

# Woman's Realm/Social and Personal/Fashions/Literature

## Living & Leisure THE WOMAN'S REALM

**LAMPS**  
In the night, in the dark of apple trees, the sparks of fireflies flicker and glow. As if they asked with lamps and lanterns how the crops may go.

Over the orchard, along the hills on roads which the last horizons mark. The lights of motorists lance and probe. And are lost in dark.

Above the orchard, above the mountains, serene, remote, and starkly showing. The lamps of the sky swing east to west.

To measure the way the time is going. Asking of earth-folk, "What are you doing?" What are we doing?

—By Charles Malin in New York Herald Tribune.

Winter's four most important fur coat silhouettes include the belted jacket, about wrist length; the shortcoat, wrist length and free-falling; the little overcoat, 34 to 40 inches long, and the full-length coat, newly important over dresses with elaborated skirts.

Fruits like candied cling peaches which actually have no sugar are most refreshing for summer meals. Keep a few cans of cling peach halves and slices on hand for quick and easy snacks and desserts. Large canned cling peach halves filled with blueberries are beautiful to see and so delicious to eat.

For hot weather treats chilled

### The Stars Say— By Genevieve Kemble

For Thursday, August 18

THIS is a most propitious time for daring to try out original, novel or ingenious plans or ideas, but with shrewd calculation as to the experiments with fresh ideas, procedures or innovations, perhaps unique, experimental and hazardous as well. Rash, foolish or spectacular moves in this direction could bring loss, failure, even ridicule, with material loss of funds or prestige. However, there will be some influential position ready to cooperate in an expansive way. Personal popularity compensates.

For the Birthdays

Those whose birthday it is, may find alluring opportunity for inaugurating ambitious moves, for making experiments in novel directions, or for bold strokes of ingenuity and tests of creative ability outside customary lines. And while there may be slip-ups, failure and curious reactions from new experiments, performance, yet there is balm for injured feelings, with substantial recognition from unexpected high places. The personal equation is strong, encouraging, vital.

A child born on this day, is exceptionally endowed with curious ideas, skills, notions, perhaps subjecting it to ridicule, strange experiences and adventures, yet is popular with influential persons and domestic cooperation may give balm to wounded feelings.

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SAVE MONEY Use only 1/2 as much VEL as soap

fruit makes a more refreshing topping for ice cream than do sweet sauces. For this reason chilled canned fruit cocktail is the perfect summer sundae topping. It has five fruits all in one and is always ready to use.

### "WELL-SCRUBBED" IS MISLEADING

Some young girls strive too literally for the "well-scrubbed" look to the detriment of their complexions.

The "well-scrubbed" look implies that a face has been made immaculately clean. It does not mean that a skin has been blitzed by a washcloth or complexion brush in order to achieve that of a gentler technique.

Vigorous scrubbing, as a matter of fact is apt to be irritating to a sensitive complexion and is more effective in cleaning a skin than the use of a gentler technique.

You should know how to wash your face by this time, but judging from the number of teen-agers who scrub their faces with the same vigor they would use to clean a tiled floor, a review of the proper technique may be in order. To avoid irritating skin and to scrub out dirt from pores, the best technique is to work with a rotary motion. For this you may use your fingertips, although a soft-bristled brush such as a man's shaving brush will do a more thorough job of frisking suds around the pores. After soap is rinsed off, pat your skin dry. Don't rub it as though you were shining up furniture.

### Modern Etiquette By Roberta Lee

Q. What is the proper way to introduce a married woman to an unmarried one?

A. The unmarried woman is always presented to the married woman, as "Mrs. Jones, may I present Miss Smith?"

Q. If a bride-to-be is in a position to give verbal thanks for a wedding present received, is a written note unnecessary?

A. Never; the "thank you" note must be written, and as soon as possible.

Q. Is it correct to use a fork to place jelly on bread?

A. No; the knife should be used for this purpose.

### Better English D. C. Williams

1. What is wrong with this sentence? "He lit into the child."

2. What is the correct pronunciation of "domineer"?

3. Which one of these words is misspelled? Prescribe, persevere, personify.

4. What does the word "implication" mean?

ANSWERS: 1. "He scolded (or, reprimanded) the child." 2. Pronounce "do-mi-neer," as in me un-stressed, 1 as in size, accent last syllable. 3. Prescribe, 4. Act of bringing into intimate or incriminating connection. "Your implication is that Charles is guilty." 5. Stimulus.

### ELLEN'S DIARY

By An Island Farmer's Wife

We were obliged, but also relieved to leave a last loaf to Jamie's care, and after an early supper this afternoon came with our farmers to the hay-field to attend to an end of raking there. There is, we are sure, adventure to be found in another man's field. Even neighboring scenes assume strange vistas when one regards them from a different point of view.

Woodlands still kept guard over the more lonely fields of the farmsteads and trees singly or in a fine company, marched along the nearer and distant hills. Once arrived in the field beyond the hilltop from whence today we flattered our purchased hay, James delivered the well-earned our keeping and gave us our orders. "You'll just follow along as I've started it," he said "and if you should happen to get this done," and he indicated that which was lying in swath, "you might tidy up after the loader. You needn't be too particular at all. Don't hurry her too much, Ellen—but don't let her idle the time away."

"And if you should happen to finish it all when we're not in the field, unlit and so home. Never mind walking—jump on her back." So many items are contained in James' mandates, that only long experience makes one able to pick out those of major importance. But there was an addition. "Now if you think it's a mountain, or otherwise, just walk out on the shafts, and there you are! But," he chuckled, "be sure the traces are unhooked!" Then he grabbed a hay-fork that had been actually waiting for him, and was away to assist with the loading.

We fancied the mare laughed too, or perhaps we are over-sensitive about our weight since a young man James showing an interest in our effort to get this gown which we had somehow outgrown laughed. "Haw, haw, haw, Ellen—you can't do it!" But now we were expected, when the moment came, to vault lightly to the animal's back. Truly, some of his sentiments are contradictory when we weigh them with consideration!

The August sun was warm, even hot on our shoulders when we commenced the raking, but as the windrows began to lengthen, the refreshing coolness of evening blessed us—and all who must be at work in the fields. In golden shades, rich flame, orange and rose, the sun sank to rest behind the near woodlands, the colors and domes to the dark spires and towers of the farmsteads, long after it had disappeared from sight. Once in a more quiet interval after the laden hay-wagons had lumbered off down the road and placed homeward a modest grat as she searched for evicted field-mice.

And presently, though we thought at first our glasses were playing us a trick, a handsome red fox trotted into sight. He too was intent on game and eyed scant attention to the others of us there. He was still present to Jamie's delight, when he returned with the farmers, and we left him in the vicinity when finally the dusk moved in to cuddle every farmstead in its quiet embrace and the dimness put an end to our labors.

— James, himself rode the mare homing, while disregarding the roadway, with Jamie we made better time "as the crow flies" on a short-cut, which led us past the mill.

And now with the choring past, and all settled for the night, Jamie, like the red fox sniffing for his game, suspected a picnic in the offing, and to be more certain of attending, went home with Rob. In the house across the lane grand-daughter, who usually goes "to bed" with the chickens, though not always to sleep, soon, is into her beauty sleep. Lights are out in the house on the hill, where today Mr. C., faithful in the care of his fields, was busy at the potato-spraying. And James, husband of mine? He puts aside pipe, paper and reading glasses to remark, "Well, between you and me, Ellen, this haying is getting monotonous, don't you agree? And now "glancing at the clock, with a smile, "do you know where we're off to?"

Until tomorrow . . . Diary . . . Good-night.

### How Can I!!! By Anne Ashley

Q. How can I keep the dog healthy?

Keep the dog's water fresh and cool, and see that the container is clean. Water is as necessary to a dog as to a person, and it will mean much better health for the pet if a little attention is paid to it every day.

Q. How can I make an oak stain?

By mixing one quart of boiled linseed oil, three gills of turpentine, six tablespoons of raw umber, and six tablespoons of whiting.

Q. How can I make it easier to remove the refrigerator trays?

A. If a piece of waxed paper is inserted under the trays in the refrigerator, they will come out much easier.

**BIG MILK PRODUCERS**  
Ontario and Quebec are the largest milk producing provinces in Canada.



**POOR MAN'S RIVIERA**—For those who can't afford an expensive vacation at the seashore, the beaches along the Marne River offer the next best thing for Parisians. Besides cool comfort, swimming, fishing, boating and just plain loafing attract thousands to the riverside, just a few miles from the center of Paris.

### DOROTHY DIX SAYS— Training For Parenthood Husband As Well As Wife May Profit By Preparation

**DEAR MISS DIX:** What do you consider to be the qualifications of a real wife and helpmate? Should every girl take up domestic science or get married? What training should a young man have in preparation for the responsibility of marriage and fatherhood?

L. T. E.

**ANSWER:** I think that the best qualifications for marriage is being good sports. If a man and woman have the spirit of fair play and are willing to give and take; if they can do good team work; if they have the courage to fight on when luck seems against them; if they can be gallant losers and take life as it comes without whining; they will win out every time in the end.

A man strong for girls being trained in all the domestic arts and how humble, how learned or how ignorant a woman may be, the two things she is sure to need at some time in her life are how to establish and manage her servants. If she is middle class, it enables her to dress more cheaply and have better food. If she is poor, it gives her two trades whereby she can always support herself, for there are very few places in the world where there is not a continual need for good cooks and seamstresses.

Certainly no girl should dream of getting married and taking a man's stomach and pocketbook into her keeping until she has qualified as a domestic expert. Many girls do, of course, and that is one reason that there are so many divorces, for many a young husband's first disillusion with his bride has come with the knowledge that she couldn't even fry the bacon that he brought home, and that she was throwing most of his hard-earned dollars into the garbage can.

Few subjects have provoked so many bitter and acrimonious disputes as the breakfast coffee. Enough tears have been shed over burnt toast to float a battleship, and many a happy and sunny-tempered young husband has been turned into a dyspeptic and bilious grovly by his wife's biscuits.

Nothing ties a man to his own fireside so tightly as does a good, heavy dinner that makes him as disinclined to go out and hunt for adventures as a gorged snake. The wife who is a cracklerjack cook has a charm in her pots and pans that works perennially three times a day.

Of course, it is just as much a man's duty to be a good husband and father as it is for a woman to be a good wife and mother, but just how you would go about training the man for the domestic career is the salt-shaker fell into the soup or not, and to make pleasant rejoinder when his wife met him with the glad tidings that the coal was out and the roof had sprung a leak and little Johnny broke his pet pipe and Aunt Sally was coming for a nice long visit.

And he might be taught that you don't wash a baby as you do a setter pup, and that the wife was just as tired as he was and that it was his turn to do the dishes. But perhaps the most important advice that husband-to-be could be given would be an intensive course in hills, then a man wouldn't be so surprised when he found out what it costs to support a family.

**DOROTHY DIX**

**DEAR MISS DIX:** The girl I am engaged to has incipient T.B., and the doctor has ordered her to the West for a year. She hasn't the money to go, neither have I it to give her. Another man has offered to pay all of her expenses. He wants to marry her. He doesn't ask her to love him. All he asks is that she be loyal. She has asked me to release her from her promise so she can marry this man.

(Continued on Page 3)



**THE BIG, BIG APPLE**—Enough to turn any youngster pie-eyed is this 450-pound whopper displayed at the Chicago Railroad Fair in honor of International Apple Day. Dickie Powers, 7, and Jessie Bustow, 8, gaze hungrily at the ponderous pastry, billed modestly as the "world's biggest apple pie." Ten bushels of apples went into its making.

### That Body Of Yours

By James W. Barton, M. D.

### THE SAFEST AGE IN LIFE

A few years ago we learned from records of illness at different ages that the years between five and ten were the ones with the lowest rate of illness and death. It is interesting to learn that the age of 11 is now found to be the safest year according to the Bulletin of the Metropolitan Life Insurance Company.

The first year, and especially the first week of life, is fraught with serious hazards, most of which begin before or during birth. When the child has passed safely through infancy, the chances of surviving the next year to year increase with each advance in age during the next ten years of life. After this the chances of living to the end of the next year become less.

By the age of 11 the death rate from infants' diseases has decreased while adult or chronic diseases have not yet started. The death rate at 11 years of age is just one-half of what it was only 12 years ago.

It will come as no surprise to learn that a large proportion of the deaths at 11 years of age is due to accidents, especially among boys. Accidental injuries at age of 11 account for 4 out of every 10 boys and about 1 in 16 girls.

Parents soon learn that when a boy does not climb fences, jump in sandpits or play strenuous games, he is not like other boys. On the other hand parents do not like to see their girls engage in any of these pursuits. Even in accidents in the home, where the hazards might be expected to be nearly equal, the death rate among the boys was three times that among the girls.

While the three diseases causing most deaths—pneumonia, influenza and tuberculosis—have been reduced from between 60 to 80 per cent in the past twelve years, accidents lead other causes of death by a higher margin than ever.

As parents we know that school principals and teachers are doing their part in educating boys and girls in safety methods. It is now up to the parents to supervise their children insofar as this is possible in and out of the home.

**FIRST AID**  
Know what to do in an emergency. Send today for Dr. Barton's helpful booklet, entitled "First Aid in Emergencies." Just enclose 10 cents and a 3 cent stamp, to cover cost of handling and mailing, to The Bell Syndicate, in care of this newspaper, Post Office Box 99, Station G, New York 19, N. Y., and ask for your copy.

### Cook's Corner CRUMBLE SPICE MUFFINS

These muffins—delightfully spiced and sweetened themselves—carry a crumble topping that is good!

Yield—Nine average-size muffins.

**For the Batter**  
1 1/2 cups once-sifted pastry flour  
Or 1-3 cup once-sifted hard-wheat flour  
2 1/2 teaspoons baking powder  
1/2 teaspoon salt  
3/4 teaspoon ground cinnamon  
1/2 teaspoon ground ginger  
1/4 teaspoon grated nutmeg  
1-3 cup lightly packed brown sugar  
5 tablespoons chilled shortening  
1 egg  
1/2 cup milk  
1/2 teaspoon vanilla

**For the Topping**  
3 tablespoons flour  
3 tablespoons brown sugar  
1/4 teaspoon ground cinnamon  
1 tablespoon butter or margarine  
1/2 cup chopped almonds or other nuts  
Measure and sift together three times, the 1 1/2 cups once-sifted pastry flour (or 1-3 cups once-sifted hard-wheat flour), baking powder, salt, 3/4 teaspoon cinnamon, ginger and nutmeg; mix in the 1-3 cup brown sugar.

**Cool Baby Off**  
with a **PALMOLIVE BATH**

**Extra-mild PALMOLIVE SOOTHES BABY'S TENDER SKIN**

Palmolive—made of the finest ingredients—gives a creamy-smooth extra-mild lather that soothes away irritation as it gently floats away dirt. A daily Palmolive bath will keep your baby comfortable . . . refreshed . . . dainty. Remember, Palmolive is extra-mild . . . extra soothing!

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So Solid and Long-Lasting  
Extra-Mild Lather  
Exciting New Fragrance

For Loveliness All Over buy BATH SIZE PALMOLIVE

**Household Scrapbook**  
By Roberta Lee

**Hair Brushes**  
Do not put the silver-backed hair brushes into water. Rub the bristles with flour and then use soft paper to remove the flour. This will clean them effectively. The backs of the brushes may be brightened with silver polish.

**Potatoes**  
Make use of left-over boiled potatoes by slicing them and adding a few pieces of diced dry bread. Fry this together and you will have an appetizing dish.

**Jar Lids**  
Stubborn jar lids can be opened by turning the jars upside down in hot water. After a few minutes, the metal tops will expand and loosen.

**Morning Smile**

Calling at a large drapery store during a bargain sale, a business man came across his junior typist. "So this is your grandmother's funeral?" he said, sternly.

"Yes, sir, it looks like it, doesn't it?" answered the girl pointing to a mass of struggling women. "She's in the middle of that lot."

"Is your new son-in-law nicely off?"

"He can just about keep my daughter in gloves. I pay for everything else."

"Then he deceived you as to his circumstances?"

"No, I remember he merely asked for her hand!"

**DESIGN NO. E-811**  
This adorable sweater for baby may be knitted in a very short time. The raglan sleeve makes it popular. Size 6 to 18 months. Pattern No. E-811 contains complete instructions.

To order: Send 20 cents in coin to Needlework Bureau, Charlot-town Guardian, Design No. -811

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