Woman's Realm / Social and Personal / Fashions / Literature

Happenings of The Week

The Governor-General and H. R. H. the Princess Alice will sail for Britain early in September, probably around September 8, but will return to Canada in November to remain until some time in the winter. After five years' stay here, the Earl of Athlone finds it necessary to spend a few weeks in the United Kingdom to look after his personal affairs and had intended leaving on September 1, but decided to delay his departure to open the new Parliament on September 6. Princess Alice will also return to Canada in November according to present plans.

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Government House was an enchanting spot Wednesday afternoon bathed in summer sunshine, the rich foliage of trees and flowers with the sparkling waters of the Hillsboro River. It was in this lovely setting that hospitality was extended to the citizens of Prince Edward Island by their new Lieutenant Governor, Hon. J. A. Bernard and Mrs. Bernard.

The old colonial mansion was pleasantly crowded with visitors to pay their respects to their King's representative and to receive the hospitality of the home.

Mrs. Thane A. Campbell, wife of Chief Justice Campbell, was in the reception line with the Governor and Mrs. Bernard, the guests being announced by Lt.-Col. P. S. Fielding. In attendance also were Squadron Leader Charles Trainor, D.S.O., D.F.C. and Bar. Also in attendance was Dr. J. A. McMillan, His Honor's private secretary, and the social secretary, Miss Jean McDonald.

Tea was poured by Mrs. J. Lester Douglas, Mrs. J. D. McGuigan, Mrs W. J. P. MacMillan and Mrs. George Barbour.

The guests were ushered into the dining room by Mrs. K. S. Rogers and Mrs. P. S. Fielding. Refreshments were served by Miss Phyllis Blanchard, Mrs. Charles Dougan, Mrs. John Dowling, Mrs. R. B. Jones, Miss Noreen Johnston, Mrs. Frederick Large, Mrs. Heber Large, Mrs. Andrew Likely, Mrs. J. A. Macdonald, Mrs. Reuben Macdonald, Mrs. J. P. McIntyre, Mrs. Charles MacKenzie, Miss Lena MacLure, Mrs. Robert MacMillan, Mrs. J. J. McNally, Mrs. Watson MacNaught, Miss Mary McQuaid, Mrs. Nellie Nicholson, Miss Alfreda Pickard, Mrs. E. M. Phillips, Mrs. T. W. L. Prowse, Mrs. W. F. A. Stewart, Mrs. St. Clair Trainor, Mrs. Lloyd Wennacott, Mrs. Arthur Chaisson, Mrs. Elphege Bernard. Mr. Al Blanchard was in charge of the music.

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Rev. Dr. and Mrs. Scott Fulton of Chatham, Ont., who have been holidaying here a month, leave on return on Monday, having had a marvellous time renewing old friendships and making new ones.

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Mr. and Mrs. F. A. Hardy and children Anne and Judith have returned to Ottawa after holidaying at Stanhope Beach.

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Mr. and Mrs. Lupton Brooks, Toronto, who have been guests of Lieut. and Mrs. Ian Burnett at Dunstaffnage, left on return Saturday.

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The critical illness in the P. E. I. Hospital of Miss Lilian Earle, one of Charlottetown's most gifted and popular accompanists, is causing her family and friends deepest concern.

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Mrs. (Lieut.) Booth and son Ronald of Halifax are guests of Lieut. and Mrs. Ian Burnett at Dunstaffnage.

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Miss Joan Roop, daughter of Mr. and Mrs. J. M. Roop, whose engagement was announced this week to Lt. Thomas Drummond Cobb, R. C. C. R., son of Mr. and Mrs. P. S. Cobb, is being widely entertained prior to the happy event next Wednesday.

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On Thursday Miss Eva Irlam was hostess for Miss Roop at a very delightful tea and shower at which the popular guest of honor received handsome gifts in silver and china.

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Last evening Miss Elizabeth Forsythe was hostess at her home for Miss Roop when additional lovely gifts were given, accompanied by happiest good wishes.

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Mrs. H. R. Hillson has as her guests at the Birches, Capt. Harry Cameron and Mrs. Cameron, of Ottawa, who are being cordially welcomed by relatives and friends.

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Mrs. Charles M. Chisholm of Ottawa has been spending a delightful two weeks' holiday with friends in Summerside and Charlottetown.

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Mr. and Mrs. L. D. Murray have left on return to St. Andrew's, N. B. Mrs. E. W. MacKinnon is visiting them for a few days.

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Mr. and Mrs. Charles MacKinnon and winsome young son, who have been visiting the former's parents, Mr. and Mrs. E. W. MacKinnon, left Monday on return to Montreal.

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Mr. and Mrs. H. Roy Cromwell who have been spending a month at their summer cottage, York Point, leave Monday on return to their home in Patterson, N.J.

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Mrs. James Walker entertained on Saturday for Miss Lena McLure at a luncheon at the Charlottetown Hotel. Covers were laid for twelve.

• • •

Mrs. Earle Baker, Spring Park Road, entertained at the tea hour Tuesday in honor of her cousin, Miss Lena McLure, who left this week for Toronto, and Mrs. B. C. Howard of Sherbrooke, Que., who is the guest of her father Mr. B. Roy Holman, Brighton.

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Mrs. James Wade of North Adams, Mass., is visiting her sister, Mrs. A. E. Baker.

• • •

Miss F. J. Ellis of Roslindale, Mass., arrived in the city by plane Monday and is the welcome guest of Mr. and Mrs. J. J. Trainor, Prince Street.

• • •

Mr. and Mrs. C. W. MacArthur have returned to their home in Perth, N.B., after a delightful holiday with relatives and friends. They were accompanied back by the Misses Hilda MacLure and Phyllis Burhoe, who will spend a few days in New Brunswick before resuming their studies at the P. W. C.

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Miss Lena McLure, who has been spending the summer with her parents, Mr. W. Chester S. McLure, M.P., and Mrs. McLure, has returned to Toronto. En route she visited Mr. and Mrs. Walter Pearson in Sackville.

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Mrs. L. B. Hunt had as her guest for a few weeks her son, Major William Sinclair Hunt, recently returned from overseas, and who left Wednesday for Ottawa. Major Hunt was accompanied home by his wife and they received a most cordial welcome.

• • •

Miss Kathleen McNeely, who has completed her studies in Toronto has arrived home to spend some time with her mother, Mrs. M. G. McNeely, before proceeding to Antigonish, N.S., where she has accepted a position as a Laboratory Technician at St. Martha's Hospital.

• • •

Principal Matron Janet C. MacKay, R.R.C., R.C.A.M.C., Sussex Military Hospital, Sussex, N. B., spent a pleasant week-end at Cavendish staying at "The Birches", the home of Mr. and Mrs. George McCoubrey.

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Miss Elsie Allder, Educational Director at the Royal Victoria Hospital, Montreal, returned by plane Thursday, having spent the past month vacationing at "The Birches", Cavendish.

• • •

Miss Helen Armitage, Sherbrooke, Que., and Miss E. Bertha Baker, Montreal, Que., returned to their homes Wednesday, having spent an enjoyable six weeks' holiday at "The Birches", Cavendish.

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Miss Bessie Seaman, R.N., who has been spending a month with her sisters, Miss Nellie and Miss Lily Seaman, Rosseneath Apts., left Thursday on return to Saint John, N. B.

• • •

Miss Isabelle Jamieson left Thursday on a holiday visit among her old home friends in Halifax.

• • •

Mrs. Bruce Marr and young daughter, Sheila, left Tuesday on return to their home in Elmira, Ont., having spent a delightful holiday, the guests of Mr. and Mrs. H. A. Messervy.

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The King wore civilian dress in public Saturday for the first time since before the war. He appeared in a blue lounge suit with a white pin stripe as the Royal Family left from Euston Station, London, for a vacation at Balmoral Castle.

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Miss Edith Sterns has returned home from a visit with her sister, Miss Clara Sterns, in Vancouver.

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Capt. Walter Fowler, T. C. Airways, Mrs. Fowler and son John, who have been summering at Keppoch Beach, have returned to their home in Winnipeg.

• • •

Mrs. Frank Johnston and her sister, Mrs. Bruce Davison, of Summerside, entertained at afternoon tea at the Cliff Cottages, honoring their cousin, Miss Hazel A. Harding of Plainfield, N. J. Among the guests were Mr. and Mrs. J. A. Harding of Norboro, Miss Hazel Huestis and Mrs. Chesley Robertson of Summerside, and Mrs. Fred Harvey of Cape Traverse.

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Miss Sally Wood is visiting Dr. and Mrs. Hugh Miller at their summer home in Broadlands, Quebec.

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Mrs. Harry Chaplin has returned to Bay Fortune after a week spent in Sydney.

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Miss Janet Jardine of Trenton, N. J., is visiting her mother, Mrs. James Jardine, in Kensington.

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The British Embassy in Paris said Tuesday that the Duke and Duchess of Windsor will arrive in Paris in early September for a stay before going to England. The Windsor home on the Boulevard Suchet was reported to have been redecorated on instructions from the Duchess. The Duchess' bedroom was said to have been done over again in midnight blue and white. The Duke's room was said to be austere with a hard bed and a lion's head chromium lamp. However, he was reported to have a "most elegant" bathroom with a long chair in which he can sit and shave himself.

HOUSEHOLD SCRAPBOOK

By Roberta Lee

DRIED FRUITS

Always wash dates, raisins, or other dried fruits before using. Germs collect on them from exposure and handling, so place them in a colander and pour boiling water over them.

THE HAIR

Castor oil rubbed into the scalp is an excellent tonic for the hair and will arrest grayness.

VINES

Use a glass vase to hold the slips of vines when growing them indoors. Then the sun can get to their roots.

Dorothy Dix Says—

Judo As Aid to Feminism

Scientist Says Military Training Will Do Much For Females

One of our most famous scientists is an ardent advocate of peacetime military training for all able-bodied young women, as well as men. He says:

"Rigorous physical conditioning of females, together with practice in the art of judo and in the use of firearms, might go far to restore to the family an equilibrium of parental control. It would also improve the physiques and general beauty of women by teaching them proper posture and a graceful gait.

"Besides, by divesting them of excess and peculiarly localized fatty deposits, it would enable them to wear pants without creating a repellent spectacle. Dressing all women in uniform would finally convince men that in truth "women are all alike," and consequently that there is no hurry about grabbing any one of them for a life partner."

AND IT TOOK A SCIENTIST

Well, for pity's sake, who would have thought that it would take a scientist, and an anthropologist at that, to figure out the answer to the problems that have worried women almost to death and that have turned their hair gray before its time? Such as, how to retain their girlish figures? How to keep their husbands from roaming? How to keep bobby-sockers in line? How to be the heads of their houses instead of the doormats that their families trampled on and kicked around?

Heretofore women have attempted to solve these problems by prayer and tears and appeals to the affections of their husbands and children, which got them nowhere. It was their mistake. The answer to the riddle is: Muscle, with a touch of judo. The philandering husband's heart might not be moved by his wife's weeping, but a blow at his solar plexus would make him watch his step. Nor would any teen-ager dare to sass Mom if she knew that Mom packed a wallop in her good right arm.

It is because women have always been the weaker sex physically that they had to take whatever sort of treatment was accorded them, and be thankful it was not worse; so it is easy to see the many advantages they would gain by their all being turned into WACS and WAVES, trained to hold their own in any family fight.

But, alas, there is a fly in the ointment, and putting pistol packing Mama in uniform isn't going to be sheer gain to her. It is going to boom the old maid crop, for few men will want to marry something that looks like a caricature of their little brothers and who is a better man than they are. Also, it would cause women to throw away the weapons of offense and defense that they have been perfecting for thousands of generations and to adopt new methods of attack, and it is doubtful if any amount of brute force would ever get as much out of a man as a few pearly tears, or if any man will ever be as much afraid of a wife with a Tommy gun in her hand as he is of one with a sharp tongue in her mouth.

Of course, conscripting women into the army in times of peace and giving them a preliminary training would undoubtedly improve their physiques, but here again there is a catch, for it would deprive the sex of its most profitable graft, which is enjoying poor health. Most women would sooner admit to a scandal than to being strong and well. We all know hundreds of them who are too weak to do their housework, but who can walk ten miles around the aisles of a department store and dance all night at a party. And to expect them to give up this alibi for doing what they want to do and not doing what they don't want to do is asking too much. Their poor nerves won't stand it.

And there you are with women. Nobody can guess 'em.

Living & Leisrue

THE WOMAN'S REALM

Three Teachers

I rested a while in a quiet nook,
And found there teachers three—
One was a bird and one was a brook,
And one was a green, green tree.
The wee bird sang a cheerful song
That no one heard but me;
And it seemed to say: "You've heard my lay;
Pass on its melody!"
The brook flowed on in a glad, glad way,
Smiling at the rock's rebuff.
"I have no room," it said, "for gloom;
I laugh when the road is rough!"
The green tree stood with wide, wide boughs,
Like hands outstretched to greet;
When the branches stirred, I caught this word:
"Be a friend to all you meet."
The heart that's truly blessed
Is never all its own;
No ray of glory lights the breast
That lives for self alone. —A.

Using Up Bread

Even when one is using up every scrap there is a limit to the quantity of bread crumbs which can be used in recipes. These two recipes use them up in unusual ways.

Croustades: Cut two-inch thick slices of bread into oblongs or squares. Scoop out the centres leaving bread cases with sides and bottoms 1-4 to 1-2 inch thick. Toast, saute, or fry the cases in deep fat to a golden brown colour and store them in a cool, dry place. To use, reheat, and fill with creamed meat or vegetable mixtures. Spanish toast: Beat one egg, then add 1-2 cup of well-seasoned tomato juice. Dip five or six slices of bread into the mixture and saute until brown on both sides. Serve hot, topped with scrambled eggs or cheese sauce.

Feet Up For Beauty

Lying with your legs tilted higher than your head for 15 minutes will miraculously reduce the size of feet, which after pavement-pounding in hot weather, seem miles too big for your shoes.

This kind of leg-hoisting yields numerous other benefits. By sending a healthy flow of blood to your head it gives you a scalp treatment that doesn't cost a thin dime. The elevation of your nethers can give you a deluxe facial, says glamorite model Betty Jane Marshall, if you'll bathe your skin with cooling witch hazel after you drop your head to a lowered 15-degree angle.

Before she smoothes on this skin freshener—which has a mildly astringent action — Betty Jane cleanses her face. After the witch hazel is applied, she spanks her face with the palms of her hands, slaps under her chin with the backs of her hands, and taps eye areas gently with her fingertips.

Tomato Meat Filling

Here is a sandwich-filling with taste appeal and staying quality. This filling for the "hearty" sandwich is especially good for Sundays and holidays because it can be made up ahead of time and kept in the refrigerator.

It's called tomato meat sandwich filling. To make it, combine 2½ cups of ground meat, two tablespoons of grated onion, 1-2 cup tomato juice, a few grains of cayenne, one teaspoon chili powder, salt and pepper to taste. Cook, stirring constantly until the mixture reaches the boiling point, then cool and store in covered container. The yield is about 2½ cups and the filling will keep several days in the refrigerator.

ELLEN'S DIARY

By an Island Farmer's Wife

Towards this morning, after several days of scanning the sky and pond hopefully, to find some indication of rain there, it came. Gently on the roof, gently also on the new window. Though this vicinity has not suffered so badly, James and I heard it, with relief. Strange the pattern of this Summer's rain-pattering in showers on our fields and not a drop of it, in at Rob's. And reversing this at the will of a sullen cloud. "That," James said when he heard it, "should help the potatoes," then turned calmly over and went to sleep. Too deeply he slept, this James of mine and too long on this cream morning. Refreshing rain at any time is no excuse to loiter on farms. Work must go on. I heard a clock chime, a last call. Noiselessly, I left his side to contact Julie. Noiselessly we slipped down a stair. "On an adventure" I beamed to an unsuspecting Julie.

• • •

Our treasure hunt in the rain led us, when I had duly capped and coated and rubber-shod a wondering Julie against the elements, down between two rows of potatoes. The same ones, I have heard James declare with a sight to visiting farmers "They haven't as good a top as they should have." They were tall and bushy enough this morning. Down we went helter-skelter, a bewildered Julie following my unusual burst of speed. Across two waste gates; along a narrow path where wet golden rod caressed us in passing. Finally when we had waded a broad shallow stream, on which the rain drops danced, there in the spring we found our pot of gold. Gold, I may say that in this day and age, has very little last to it. In fact I've heard James say "Once the cheque is signed it's gone." We had set the cream can in place and the smoke from our kitchen flue was coming earthward before the cream truck came swiftly in the old mill road.

• • •

Very quiet, it was at Alderlea today. Julie beginning, of her own accord to pick up the threads where Judy left off, went to the Saturday's cleaning and the many other house duties in preparation for the Sabbath. "It's nice," she said to me watching the rain tumble into the barrel, "that I filled the wood box when you were away yesterday.' Jeanie's two hybrid ducks had the time of their young lives bathing and disporting themselves in the small new puddles about the yard. Mattie, the Muscovey, their mother (who obviously was only indifferent as far as family allowance is concerned) regarded it all with pleased intent.

• • •

This was one of the weeks in that delightful interlude between the haying and the harvest, a period eagerly grasped by farmers for getting the extras done. The bit of building or repairing; summer-wood sawed, old weathered and no longer useful fence rails that so nicely help to hurry the kitchen fire on a busy day, or other work that has awaited this convenient season. At Rob's, Mr. D. is continuing his work at the new building. Two buildings, for Karolyn is having the poultry house made more modern. Jamie and Mr. D. and, I suspect, all of the family there found one knotty problem. Small but extremely important to Karolyn, who is much interested in this form of agriculture. Much planning went to insert a small low opening, that when the door is closed will provide ample space for broad deep hen-ladies and, as Jamie explained to me "fearful that I had forgotten, "the rooster" to enter or depart at will and at the same time, small enough to make the Mutt-dog's entry only a bit of wishful thinking for him. Black Mutt is not above finding some of his more vigorous vitmins in brown-shelled eggs.

(Continued on page 10)

NOW CAN I!!

By Anne Ashley

Q. How can I prevent perspiring hands?

A. Dissolve a tablespoonful of alum in a quart of water. Hold the hands in this solution for half an hour before going to bed every night, until relieved.

Q. How can I unscrew can tops readily, that are stubborn in yielding?

A. Keeping a few narrow strips of sandpaper on hand. Press a strip around the side of the screw top and it seldom refuses to yield.

Q. How can I take the soreness from a bruise?

A. Butter, when applied as a salve, will take the soreness from most bruises and often prevents discoloration.

MORNING SMILE

QUITE DIFFERENT

"Anyhow, I'm glad the world is filled with sunshine."
"An optimist, eh?"
"No, a straw hat salesman!"

THE OTHER KIND

A little girl was spending her first night away from home. When it began to get dark she commenced to cry. "Why, dear," asked the hostess, "what is the matter? Are you homesick?" "No" came the reply. "I'm heresick!"

BETTER ENGLISH

D. C. Williams

1. What is wrong with this sentence? "Charles is in a pretty fix".
2. What is the correct pronunciation of "apocalypse"?
3. Which one of these words is misspelled? Hydraulic, hemmorhage, huricane.
4. What does the word "stringent" mean?
5. What is a word beginning with sa that means "a refuge, or retreat"?

ANSWERS

1. Say, "Charles is in a predicament." 2. Pronounce a-pok-a-lips, both a's as in ask" unstressed, o as in of, i as in lip, assent second syllable. 3. Hurricane. 4. Strict in requirements. "It was a stringent code of procedure." 5. Sanctuary.

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MODERN ETIQUETTE

By Roberta Lee

Q. Which one should go first when a man and a woman are leaving a public diningroom?

A. The woman should go first. If they must pass through a closed door, she should stand aside and allow her escort to open it.

Q. Is it proper to refer to curtains or draperies as "drapes"?

A. No. Say "curtains" or "draperies". This expression is in the same category as "gents" for "gentlemen."

Q. Is it ever permissible for a man to open his wife's personal letters?

A. No; nor should the wife ever be guilty of this offense.

When Lamp Shades Need Laundering

Lamps, vases, bric-a-bac and parchment lamp shades should be washed with a cloth wrung out of warm suds, rinsed well with a cloth dipped in water to which a few drops of ammonia have been added. For lamp shades a few drops of glycerin add luster.

Silk lamp shades are easily washed by plunging them up and down in a tub of warm soapy water, then rinsing in same way. They come out looking like new and dry in no time at all.

COOK'S CORNER

COFFEE CUSTARD

2 cups milk
2 tablespoons ground coffee
3 eggs, slightly beaten
4 tablespoons sugar
Pinch of salt
1-4 teaspoon vanilla

Scald milk, with coffee and strain. Add sugar, salt, vanilla and milk to eggs.

Strain into greased individual models.

Place molds into pan of hot water and make in moderate oven, 350 F., till firm.

(To test—insert knife in custard—if knife comes out clean, custard is done. Never allow water surrounding mold to reach boiling point or custard will separate.)

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HANG THIS UP IN YOUR KITCHEN
YOUR RATION CALENDAR
Weston's SEPTEMBER Weston's

SUN	MON	TUE	WED	THU	FRI	SAT
COUPON VALUES Sugar (Red) - - - - - One Pound Butter (Purple) - - - - Half Pound		Weston's — Oval Arrowroot — Vanilla Cookies — Chocolate Delight In the new streamline package				1
2	3	4 Meatless Day in Public Eating Places	5	6 Butter Coupon 121 is valid.	7 Meatless Day in Public Eating Places	8
9	10	11 Meatless Day in Public Eating Places	12	13	14 Meatless Day in Public Eating Places	15
16	17	18 Meatless Day in Public Eating Places	19	20 Butter Coupon 122; Preserves Coupons P16-P17; Sugar Coupon 63, 64 are valid.	21 Meatless Day in Public Eating Places	22
23	24	25 Meatless Day in Public Eating Places	26	27 Butter Coupon 123 is valid.	28 Meatless Day in Public Eating Places	29
30	PRESERVES COUPONS VALUES: 12 fluid ounces jam, jelly, marmalade, honey butter; or 15 fluid ounces corn syrup, cane syrup, blended table syrup; or 20 fluid ounces canned fruit; or 24 fluid ounces extracted honey; or 24 fluid ounces maple syrup; or 40 fluid ounces of molasses; or 2 lbs. cut comb honey; or 2 lbs. maple sugar or ½ lb. sugar.				Weston's October Ration Calendar will appear on Saturday, September 29th.	

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