NOL

Needlecrafts

FOR THE HOME

SOFT LINES
Perfect frock for fall's gay waist features a gently falling double petal—designed to do lovely things to the hips and waistline! Your choice of timely three-quarter sleeves, captivating cap sleeves.

No. 2355 is out in sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42 and 44. Size 36 requires 1 1/4 yards 38-inch. Send 20¢ for Pattern, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish. Include postal unit or zone number in your address.

Address Pattern Department, The Charlotte Guardian, Charlotte, N.C. 28317. Pattern No. 2355

Name _____ Address _____ City _____ Province _____

SET THE MODE
The first person ever recorded to wear a diamond was Aaron (Book of Exodus 28:17, 18).

BEGORRA!
St. Patrick was not an Irishman, but probably Scottish or French.

"Am I Clever...
having 3 times as many undies
AT NO EXTRA COST!"



AMAZING the way Lux care keeps lingerie new-looking 3 times as long. These slips were all Luxed and ironed 30 times—they're still lovely!

"Here's my easy Lux way..."

"I use Lux instead of money and have 3 times as many undies. Lux keeps undies lovely 3 times as long. So, instead of having to replace shabby, faded undies I buy extra ones!

Wrong washing methods do fade colors, wear out lingerie before its time. Actual washing tests proved Lux care keeps colors true, undies new-looking 3 times as long! Lux your undies after every wearing.

Be a Lux Daily Dipper

Modern Etiquette

By Roberts Lee

Q. What is one of the most common and inconsiderate offenses when attending a theater performance?
A. That of arriving late. This is seemingly inconsiderate of the comfort and pleasure of the others who have arrived on time and are entitled to an unspoiled performance.

Q. Isn't it all right when dining alone for one to read a book or newspaper while at the table?
A. Yes.

Q. If you know a servant in a friend's home should you speak to her when she opens the door?
A. Certainly! Why not? It would be snobbish not to do so.

How Can I!!!

By Anne Ashley

Q. How can I make a good mouth wash?
A. Dissolve one teaspoonful of salt in a pint of boiled water. This has antiseptic qualities and also leaves the mouth fresh and clean.

Q. How can I prevent fuses casters from continually slipping out every time the furniture is moved?
A. Wind a narrow strip of adhesive tape around the stem of the caster until it fits the casting.

Q. How can I make use of left-over fish?
A. A tasty dish for luncheon is left-over fish creamed with fresh asparagus. Sprinkle with parsley.

Morning Smile

FOOD EXERCISE

"Hallo!" said Mrs. Jones to Mrs. Higgins when they met in the fish queue. "How's your old man? He didn't air put on weight in the navy, didn't he?"

"Oh, he's been doin' reduce' exercises since then," said Mrs. Higgins. "Well I never!" replied Mrs. Jones. "How's he doin'?"

"You'd be surprised," said Mrs. Higgins. "The battleship that was tattooed on 'is chest is only a row-boat now!"

Better English

D. C. Williams

1. What is wrong with this sentence? "This hat is a new creation."
2. What is the correct pronunciation of "handsome"?
3. Which one of these words is misspelled? Ignominy, loeing, illegitimacy.
4. What does the word "absolve" mean?
5. What is a word beginning

Cook's Corner

RAISIN PIE

1/3 cup lemon juice
1 teaspoon grated lemon rind
1/2 cup orange juice
2 teaspoons grated orange rind
1 cup brown sugar
2 cups seeded raisins
1 1/2 cups water
1 recipe pastry
Combine the lemon juice and rind, orange juice and rind, sugar, raisins, and 1 1/2 cups of water and heat to boiling. Mix flour and remaining 1/2 cup of water to a smooth paste and add to mixture gradually, stirring constantly. Cook 5 minutes. Line piepan with pastry, pour in filling and cover with a top crust or lattice work. Bake in hot oven (400 degrees Fahrenheit) 40 minutes. Makes 1 (9-inch) pie.

RAISIN SAUCE
1/2 cup seeded raisins
1 cup boiling water
1/2 cup sugar
1/2 teaspoon lemon juice
1/4 cup chopped citron
1 teaspoon corn starch
1 T. butter
Soften the raisins and citron in the water until the raisins are tender (about 1 hour). Sift the sugar and corn starch together and add to the raisin mixture. Mix well and continue cooking for ten minutes. Add the butter and lemon juice. Excellent with ham or other meat.

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