

KEEPING UP THE TONE

From The Washington Star

"The neat and even elegant appearance of the American soldier isn't maintained," said the Secretary of War, "without hard work. Yes the work is hard, but doesn't the result more than justify it?"

On the train the other day a private sat with his tunic unbuttoned, for the temperature was high. A sergeant strode up to him and said: "Button up that tunic. Did you never hear of bylaw 217, subsection D? I'm Sergeant Jabez Winterbottom."

"A gentleman in the seat behind tapped the sergeant sternly on the shoulder. "How dare you issue orders," he said, "with a pipe in your mouth? Go home and read paragraph 174, section 96. I'm Major Eustache Carroll."

"Here a gentleman with a drooping moustache interposed from the other side of the aisle. "If Major Carroll," he said coldly, "will consult by-law of section K he will learn that to reprimand a sergeant in the presence of a private is an offense not lightly to be overlooked."

WAITING FOR THE "BRONCHO"

A citizen of Kalspell, Montana, a few years ago sent an article to an English sporting paper describing the eccentricities of bucking horses. An Englishman who was fond of hard riding saw the article and came all the way to see for himself. He had a hunt for big game, and then he was ready to try the horses of the country. It was decided to give him the worst buck, pitcher, biter and twister in the bunch. Word was passed round, and many cowboys and interested citizens gathered to the feast. The Englishman rode the animated earthquake, and managed to keep his seat. Someone asked how he liked the animal.

"Oh, I like him. I always like a bit of brisk riding. He lopes a little high, but, I say—when does he begin to broncho?"

The Swagger Stick

The use of the "swagger stick" has been misunderstood by many of the American soldiers coming from across the line to be trained here. In Canada, recruits, at any time during the last three years, have, in certain stages of their training, almost invariably carried these little canes when off duty, not through affectation of vanity, but simply because the use of them prevented the young soldiers from slipping their right hands into their trousers pockets. The finished soldier would not think of putting his hand in his pocket, but the soldier in the making is likely, unless constantly on his guard, to be guilty of this breach of the rules. The youths who jauntily and gaily swung swagger sticks at Valcartier, Quebec, and Aldershot, Nova Scotia, even one short year ago, have since become the heroes of Vimy Ridge and Hill No. 70.

When the Kidneys Fail

Poisons Remain in the Blood, Which Cause Pains and Aches—Read Here of the Surest Way of Setting the Kidneys Right

Brockville, Ont., Nov. 1.—If you have headaches, backaches and rheumatic pains you have reason to suspect the kidneys. Pain is caused by poisons in the blood, and poisons only remain in the blood when the kidneys are defective and fail to do their work.

This Brockville lady has reported her case because she believes that a great many people are suffering as she did without knowing the cause of cure.

Mrs. Frank Noyes, 9 Stuart Street, Brockville, Ont., writes: "For years I was afflicted with kidney complaint. I became very nervous was easily worried and had frequent headaches through the back. I had indigestion, poor circulation of the blood, and often was bothered with weak spells. I commenced using Dr. Chase's Kidney-Liver Pills, and had only taken two boxes when I felt greatly relieved. I continued the treatment however, until I was completely cured. In all I took about ten boxes, and have not been troubled in this way since. I highly recommend Dr. Chase's Kidney-Liver Pills and I think also that the Plasters and Ointment can't be equalled."

Here is another letter to show how rheumatic pains disappear when the action of the kidneys is awakened by Dr. Chase's Kidney-Liver Pills: Mr. John May, Walkerton, Ont., writes: "I was troubled with rheumatism in my legs and I became so lame that I could scarcely get around. Dr. Chase's Kidney-Liver Pills were recommended to me, and so I commenced using them. After I had been taking them for awhile I was delighted to find that my rheumatism had left me, and to-day I am as sound as a bell, able to get around and attend to business. I have made use of Dr. Chase's medicines in many ways for the last forty years, and cannot speak too well of their good qualities."

Dr. Chase's Kidney-Liver Pills, one pill a dose, 25 cents a box, all dealers or Edmanston, Bates & Co., Limited, Toronto. You cannot expect such results from substitutes. Insist on getting the genuine.

YOU'RE BILIOUS! LET "CASCARETS" LIVE IN LIVER AND BOWELS

Don't stay headachy, constipated, sick, with breath bad and stomach sour

Get a 10-cent box now. You men and women who can't get feeling right—who have headache, coated tongue, bad taste and foul breath, dizziness, can't sleep, are bilious, nervous and upset, bothered with a sick, gassy, disordered stomach, or have a bad cold. Are you keeping your bowels clean from any drug store will keep your stomach sweet, liver and bowels regular, and head clear for months. Don't forget the children. They love Cascarets because they taste good—never gripe or sicken.

Cascarets work while you sleep; cleanse the stomach, remove the sour undigested, fermenting food and foul gases; take the excess bile from the liver and carry out of the system all the constipated waste matter and poison in the bowels.

A Cascaret to-night will straighten you out by morning—a 10-cent box from any drug store will keep your stomach sweet, liver and bowels regular, and head clear for months. Don't forget the children. They love Cascarets because they taste good—never gripe or sicken.

SNAKES AS FOOD SAVERS

Snakes are a valuable asset and there should be a campaign against killing them, writes Gayne T. K. Norton in the current issue of the American Forestry Magazine. The article goes to show what the snake does for food conservation by way of killing rodents and insects, the greatest enemies to grain that man knows. The public has become acquainted with snakes as never before, writes Mr. Norton, because of the thousands who have been engaged in the campaign for war gardens that has been conducted by the National Emergency Food Garden Commission.

"With this summer the millions of war gardens have given the snake popular interest. Tremendously increased tillage has brought people and snakes together.

"Unless much educational work is done the number of snakes that will be killed next year by the well-meaning but misinformed gardeners will be very large. Our snakes are a national asset worth many millions of dollars. The snake, particularly at this time, should be conserved. The relation it bears to successful crops is important—more important than even the average farmer realizes.

"Reptiles are not enemies. They never attack unless in self-defense. Of our 51 species but 17 are poisonous—two species of Elaps coral snakes, and 15 species of Crotaline snakes, the copperhead and moccasin, the dwarf and typical rattlesnakes. On the other hand the help they render is valuable. The pests destroyed each year, especially the rodents that injure crops and carry communicable diseases, roll up a large balance of good services in their favor.

"Rodents are destroyers of farm products, cause loss by fire through gnawing matches and insulation from electric wires, and on human life, through germ carrying, particularly the bubonic plague. They also destroy eggs, young poultry, squabs and pigeons, birds and young rabbits, pigs and lambs. A loss to husbandry not estimated in figures but realized as extensive is due to the killing of fruit trees by girdling or other injuries to the bark by species of wild rodents. As a destructive agency the rodents have not rival.

"The gross ignorance regarding our snakes cause slaughter of all things that wear scales and crawl. Farmers should protect and breed the harmless snakes rather than kill them. Many European countries have protective legislation."

Wanted—a Solomon.

After the war one complex problem concerned with reconstruction must be faced in solving the fate of British women who no longer live with German husbands, yet lose their power to claim protection from English law. Before any remedy can be found these women must be allowed to be recognized as British subjects.

Once this is done their fate may be easier. But I quite recognize the complexity of this subject, which concerns international law, and also the rights possessed by two parents to claim their own children.

Frankly, I admit the superiority of German divorce laws as compared with the divorce system prevailing in England. But I foresee that efforts to dissolve mixed marriages between German and English wives revives that difficulty faced by King Solomon whose duty lay in recognizing the true parent from two women who both claimed parentage over the child.

Naturally Germany will try to claim as many male children as possible; she needs those prospective fighting units. On the other hand, English mothers may not wish to part with their boys born of German parents. This difficulty must be solved presumably, it will require the introduction of new laws.

DANGEROUS SOUVENIRS.

Pictures left behind by Germans are "LOADED"

Souvenir hunting in abandoned German dugouts—a favorite occupation of the entente soldiers on the western front when time permits—is not as safe a pastime now as it was at first. The wily Huns have resorted to all kinds of tricks to make the visit almost as dangerous to the intruder as when they still remained there, as vividly told by Lewis R. Freeman in an article to the popular Mechanics Magazine, of which the following is a sample:

"Something of the direction his (the German's) latest effort has taken was revealed by a Tommy who was exhibiting to me some of the treasures he had gathered in cleaning up a recently occupied German dugout. One of these, carefully preserved between the leaves of a magazine, was the photograph of what was evidently a German girl, punctured with not less than a dozen bullet holes.

"Did you take it from a German soldier?" I asked.

"No, sir," was the reply; "only from the wall of a dugout."

"But how did she come to get so shot to pieces?" I asked; adding banteringly, "I have never heard that the British soldier makes war on women."

"But this 'Dun ldy was makin' war on us, sir," he answered with a grin; "or leastways one of 'er friends three or four dugouts down the line tried to strafe us, and we had orders to strafe back."

"Then he went on to explain that the Tommies had always vied with each other in collecting photographs from the walls of the captured dugouts as souvenirs, a circumstance which the Germans who appeared to have got wind of it in some way, endeavored to take advantage of by running a wire from the back of some of these mural decorations to mines concealed beneath the floor. The Tommies had already learned to avoid stepping on the loose ends of boards, and to refrain from rocking 'tortises' and picking up inconsequential odds and ends from the floor; but the 'mined' photograph was something new, and before the ruse was discovered several cleaning-up parties were made to pay rather heavily for the desire of certain of their members to add another "Un. frawline" to their picture galleries.

Photo collecting languished for some little time after the designing nature of some of these abandoned Gretchens and Hildas had been disclosed, and it is still the custom to give any picture with a suspicious bulge behind it—if there is room to do it in safety—a few propitiatory shots before seeking closer acquaintance."

"RECORD" SCALES

Along the Fox river, a few miles above Wedrun (Ill.) an old timer named Andy Haskins has a shack and he has made most of the record fish catches in the vicinity during forty years. He has a big record book containing dates and weights to impress strangers.

Last summer a young couple from Chicago camped in a luxurious lodge three miles above old Haskin's place. A baby was borne at the lodge and the only scale the father could find on which to weigh the baby was that which Andy Haskins weighed his fish. The baby tipped the scale at thirty-five pounds.

BRITISH & FOREIGN SAILORS' SOCIETY CENTENARY FUND

At the invitation of the Directors of the British and Foreign Sailors' Society Gwendoline Jellicoe has undertaken to issue a special appeal on behalf of the great National work carried on by the Society of our Sailors and for those who are dear to them. Her Majesty Queen Alexandra has graciously expressed her approval of the appeal, and her earnest hope that it will receive the generous support of the British people.

The British and Foreign Sailors' Society is about to complete its hundredth year of service and a sum of not less than £250,000 will be needed to ensure the continuance of its beneficent agencies. The success with which this work has been carried on before and during the War, has won the confidence and appreciation of the authorities generally, and of the seamen themselves.

On the definite request of the Admiralty authorities, the Society is about to erect additional Naval Rests at various Naval Bases, for the welfare and comfort of Sailors when on shore. The Society has also been urged to extend similar provision for Merchant Seamen in many ports.

I have seen evidence of the splendid relief work of this Society in providing clothes and food for Sailors interned in Germany; dispensing immediate practical assistance to disabled Sailors and dependents of Seamen who have fallen on War Service; in providing an education for Sailors' orphans; and especially in feeding, sheltering, clothing and forwarding to their various homes many thousands of Merchant seamen whose

ARE YOU LOSING YOUR GRIP

Dr. Cassell's Tablets are the remedy to restore your Energy, and to rebuild Health and Vitality

If anyone who feels weak or languid, whose vitality has been lowered from any cause, whose nerves are overstrained or "jumpy", will take a course of Dr. Cassell's Tablets, he or she cannot fail to be astonished at the wonderful new health and vigour that will follow, and follow quickly. Dr. Cassell's Tablets are an ideal brace-up. They strengthen the nervous system throughout, invigorate all the bodily functions, give "Spring" and "Grip" and fitness even to the weakest. And there is no doubt in them.

A free sample of Dr. Cassell's Tablets will be sent to you on receipt of 5 cents for mailing and packing. Address: Harold F. Ritchie and Co., Ltd., 10, McCaul-street, Toronto.

Dr. Cassell's Tablets are the supreme remedy for Dyspepsia, Kidney Troubles, Sleeplessness, Anaemia, Nervous ailments, and Nerve paralysis, and for weakness in children. Specially valuable for nursing mothers and during the critical periods of life. Price 50 cents per tube, six tubes for the price of five from Druggists and Storekeepers throughout Canada. Don't waste your money on imitations; get the genuine Dr. Cassell's Tablets. Proprietors: Dr. Cassell's Co., Ltd., Manchester, Eng.

FUTURE PROVISION FOR SICK SOLDIERS.

Military Medical Attention Assured Men Who Suffer Relapse From War Injuries.

The Government has made provision so that any man who suffers a recurrence of a disability due to army service can receive free treatment from a military medical officer. If his condition requires hospital care he can be re-treated and replaced on pay and allowances, until he has been put in shape again.

The Military Hospitals Commission makes this statement to correct the impression which seems to have gained circulation, that a discharged soldier can go to a medical practitioner as a civilian and receive treatment, or enter a hospital as a civilian and then forward the bill to the Government for payment.

The Commission will not be accountable for unauthorized accounts for medical service.

DOMESTIC COURTESY

If a man must have his spells of crossness and unkindness, it were better if he gave vent to his feelings when dealing with strangers, and not at home with his family. Few have done more for the man than his wife and children and they deserve his very best treatment and kindest words. But it is really necessary to pass through these "spells?" A few efforts at laughing off disappointments and trials will have a tendency to sweeten life and fit a man for being kind to everyone. Even the stranger deserves better than you may give him, for who knows but what he may later wish to become your friend. No man has ever felt pleased after he has been guilty of doing some kind deed and giving out kind words. Love and kindness are two of the most needed characteristics in mankind.

SHORT CUTS IN HOUSEKEEPING

Clean aluminum ware with a cloth dipped in lemon juice.

The only hopeless sorrow is the one that shuts itself up in self. Discolorations on tearups disappear under vinegar and salt treatment. Frankness may or may not be a virtue. Much depends on the spirit back of it.

If you want to cool a dish of food quickly, set it in a pan of cold salt water. The worst thing about an excuse that we deceive ourselves when we make it.

Remember that entire failure is not possible when one honestly tries to do her best.

THE LIGHTER SIDE OF LIFE

Wife Showed Real Foresight "I am afraid you do not practice economy my dear," complained Mr. KJones.

His wife cast a contemptuous glance at him. "Come with me to the attic," she commanded. And he followed her thither.

In the attic she opened a trunk and took out a bundle wrapped carefully in tissue paper. Tearing off the wrappings, she disclosed a lovely, filmy gown.

"That," she said, "is my wedding dress."

"And do you call it economy to save your wedding dress, he chortled. "That's not economy, it's sentimentality. It would have been economy to wear that dress and get its worth out of it. But there it is no earthly good to you nor anybody else. Economy! Huh."

"That's where you are wrong," she said, calmly. "I am saving that dress for my next wedding. That held him for a while. "Did she give any reason for rejecting you?" "Reason? No. That's the woman of it. Simply said she didn't love me."

Cutting Prices

"Ere, ave 'em at tuppence," growled the butcher.

"It's too much," said the woman. "Ave 'em at a penny, then."

Still the woman hesitated. A look of disgust came over the butcher's face.

"Still too much?" he snapped. "Ere, 'ang it! I'll turn my back while you sneak 'em!"

Soulful—How distressing it must be when a singer realizes that she has lost her voice!

Cynical—Yes; but how much more distressing it is when she doesn't realize it!

HIGH HEELED SHOES PUT CORNS ON TOES

TELLS WOMEN HOW TO DRY UP A CORN SO IT LIFTS OUT WITHOUT PAIN.

Modern high-heeled footwear buckles the toe and produces corns, and many of the thousands of hospital cases of infection and lockjaw are the result of woman's suicidal habit of trying to cut away these painful pests.

For little cost there can be obtained at any pharmacy a quarter of an ounce of a drug called Freezone, which is sufficient to rid one's feet of every hard or soft corn or callus without the slightest danger or inconvenience. A few drops applied directly upon the tender, aching corn stops the soreness and shortly the entire corn and all lifts right out. It is a sticky substance, which dries the corn, and women use it because the corn shrivels up and comes out without inflaming or even irritating the surrounding tissue or skin. Cut this out and try it if your corns bother you.

The Most Profitable Fixture in Our Stores

By C. H. Routliffe, Manager of the Lyndroute Groceries, of Toronto, Ontario

"YOU can't gauge your bank balance by increases in sales. You've got to get profits on those sales. "A clerk sells a dollar's worth of groceries and makes an error of ten cents in adding the slip. If it's an undercharge your profit's gone. If it's an overcharge your customer's confidence is gone. You lose either way. "Our experience showed that getting every cent of profit depended on stopping the leaks—error leaks—insignificant in themselves, but decidedly prominent when multiplied by days, weeks, and months. "So to plug up these holes we bought a Burroughs Figuring Machine. And right here let us emphasize one fact. We are convinced the Burroughs is the most profitable fixture in our stores. "The first job we used it for was checking up sales slips; and here we caught errors enough to show where some of the profits were going. Rest assured the Burroughs soon plugged up a dangerous leak. "But this is trivial compared with the valuable information we are able to obtain through its use. "Once a day we get a summary of business transacted in each of our three stores. This summary shows the number of customers handled, amount of cash deposited in register, amount paid out, amount received on account, balance of

customers' accounts; sales analyzed by cash and charge, retail and wholesale, and by clerks. "It is information like this that enables us to learn whether or not we are getting all the profit. And if we're not it's easy to find the leaks, for Burroughs figuring is absolutely accurate. "Every day we get a double check on the cash. All register tickets are added on the Burroughs and the total is checked against the amount of cash in the drawer. "Every ninety days we take inventory. It would be impossible to do this without the Burroughs. Here again the machine has more than paid for itself. "Every day we check delivery boys' accounts on the Burroughs. In addition to accuracy we know what percentage of purchases are delivered every season of the year. This information is valuable in estimating overhead. "All invoices are checked on the Burroughs. In fact there is an unwritten law in our business prohibiting an O. K. until the transaction has been treated on the machine. "We would as soon think of doing business without a telephone as without our little Burroughs Figuring Machine. "The Lyndroute Groceries is one of many enthusiastic Burroughs users in Toronto. In all parts of Canada thousands of users find the Burroughs of invaluable service.



FIGURING AND BOOKKEEPING MACHINES PRICED AS LOW AS \$150 Burroughs

Burroughs Adding Machine of Canada, Limited ST. JOHN OFFICE: Armstrong and Bruce Bldg., 171 Prince William St.