

YOU'LL LOVE "SWEETHEARTS"!
FINAL SHOWING TODAY: 3.15-7-9 P. M.



MacDONALD - EDDY
SWEETHEARTS
with FRANK BRIDGEMAN - RAY BOLGER
FLORENCE RICE - ROSINA AUER
Maurice King - Reginald Gardner

A GREAT CLASSIC COMES TO LIFE IN GLORIOUS TECHNICOLOR!

Shirley TEMPLE
The world's No. 1 star for the fourth consecutive year!

THE LITTLE PRINCESS



with **RICHARD GREENE ANITA LOUISE**
IAN HUNTER - CESAR ROMERO
ARTHUR TRACHER - MARY NASH
SYBIL JASON - MILES MANDER
ADDED... OUR GANG
PETE SMITH.

One of the greatest pictures of all time! Salute once again Darryl F. Zanuck and 20th Century-Fox, who thrilled you with "Alexander's Ragtime Band", "Kentucky", "In Old Chicago", "Jesse James"!

THURSDAY - FRIDAY - SATURDAY PRINCE EDWARD

E. R. Brow & Son
Fire, Auto, Life, Accident, Sickness and Plate Glass Insurance at Lowest Rate
Agent at Summerside, Lloyd Lewis
144 Richmond St. Charlottetown

WHO HAS The MOST Popular BABY in Charlottetown?

THE PRINCE EDWARD THEATRE

BABY CONTEST
will decide who is the Most Popular Baby.

PRIZES
1st—SILVER CUP (By G. H. TAYLOR'S)
2nd—1/2 doz. PHOTOS (By CRASWELL'S STUDIO)
3rd—One SILVER DOLLAR

MATINEES
1st—Complimentary Pass to the Prince Edward for 2 Months.
2nd—Complimentary pass to the Prince Edward for 1 Month.
3rd—Complimentary Pass to the Prince Edward for 1 Week.

RULES:—
Any Child under Seven years of age may enter. Voting slips will be given at the Theatre starting Thursday, April 20th, to those purchasing tickets for the current attractions. Voting ends Thursday, May 11th at Nine P. M.

EVENINGS
10 Votes—Children's Ticket.
25 Votes—Adult's Ticket.

Choose your favorite Baby and mark your Ballot accordingly.
VOTE FOR BABY
(Ballot Box in Lobby of Theatre)

Photos of Babies entered will be on display in the Theatre window if agreeable to parents. Votes must not be solicited in lobby, or in front of Theatre.

BULKY TOMES
(By The Canadian Press) — THE CAMBRIDGE History of World Civilization, which has taken 48 years to compile, is complete. There are 50 volumes, containing 12,500,000 words, contributed by 366 writers.

Keep Minard's in the home.

Round Trip BARGAIN FARES TO MONCTON
—Going—
FRIDAY, APRIL 28th AND SATURDAY, APRIL 29th
Return Mon., May 1, 1939
Only \$3.20
From CHARLOTTETOWN
Proportionately Low Fares from other stations

Children of Five and under Twelve years of age HALF FARE
Tickets Good in DAY COACHES ONLY
For Further Information Consult any Ticket Agent

CANADIAN NATIONAL
TO EVERYWHERE IN CANADA
Use Canadian National Telegraph

FORMER STAGE PLAY NOW ON CAPITOL SCREEN!
FINAL TODAY — 3.15 — 7 — 8.45 P.M.
RUTH HUSSEY — PAUL KELLY

IN "WITHIN THE LAW"

PLUS: **STRANGER THAN FICTION — MUSICAL AND GOING PLACES**

ROY ROGERS MARY HART
ROUGH RIDERS ROUND-UP
DAILY 3.15 — 7.00 — 8.45

ALSO: **BOY SCOUT SERIAL — CHAPTER 2**
CARTOON AND COMEDY

PRICES: CHILD UNDER 12 YEARS—11c—27c. ADULTS—27c—33c.

CAPITOL — Thurs. — Fri. — Sat.

That Body of Yours
By James W. Barton, M.D.

BOTH ACID AND ALKALINE FOODS MUST BE EATEN

Diet experts, particularly scientific diet experts and physicians generally have been greatly annoyed in recent years because of the emphasis being placed on the danger of "acid" foods. Some of these advertisements give the reader the impression that eating these acid foods means that the blood is turned to an acid condition and it is this that makes the individual feel weak and sick and may cause death.

As a matter of fact, a blood that was acid would cause more than sickness or weakness, it would cause death.

Yet these advertisements, although meant to sell the special product of the advertiser, do tell the truth in stating that if meat, potatoes, bread, and pie make up the "regular" daily diet, an "acidosis" may result. Acidosis does not mean that the blood has reached an acid condition but that it is losing some of its "alkalinity" and approaching "near" to an acid condition. This "near" or "near acid" condition of the blood can cause the sickness and weakness called acidosis.

These advertisers, in trying to sell their products to the public, may, therefore, be really helping the public in warning them of the lack of alkaline foods in their daily diet.

There are certain foods which, when burned in the body, leave an acid ash. These are "true acid" foods. There are other apparently acid foods—lemons, oranges, grapefruit—which contain citric acid but, when burned in the body, leave an alkaline ash. These foods are really alkaline foods.

The principal acid foods are meat, fish, eggs, cereals, and bread. There are other apparently acid foods—lemons, oranges, grapefruit—which contain citric acid but, when burned in the body, leave an alkaline ash. These foods are really alkaline foods.

The principal alkaline foods are milk, lemons, oranges, bananas, green vegetables. The ash from these will turn the litmus paper blue.

Despite the fact that they are acid, meat, eggs, fish, and cereals are nutritious and necessary foods and must be eaten; to make up for these acid foods, other necessary alkaline foods must be eaten—milk, fruits, and green vegetables. It will thus be seen that to the "regular" diet of the individual (meat, potatoes, etc.) some other foods must be added regularly—milk, fruit, and vegetables. This will prevent acidosis.

Hundreds in Berlin wore waste-paper baskets over their heads on "Pedestrians' Day" to draw attention to the carlessness that often leads to fatal accidents.

Keep Minard's in the home.

Fox Cub Is Derby Favorite

LONDON, April 17.—(CP Cable)—Edward Esmond's Fox Cub was installed 19 to 2 favorite to win the Derby on Friday, May 24 in tonight's callower of the day on the classic.

Fox Cub, previously joint third favorite at 100 to 8, drew heavy support following his close bid in the Craven Stakes last Friday when he finished second by a head to Mrs. James Corrigan's Signal Light, who is ranked close second favorite at 10 to 1.

The Earl of Rosebery's blue Peter was third favorite at 100 to 9 with Dhoni in the field at 20 to 1 and Triguero at 40 to 1.

Mrs. Chester Beatty's pigskin was quoted 9 to 2 favorite to win the city and suburban handicap at Epsom on Wednesday.

Second choice in the betting was the French-owned Taran at 13 to 2 with Mormond Hill, unbreakable and at 7 to 1. Other odds: Agincourt at 10 to 1; Bistoffi, 100 to 9; Rodeo II and Esquemeling, 100 to 8; High-rain and Craven, 100 to 1; Portefeuille, 100 to 6; Crusoe, 25 to 1.

Eastern Guardian

*This column is reserved for news of local interest but advertising of a newsy nature may be inserted at 2 cents a word strictly payable in advance.

Navigation On Lakes Hampered

TORONTO, April 17.—Hampered by unusual ice conditions in the Great Lakes, navigation was almost exclusively confined to man-made waterways—the Welland Canal today. The canal opened for the season 30 hours after the 1938 navigation year went into effect on the Great Lakes with lower insurance rates prevailing.

Of the few boats to venture out on the Lakes, four freighters of the Nicholson Steamship Company of Detroit, perennial defiers of ice floes and weather, berthed in Buffalo, N. Y., harbor after a struggle through Lake Erie ice from Detroit.

Masters of the vessels reported they encountered the major difficulty backing drifts between Point

A Help To These Past Middle Age

When men and women get past middle age their energy and activity, in many instances, begin to decline, and their general vitality is on the wane.

Little sicknesses and ailments seem harder to shake off than formerly, and, here and there, trifles of a breakdown begin to appear.

Now is the time when those who wish to maintain their health and vigor, and retain their energy unimpaired should take a course of Milburn's Health and Nervs Pills.

They brace up and invigorate the system, and help stall off the deceptive tide of advancing years.

The T. Milburn Co. Ltd., Toronto, Ont.

Today's Short Wave Radio Program
(All Times in Eastern Standard)

WEDNESDAY, APRIL 19

MOSCOW
4:00 p.m.—Broadcast in English. RAN, 9.6 meg., 31 m.
6:30 p.m.—Science Briefs. W-KAF, 9.53 meg., 31.4 m.
8:15 p.m.—"The Gypsy Baron." Operetta by Johann Strauss. DUD, 11.7 meg., 26.4 m.

LONDON
6:25 p.m.—"The History of the Jew" talk by J. W. Parkes. GSB, 11.86 meg., 26.2 m.; GSD, 11.70 meg., 26.5 m.; GSE, 9.51 meg., 31.5 m.

BUDAPEST
7:00 p.m.—"Romantic Overture." HATN, 9.13 meg., 32.8 m.

KINDHOVEN
7:15 p.m.—"Fichele." Transmission for the Western Hemisphere. PCJ, 9.59 meg., 31.2 m.

ROME
7:30 p.m.—"The American Hour"; Italian Lesson. ZRO, 26.4 m., 11.81 meg.; IRF, 30.5 m., 9.23 meg.

KINDHOVEN
8:25 p.m.—Special Broadcast for America on behalf of the Liberal Protestant Radio Society. PCJ, 9.59 meg., 31.2 m.

NEW YORK
8:30 p.m.—Foot of the Americas. Olga Andre. W2XK, 6.10 meg., 49.1 m.

BERLIN
8:15 p.m.—"The Female." dances and songs. DUD, 11.77 meg., 26.4 m.

LONDON
10:00 p.m.—Recital of Gaelic Songs. GSD, 11.75 meg., 26.4 m.; GSB, 9.58 meg., 31.3 m.; GSE, 9.51 meg., 31.5 m.

FRAGUE
10:20 p.m.—Music and Entertainment. OLR4A, 11.94 meg., 26.3 m.

GRONINNATI
11:00 p.m.—Music for Latin America. W2XK, 6.06 meg., 49.5 m.

LONDON
11:15 p.m.—"World Affairs." talk by H. V. Hodson. GSD, 11.75 meg., 26.5 m.; GSB, 9.58 meg., 31.3 m.; GSE, 9.51 meg., 31.5 m.

PARIS
11:20 p.m.—Message from Paris (in English). TFB7, 11.86 meg., 26.3 m.; TFA4, 11.71 meg., 26.6 m.

NEW YORK
12:00 mid.—Hal & His Orchestra. Dance Music. W2XK, 6.12 meg., 49 m.

Windsor in Hoop Finals

Windsor, Ont., Apr. 18.—(CP) Windsor Alumnus carried the right to travel to Victoria, B.C., to meet the Dominions in the Canadian men's senior basketball final by defeating Montreal Dominion Day club Saturday night 41-28 in the second contest of their best-of-three Eastern Canada titular series. Alumnus won the series in straight games, having taken its first Friday night by a 44-40 count.

Youth Hostels Prove Popular

LANSING, Mich., April 17.—(CP) Michigan's youth hostel movement has grown rapidly in its five-year history and thousands of youths from many states will follow the hostel trail across the state this summer.

Hostel travel started in 1910 when Richard Schirman, a German arranged inexpensive dormitories so German youths could extend their hiking and hiking trips. American Youth Hostels was established in 1924.

Hostels are farm houses, barns or other suitable places where travelers may stay for 25 cents a night. These travelers carry sleeping bags.

Abino on the Canadian shore and Dunkirk, where the ice, in spots, was 20 feet deep. United States coastguard cutters assisted in breaking the ice in Buffalo harbor.

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It's the New MODERN WAY
to get stomach relief from:
• Colds
• Acid Indigestion
• Headaches
• Morning After
• Muscular Aches & Pains

Try Alka-Seltzer! It's the new quick-acting two-way remedy that brings quick relief from every ailment.

Just put one or two tablets in a glass of water, let it bubble up and drink. Pleasant to drink. Two sizes, 30c and 60c at the soda fountain.

2-WAY RELIEF
Alka-Seltzer first gives prompt relief from pain and discomfort. Then, its alkalinizing agents help overcome the excess acid condition that usually causes the trouble. Money back on your first pack, see if not satisfied.

SORE THROAT?
Two tablets in a glass of water gargled every half-hour relieves minor throat irritation.

Be wise—Alkalyze with **Alka-Seltzer**

What next? This horse is probably thinking, (if horses think) as his rider, a traffic policeman, operates the short-wave radio transmitting and receiving set fastened to the saddle. Officers equipped in this way were stationed on the grounds at Altnahara, to control the huge crowd that attended the running of the Grand National steeplechase, a few days ago.

MID-WEEK FOOD VALUES ON SALE WEDNESDAY and THURSDAY

ORANGE
MARMALADE 2 Lb. Jar — 23c
BULK DATES Lb. 7c, 4 Lbs. — 25c

FRESH GROUND
Hamburg Steak Lb. 15c, 2 Lbs. 29c

BREAKFAST
BACON Sliced Lb. 29c

CORNED
PORK HOCKS Lb. 10c, 2 Lbs. 19c
ROUND STEAK Lb. — 22c
MACARONI Bulk Lb. 5c, 3 Lbs. 13c
CANADIAN CHEESE Lb. — 19c

SINGAPORE
Pineapple Sliced or Tin 10c, 2 for 19c
Crushed.

EVAPORATED
MILK Any Brand, Tin 9c, 3 for 25c

EATONS'
White Naptha Soap Bar 4c, 10 for 39c
RINSO or OXYDOL Large Pkg. 23c
EATON'S BULK TEA Lb. — 41c

THE CANADIAN STORES LTD.

OUT OUR WAY

THAT'S PROOF SHE'S A WILD DRIVER WHEN WE AIN'T WITH HER -- SHE WASN'T EVEN GOIN' TH' SPEED LIMIT, AN' WHEN SHE SAW THAT COP, LOOK WHUT IT DID TO ME! SHE'S GOT A GUILTY CONSCIENCE!

CAN'T YOU MAKE HIM CUT OUT THAT NUT STUFF?

I BELIEVE HE'S RIGHT--YOU ALMOST FLATTENED MY NOSE ON THE WINDSHIELD! TELL ME, DO YOU DRIVE TOO FAST WHEN WE'RE NOT WITH YOU?

WHY MOTHERS GET GRAY

J. R. WILLIAMS

OUR BOARDING HOUSE — With — **Major Hoople**

MY WORD, GERALD, THE WAY YOU DISPATCHED THE BOUNDER WAS SUPERB!—EGAD, THE ONLY OTHER MAN WHO COULD HAVE DONE THE DEED WITH EQUAL EASE WAS JOHN L. SULLIVAN, WHO FOR YEARS, KAFF: KAFF: IGNORED MY CHALLENGE TO MEET HIM AT FISTICUFFS!

GERALD FEINTED AND THEN DISPATCHED A FIST FULL OF KNUCKLES, AIRMAIL, THAT SENT HIM TO TH' DEAD-LETTER OFFICE!

LOOK, HE PUT MORE CREASES IN THAT PAIR THAN A PRUNE HAS WRINKLES

M-MY MAN TOOK IN WASHIN'S AND I HAD TO WRING OUT TH' C-CLOTHES WITH MY HANDS AND IT MADE ME PRETTY STRONG, I GUESS!

HE DOESN'T KNOW HIS OWN STRENGTH!

J. R. WILLIAMS