

Good Cooks Prefer OXO FLOUR for All Their Baking

You can RELY ON HEINZ BABY FOODS. Prepared with typical Heinz... 57 MEATS VEGETABLES FRUITS DESSERTS

Protestant Orphanage Annual Collections

MOUNT STEWART NORTH BY MRS. RUSSEL CLARK: 2.00 Each: Russell C. Clark; Mrs. W. L. McLeod; Harold Affleck; McLeod Douglas; Harry MacKay; Mrs. Bani; Birt; Mrs. Earl Jay...

MOUNT STEWART SOUTH BY MRS. L. E. JAY: 1.00 Each: Mrs. Roland Jay; Mrs. Harry Crane; Mrs. Freddie Clark; Mrs. Wm. Douglas; Mrs. D. O. Clark; Mrs. James Jardine; Mrs. Alfred Affleck...

HEAD OF HILLSBORO BY MRS. FRANK JARDINE: 2.00 Each: A Friend; K. G. Douglas. 1.00 Each: Mrs. Frank Jardine; Mrs. Ralph Coffin; Etta Jardine; Albert Jardine; Louis Cameron; Mrs. B. C. Cameron; Harvey Douglas...

SAVAGE HARBOR BY MRS. RALPH PIGOTT: 1.00 Each: Mrs. Milvina Pigott; Mrs. Wendell Glover; Mrs. Fulton Douglas; Mrs. Wilfred Coffin; Mrs. Victor Coffin; Mrs. Milton Coffin; Mrs. John Pigott; Mrs. Ralph Pigott...

PISQUID EAST AND WEST BY MRS. DANIEL D. BIRT: 1.00 Each: Mrs. Clarence Coffin; Mrs. Daniel D. Birt; Kenneth Jay; John H. Jay; Levi Jay; Chester Birt; Fred L. Jay; George E. Dover; George Jay; Harold Jay; Mrs. Edward E. Jay...

CHERRY HILL & CONOVOY BY MRS. G. D. MCKENZIE: 1.00 Each: W. R. Bryson; Mrs. W. Crawford...

Keep in the Picture of Health. Be bright! Feel right! TAKE ENO'S 'FRUIT SALT' For inner fitness!

W. Crawford. 75c—Mrs. Frank Farquharson. 50c Each: Mrs. Roy Farquharson; Mrs. Francis Rose; Mrs. Leigh McAssey; Mrs. Harold Coffin Sr.; Mrs. Robert Johnston; Mrs. James Walker; Mrs. C. Smallwood; Mrs. W. Henry Coffin; Mrs. George McKenzie...

GRAND TOTAL MT. STEWART DISTRICT 82.75

UNION ROAD (QUEENS) BY GRACE McLEAN, MARJORIE LAMONT & MARY GILL: 1.00 Each: Mrs. Albert Ravenhill; Bessie Stewart; Grace McLean; James Essery; Tillie Prowse; Margaret Mallett; Mrs. Walter Gill; Wallace Mallett; A. G. Mallett; Harry Newman; Everett Gray; George Abbott; Mrs. Brent McMillan; Keith Brvnton; J. M. Maund; Mrs. John McKinnon; B. C. Hardy; Harold Yee; Everett Lamont...

ST. CATHERINES BY NORMA STRETCH: 1.00—W. R. Shaw. 1.00 Each: George Sherrin; Jack Lowry; David Enman; Ewen McDougall; Leonard McNevin; Malcolm Lamont; Nell McKenzie; F. W. Stretch; Dan McNeill; Seldon Drake; Charles Ramsay; Alex. McQuarrie. 50c—Mrs. William Morrow.

The Central Guardian

This column is reserved for news of local interest, and advertising of a novel nature may be inserted at a special rate, strictly payable in advance.

CRASWELL for Photographs. CONFEDERATION LIFE IN SUBURBAN. ALL CHRISTMAS GIFTS Wrapped Free at Crockett's Jewellery, Kent Street.

SMART WINTER OVERCOATS in all the latest styles and colors at Jack Cameron's, "The Store for Men."

"HICKOK" WALETS and bill-folds the Ideal Christmas Gift for men at Jack Cameron's, "The Store for Men."

HAD NARROW ESCAPE—What came very close to being a tragedy occurred about ten o'clock Tuesday morning when an automobile driven by Captain Lester Beck of Summerside was struck by a train at the Second Street railway crossing in Summerside. The automobile was almost across when the train coming in from west struck it from the rear fender badly crushing the fender and the body of the car and swinging the vehicle around parallel to the track. Captain Beck was uninjured. The driver of the train was Mr. A. D. Zell. In the afternoon another accident occurred, this time at the corner of Duke and Notre Dame Streets when a Buick Taxi was in collision with a car owned by Mr. Robert Dewar and driven by Bob-by Grady. Both cars were badly damaged but no one was injured.

Deserts For Small Folk

Healthy, robust children are the "cream line" of the nation. To achieve this end, milk is an indispensable item in their diet. The milk bottle is the symbol of protected health and sturdy growth for every child in the family. Milk is born a food and a drink without equal and without a substitute. It is all food and no waste. Milk is a rich source of the minerals calcium and phosphorus—so important in the building of strong, healthy teeth. The care of milk in the home is important. It should be stored in the coldest part of the refrigerator. Always replace it in the refrigerator immediately after use—never let it stand around at room temperature. It is also necessary to cover milk carefully, since it readily absorbs food odors. The requirement for each child, as stated in Canada's Food Rules, is one quart per day. There are several ways of using this quota in the daily diet; other than serving it as a beverage it may be used in soups, cereals, creamed vegetables, scalloped dishes, gravies, sauces, etc.—in a variety of ways.

The home economists of the Consumer Section, Dominion Department of Agriculture suggest the dessert course as the most desirable way of including milk "to eat" in children's meals.

IVORY CREAM 1 tablespoon gelatin 1-4 cup cold water 2 cups milk 1-3 cup sugar 1-8 teaspoon salt 1 egg white 1 teaspoon vanilla 1 egg white Soak gelatin in cold water for 5 minutes. Add sugar and salt to double boiler, add sugar and salt. Add slightly beaten egg yolk and cook 2-3 minutes longer. Add soaked gelatin and stir until dissolved. Add flavoring and cool until thick but not completely set. Beat with rotary egg beater until light and frothy. Fold in stiffly beaten egg white. Pour into mold and chill until firm. Serve with a fruit sauce. Six servings.

FARINÁ FIG PUDDING 1-3 cup raisins 1-2 cup hot milk 1 teaspoon salt 2 tablespoons butter 1-3 cup molasses 1-2 teaspoon ginger 1-4 teaspoon cinnamon 1 cup chopped figs or raisins 2 eggs Add farina and salt slowly to hot milk and cook till thick, stirring constantly. Cook in double boiler for 30 minutes. Add butter, molasses, spices, beaten egg yolks and figs or raisins. If using figs, cut some finely and leave some about the size of raisins. Fold in stiffly beaten egg whites. Turn into a greased baking dish and place in a pan of hot water. Bake at 350 degrees Fahrenheit for 25 to 30 minutes. Serve hot with top milk or any desired sauce. This pudding may be reheated by steaming over hot water.

CHILDREN'S DELIGHT 4 slices bread 3 tablespoons peanut butter 3 tablespoons butter 1-2 teaspoon salt 3 cups milk 2 eggs—slightly beaten 1-3 cup brown sugar 1-2 cup raisins Spread slices of bread with a blend of the butters. Cut into cubes and place in a buttered baking dish. Combine the salt, milk eggs and brown sugar. Stir until sugar is dissolved. Add the raisins and pour custard over bread cubes. Set in a pan of water and over-steam in a moderate oven 350 degrees Fahrenheit for 1 hour. Six servings.

FREE \$2,535.00 IN CASH for OXODOODLES! 641 GRAND PRIZES. An OXODOODLE is any figure, shape, design, ornament, article or what-not, based on the letters O-X-O, in proper sequence so that they spell OXO.

ONE OF THESE PRIZES CAN BE YOURS. 1st Prize \$1,000.00 2nd Prize 250.00 3rd Prize 100.00 10 prizes of \$25. each 250.00 100 prizes of \$5. each 500.00 300 prizes of \$1. each 300.00 128 prizes for those under 12 235.00 641 Prizes totalling \$2,535.00

128 SPECIAL PRIZES FOR CHILDREN UNDER 12 \$50; First Prize, \$25; 2nd, \$10; 3rd, and 25 consolation prizes of \$2.00 and 100 of \$1.00 each. Winners will not be excluded from consideration for Grand Open Prizes.

DEALER PRIZES: Write your grocer's name on the back of your entry. If you win a First, Second or Third Prize he too will receive a special cash award. In the case of chain stores the prizes will be awarded the chain store branch manager. FOR THE MOST DELICIOUS SOUPS, STEWS AND GRAVIES YOU'VE EVER TASTED—USE OXO! OXO is the world's best gravy-makal and whenever you want an invigorating, palatable hot dish, OXO! Always use OXO!

MAIL YOUR ENTRIES TO: OXO (CANADA) LIMITED, 1910 St. Antoine Street, Montreal, Quebec.

Ellen's Diary. By an Island Farmer's Wife. and hurriedly appraising the food on the spread table begged: "Could you give a couple of fellows a bite of supper too—just a cup of tea, Ellen?" I glanced in despair at the now dejected omnivore and was obliged to whisk up a different menu in haste, which as James remarked to the guests right and left of him "if not fancy will we hope be filling—and I suppose it counts for something too, if it's given with a good heart."

that later in the evening I set forth in the darkness on a stroll which brought me presently to our Aid meeting. The air was crisp now, with more than a hint of Winter in it and as I came to the end of the lane stars were mirrored in the stream and pond. I picked my steps along the roadway, where tonight the breeze whispered lightly for passers-by. Our hostess was a young matron, recently come to the neighborhood and our conversation was pleasant there, in the warmth and coziness of the farmhouse living room. Over steaming cups of tea, that came as a reminder that the weightier doings of our session are over, we relax and visit comfortably together. We speak of our household interests, of our cleaning and our scarifices and our knitting. We dwell on matters of community affairs and our discussions often extend further afield. And we come away from our meeting together, minds brighter, hearts lighter because of the helpful interchange of ideas along many lines. But James sat in judgment on my incoming. "Ellen!" he said sternly "What do you mean keeping me up so late?" And there's a warm fire on the hearth and the kettle is steaming on the "hob". Tabby is sleeping on a cushion and Ferd, head on paws behind the stove. "Oh, dear!" James sighs "Oh, my my!" It is really past time for his lunch. Until tomorrow... Diary... Good-night.

FREE! Children's Story-Books... THE ADVENTURES OF "LOOPIN' and JAGGERS". You can obtain these books FREE—just simply SAVE THE COUPONS contained in each package of BLUE RIBBON TEA AND COFFEE. It takes only coupons to the value of three pounds for each book you desire. And remember, too, when you buy Blue Ribbon Tea and Coffee you get quality products—with an unconditional money-back guarantee. Coupons are also found in each package of Blue Ribbon Baking Powder, Blue Ribbon Cocoa and Blue Ribbon Baking Chocolate. These also may be used in obtaining the Loopin' and Jaggars books and other premiums. You can buy these famous Blue Ribbon lines wherever good grocery products are sold.

NOW YOU CAN HELP YOURSELF TO LIBBY'S. Libby's TOMATO JUICE. Double your money back. Full-flavoured, garden fresh, vitamin rich, "Gentle Pressed" to retain the wholesome, natural goodness of tomatoes picked at their prime—no wonder Libby's is Canada's favourite tomato juice, best liked from coast to coast! Order a supply today and, if you don't agree it's the most delicious tomato juice you've ever tasted, Libby's will pay DOUBLE YOUR MONEY BACK. If you are often tired and listless, lacking in vigour, Libby's is the drink for you. Chances are this lack of vitality results from a diet low in vitamins A and C. Libby's Tomato Juice is an excellent source of both these vitamins which increase appetite, aid digestion and promote radiant vigorous health. Now that Libby's is available in quantity, drink it with your meals and whenever you're thirsty—and help yourself to better health. *Your grocer can also now supply you with Libby's new pack Vegetable Soup—a rich nourishing stock with vegetables fresh from the gardens.