

THE CHARLOTTETOWN GUARDIAN

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SATURDAY, AUGUST 25, 1928

THE END OF THE WEEK

AGAIN we approach the Sabbath at the end of a busy week. It is not unusual to anticipate the hallowed rest, the solemnity, and the presumed goodness of the Sabbath, as James Whitcomb Riley's "Boy," anticipated the annual good cheer when he frankly admits that "jes' fore Christmas, I'm as good as good can be." We begin saying good things on Saturday so that the sanctity of the Sabbath may not be too much of a shock to us but, once the hallowed season is over, we return on Monday to the ways of the world. To put it mildly, that is not consistent. We naturally suspect the boy who becomes abnormally good "jes' fore Christmas." Similarly, we are suspected when, on the eve of the Sabbath, we exhibit characteristics which by common consent, properly belong to the Day of Rest and Devotion.

The whole year is not too long to earn the rewards which Christmas brings, nor the whole week too long to set the mind in readiness for the Sabbath. Spasmodic goodness is liable to lead to suspicion. To earn the customary good will of Christmas, we must begin the day after Christmas, and keep it up till Christmas comes round again. Similarly, if we want to be "in the spirit on the Lord's Day we must begin on Monday morning," and keep it up during the whole week. Periodical sanctimoniousness does not constitute ideal citizenship any more than does one swallow make a summer.

ENCOURAGING.

THE gospel of good health has been preached for many years, and too often with few visible results, but continuous preaching and sane thinking are having their effect. It was encouraging during the days of the Exhibition to note the interest taken in the Red Cross booth. Men and women crowded around day after day, asking questions, having their children weighed, and discussing matters of health with the nurses who cheerfully gave the information desired. In many instances children were found to be sadly under weight, and in most of these cases it was pointed out that the fault lay in the food given to the children. Mothers admitted that they allowed their children to select for themselves the kind of food they preferred, and often this food was of little use, if not even injurious. Some very salutary lessons were given along this line by the nurses, and it is believed that a better general knowledge regarding health and what makes for health now pervades the country.

It is a curious fact that the larger proportion of under-nourished children are to be found in the country rather than in the city. In the country where abundance of eggs, milk and other nourishing foods are to be had almost for the picking up, these things appear to be less valued than they are in the city, where they are more costly, and often a burden to the poor. It is the old story probably, the things that are most easily obtained are the least valued. To appreciate anything it would appear as if it must be dearly paid for. The natural foods, eggs, milk, fresh vegetables and fruit, are to be found in abundance throughout the Province, but our country children seem to hunger after the sweet meats and the foreign fruits to be found in the stores. This is all a matter of education. The children can be trained to value the foods that are necessary to make them strong and healthy in mind and body. Too often they are left to make their own choice, and their choice, child-like, is not always wise. It is gratifying to note that so many parents are taking up this matter very seriously as indicated by the interest shown in the Red Cross booth at the Exhibition. This, of course, is

an outgrowth of the campaign carried on by the Red Cross nurses, throughout the country during the past few years, the medical inspection of schools and the home visiting by the nurses. It is all an education and working satisfactorily, and if persisted in we shall in the not distant future have wiped off the adverse reports that we have had from our schools in times past of ill-nourished children, neglected physical defects and the ordinary ailments that make for unhappiness and sorrow and death.

Good health is the most important thing in the world. Like many other blessings, this is not realized until health breaks down, and it is too late. This is a human characteristic; we wait for tragedies before we make any attempt to prevent them. We let matters slide through carelessness and want of interest, but we are slowly learning and eventually we shall learn our lesson. Persistent education and training along the necessary lines will overcome this in time, but we are fearfully slow in placing first things first. The campaign for good health has certainly made good progress within the past few years, thanks largely to the Red Cross Society, which is today one of the foremost institutions in the world.

CITY AND COUNTRY.

THIS week has been a veritable heart to heart intercourse between city and country; a real get-together of the representative men and women of the Province. The country and the city each has its own line of business, but the lines converge and make one common interest in the end. Neither can prosper without the other. Working together and harmoniously the best interests of the whole Province are served. There are a number of institutions which bind city and country together. The Women's Institute, the Red Cross Society, the Teachers' Federation, the various stock-breeding associations each one of which has an interest of its own but combined make a common provincial interest. The Women's Institutes have been welding the social, educational and industrial fabric into a common whole and have been a power for good in the Province. The Teachers' Federation has done much to raise the status of the teachers and of the country schools. In this they have been greatly aided by the Women's Institutes which have taken a keen interest in the schools in their respective districts, and have been largely instrumental in improving school grounds, school buildings and school equipment. The great idea is to get all these institutions working together each in its own way and all for the common aim of making the Province a better place to live in and they are succeeding in their purpose. An impetus has been given to all of these institutions by the Exhibition, which has just come to so successful a close. It is the intermingling of our people, the getting together of our varied interests, the adoption of a common aim that will eventually raise our Province to a standard not hitherto attained, but which undoubtedly lies in the near future. We cannot have too many gettings together. We have everything in common, each branch and institution, autonomous in itself, but all working together under a sort of British North America Act which governs the whole and makes for progress.

EDITORIAL NOTES.

The grain harvest is now pretty general throughout the Province. It is somewhat earlier than usual, caused no doubt by the recent heat wave. We note that frost has been reported in some of the Western Provinces, and the wheat harvest there, although very promising, is not yet assured.

Notes by the Way

NO one will credit the Summer-side Pioneer with harboring anti-Liberal or anti-Saunders sentiments, so when it, or its mid-week issue, The Farmer, publishes a report blasting the reputation of the Liberals for Prohibition Law enforcement, we may safely take for granted conditions are past praying for. The Farmer gives prominence to the following article on the prevalence of rum-running along our shores, while our Election Commissioned Customs Cruiser Bayfield is safely harbored at Halifax—and been there, according to the official record, since the season opened.

"An incident happening last week makes it quite clear that the people, that is 'the neighbors' don't sympathize or co-operate with prohibition enforcement. A man was coming from East Point way (in the daytime, too) when his auto got stalled some few miles west. Looking round to find the cause he found his tank was leaking gas. Nothing to do but try and get some gas. Being in a thickly settled neighborhood, he tried the first and nearest house, but they had none. He, however, was directed from this house to another where they assured him he would get some. Thither he went, his car on the road. After considerable delay a few gallons were secured and the horse and cart secured to bring it down. Quite a few of the neighbors gathered round the stalled auto, and what did everybody see but seven kegs of rum. Generously treating the crowd, there was no more about it. The bootlegger drove away and nobody said a word.

"These are not uncommon incidents. If any of these men 'informed,' he would be ostracized, and looked upon as an 'informer,' a carey. So you see the bootlegger has plenty of sympathizers and in the face of this 'sympathy' it is pretty difficult for the Commission to enforce the terms of the Act.

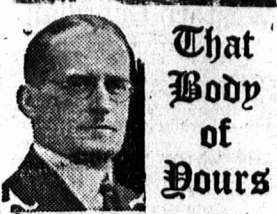
"Such calm weather as there was all this summer! Up to the pretty stiff breeze of the 12th from the north and west, there was not scarcely a single day this summer but the rum vessel, or vessels, could 'lay-to' day and night, all along the North Shore from East Point to Rustico, and smooth water for the shore motor boats to go abroad. As a consequence it was an ideal season for smuggling rum. Only very occasionally does a revenue cutter show in sight. By reason of this it is believed that huge quantities of liquor have been landed along the shore, and safely cached.

"A feature of this season's landings is the number of small two and three gallon kegs. You know it is only the big landings of ten, twenty, thirty, etc., gallon kegs that are found by the revenue and prohibition officers. These usually belong to some big fellow in Charlottetown, who advances the money to some trusted local man. This local man is not able to care for it in quick time; and any help he may get is risky for themselves. The large quantity is unwieldy and pretty difficult to care for. It's this stuff that the officers usually are able to find now and again. But the small landings of just a few individual kegs, or cases, can easily be cared for, and are never found by the officers of the law.

"Speak-easies' or places where liquor can be procured, are protected in the same way. The neighbors will scarcely ever inform so long as the thing is kept easy and quiet. Auto-tourists learn as they go along where to find these places, and take pains to provide themselves with the necessary credentials.

"If the rank and file vote on the forthcoming plebiscite in line with the attitude they now take (no politics in the issue), it looks as if prohibition is doomed. The people won't co-operate with the prohibition enforcement contingent, whatever their private opinions and feelings in the matter are."

The Empire Parliamentary Association.



By James W. Barton, M.D.

TOO ILL TO EAT

A couple of years ago I spoke of a method used by a Toronto physician whereby liquid food was poured down a fine tube past stomach into intestine, in cases where there was an ulcer of the stomach. This method is now being used to give the ulcer a chance to heal. You have heard also of the duodenal tube into which a solution of Epsom salts is poured with patient lying on right side. After it has been down a few minutes, the patient lies down again, this time with his head a little lower than the rest of his body, and the bile accumulated in gall bladder drains out of the tube. And now another use has been found for this fine tube by Dr. Howard Lilienthal of New York.

There are cases where the patient is too ill to take nourishment normally, and as you know an ill person must have nourishment to keep up all the vital processes of the body.

This matter of feeding, of nourishment, may be the deciding factor as to whether the patient will get well. By inserting this fine tube, which is about as large around as a slate pencil, liquid foods can be poured into the stomach.

Once it is down there it can be kept in place, and with very little annoyance to the patient. When the patient has not power to even swallow, or when the patient is in a semiconscious or unconscious condition, Dr. Lilienthal has a simple method that has been so successful that he is passing it along to his professional brethren.

He uses a fine flexible rod, just small enough in calibre that it can be inserted into the duodenal tube. This makes it down the throat, through the tube leading from throat to stomach (oesophagus) and on down into stomach.

Once the tube is in place, he withdraws the fine flexible rod, and then food may be given at once. Even when the patient has vomited everything by mouth, liquids given by this tube are retained by the stomach.

You can thus see how people too sick to swallow, or unconscious from illness, can have their strength maintained.

Also when there is any trouble in throat or oesophagus which would make it unwise or unsafe to give food by the mouth, this little method should prove of great value. It is comforting to know that in so many ways now, lives of loved ones lives of those who may be of great value to the community, may thus be saved.

HOUSEHOLD SCRAP BOOK By ROBERTA LEE

Tomato Soup A pinch of soda put into the tomato soup before the milk is stirred in is a good insurance against curdling.

Camphor Gum When mosquitoes have invaded the room, burn a piece of camphor gum and see how quickly they vanish.

Soap Bubble Liquid Tough bubbles can be blown by using the following solution: 2 parts of dry castile soap, 30 parts of glycerine, 40 parts of water.

ation, of which the Rt. Hon. Viscount Peel, First Commissioner of Works in the Baldwin Government, is chairman, arrived at Quebec yesterday per S. S. Empress of France. In addition to the British delegates there are representatives from South Africa, the Irish Free States, India, Rhodesia and Malta; while the Australian and New Zealand delegates will arrive on the Pacific Coast and meet the others at Toronto; where, also, the Maritime Provincial Legislators will have an opportunity of foregrounding with them. The Empire delegation will visit all the principal cities in the Dominion, arriving in Charlottetown on Monday, October 1, according to schedule.

The Western women of Canada are not taking lying down the stigma that a woman is not a "person" within the meaning of the British North America Act. The women of Alberta will make application to the Judicial Committee of the Privy Council for leave to appeal from the recent decision of the Supreme Court of Canada on the subject, as it results in women not being eligible for appointment to the Senate of Canada. Magistrate Emily Murphy, who is one of the Alberta appellants in the case, has announced that counsel has been authorized to make this application for leave to appeal. The Government has informed the appellants it would not oppose the application to obtain definitely an interpretation of the word 'person' in Section 24 of the act. So there is yet a chance of women becoming Senators as "per-

Happenings of the Week

There ain't no use in kicking, friends. If things don't come your way. It does no good to holler round, And grumble night and day.

The thing to do is curb your grief, And cut out your little whine, When they ask you how you are, Just say, "I'm feeling fine."

Your heart may be just burstin', With some real or fancied woe, But, if you smile the other folks, Ain't very apt to know.

The old world laughs at heartaches, Friend, be they your own or mine, So when they ask you how you are, Just say, "I'm feelin' fine."

His Royal Highness Prince George, accompanied by Major Alexander, passed through Ottawa on Saturday afternoon. Their Excellencies and staff went to the station to meet him.

Regretful farewells were said on Thursday to the officers and men of H. M. S. Wisteria, which, after a delightful sojourn here, sailed for Summerside early yesterday morning, the Commander taking as his guests the Lieut.-Governor, Premier Saunders, Colonel Hooper, Mrs. Hooper, Miss Heartz, and Miss Van Bell, who will join in the social gaieties extended to the visitors in the Western Capital.

Charlottetown has had one of the busiest weeks in its history, and the Provincial Exhibition of 1928 was thoroughly enjoyed from start to finish. The thousands of visitors who came for fair week, speak enthusiastically of the generous hospitality extended and the many fine attractions offered, not to mention visits to fox ranches and other points of interest.

Mr. and Mrs. J. E. Wyatt, accompanied by their daughters, Misses Dorothy and Wanda Wyatt, were visitors at the Exhibition Thursday and yesterday, returning to Summerside in the evening.

Mrs. Fredk Gates of Anacosta, who is the guest of Mr. and Mrs. Arthur Gates, Longworth Avenue, is being cordially welcomed by her many old friends.

Mrs. H. H. MacNeice, of Boston who was called home owing to the death of her mother, Mrs. Alex McKinnon, is at present visiting her sister, Mrs. O. Wright, of Digby, N.S.

A cordial welcome is being extended to Mr. and Mrs. C. H. B. Longworth, Miss Eileen Longworth, and Miss Rose Longworth, who have returned from an extended trip to England, Scotland and the continent. Miss Norah Longworth, who has also been on the continent, sails for Canada today.

Announcements were received by friends here this week of the marriage in Ottawa on Aug. 17, of Miss Ella Tennant Johnston, and Mr. Harry S. Gutteridge.

Mr. and Mrs. Percy Barlow are leaving today to spend the week-end renewing friendships in Halifax. Mrs. Barlow has as her welcome guest her mother, Mrs. Whidden.

Dr. T. W. Call, of Cambridge Mass., with Mrs. T. W. Call and Mr. Keith Call, of Harcourt, N. B., were among the visitors motoring to the city for the Exhibition.

Mrs. (Dr.) Carruthers left this week on an extended visit to relatives and friends in Western Canada.

To carry with the all black evening gown there are beautiful handkerchiefs of very wide black Chantilly lace, with a tiny square in the centre of black chiffon.

Mr. and Mrs. Frank J. Power, of Halifax, are in the city. Mr. Power has been starter for the Exhibition races for many years, and always received a cordial welcome.

Dr. Heartz, of Amherst, is visiting his daughter, Mrs. (Dr.) Bell, of Halifax, and will go on to Yarmouth to visit another daughter, Mrs. (Dr.) Williamson, before returning home.

Mr. and Mrs. E. M. Towse, of Worcester, Mass., accompanied by Mrs. W. Worth, of Worcester, and Mrs. J. Fred Neale, of Cliftondale, Mass., are on a two weeks motor trip to the city, and are being pleasantly entertained by their relatives and friends.

The Viscountess Hardinge, mother of Viscount Hardinge, A.D.C., to His Excellency the Governor-General, has sailed from England to be present at the marriage of her son and Miss Margot Fleming. She will land from the Montcalm, due in Montreal this week-end, and will be a guest at Government House.

Much pleasure is being shown in the visit of Mrs. W. M. Nickle, of Kingston, Ont., and her two children, and Rev. A. M. Gordon, of Quebec, who are the guests of Mr. and Mrs. A. E. Morrison, Prince St. Mrs. Nickle is the daughter of the late Rev. Daniel Gordon, D.D., at one time minister of old St. Andrew's Church, Halifax, and also connected with Pine Hill Divinity Hall.

Mrs. Montague Anderson, of Ottawa, who has been summing at Brackley Beach, has returned home.

Miss Janette MacPhail was cordially welcomed in the city for the week by her numerous friends.

Dr. and Mrs. Dewar have been spending a pleasant week in Halifax.

Mrs. Jaynes, with her children, Helen, Julian and Robert, and maid, are leaving Monday for their home in West Newton, Mass., after a most delightful holiday at their summer home in Keppoch.

At the Tennis Courts this afternoon tea will be served by Miss M. Rogers, Miss M. Allenby, Mrs. Allenby, Miss G. Mathieson.

Rev. Ross Eaton and family are spending their holidays at their summer home in Fortune.

Miss Dorothy MacArthur of Summerside, is visiting in Montreal.

The story of how the Prince of Wales helped him to dig up worms for angling bait, was told Tuesday in London, by a 15-year-old boy, Ralph Osborne. Ralph was on the seashore between Worthing and Littlehampton, where the Prince is a frequent visitor, seeking bait to continue his fishing, when a man suddenly appeared beside him. "What are you doing?" said the man. "Digging for worms," the boy replied. "Can I help you?" asked the man. "Yes," the boy answered, "when I dig up a worm you put it in the bucket."

They then proceeded to unearth the worms, which the man picked up, making such remarks as "This is a fine, fat one," "this ought to catch a big fish,"—and so on. Then the boy took a close look at his helper and said: "You look just like the Prince of Wales."

The man replied: "It so happens that I am."

The boy became embarrassed and wanted to apologize, but the Prince smiled at his discomfiture. The boy wanted to take a memento of the occasion home to show his parents, and he asked for the Prince's autograph, but neither had a piece of paper. However, the boy produced a dirty whist drive score card, and on

it the Prince wrote, to his companion's delight, "Edward P."

SOUFFLE PUDDING. Put a half a point of breadcrumbs into a pie-dish with one point of milk, two ounces of sugar, the grated rind of one lemon, one ounce of

butter, cut up small, and the yolks of two eggs. Bake until set and nicely browned. Now put a layer of any firm preserve on the top, beat the whites of two eggs to a stiff froth with the juice of half a lemon and two ounces of castor sugar, and put it over the preserve. Put the pudding back in the oven, and brown lightly with a salamander.

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