

Mr. Fox Depends on Johnny's Vank

THE BEDTIME STRIP

FOR THE WOMAN READER
BY FLORENCE RIDDICK BOYS
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THE YARD FOR PLAY.

"Why men leave home" has been the subject of much thought, but anybody with half a guess can figure out why children leave home. It is because they do not find enough to do there to keep them happily busy—probably the same reason the adults leave. To turn the back yard into a playground will not only keep your own children at home, but will draw youngsters from blocks around. This is an inducement and a warning.

The sand pile or sand box is a never failing source of amusement to the little child. If the sand is dampened to mold, so much the better. A small rake, a shovel or a pail and a spoon add to the attraction. Simply irrefragable horizontal bars, with a layer of the wherewithal for turning tricks galore will never lose their attraction to the beginners in school. Put bolts through the timbers and bar to prevent the bar from turning. Flying rings, swings, and ladders are things of little later stage of the game. All these things will afford chance to clamber and climb and stretch and strain and strengthen and straighten and work off the monkey instincts.

As the children get older they will want the yard fixed so they can play ball in it. Fasten a basket ball goal on the garage, or use the garage for a handball backstop. A cheap net, stretched in the center of the yard will make volley ball and tennis possible. Your athlete son may demand a high jump outfit, and your little daughter may like a playhouse. Be sure to have the latter with the side toward the house open for supervision from the kitchen window.

When you are buying apparatus, remember that it does not pay to put good money into anything fragile. It will see hard use. Freak apparatus will not have the everlasting appeal that simple apparatus has. High apparatus is dangerous. A little money put into play equipment may be the price of the character of your own children and help set the standards of the whole neighborhood. It is an investment in good citizenship and health and vigor. If you and the children can build your play apparatus together, so much the better.

Your children will never forget the hours you spend in this occupation. You are laying up loving thought against the needs of your old age.

SELECTING A DRESS

In the old days, when women made their dresses at home, there was not much need that one give earnest thought to the choice of a pattern and the goods and trimmings to go with it. We ordinarily think that all this is decided for us now by the experts, in this day of ready-mades.

But everybody does not look good in the same sort of a gown, and there is still need that we know how to choose wisely as to materials and designs. In selecting a dress, we must consider the occasions on which we will wear it, time of the year, age of the wearer, its durability, color, style, size, the neatness and fit, the effect of its simplicity or fussiness, its individuality or conformity, its modesty or showiness, its value in relation to its cost, and whether it will go well with our other articles of wearing apparel.

One does not want to make the mistake of buying a too heavy dress for warm weather nor a too thin one for cold weather. A middle aged woman of dignity would appear well in a flapper dress. Color gives a wide range of opportunity for mistakes of appropriateness. It makes a vast difference whether your garment is pink or any blue, but one might be just as thing for the party and the other for the street. If you will want to wear long sleeves with the garment, you will choose a long sleeved one with firm texture such that it can not be seen through. If the purse is small, one must not select a dress which rolls too easily or will not clean well; and whatever the price one can pay, he must make the dress correspond in price with shoes and hat and gloves and coat. It would not do to have one regal and the other plebeian.

Finally, one does not wish to select a dress which will be just like one worn by Mrs. Smith, no matter how much we may like that lady. Individuality is really a point to be aimed at in choosing a garment.

It is not a simple matter to select a dress, even in this day of ready-mades, and one's chicness or dowdiness depends more upon her judgment and taste in choosing well, than upon the size of her pocketbook. The study of artistic and appropriate dress is one worth the effort of any woman who could look her best.

THE IDEAL KITCHEN

"The ideal kitchen is one in which the preservation, preparation, and (if need be) the serving of food can be accomplished without unnecessary labor and with the highest efficiency and satisfaction."—Kathryn McMahon.

The ideal kitchen should not only be conveniently arranged, but it should be cheerful and bear an encouraging atmosphere. Its walls should be light colored. A pleasant tint is cheering. Oil paint of a greenish tint is attractive. If a broad window can overlook a pretty garden, so much the better. Consider the railway train kitchen where several persons work and everything is within reach without taking a step. It is a study of compactness.

The ideal kitchen is well ventilated, (having outer walls on two sides. Its windows and doors are well screened. The old way was to have an old kind of light hanging in the center of the kitchen. The better way is to have a light over the sink and work table, so placed that the light does not shine in the worker's eyes.

Linclem makes an ideal floor covering. Select a pattern to match your color scheme and a pattern which is not too large. Cemented to the floor and kept well varnished, it will wear for years.

A small cupboard over the sink is a convenient place to keep soap, brushes and materials used in washing dishes and cleaning vegetables. Another small cupboard over the range furnishes a handy place in which to keep salt and pepper and other seasonings.

A note of gaiety may be added to the kitchen by having white muslin curtains bound with fancy gingham of rose or yellow or blue or green. It is too somber to have plain white curtains. Why not make it jolly?

Crusts In Nostrils Caused By Catarrh

Relieved in 5 Minutes

Relief for colds and catarrh is quick, is sure, when you use Catarrhzone. No stomach medicine to take—you breathe from a Catarrhzone Inhaler the soothing balsams of the pine woods—they are full of healing. Germs are destroyed, soreness and coughing cease, catarrh goes away.

If suffering from throat droppings, running eyes, active nasal discharge, choked condition in the nostrils, remember Catarrhzone will quickly aid you. Get the large \$1.00 outfit. It is guaranteed. Small size, 50c. At dealers everywhere.

Mothers Praise Baby's Own Tablets

Mrs. L. M. Brown, Walton, N. S., says: "I cannot recommend Baby's Own Tablets too highly. I have found them invaluable for the ailments of little ones." Mrs. Brown's testimony is the same as that of thousands of other mothers who have used the Tablets. To use them once is a sure guarantee that they will always be "kept" in the home as long as there are babies or young children to be cared for. The Tablets in action—mild but thorough in action—never fail to regulate the stomach and bowels; relieve constipation and indigestion; break up colds and sinusitis and make the dreaded teething period easy. In fact you banish all the minor ills from which little ones suffer. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

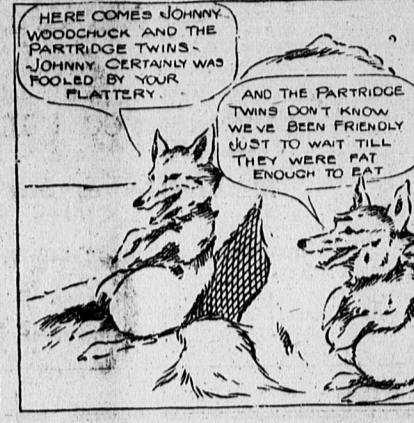
RAMSAY'S PAINTS and VARNISHES



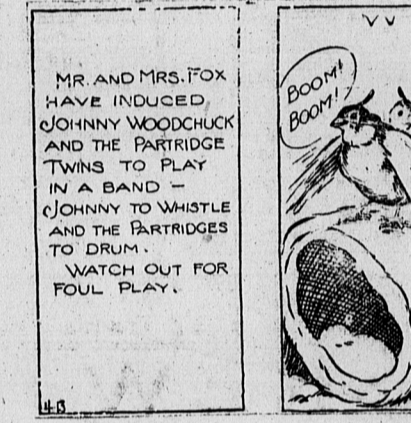
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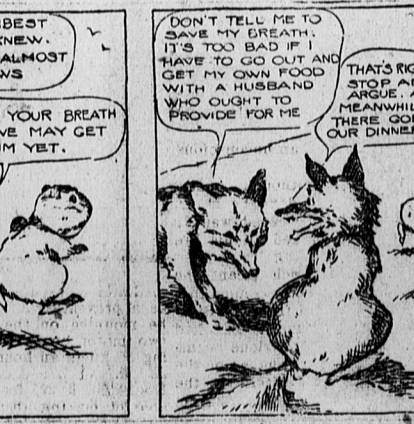
Sweet Music for Mr. Fox.



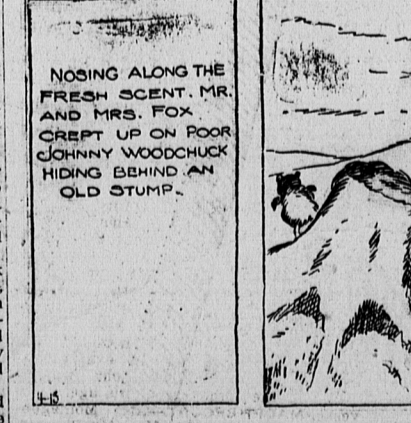
Discord in the Animal Band.



The Elusive Dinner.



Saved Again.



Foxing the Foxes.

