# Woman's Realm — Social and Personal — Fashions — Literature

## Dorothy Dix's Letter Box

### The Mistakes Made Through An Early Marriage Seldom Can be Rectified — It's Either Broken Homes, Poorly Trained Children or go on and Suffer in Silence

Dear Dorothy Dix—I have been married five years and have a son 4 years old. All my married life I have helped my husband run his business and take care of his mother and father. I don't think my husband loves me, but I know he needs me in his business.

I know now that I don't love him. I married at 17 and it was just a childish fancy that I have outgrown. I don't want to leave him, because it would change my baby's life, but must I pay the penalty of my life for one mistake? I can't go home to my father because he has a house full of kids as it is. Besides, I don't want to depend on any one. Can't you think of some way to help me? Or must I go on paying and paying and paying for marrying too young? S. L.

Answer:

Alas, no, I, nor any one, can save you from the consequences of your childish folly. It has been said that we are punished more severely for our mistakes than we are for our sins. And that is tragically true in marriage. For so many lives are wrecked in marriages that are entered into in such good faith but that came to disaster because a man and woman made an error in judgment in picking each other out for mates.

Most of our mistakes we can readily to some extent, at least, make good on account and have done with it. But for our mistakes in marriage we must go on paying as long as we live. There are wrongs that we can never atone for. Crushed lives that we to remember. Wounds that never heal. Romance and illusions were too sacred. Little children's lives broken beyond all mending.

Much a heartrending price for having made a mistake in marriage. Maybe when one was betrothed by moonlight on a Hommer's night, or when one was so young one knew nothing of life, or the world, or one's own soul, or what sort of a man or woman one would grow up into being, and had no standards by which to judge and will a passing fancy from the grand passion!

You find no fault with your husband except that he isn't the right man for you and that he does not seem to love you, so perhaps you both made mistakes in marriage. But I do not think that you would have to break up your home and half-orphan your child and disrupt its life. You would have to go out into the world and try to earn a living, and that is a hard thing to do in these times.

So perhaps your last estate would be harder than your present one. You will be wise to do as so many other women do. Just accept your lot and make the best of it. Carry on with a smile on your lips while you pay and pay and pay for the mistake you made in marrying when you were 17.

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Dear Dorothy Dix—I am a married man in my late fifties. We have no children. My wife and I have lived very happily together, but now a problem has arisen which is causing a lot of worry on my part. We have our own home and I am very much attached to it and I would like to be buried from it, not from a funeral parlor. My wife does not agree with me on this point, as she thinks the proper place to be buried from is a funeral home. Will you please let me know through your column whether you think that a husband's wishes should be carried out in this respect. I certainly feel that I am entitled to this last request.

WORRIED HUSBAND.

Answer:

I surely do think that your wife should respect your wishes and let you have your funeral wherever you please, but you have one comfort, and that is that you won't know anything about it if she carries out her own plans and cuts you off to the funeral parlor.

What happens to our bodies after our souls have left them cannot matter to us, but it does matter greatly to a husband and wife who have lived together happily for many years to start quarreling over the funeral arrangements of one or the other, particularly when neither one knows which one is going to die first and leave the other to boss the ceremony.

But, believe me, my friend, if you do die first, and your wife looks down upon you, through her tears, in the home you have worked so hard to make and keep and where every chair and stone you love, your wishes will be her law and she will want you to go from it to your eternal home.

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Dear Miss Dix—We are two young people very much in love and want to marry. I (the man) am in college and want to finish my education. She (the girl) lives far away and we feel that distance and separation and so many things can happen to us that misunderstandings may arise and in the end we would not be married at all. Neither one of us have any money and cannot live together at present even if we do marry. What do you think is the right thing to do?

BOY AND GIRL.

Answer:

I think that marriage under such circumstances is far more hazardous than an engagement would be. There is nothing in a marriage ceremony that automatically keeps a man and woman in love with each other. And if you do not care enough for each other to be faithful and temptation-proof without a wedding ring you wouldn't be with one.

As for fearing that misunderstandings might arise between you if you are parted, believe me, the danger of that would be a thousandfold greater if you were married than if you were single. For you would be far more jealous of your wife than you are of your sweetie, and she would feel that she had a greater right to boss her husband than she would her boy friend.

Long-distance marriages simply don't work out. They have all the disadvantages of the real thing and none of its perquisites. Don't try the experiment. Wait until you are ready to marry before you undertake the great adventure.

DOROTHY DIX.

This test is your guide to the best value in home laundry soap. 1,000 Canadian women made the test, using different granulated soaps especially packed in PLAIN boxes, identified only by number. Asked to write which soap was best—and why—hundreds of women did so. And 3 out of 4 chose "Soap No. 1" which actually was Concentrated Super Suds. Read why this remarkable granulated soap was a 3 to 1 favorite:—

"BECAUSE OF ITS RICH SUDS I would recommend No. 1 to my neighbors."

"No. 1 SOFTENS WATER BEST—and is superior for ALL cleansing purposes. I find it doesn't harm my washing machine. Rinses out easier."

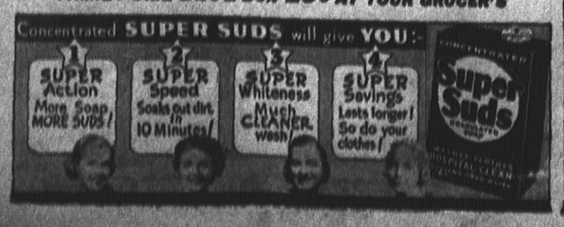
"No. 1 WASHES CLOTHES CLEANER—WITH LESS WORK and softens water best. I found it ideal for WOOLLENS."

"No. 1 SOAP IS WONDERFUL FOR COLORED CLOTHES. They stay bright. This soap dissolves amazingly fast in warm water."

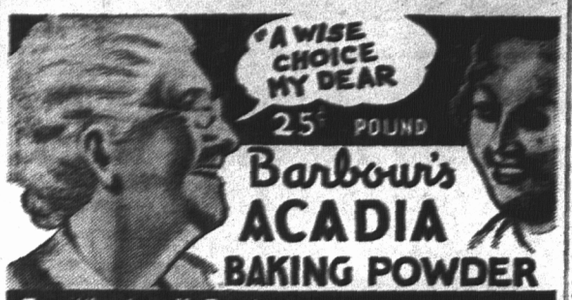
"No. 1 SOAP IS EASIEST ON YOUR HANDS and acts quickest. It goes FARTHEST"

You owe it to yourself to try Concentrated Super Suds, next washday. This superior granulated soap contains MORE SOAP that's why it gives you MORE SUDS. Safe for your clothes and gentle to your hands. Washes your clothes Hospital-clean. Most germs dangerous to health are killed or removed in the washing process. Very economical! Being concentrated a little goes a long way!

FAMILY SIZE BLUE BOX 20c AT YOUR GROCER'S






For "just so" Pastry use the "just right" Baking Powder.


## The Housewife And Her Activities

The day is long, and the day is hard,
We are tired of the march, and of keeping guard;
Tired of the sense of a fight to be won,
Of days to live through, and of work to be done;
Tired of ourselves and of being alone.
And all the while, did we only see,
We walk in the Lord's own company. —J. R. Miller.

To insure thin sowing of seeds, and reduce the labor of thinning out excess plants, mix the seeds with sand. Use light colored sand so that it shows against the dark soil; you may thus see exactly how far sowing has progressed in the row, should you need to interrupt the operation.

### UPHOLSTERY COLORS

Maize is a favorite upholstery color in the newest furniture collections. Rich beige and sage green are important, too, and all pastels in misty, dusty tones.

### PROPER KITCHEN EQUIPMENT

Suitable equipment conserves energy and promotes efficiency in the kitchen. Correct working heights are most important. As the housewife works at the sink, her knuckles should just touch the floor of the sink; the work table or counter should be just high enough so that she can flatten her palms on it as she stands at ease. Equipment that is most commonly used should be so arranged that unnecessary reaching or bending or crossing and recrossing the kitchen during meal preparation is eliminated.

### BABY DOESN'T CRY WITHOUT REASON

Why does Baby cry?

Because he is hungry. Mother has no difficulty in interpreting this cry; it is usually loud and demanding. If baby cries from hunger at his feeding times, or just before, all is well. But if the cry persists after he has been fed or if he cries frequently in between feeds, mother's wisest course is to have baby test-weighed to see if he is having enough food for his needs.

Because he has "tummy" pains. When baby has flatulence, mother should not put him straight back into his cot just after his feed. She should hold him up on her shoulder and give him a little pat on the back.

Because he is uncomfortable. A too tight neck or wrist band can cause baby to cry, as also can cot or pram blankets which are creased underneath him. A safety pin put in clumsily will cause tears. Discomfort from irritation of the skin arises if baby's napkin is not changed frequently, and a soothing powder used.

Because he is ill. This cry is very different fro mthe baby's normal cry. It sounds "unnatural" in his mother's ears, because it is not so loud as usual. If it is accompanied by refusal to take food, or if baby runs a temperature, mother should seek medical advice.

Because he is over-fed. Perhaps this is the hardest cry of all to detect as it may so often be mistaken for a hunger cry. If baby vomits frequently, or if he is very restless at nights, or if he lacks energy and seems to be growing in "bulk" rather than in "bone" test weighing is again mother's obvious course.

Because he is "spoiled." Mother soon gets to know that "I want to be taken up and made a fuss of" cry, but if she is wise she will not give in. Baby must cry sometimes; nature meant him to exercise his lungs and he can only do it by crying, in his very early days.

### DUCHESS OF GLOUCESTER'S PAINTINGS

The Duchess of Gloucester's water color studies of Kenya, made during her holiday last autumn, are to be judged by art experts.

She is showing three extremely attractive scenes painted near the Kenya home of her uncle, Lord Francis Scott, in the artists' section of the Royal Amateur Art Society's exhibition.

Judges will not know who the artists is when they examine the Duchess's work. The names of exhibitors are to be removed for the time being. It is possible for her to qualify for a prize.

Browns and oranges, shading to very pale green, predominate in her clever little studies of sandy African plains, with mountain background.

### QUEEN'S TASTE INFLUENCES BEAUTY CIRCLES

"Queen Elizabeth influence" is the latest thing in beauty circles. A cosmetics manufacturer points out that the Queen's favorite daytime frocks in gray and beige and evening gowns in white, gray or silver should be worn with rich—not gaudy—make-up. That's why, they say, they are putting out the new rich red lipstick and rouge—royalty red.

Soft blue and violet eyeshadows also are offered, since the Queen has indicated a fondness for costumes in those colors. A nail polish company is even putting out a 'royalty' lacquer.

But it's the hair stylists, who in the good old American vernacular have "gone to town." They're designing coiffures "for" the Queen, "inspired by" the Queen, or to be worn with frocks for which the Queen is said to have expressed a fondness.

Take the "crinoline dress coiffure" of M. Vasco, and English hair stylist. It is supposed to be worn with the crinoline dress made so popular by the Queen. In this "crinoline dress coiffure" the hair is parted in the centre. There's a bunch of fiat curls on the forehead The side hair is swept high and the back hair arranged in a knot of Grecian curls.

Then there's the hair dress executed by a London hair stylist in honor of Her Majesty. In it the hair on top and at the sides is about four inches in length. It's curled, then combed out and waved in crown fashion. The rest waves straight down the back of the head and is finished with a row of soft curls at the nape of the neck.

## Often You're Unaware Your Speech Is Faulty

But Others Notice Your Errors

"Oh dear," sobs Mary, "I HADN'T OUGHT TO OF LET you take me!" If only her husband could explain tactfully how Mary's poor English led the Smith's to snub her!

A rising young man, John has learned to avoid grammatical slips like "hadn't ought to of let you." He would correctly say SHOULDN'T HAVE LET YOU. But will Mary keep up with him?

She can easily—by checking her speech, finding the little differences that rate one as top-grade or just so-so. People worth knowing don't say ALL THE FASTER SHE CAN GO, but AS FAST AS SHE CAN GO. They say BEHIND her, not IN BACK OF her.

A meager vocabulary—depending on common catchwords—is another give-away. Don't harp on phrases like "dead tired," "the worse for wear."

Why not strive for vivid new ways to say things, phrases like "numb with weariness," "dilapidated and seedy." Do you overwork adjectives like "lovely?" Say instead "refreshing," "enjoyable."

Easy to make your conversation a real asset! Our 32-page booklet tells how to add to and improve your vocabulary. Lists common errors, gives correct forms, tells what slang phrases to avoid.

Send 20c in coins for your copy of How To Improve Your Vocabulary to The Guardian Home Service. Be sure to write Plainly your Name, Address, and the Name of booklet.

Name

Street Address

Town

The BOSS of THE FAMILY

He has just reached the age where he's allowed bread crusts to eat, and does he love them. And they're good for him, too, especially when the bread is made from REGAL Flour. Bread made from REGAL has extra wholesomeness and nutritive value that builds sturdy, healthy bodies in children, and its delicious flavour makes them clamor for it. You'll nourish your children better if you use REGAL in all your baking.

REGAL FLOUR


## THE COOK'S CORNER

### Baked Bananas

6 under-ripe bananas
1 tablespoons lemon juice
2 tablespoons butter
1-2 cup strained honey

Method: Get bananas that are still green at the tips for cooking. Remove the skins and place them side by side in a shallow pan. Sprinkle with the lemon juice and dot with butter. Pour the honey over them and bake in a moderate, 350 deg. F. oven until they are tender, basting frequently with the honey butter liquid in the pan. It takes about 20 minutes to bake them and they are best served warm.

Then if you'd like still one more honey recipe, here is one in which it is used as a filling for tarts. Make the shells quite small and don't put more than a good teaspoon of the filling in each one, for it is rich and anyway, they're apt to run over if you do.

### Honey Nut Tarts

6 tablespoons honey
6 tablespoons sugar
Juice 1 lemon
2 tablespoons butter
1 egg
1-2 cup chopped nuts
Unbaked tart shells

Method: Mix the honey and sugar and add the beaten egg and melted butter. Stir until the sugar is thoroughly mixed in, then add the lemon juice and chopped nuts.

Line small tart pans with a good rich pastry and place a spoonful of the honey filling in each one. Bake in a moderately hot, 400 deg. F. oven until the tarts are nicely browned and the filling browned on top. For a special occasion, serve these with a spoonful of whipped cream which has been sweetened with honey.

### Caramel Rice

Three ozs. loaf sugar; 2-4 gill water.

For the filling: Three ozs. Carolina rice; grated rind one lemon; 1-2 pint milk; 1-2 oz. butter; 2 eggs; 1 dessertspoon caster sugar. Choose a very small old pan for caramel. Place loaf sugar and water into pan, then dissolve slowly. Boil until it turns a rich brown colour, but do not burn. Do not shake or stir the caramel while cooking. Pour caramel into a clean dry, and hot souffle tin( half-pint size). Let it coat the mould all over evenly. Leave till cold. Wash the rice. Stew gently in the milk till milk is absorbed and rice quite soft. Add the sugar, rind, butter, and eggs. Turn into a prepared tin, cover with greased paper. Steam till firm to the touch. Turn out, and serve either hot or cold.

"Lovely skin wins," says Claudette Colbert. "That's why I advise every girl to be careful about Cosmetic Skin. I use Lux Toilet Soap regularly because it has ACTIVE lather."

Foolish to let pores become choked because you don't remove stale cosmetics thoroughly—foolish to risk the dullness, tiny blemishes, enlarged pores that mean Cosmetic Skin. Use Lux Toilet Soap before you renew make-up—ALWAYS at bedtime.

9 out of 10 Screen Stars use Lux Toilet Soap


## Modern Etiquette

(By ROBERTA LEE)

Q. When a marriage engagement has been broken, is a girl entitled to consider the gifts and engagement ring the man has given her belong to her?

A. No; she should return all of them.

Q. Is it necessary to thank a clerk in a store, who has been particularly attentive and patient?

A. It is not often done, but it is very courteous to do so, and any clerk will appreciate it.

Q. What are appropriate gifts to give on a fourth wedding anniversary?

A. Fruit and flowers.

## How Can I ? ?

(By ANNE ASHLEY)

Q. Can used paraffin be used again?

A. Yes, it will be just as good as ever if the used paraffin is heated to a boiling point, then strained through three thicknesses of cheesecloth over a funnel. Repeat this operation if necessary. Keep the paraffin in an old discarded coffee-pot, with lid, and when wanted merely place over a flame until melted.

Q. How can I avoid having to take a pad when removing the lids of hot vessels?

A. If a cork is fitted into the metal ring on the aluminum or tin cover it will not be necessary to use a pad.

Q. How can I remove wine stains from fabrics?

A. Cover the stains with salt, and then pour boiling water through the fabric.


Are you Weak? Thin?

WOMEN who are weak, thin, nervous, have no appetite, need Dr. Pierce's Favorite Prescription. This tonic stimulates the appetite, improves nutrition, calms the nerves, tones the female organs. Mrs. C. Parkins, 292 Queen St., Stratford, Ont., says: "I ate very little, always was 'on edge' and was so weak and upset. I was just about skin and bones. Dr. Pierce's Favorite Prescription helped to build me up, seemed to quiet my nerves and made me feel better in every way. My appetite increased, I gradually gained weight, my normal strength returned, and I felt like a new woman." Buy it in liquid or tablets at your drug store today.


## Household Scrapbook

(By ROBERTA LEE)

### Gayer "Hankies"

Many brightly - colored linen handkerchiefs wash almost white in a few launderings. The next time you are tinting underwear, drop in a few of these faded handkerchiefs and produce a few in pastel shades. They will prove attractive.

### Croquettes

When a wire basket is used for frying croquettes, dip the basket into the hot fat before placing in the croquettes. The croquettes will not stick to it when done, and will be easy to remove.

### Smooth Legs

Many people, who are determined to remove the hair from their legs, use the finest grade of sandpaper instead of a safety razor, and with better results.

### CROCHETED RUG IN CRAZY STITCH



DESIGN NO. X 204

The crocheted rug done in one of the many varieties of the crazy stitch creates one of the most attractive and durable pieces of floor covering. With carpet warp used double bands of black and white form the border, with the center panel worked in a combination of black and white.

To order this pattern, write your name, address and No. X 204 plainly on any piece of paper and send with 20 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.

Send 20 cents, coin preferred.

PATTERN ORDER FORM—to be used when ordering pattern.

To Charlottetown Guardian

Design No. X 204

Name

Address

## A Morning Smile

### NICE GOING

"I hear as how our Member of Parliament is going to take the stewardship of the Chiltern Hundreds," said Mr. Clumber.

"I don't blame him, if he can get it," remarked Mrs. Clumber. "Them stewardships pays very well, mind you. I remember one that was on a ship as went to foreign parts somewhere, and in a few years he saved enough to take a public-house!"

### WIDOW WANGLES

Widow Williams bent industriously over her washtub as she listened to the polite conversation of a man friend. Before long he turned the talk round to matrimony, winding up with a proposal of marriage.

"Are you quite sure you love me?" asked the widow, pausing to wring out a towel. "Are you telling me the truth?"

The man vowed that he was in earnest. For a few moments nothing more was said. Then suddenly the widow raised her head again from the tub.

"You haven't lost your job, have you?" she asked, suspiciously.


Do This If You're NERVOUS

Don't take chances on products you know nothing about or rely on temporary relief when there's need of a good general system tonic like time-proven Lydia E. Pinkham's Vegetable Compound, made especially for women from wholesome herbs and roots.

Let Pinkham's Compound help build up more physical resistance and thus aid in calming jangly nerves, lessen distress from female functional disorders and make life worth living.

For over 60 years one woman has told another how to go "smiling thru" with Pinkham's—over 1,000,000 women have written in reporting glorious benefits. IT MUST BE GOOD!


## TIMELY TIPS — FOR THE — HOME SEWER

It's fun to sew these little cardigan crepe silk blouses. They are just as flattering in size 42 as in size 14. They can be worn in more ways than one. .... effect lots of quick changes to your wardrobe. You can wear them as smartly with your suit as with separate skirts. Made of lightweight woolen, they can be worn all summer over frocks. They are equally popular in or out of town. Made of printed cottons or linen, they are grand for golf and very gay with a monotone cotton or linen suit. Take just a peep at the illustrated diagram! See how easy it is to to sew it .... the price is just as easy on your pocket-book.

Style No. 3397 is designed for sizes 14, 16, 18, 20 years, 32, 34, 36, 38, 40 and 42-inches bust. Size 36 requires 1 1-2 yards of 39-inch material with 1 1-2 yards of ruffling for collarless blouse; and 1 5-8 yards of 39-inch material for blouse with collar.

Send fifteen cents in stamps (15) or coin (coin preferred) wrap coin carefully, address to Charlottetown Guardian giving:—

Style No. 3397 Size .....

Name

Street Address

City Province

For added attractiveness and flavor, serve soups with interesting garnishes. A sprinkling of mixed shredded vegetables, a thin slice of lemon, finely chopped parsley or slivers of cooked mushrooms are suitable for clear soups.

When sewing very sheer materials on the sewing machine, place a piece of paper under the seam to keep the fabric from gathering. After the seam is completed, the paper can easily be torn off.