

GOOD TEETH DON'T JUST "RUN IN THE FAMILY"



YOU have to exercise your body, to have sturdy muscles. You have to exercise your mental capacities to have a quick, clear mind. You have to exercise through chewing, to have good teeth!

Too many modern foods cheat you of this important function. They come to you soft, mushy—to be swallowed almost with one gulp. And digestion, also, suffers from foods of this kind. For thorough mastication of your foods is needed to stimulate the digestive juices of the stomach.

The delicious food, Grape-Nuts, in addition to supplying five of the essential nutritive elements the body needs, was designed as an aid to good teeth. It is crisp—delightfully crisp! You like to chew the crunchy golden kernels of Grape-Nuts. You like to give your teeth and gums the precious exercise that means so much to their life and beauty.

Eat Grape-Nuts beginning to-morrow. Four teaspoonfuls, costing less than one cent, is a serving. Ready to eat from the wax-wrapped package, with milk or cream. Sold by all grocers.

GRAPE-NUTS PROTECTS AGAINST MALNUTRITION

Authorities tell us that practically one out of three people in this country suffer from malnutrition.

Grape-Nuts for breakfast every morning can guard you against malnutrition. It supplies dextrins, maltose and other carbohydrates for energy; protein for muscle and body-building; phosphorus for teeth and bones; iron for the blood and the important Vitamin-B.

SEND FOR TWO TRIAL PACKAGES

If you would like to try Grape-Nuts, free, accept the offer below, which includes a booklet of healthful breakfast menus, prepared by a former college physical director.



Form for requesting trial packages of Grape-Nuts, including fields for Name, Address, and City.

SPORTING COMMENT

By "TEC"

Something New in Score Cards

Mr. Ed. Acorn, well known sport enthusiast and reputed to be one of the best announcers in Eastern Canada is now at work on a "Summer Score Card," which will cover the different race meets throughout the Island this summer.

It may be added in passing that Mr. Acorn is not only a well known but a popular figure on the different Island race tracks. As an announcer he is without a peer.

Abbie Concert

The Abegweit Concert which is being staged at the Strand Theatre next Friday night bids fair to be a great success.

As has been mentioned before in the press, all receipts taken in aid to be used in the building up of the Abegweit Grounds, where, without exception, every young athlete in the city, in fact in the province may train and receive the benefits thereof.

Cancelled

For some reason or other the Victoria Club Concert, scheduled for the 24th inst., has been cancelled.

Flys and Grounders

Baseball is in the air—sectional meetings of the Rovers, Stars and Anchors will soon be the order of the day—or night, scouts are out preparatory to what savors to be a most successful season.

Doctor Charlie Dougan, the "John McGraw" of Island baseball is confident of grabbing a Maritime baseball title this year.

The scintillating and colorful "Whackey" McEachern intends remaining in Charlottetown this summer. Jack's presence on any nine ensures plenty pep and action throughout.

The different teams making up the City League will be staging concerts within the next week or so. The receipts of these concerts will be used to defray expenses entailed in fitting out and equipping the clubs.

Is it rumored that the Vics intend putting a team in the Island League this summer. With the wealth of material on hand there is no doubt that this city can boast of two entries for the Provincial title.

COAL

If your coal requirements are running low, we can supply you with good fresh coal—comprising

- INVERNESS SCREENED
OLD SYDNEY SCREENED
SPRINGHILL SCREENED
ALBION NUT
ALBION STOVE
ALBION ROUND
HARD NUT
HARD STOVE
BESCO COKE

Our Phone No. is 176 and guarantee quick deliveries.

W. D. Gillis & Co.

PHONE 176

Your Child's Cold Needs this Double Treatment

CHILDREN hate to be "dosed." When rubbed on, Vicks relieves colds 2 ways at once without "dosing": (1) Its healing vapors, released by the body heat, are inhaled direct to the air passages; (2) "It draws out" the soreness like an old-fashioned poultice.



Daily Selections FOR Guardian Readers

April 16, 1928

BE STEADFAST—Hear me now therefore, O ye children, and depart not from the words of my mouth.—Prov. 5:7.

PRAYER—May we be strong in the Lord and in the power of His Might.

WHAT'S TRUMPS?

There are so many cards to play. So many ways to choose. In love and policies and war. That forwarding our views. With ladies fair, with statesmen wise. Or men of lesser bumps. Before we lead our strongest suits. 'Tis well to know what's trumps. Once worshipping at beauty's shrine. I knelt in bondage sweet. And breathed my vows with eagerness. And offered at her feet. My soul, well stored with Cupid's wealth.—A love cemented lump; A king of diamonds won the trick. My heart was not a trump.

Raving to see my rival win Upon a single rub As he had played the deuce with me. I followed with a club! Two days with a station-house Reflecting on my sin. I found as others may have done. Clubs very seldom win.

Grown wise by sad experience, I ceased to deal with maids; I shuffled youthful follies off. And turned up jack of spades; Yet still I find as dust is scarce. And smaller grow the lumps. That though the spade's an honest card, It is not always trumps.

But in this world of outside show Where Mammon rules the throng, To ease the little joints of life, And smoothly pass along, To find an antidote for care And stern misfortune's lumps, One card is very sure to win—Diamonds are always trumps. play a series of games at the end of the season, therefore with the addition of a third the interest would not only be greater but a longer series will result, thereby giving the players lots to do until the play offs begin.

Rangers the Victors

By virtue of their win over the Maroons last Saturday night at Montreal in the fifth and deciding game of the Stanley Cup series the New York Rangers are now hockey champions of the universe. It was a tough series to lose and a glorious one to win. Each and every game of the five were herculean struggles from start to finish, and at no time did one team seem to have it over the other. After the first game in which Maroons won by a 2 to nil score the series developed into a contest between goalies, and even at that one did not seem to be any cleverer or faster than the other; it was just the lucky break—a long shot that looked easy, a goalie caught off balance, etc., that gave to the victors the deciding goal which made them world's professional hockey champions.

After all is said and done, it was Canadians against Canadians as the New York Rangers for the most part are Canadian born athletes recruited or purchased from the ranks of professional hockey clubs on this side of the border. However this does not alter the fact that that old battered pewter mug, the Stanley Cup, will rest during 1928-29, beneath the folds of the Stars and Stripes. To the victors belong the spoils. The Rangers are to be heartily congratulated.

Will Likely Box Here

Had a letter from Eddie Mead, Jack McKenna's manager who is piloting the latter gradually up the ladder to within striking distance of the coveted middleweight crown. Mead informs me that Jack is going great guns and is a favorite and a drawing card wherever he appears. According to McKenna's manager, he has received a good offer from Charlottetown promoters to have his protegee fight here the latter part of the month or early May. It is to be hoped that present plans materialize as Island boxing fans are no doubt anxious to see Jack in action, again.

The Public Forum

This column is open for the discussion by correspondents of questions of interest. The Charlottetown Guardian does not necessarily endorse the opinions of correspondents.

THE PROPOSED LIBRARY

Sir,—The suggestion of Mr. Hyndman of a public library and museum at Charlottetown is a most excellent idea. The educative effect of such institutions is so widely recognized that even Soviet Russia has adopted them. Over five hundred towns and villages in Ontario have public libraries. The suggestion that old Government House, a relic of the past, would warrant the Historic Sites and Monument Board embracing on that venture is scarcely warranted by our experience in the main. The mission is to be as scanty in money as it is extravagant in wind. The specialty for historic monuments is boulders and cairns. The latter consist of a cart-load or two of field stones, heaped up and cemented by about a bucket of mortar. Their great merit is not so much artistic design as cheapness so marked that no graveyard competes with them. They have erected some twenty-three monuments in New Brunswick and Nova Scotia at a total of \$8,508.48! Now a mouse-trap may have vast potentialities, but it cannot catch an elephant; the mouse-trap Board's efforts will probably be limited to putting a tablet on the front door of Government House and piling up some surface stones at Fort La Joie.

The National Battlefields Commission of which Sir George Garneau is President has expended in public money in monuments in Quebec in the vicinity of a million dollars and they are to receive \$75,000 more per year for ten years. The Maritime Provinces pay one-tenth of these sums and receive back burlesques of monuments costing less than \$9,000! The wonder is that any Maritime man possessing an ounce of regard for the history of his own country or any sense of justice and fair play would ally himself with such a deal. I am, Sir, etc.

W. C. MILNER, Pres. Maritime Library Assn. Wolfville, N. S., April 11th, 1928.

KING'S COUNTY AFFAIRS

Sir,—We must thank the Guardian for publishing Senator Hughes' speech delivered in the Senate on March the 22nd, pointing out the neglected condition of our public works and the marked discrimination against this country and its people during the last three years, and asking the Government to end this state of affairs.

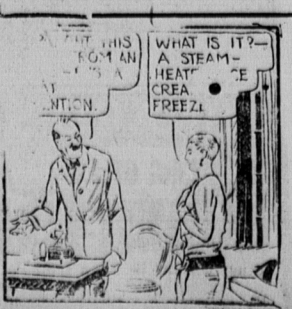
Some of the leading Liberals in the county asked the patriot to publish this speech, but the Patriot refused. This clearly shows that the Patriot is in League with the organization in Queens that is trying to destroy this county, and that it is trying to prevent any exposure of their schemes. This is a terrible state of affairs, and the Liberals of Kings County must come together at the earliest possible date and take steps to save their county. This is a matter that cannot be put off. The breakwater at Bay Fortune requires immediate attention and everybody knows that the Souris breakwater is in a dangerous condition, and if it should be carried away the harbor would be destroyed and the Eastern end of the Island would be without shipping facilities.

The state of this breakwater and its continued neglect show what a hollow mockery was the meeting held in Souris a little over a year ago to build a frostproof potato warehouse here.

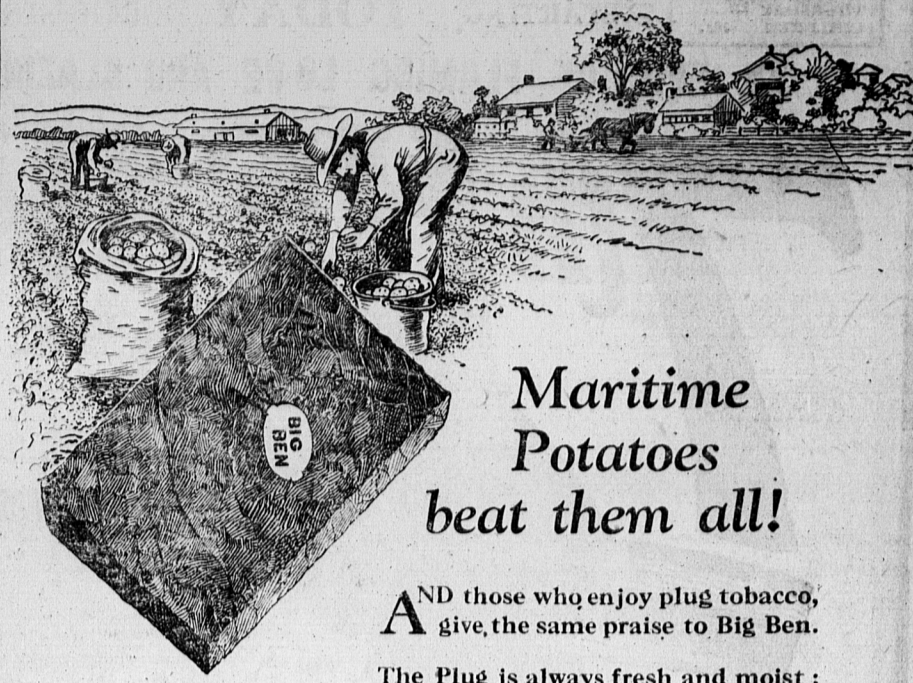
Senator Hughes is certainly doing his duty, and it is now up to the Liberals of the county to do theirs. We earnestly and respectfully ask our fellow Liberals in Queens to help us. Surely they do not want to see the destruction of any part of the Island, surely they do not approve of what is being done in their name, by their leaders.

- W. C. MILNER, Pres. Maritime Library Assn.
D. L. McCORMACK, Souris.
JAMES R. MANNING, New Zealand.
WILLIAM HOWLETT, Gowan Brae.
FABIAN HOWLETT, Gowan Brae.
LAZAR LEVER, Lower Rollo Bay.
AUBREY AITKEN, Fortune Bridge.
ATTRESS F. CAMPBELL, Little Harbour.
JOHN S. NOLAN, Chepstow.
RODY STEELE, Chepstow.
D. FRANK McDONALD, Norris Pond.
JOHN CANTWELL, Souris Line Road.
ANGUS A. MCKENZIE, Rollo Bay.
JOHN S. POWERS, Little Harbour.
AENEAS P. McPHEE, Big Pond.
EUSEBIUS PETERS, Rollo Bay.
PETER W. BURKE, Rollo Bay.
CHARLES L. DEAGLE, Souris West.

THE GABBS



Of all forms of Chewing Tobacco, the PLUG is the best.



Maritime Potatoes beat them all!

AND those who enjoy plug tobacco, give the same praise to Big Ben.

The Plug is always fresh and moist; fits the pocket; and is easy to carry.

You surely do get your money's worth of tobacco and enjoyment in every plug of Big Ben.

BIG BEN PLUG Chewing Tobacco

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W. F. POWER, Little Harbour.
JOSEPH E. DEAGLE, Bear River.
J. JOSEPH McPHEE, Big Pond.
DANIEL P. McDONALD, Souris.
DONALD F. LAVIE, Souris, Poll Director.
FRANK PETERS, Rollo Bay.
PETER D. PETERS, Rollo Bay, Poll Secretary.
D. F. MacAulay, Souris.
JAMES A. McCORMACK, Poll Director.
FRANK O'DONNELL, Souris River.
WILLIAM WHELAN, Souris River.
C. C. CARLTON, Souris.
A. H. SMALLWOOD, Souris.
JAMES WHELAN, Bear River.
PETER McISAAC, Line Road.
J. J. DUMPHY, Glencorrodale.
PATRICK M. HUGHES, Souris.
E. MOSHER, Rollo Bay.
J. S. FISHER, Rollo Bay.
PETER McINNIS, Red Point.
NEIL J. McEACHERN, Bayfield.
JOHN J. McDONALD, Bayfield.
JOSEPH D. McEACHERN, Bayfield.
J. J. McPHEE, Bayfield.
J. WM. BRENNAN, Souris.
PETER McPHEE, Souris.
ALEX. T. McDONALD, Ex-Mayor, Souris.
JOHN R. GALLANT, New Acadia.
J. J. McDONALD, Bear River.
PATRICK J. McCORMACK, St. Margarets.
ANGUS D. McCormack, St. Margarets.
WILLIAM NEAL, Bear River.
EDWARD DEAGLE, Bear River.
T. B. CHING, Little Harbour.
J. H. CHAPMAN, Red Point.

Has One of Our Employees Called On You?

Some time this month one of our employees will call at your home with our Goldenrod Carton. It is something new in household lighting—a handy home carton of Mazda lamps in three assorted sizes to fit your daily needs.



Better Light for Comfort

These new inside frosted Mazda lamps (Made in Canada) cut off glare and provide a soft, restful light so necessary to real home comfort. They are easily kept clean because the smooth outside surface does not collect dust and dirt.

Keep Some in the Cupboard

When our employee calls, order enough to fill all the empty sockets and to replace all burned out lamps. Then keep a carton on the self. When you need a lamp, it's right there—handy. The sturdy carton protects the lamps. During this campaign we will give you one lamp free with every five you buy—six lamps for the price of five.

One Lamp Free With Every Five Sold

Three—40-watt lamps
Two—60-watt lamps
One—100-watt lamp

\$1.79

Three Months to Pay

Pay no money when your order is taken. You will be billed 79 cents with your next light bill, then 50 cents with each of the two following bills.

Maritime Electric Company, Ltd.

OF THE Associated Gas & Electric System CHARLOTTETOWN, P. E. I.

By Barrie Payne

NEW ISSUE Kingdom of Denmark 4 1/2 P. C. External Gold Bonds Due April 15, 1928 PRICE: 95 and Interest to Yield 4.80% Eastern Securities Co. Ltd. INVESTMENT BANKERS 146 Richmond Street, Charlottetown St. John Montreal Halifax

Planting Time Illustration of a man and a woman planting seeds.

CARTER'S SEEDS GROW Plant in HOTBED Early LETTUCE, RADISH, GARDEN PEAS SWEET PEAS, CABBAGE, CAULIFLOWER, Etc. Buy from our SEED STORE and from our Agents.

COAL advertisement for W. D. Gillis & Co. listing various coal types and contact information.

Advertisement for Gabby Grams featuring a cartoon and promotional text for the product.