

Present Situation In China

By John Geldert

The first thing to remember about the situation in China is that it is developing along perfectly natural lines, for history worked out in Europe is repeating itself in China.



"I never tasted such Chocolate Cake before!"

With a filling and icing made from Baker's Chocolate

By all means the most satisfactory chocolate for cooking and drinking.

Walter Baker & Co. Limited

Despair from Eczema

Is your face or body disfigured by itchy eruptions? Here is a treatment—quick, sure, permanent.

D.D.D. (Dermatological Disinfectant)

Sore Throat

It aches and throbs with pain. The tonsils are so swollen that it hurts to swallow.

Absorbine J

Have Your XMAS Photos Taken At The BAYER STUDIO

Professional Cards Palmer & Palmer

McDonald & McPhee

Mark R. McGuigan

Dr. C. C. Archibald

FRUIT TREATMENT FOR CONSTIPATION

Quick and Permanent Relief By Taking "Fruit-a-lives"

What a glorious feeling it is to be well! What a relief to be free of cathartics, salts, laxatives and purgatives that merely aggravate constipation and are so unpleasant to take and so weakening in their effect!

What a satisfaction to know that the juices of apples, oranges, figs and prunes will absolutely and permanently relieve constipation.

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IN MEMORIAM

BEATRICE ROONEY

Kind, indeed, is Divine Providence, in veiling the future from our sight. More than once has this thought occurred to us, since the news of the death of our dearly loved companion and classmate, Beatrice Rooney, reached us.

In 1920, Beatrice joined our class at St. Mary's Convent, Souris, and from the first she proved herself a faithful, diligent and earnest pupil. Gifted with exceptional intelligence, her progress was rapid, and she was soon one of the first in her class.

Shortly after school closed in July Beatrice went to Waterville, Mass., where her parents, Mr. and Mrs. Philip Rooney, now reside.

Towards the end of August, the malady which terminated so fatally, began to declare itself, and in spite of the best medical attention she grew gradually weaker.

Happy, indeed, are those who obey the inevitable decree under circumstances such as were connected with her departure from this world of sorrow.

At Peter's Road, King's County, P.E.I., on October 14th, 1924, Nicholas Jenkins passed away in the fifty-ninth year of his age.

He was a son of the late Nicholas Jenkins and Annie Brown, his wife, and was born at Pownal, P.E.I. During his early childhood the family moved to Peter's Road.

He was a devoted and anxious seeker after the way of salvation for many years. During the time of his bodily affliction his piety and faith were increased, as he realized that the time of his departure was near.

He often wondered at what we read of the fortitude of the early martyrs amidst the pains of persecution. Here in our own time was one whose body was in the deadly embrace of a loathsome disease, but who was able to shed around him the brightness of the celestial light within.

Our ways have changed since then. Running hot and cold water and generous sinks make it simple to rinse the dinner dishes so that they can be neatly piled and washed the next morning if we prefer doing that way, and no apologies are necessary.

We would regret going back to our grandmother's time in the matter of household conveniences. A month's camping in summer will bring most women back to town counting their blessings in the way of labor-saving devices.

The funeral was on Saturday, 18th. The service was held in the Kirk at Peter's Road, and was conducted by the pastor, Rev. Ewen MacDougall.

The property known as St. Fillan's is to pass to testator's son, James Drummond MacGregor, of Brick House to his daughter, Elizabeth A., and lands on Little Harbor Road to his daughter Janet L.

The executors and trustees are authorized and empowered to sell or otherwise dispose of at any time the real estate including the lands already referred to (other than the house Mrs. MacGregor may select) and in the event of the sale of any of such lands as have been devised the proceeds from such sale to be paid to such child as would have received said lands, but no payments are to be made until the annuity above referred to for Mrs. MacGregor.

Put a teaspoon of salt and half a teaspoon of soda in the water in which you keep cut flowers.



A Normal Baby has

- A steady gain in weight
-Bowel movements every day
-A good appetite
-Clear skin
-Bright, wide open eyes
-Very little crying
-Quiet, unbroken sleep

Other Points of normal development

- 1 month—Eyes follow objects, Starts at any unusual noise.
2 months—Recognizes heat and cold by taste. Smiles at familiar faces.
3 months—Sits up with hands. Tears appear when crying. Sense of touch fairly good.
4 months—Holds its head up unsupported. Notes absence of mother and difference in voices.
5 months—Reaches for and plays with toys. Mouth shows expression, when attention attracted.
6 months—Sits up easily. Begins to laugh. First tooth appears.
7 months—Memory noticed. Starts to imitate. Tries to bear weight on its feet.
8 months—Starts to creep. Laughs aloud. Sighing noticed.
9 months—Attempts to stand with support.
10 months—Starts to talk. Stamps its feet. Supports its back easily.
11 months—Says "Mamma" and "Papa". Walks a few steps unaided.
12 months—May walk across the room. Has learned to say several words.
14 months—Readily walks. Talks fairly well. Kisses with lips. Sits spot in head begins to close.
18 months—Freely talks and walks. Tosses and tries to catch toys.

We will gladly send you a trial package of Nestlé's Milk Food sufficient for twelve feedings, together with our "Mother Book" which gives full directions on the care and feeding of your baby. Write to-day.

NESTLÉ'S MILK FOOD
Made in Canada by the makers of Nestlé's Evaporated and Condensed Milk
NESTLÉ'S FOOD CO. OF CANADA, LIMITED, 323 ST. JAMES ST., MONTREAL, QUE.

HOUSEKEEPERS YESTERDAY AND TODAY

Barbara Brooks, Kellogg Company, London, Ontario.

The other day we heard a young housekeeper say that it seemed as if she was always washing dishes and that she was always a neat housewife.

In our grandmother's time, it would have been considered slovenly not to wash the dishes immediately after each meal.

Meals, too, have changed since grandmother's day. There the foods were not so refined. Wheat was ground at the mill and nutritious loaves of bread were made from the flour.

The whole wheat, or bran, bread habit is one which we can well adopt. The outer covering of the wheat grain is rich in minerals—especially iron and phosphorus—

The next time you feel that you must have some homemade bread, try the following bran recipe—instead of baking the dough in a loaf, it may be shaped into rolls, glazed with white of egg and sprinkled with bran.

- Mashed Potato Bran Bread
1 yeast cake,
2 teaspoons salt,
2 tablespoons sugar,
3 tablespoons molasses,
1/2 cup mashed potatoes,
2 cups lukewarm water (80° F.),
2 1/2 cups All-Bran.

Is Your Baby Developing Normally?

The chief cause of slow development is malnutrition. While many babies get a sufficient quantity of food, it is not always the right kind. Mother's milk although entirely sufficient during the first few months may become thinner later on.

For over fifty years mothers in every part of the globe have been rearing their babies successfully on Nestlé's Milk Food. It agrees with baby's tender little stomach.

It is made from pure cow's milk modified with cereals and is as easily digested as mother's milk. It is always uniform in quality.

"Mothers, Nurse your Babies—If you can't get Nestlé's"
NESTLÉ'S MILK FOOD
Made in Canada by the makers of Nestlé's Evaporated and Condensed Milk
NESTLÉ'S FOOD CO. OF CANADA, LIMITED, 323 ST. JAMES ST., MONTREAL, QUE.

4 cups bread flour (or more).

Crumble the yeast cake into the bowl, add the water, then all the other ingredients except the flour.

Sift in flour carefully, stirring until the mixture can be loaded. Knead until smooth. Cover and let rise until double in bulk. Punch down the dough and let it rise again.

Shape into a loaf, put into a greased bread pan, let rise, then bake in a moderate oven (300 f.) for 55 minutes.

ACEYLENE FLAME JUST MISSES A LIVE SHELL

LONDON, Oct. 29.—A captured German gun which had been on exhibition at Leslie, L. f. shire, being broken up in a metal yard at Motherwell, Lanarkshire, when a workman, after cutting through the breech with an oxy-acetylene burner, found a 5.9-inch shell jammed just beyond where he had been working.

The man at once cut off the flame and warned the many men working near him of the peril they had escaped.

Exports have decided that the shell is a live one, probably filled with gas. It is to be exploded next week by the military authorities after being deeply embedded in a field.

Minard's Liniment—Heals Cuts.

Because They're so Pure

is the reason they're so good. And because they're so good

COWAN'S CHOCOLATE MAPLE BUDS

have steadily increased in popularity and sales until to-day they are known as

"THE NATIONAL CANADIAN CONFECTION"

GET THE GENUINE

If They're not COWAN'S They're Not MAPLE BUDS

- 1 yeast cake,
2 teaspoons salt,
2 tablespoons sugar,
3 tablespoons molasses,
1/2 cup mashed potatoes,
2 cups lukewarm water (80° F.),
2 1/2 cups All-Bran.

Don't Get Bald Cuticura Does Much To Prevent It



Dandruff, itching and scalp irritation point to an unhealthy condition of the scalp which leads to falling hair and premature baldness. Frequent shampoos with Cuticura Soap do much to prevent such a condition, especially if preceded by a gentle anointing with Cuticura Ointment.

Put a teaspoon of salt and half a teaspoon of soda in the water in which you keep cut flowers.