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Grade VI — 1. Irene McInnis, 2. Jean Jay.

Grade VI — 1. Doris Coady, 2. Leah Duffy, 3. Lois MacDonald.

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Grade V — 1. Bernadette Rossiter, 2. Joan Connolly, 3. Imelda [illegible]

Grade V — 1. Colette Hagan, 2 Stella Gallant, 3, Betty Ann Gallant.

Grade IV — 1. Mary Cheverie, 2 Dorothy Campbell, 3. Florence Doyle

Grade IV — 1. Bernadette MacDonald, 2. Catherine Kays and Doris MacDonald (equal).

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Grade III — 1. Rose Marie DeCoste 2. Elaine Cullen, 3. Yvonne Laugheran

Grade III — 1. Julia Casford, 2. Kathleen Jay, 1. Jeana MacIsaac

Grde II — 1. Roberta Hines, 2. Edna Sheehan, 3. Betty Ann Keough

Grade II — 1. Daphne MacMillan, 2. Barbara Ward, 3. Susanne Francis.

PROPER RECREATION IS VITAL TO HEALTH

The late Chauncey Depew, famous American senator as well-known for his wit as for his skill in debate, once said that he took absolutely no exercise except to act as pall bearer for his friends who died. And there's a good deal of common sense behind the flippancy of that remark. Your heart is a loyal and tireless organ, but there comes a time when it may object to overwork.

Exercise is a valuable form of recreation, invaluable to youth and useful when youth is past—but when middle-age is reached moderation in exercise is insurance on having more years to enjoy other recreations.

Fortunately, recreation is not limited to any one type of activity. There are literally hundreds of forms of recreation, from the most active to those that require nothing more than sitting down and listening. They can all serve the useful purpose of relieving mental and nervous strain, of helping to recharge the human "batteries," and giving zest to living. Semi-active and non-active recreations available to all include hobbie, attendance at sports events, attendance at or more direct interest in musical or dramatic entertainments, active interest in discussion or educational groups.

All afford diversion, a change of activity, and the very necessary break in the monotony of everyday routine.

If older people do not confine their recreation within the limits of their strength and physical condition, the resulting strain tears down rather than builds up—their recreation does no good—possibly harm.

Probe Fire In Halifax Hostel

HALIFAX, Nov. 7 — (CP) — Buildings of the type of the Canadian Legion hostel here, destroyed by fire Saturday with the loss of three lives, should be "declared out of bounds as sleeping quarters for all service personnel," Inspector Fred McGillivray of the Halifax Fire Prevention Bureau declared today at an inquiry into the fire.

Some of the materials in the hostel were "very fast burning, flimsy and quickly flamable" and the heating apparatus was "definitely no good," the Inspector declared at the public hearing before Fire Marshal S. S. Wright.

"God knows how many lives might have been lost had not additional exits been provided last year," McGillivray declared.

J. W. Churchill, Chief of the Halifax City Fire Department, also described the building as a "third class structure, of emergency type construction, finished inside with rapidly burning materials, which when ignited created dense smoke."

Sixty three year old James Olsen of Tracadie, N.S., a hostel employee, testified that Alex Rutherford of Antigonish, N.S., one of the three victims, apparently had lost his life because he went back into the building to help the other two men who eventually perished with him.

He and Rutherford were on the roof of a dormitory, he said, when Rutherford crawled back into the window through which they had come out. Olsen leaped to the ground.

Makes Eloquent Appeal on Behalf of Poppy Fund

The following Remembrance Day address on behalf of the Canadian Legion Poppy Fund was made recently by Hon. Dr. W. J. P. MacMillan, O.B.E.:

"One of my greatest privileges and most sacred memories was being a student of the greatest soldier poet of the medical profession in Canada, Dr. John McRae. His fitting tribute to Canada's 62,000 glorious dead of the War 1914-1918 will live as long as freedom lasts and is the sacred inspiration to Canadians at this fateful time. He immortalized the lowly Poppy with a symbol of heroism, sacrifice and duty. So today the Poppy is the epic symbol of Remembrance Day which for twenty-six years has been commemorated on Armistice Day, November 11; nor properly observed by any means because it should be more than a mere holiday. It should be a holy day.

"In fairness we may say that Canadians caught the torch flung from the failing hands of the soldier heroes of 1914-1918 and have done well in holding it high. But never so high as in the hands of Canada's sons in this War in every branch of the service, especially in the tedious foot by foot campaign in Europe's most unfavorable battlefield, Italy, and most especially since D-Day in France, where Canadians have borne the brunt of the struggle from Cherbourg to Antwerp. To the poet's question, "When shall their glory fade?" there is but one answer, and it is never.

It is a sad commentary to say that the lot of the returned soldier of the war 1914-1918 was not a happy one. Cowards, we will be and unworthy of Canadian citizenship if we fail in our duty to the returned men of this terrible war and do not take due and proper precautions to prevent a repetition of the lack of care and regrettable blunders of twenty-five years ago.

Immediate Duty

But our immediate duty at this time is to support fully and generously the Poppy campaign of this year. Remember those poppies are made in the Vet-Craft shops of Canada by disabled veterans. The branches of the Canadian Legion buy them and the citizens of Canada should without exception purchase them, because the money is for the most worthy of all causes, namely to aid those disabled men, their widows and poorly supported families.

"I am sure I need not say much more. I know the generous spirit and oft-demonstrated philanthropy of our people. I know the response will be as generous as the existing need.

"The Canadian Legion has done wonderful work for veterans' families. Now their work is doubled, as the veterns of the present war and their families must be looked after. Yes, my friends, the work of the Canadian Legion has been doubled. Let us, in Charity's sweet name, double our contributions this year.

"There are two ways that our people can help our soldiers. One is being wonderfully demonstrated in Canada each day as sufficient millions are being lent to the Government to over-subscribe the present very necessary loan. The second way is by an increase in the number of blood donors. Blood donors have saved more lives in this war than any other method. The great Churchill says "six months more in Europe and one and a half years for Japan." Just think of the work yet to do. The secretary of the British distributing commission told the Canadian Red Cross that the day the war in Europe is ended, 90,000 bottles of blood plasma will be needed in the East as a starter. 90,000 bottles means 250,000 blood donors. I appeal to Prince Edward Islanders to increase your blood donations because they are saving thousands of soldiers.

"Thus today we have a three-fold duty facing us:
"Donate blood
"Buy bonds.
"Buy poppies."

IN MEMORIAM

MRS. DONALD MATHESON

One of the most highly esteemed residents of this province passed away at Traveller's Rest on October 17th, 1944, in the person of Mrs. Donald Matheson.

She was formerly Amanda MacNeill, daughter of the late Gilbert MacNeill of North Carleton, and was the last surviving member of that family.

She was in her eighty-sixth year, and enjoyed good health until about two years ago, when her health began to fail.

For the past nine months she was confined to her bed. She passed to her eternal rest as calmly and as peacefully as was her wont to sleep. She was a woman of exceptional character, kind and cheerful under all circumstances and a friend to the poor and needy. In the home she was an ideal wife and mother. She was a true mother in Israel, and during her illness, looked only to her Redeemer, waiting to be called home.

Her husband, and four children, Christine, Gilbert, Elizabeth and Donald, pre-deceased her. She is survived by three sons and six daughters, William, Read's Corner; Charles in Alaska; Duncan in B. C.; Mrs. Florence Dona Clark and Mrs. Clarence Genasci of California; Mrs. James Champion, Traveller's Rest; Miss Jennie, an invalid, at home, and twin daughters, the Misses Annie and Georgie, who were her constant companions for the last few years, and who cared for her with such untiring zeal and devotion.

The funeral took place on Thursday, Oct. 19 and was conducted by Rev. J. H. Bishop of the Church of Scotland, and was very largely attended. Burial was in the Church of Scotland cemetery at Wilmot.

The pall-bearers were Messrs. James Cairns, William Gillespie, John Largurgey, Bradford Yeo, J. Clark MacQuarrie and Davis Moase.

ELLEN'S DIARY

By An Island Farmer's Wife

(Continued from page 2)

But through those beside the stream there was the gleam of the water, as it rippled on its way to turn the saw in the mill below. I could hear the musical sound of the saw, borne to me up the stream as clearly as if I were there beside it. The milk-cows browsed about the herbage among the stumps as if in summer but instead of green, it was drab and colorless now. Away beyond almost to the horizon, men worked at the ploughing and the noise of horses drawing farm-carts engaged in the same work as we were came clearly to our ears. At the Brown's further in the Alderlea road, I saw the new baby's wash flutter white and pretty in the afternoon sun and breeze. That baby is more than a month old and I've never seen him since the morning he was born. I'm going a visiting one of these days.

* * *

The young people went away in the car this evening, here or there as young people will. They called at Rob's and Jock tells James of a new method Rob is following to harvest his turnips. Maybe it is not entirely original but Rob is using it for the first time. The tops of these vegetables are taken off with a hoe and then the roots are taken out with the potato-digger. James listened quietly as Jock explained the method then he said: "And didn't he trim them at all?" That would never be James' idea of a task well done. I may be biased in Rob's favor but I believe much labor would be saved in the entire tedious operation. James however prefers the old way. I'm afraid at war's end he, as well as I, will be left far behind in the reconstruction period to follow when the old ways and ideas will be bound to give place to the new. And James reaches for his old friendly pipe for a last draw before retiring and to help figure things out. There are many scenes in the cloud of smoke hovering above his silvering hair but I am persuaded there is none, at least as far as farming at Alderlea is concerned, that has to do with taking turnips out of the ground, with a machine meant only for digging potatoes. "Mother" he says to me, showing in his word both appreciation and deep thought, "how about bed?"

Until tomorrow — Diary—Goodnight.

LONDON, Nov. 8 —(CP)— The Royal Canadian Navy's musical revue "Meet the Navy" began a British tour recently under the auspices of the Entertainers' National Service Association (ENSA).

Performances are being given to the general public in some of Britain's music halls and the company of 102 serving men and women of the R.C.N. will tour service camps throughout the country, with priority given to Canadian centres.

London expects to see "Meet the Navy", profits from which will go to King George's fund for sailors, early in the new year.

"Ten years of top results with HEXITE," report J. R. and L. K. Lockerby

Lloyd K. Lockerby holding a couple of the many promising Pearl Platinum youngsters in the Lockerby ranch. These pups were sired by Lockerby PGX-20X, Grand Champion Pearl Platinum at 1943 Charlottetown Show.

J. R. AND L. K. LOCKERBY, of Hamilton, P.E.I., have built an enviable reputation as successful ranchers. In the 1943 Charlottetown Live Fox Show, their entries won a Grand Championship, two Championships, two Reserve Champions, plus a number of First and other class prizes.

Here's how they sum up their experience with HEXITE FEEDS: "After ten years of continuous use, we still like the quality of Hexite. Combined with good breeding practice, Hexite can always be depended on to give excellent results—good reproduction, fine development, and high finish."

Take a tip from outstanding fox men! You'll find HEXITE very helpful now in bringing out all-important finish—beautiful color and lustrous sheen—that mean top pelt prices.

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Follow this tested feeding schedule for good results	MONTH	BREEDERS	XX Fox Feed	Cereal Fox Feed	PELTERS	XX Fox Feed	Cereal Fox Feed
	NOVEMBER	HEXITE Fox Feed (meal, cubes or pellets).....	30%	24%	All they will eat of HEXITE (meal, cubes or pellets).....	65%	62%
		Meat.....	65%	71%	Meat.....	30%	33%
		Vegetables.....	5%	5%	Vegetables.....	5%	5%
	DECEMBER	HEXITE Fox Feed (meal, cubes or pellets).....	25%	18%	All they will eat of HEXITE (meal, cubes or pellets).....	60%	56%
		Meat.....	70%	77%	Meat.....	30%	39%
		Vegetables.....	5%	5%	Vegetables.....	5%	5%
	JANUARY	HEXITE Fox Feed (meal, cubes or pellets).....	25%	18%	← FEED BREEDERS HEAVILY BEFORE MATING.		
		Meat.....	70%	77%			
		Vegetables.....	5%	5%			

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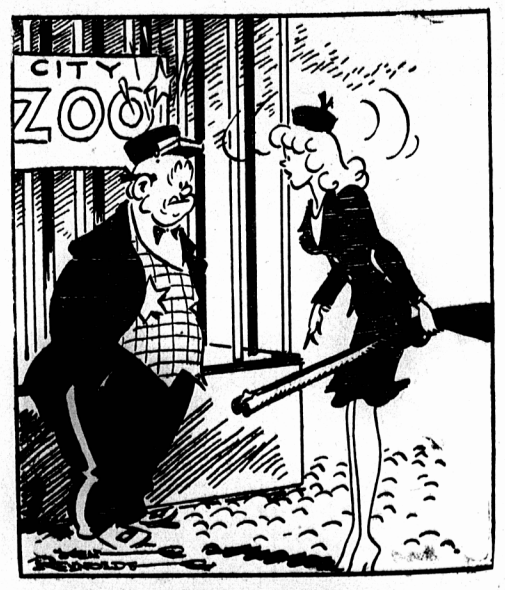
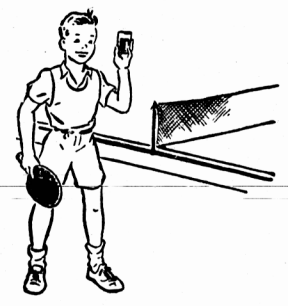


"I saw in the Guardian Want Ads that you had some seals you'd like to get rid of!"

"Next time I'll beat Dad!"



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Canadians definitely prefer Libby's Tomato Juice because of its superb, tempting flavour which is "gentle pressed" from plump, luscious tomatoes, grown from special seed, and picked at the very peak of natural goodness.

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Libby's "Gentle Press" Tomato Catchup, Chili Sauce and Soup are equally good—try them.

TOMATO TOAST

1½ cups Libby's Tomato Juice
½ cup scalded milk
¼ teaspoon soda
3 tablespoons butter
3 tablespoons flour
½ teaspoon salt
6 slices toast

Make a tomato sauce from the butter, flour and tomato. Add soda and salt, then the milk. Dip toast in sauce. Serve hot.

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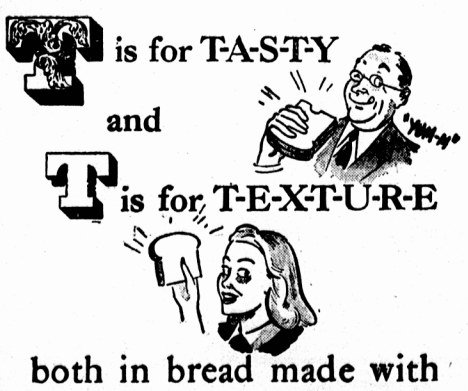

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