

"Her Money Troubles"—They get more vexatious as the cost of foods climbs skyward. Meat, eggs and vegetables are almost beyond the family purse. Happy is the housewife who knows **Shredded Wheat**, its low cost and its high food value. A better balanced ration than meat or eggs and costs much less. Two **Shredded Wheat Biscuits** with milk or cream make a complete, perfect meal, supplying all the nutriment needed for a half day's work at a cost of a few cents. Delicious for any meal with milk, or cream, or with fresh or stewed fruits. Made in Canada.

ANNUAL MEETING

The annual meeting of the shareholders of "The Orwell Bay Oyster Company, Ltd." will be held in the Edison Hall at Eldon on Monday Dec 17th at 6 o'clock, p. m.

J. F. MARTIN, Sec. Treas.

MILITARY POLLS

Notice is hereby given that Military Polls for P. E. I. under Military Vote Act, 1917, will be held on Monday, Dec 17th 1917, at the Drill Shed, Charlottetown, and at the Dalton Senatorium North Wiltshire.

The polls at Charlottetown will open at 6 a. m. and close at 5 p. m.

The polls at North Wiltshire will open at 9 a. m. and close at 5 p. m.

Philip E. Palmer, Lieut.—Deputy Presiding Officer, Charlottetown Poll.

Christopher E. McGuigan, Lieut.—Deputy Presiding Officer, North Wiltshire Poll.

F. B. McRae, Major—Military Presiding Officer for P. E. I. MDTF15



Synopsis of Canadian Northwest Land Regulations

The note head of a family or any male over eighteen years old, may homestead a certain quantity of available Dominion land in Manitoba, Saskatchewan or Alberta. Applicant must at least be a citizen of the Dominion of Canada and must be a resident of the District. Entry by prospectus, or Sub Agency on certain conditions.

Classes—Six months residence upon and cultivation of the land in each of three years. Homestead may be with or without a house, as indicated on a form of at least 80 acres, on certain conditions. A habitable house is required except where residence is performed in the vicinity.

In certain districts a homesteader in good standing may pre-empt a quarter-section along side his homestead. Price \$5.00 per acre. Duties Six months in each of three years after earning homestead part; also five extra cultivation. Pre-emption patent may be obtained as soon as homestead is performed on certain conditions.

A settler who has exhausted his homestead right may take a purchased homestead in certain districts. Price \$3.00 per acre. Duties—Must reside six months in each of three years after earning homestead part; also five extra cultivation. Pre-emption patent may be obtained as soon as homestead is performed on certain conditions.

W. W. QUAY, C. M. G., Deputy Minister of the Interior, Ottawa, Ontario.

SUNDAY SCHOOL LESSON

NEHEMIAH ENFORCES THE LAW OF THE SABBATH.

December 16.

"Remember the Sabbath Day, to keep it holy."—Exod. 20:8.—Golden Text.

Nehemiah had only leave of absence from the Persian Court, and after twelve years' service among the Jews in Jerusalem, he returned to his position as cup-bearer to King Artaxerxes. Left without their strong leader, the Jews soon began to fall into their old ways, and much that Era and Nehemiah had taught them was forgotten. Rumors of their backsliding reached Nehemiah, and he obtained a second leave of absence and went back to Jerusalem. Nehemiah was very much in earnest in his desire that the people should obey God. As their governor for the Persian King and as one of themselves, he felt a sense of responsibility to God for their welfare and their religious life. There are always people ready to report the sins of other people, but Nehemiah did not trust to rumor. Before taking action he carefully looked the situation over and made himself acquainted with the facts. He was greatly distressed to find that the former enemy of the Jews dwelling within the precincts of the temple; the payments of the Levites had been neglected and the Sabbath was being profaned. He found men working seven days a week. They were not keeping the Sabbath day as a day of rest or worship. They were at work in the vineyard, the harvest field, and many were bringing produce to market and selling vegetables, sh and other commodities in the street. This both grieved and angered Nehemiah, and he blamed the nobles, who had allowed the people thus to forget the teachings of the law which Ezra had given them. In his position as governor for the Persian



Baby's Itching Burning Skin. Quickly Soothed by Cuticura Ointment.

It's wonderful how quickly a hot bath with Cuticura Soap followed by a gentle anointing with Cuticura Ointment relieves itching, burning eczemas, rashes and chafings, permits sleep for infant and rest for mother, and points to speedy healing in most cases when it seems nothing would do any good. This is only one of the many things Cuticura does for the skin when used for every-day toilet purposes.

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king Nehemiah had a right to call the nobles to account. He warned them that history might repeat itself and the wrath of God be visited upon Israel for desecrating his day.

The Sabbath for work or pleasure is the enemy of better things.—What is the matter with the Dandelion? Evidently something serious is the matter, for everybody calls it a nuisance. I am sure the dandelion doesn't know it, for it is growing everywhere, and having great fun every day. But everywhere people are trying to get rid of it; digging it up by the roots, putting horrid stuff on it to kill it and spending a great deal of time on the job.

What is the matter with the dandelion? Its flower certainly is beautiful. If it were rare people would prize it and pay a price for it in the green house. Why, then, is it hated? The answer is very simple. It hinders better things. It takes possession of the lawn, kills out the sweet clover and the tender grass and there's no room for anything else. After a while nothing is left but its own coarse leaves and ugly stems, with their bald, homely heads. There is reason enough, surely, why we should try to banish it. It is the enemy of better things.

And that is just the reason why some things should be kept out of people's lives. There are not always bad things, but they hinder better things. It isn't enough to ask if a thing is really wrong in itself. The question is, Does it help people to do their best? or, Does it hinder them from doing their best? What if the thing you do robs you of time or strength needed for something better? What if it means poor lessons tomorrow? What if it sets the nerves wrong, so that one is cross and fussy at home and not nice to live with? What if it shuts out the light of God's smile, as the big dandelion leaves bar the sun from the clover buds? God wants us to be our very best. And whatever hinders that, ought to share the fate of the dandelions on the lawn.—Frank T. Bailey, in "The Congregationalist."

To Stop a Persistent Hacking Cough

The best remedy is one you can easily make at home. Cheap, but very effective.

Thousands of people normally healthy in every other respect, are annoyed with a persistent, lingering or bronchial cough year after year, disturbing their sleep and making life disagreeable. It's no wonder—there's an old home-made remedy that will end such a cough easily and quickly.

Get from any druggist "2 1/2 ounces of Pinex" (30 cents worth), pour it into a 16-oz. bottle and fill the bottle with plain granulated sugar syrup. Begin taking it at once. Gradually but surely you will notice the phlegm thin out and then disappear altogether, thus ending a cough that you never thought would end. It also promptly loosens a dry or tight cough, stops the tickle, soothes the throat, and relieves the irritated membranes that line the throat and bronchial tubes, and relief comes almost immediately. A day's use will usually break up an ordinary throat or chest cold, and for bronchitis, croup, whooping cough and bronchial asthma there is nothing better. It tastes pleasant and keeps perfectly.

Pinex is a most valuable concentrated compound of genuine Norway pine extract and is used by millions of people every year for throat and chest colds with splendid results.

To avoid disappointment, ask your druggist for "2 1/2 ounces of Pinex" with full directions and don't accept anything else. A guarantee of absolute satisfaction or money promptly refunded goes with this preparation. The Pinex Co., Toronto, Ont.

BASIC SLAG

We have just received a quantity of Basic Slag, which we offer at \$25.00 per ton.

This Fertilizer has given good results when applied in the Fall.

Send for testimonials.

Auld Bros. Ltd.

Queen's County Dominion Election

To the Electors of Queen's County, Ladies and Gentlemen:

Six years ago Mr. A. A. McLean and myself were elected to represent you in the House of Commons. As the result of the election then held the Liberal-Conservative party came into power. During the years that have passed since then I have endeavored to the best of my ability to procure as large a portion as possible of governmental advantages for my native Province. The Government of the party I was elected to support, has done much for the betterment of our trade and commerce and our agricultural interests. It gave us the Car Ferry, increased grants to agriculture, the addition of \$100,000 annually to our provincial subsidy, secured for our Province four members for all time to come, built a number of wharves for the convenience of our farmers and shippers, also dredged the docks at Charlottetown and elsewhere.

When it is considered that for over three years of this period, the Dominion revenues have been urgently required for war purposes, I feel assured that our efforts are not unappreciated by the people of the Province, irrespective of party. I am convinced that what has been done will prove a lasting benefit to the Province and will afford a great impetus to our future prosperity.

During the last session of Parliament I was pleased to support Sir Robert Borden in his endeavors to unite the two great political parties which divide Canada in one Government. Such a consummation would insure a more vigorous prosecution of the war, and would be the means of raising with the least possible friction the necessary recruits to go to the assistance of our hard pressed brave boys at the front.

I am highly gratified that a Union Government has now been formed. It is composed of the strongest men of both parties and shall have my full support.

At the last session of Parliament an Act was passed establishing machinery for the holding of a Dominion election. It provided for the appointment of enumerators to make up lists of voters for all the polls. These will shortly be appointed. May I be permitted to request that every possible assistance be given the enumerators in the preparation of these lists, so that everyone in the County, entitled to a vote, shall have his or her name on the lists before polling day.

In thus giving an account of my Stewardship, permit me to state I shall be candidate for this County at the coming election.

The crisis which involves our Country is the most important in its history. It devolves upon everyone to consider well the issue raised: are the people of Canada to leave unsupported our brave boys at the front, who have so long and so well fought for the preservation of our rights and liberties, and whose splendid deeds of heroism have covered Canada with glory and renown? It is impossible.

I respectfully ask for the votes of all true and loyal men and women of this large and intelligent County of Queen's, assuring them that the best interests of our province and especially our soldiers shall have at all times my sincere support.

D. NICHOLSON.

King's County Dominion Election

Ladies and Gentlemen, Electors of King's County.

Greeting: Two years ago I was unanimously chosen by a large and representative convention of King's County electors, as a candidate for that County for the House of Commons, to support the Government led by Sir Robert Borden.

The Borden Government as then constituted has had my unwavering and hearty approval. I consider the attitude of that Government towards our Province deserving of the warmest support of all reasonable and patriotic citizens. The increase in our annual subsidy; the financial assistance granted our Agricultural Department; the great improvements in the winter navigation of the straits and in our connection with the mainland all secured through the Borden Government, merit our hearty and grateful approbation.

The Military Service Act, and all other measures enacted by the Borden Government for the relief or for the improvement, in any way, of the condition of our soldiers at the front have my unqualified endorsement.

To carry to a successful issue Canada's part in the war as provided for in the enactments of the late Parliament, a Union Government has been formed. To this Union Government I pledge my unqualified support, and appeal to you as a Win the War Union Government candidate.

Of the foregoing declaration of principle I most respectfully solicit, Ladies and Gentlemen of King's County, your support at the forth-coming Dominion election, and I beg to assure you that if you do me the honor of electing me to the Federal Parliament, I shall exert all my energies and devote my humble abilities to the advancement of your best interests.

As the time between now and polling day is not very long, and as weather conditions may not be the most favorable I may not be able to see all the electors, however much I may wish. I therefore ask you to be so kind as to take the wish for the deed, and to kindly remember me when you go to mark your ballots. With best wishes and kindest regards, I beg to subscribe myself,

Yours faithfully,

JAMES McISAAC, Charlottetown, P.E.I., Nov. 12th, 1917.

Queen's County Dominion Election

Ladies and Gentlemen, Electors of Queen's County.

At a large and representative Convention held a few weeks ago I was unanimously nominated to contest this County in favor of the Government and the active prosecution of the war.

The platform since enunciated by Sir Robert Borden is broad, comprehensive and statesmanlike, and should receive the unqualified support of all patriotic electors.

My influence will be exerted towards the prompt forwarding of recruits to relieve our gallant but wearied soldiers at the front.

I shall vigorously urge all needful improvements in all our transportation facilities. It is well known that congestion of freight, spring and fall, not only retards our prosecution of the war but paralyzes our trade, causes heavy losses to our farmers, merchants and shippers, and urgently calls for improvement.

For nine years I had the honor of being a representative from this Province in the Dominion House of Commons, during which period I tried to do my duty faithfully, and I trust not without results.

I now respectfully solicit your support for Mr. D. Nicholson and myself.

The season of the year in which this election campaign is being held makes it difficult for me to visit each of you personally, much as I would like to do so, but I shall use every effort to see as many of you as I can.

Yours faithfully, ALEXANDER MARTIN.

Valleyfield, October 29th, 1917.

The Ballot For Queen's

- 1 ALEXANDER MARTIN of Valleyfield, Farmer
- 2 DONALD NICHOLSON of Charlottetown, Tobacco Manufacturer
- 3 JOHN EWEN SINCLAIR of Springfield, Farmer
- 4 ALEX. BANNERMAN WARBURTON Barrister.

Directions for the Guidance of Electors in Voting.

The voter is to vote only for one candidate, unless two members are to be returned for the electoral district, in which case he may vote for two candidates as he thinks fit.

The voter will go into one of the compartments, and with a black lead pencil there provided, place a cross or crosses within the white space containing the name of the candidate or each of the candidates for whom he votes, thus "X".

The voter shall then fold the ballot paper so that the initials and stamp on the back and the number on the counterfoil can be seen without opening it; he shall then return the ballot paper so folded to the deputy returning officer, who shall, in full view of those present, including the elector, remove the counterfoil, destroy the same, and place the paper ballot in the ballot box. The voter shall then forthwith quit the polling station.

If the voter inadvertently spoils a ballot paper so that he cannot conveniently use it as he desires, he may return it to the deputy returning officer, who shall give him another.

If the voter votes for more candidates than he is entitled to vote for, or places any mark on the ballot paper, by which he can afterwards be identified, his vote will be void and will not be counted.

If the voter fraudulently takes a ballot paper out of the polling station or fraudulently delivers to the deputy returning officer to be put into the ballot box any other paper than the ballot paper given him by the deputy returning officer, he will be disqualified from voting at any election for eight years thereafter and liable to imprisonment for a term not exceeding three years and not less than one year, with or without hard labour.

Winter Service

"Prince Edward Island" service via Port Borden and Tormentine commencing Wednesday, December twelfth. The route from Prince Edward Island will be via Port Borden and ferry "Prince Edward Island" to Tormentine. Train will leave Charlottetown at six a.m. Ferry will leave Port Borden at eight-forty a.m., connecting with train arriving Sackville at eleven-fifty, there promptly connecting with train for Halifax, Ocean Limited for Montreal and Express for St. John, Boston and New York. District Passenger Agent's Office, Charlottetown.

Davis and Fraser

Fresh pork sausages manufactured from best spice obtainable and choice fresh meat.

Under Government inspection. Each wrapper bears the official stamp: "Est. 50; Canada approved." No higher certificate of quality is needed. Sold by all leading grocers.

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GOLD MEDAL FOR NURSING

The remarkable development and thoroughness of correspondence education is exemplified in the striking success of a nurse, who, while living in a rural country district, obtained her training in this way, and won the Gold Medal for her excellent work. The College is extending the privilege of learning by this method, and will send booklet and information free to those wishing to learn Nursing.

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