

# Woman's Realm Social and Personal Fashions Literature

## Grandfather's Wedding

(By Uncle Joe)

My grandfather's wedding took place on Thursday. On the Monday preceding this event invitations were given verbally by the bride's father, who went from house to house. It was on Monday that, that cooking for the big event got underway. Two of grandfather's neighbors, David Wilson and John MacCormack, did the roasting. An ox and a sheep were killed, and large roasts of beef and mutton, boiled spuds and of course, plum puddings were the staple fare on that great day.

The festivities began in the house of the bride's family, the MacCormack's, dancing and eating. On their wedding day grandfather and his bride proceeded to the Church accompanied by all the invited guests walking in pairs. When horses and carts became common in North River the wedding parties drove to church.

Grandfather had to arrange weeks ahead with the people who were to be his guests at the wedding. The Rev. Mr. Caulder met the bride and groom at the church door and escorted them to their place in front of the pulpit.

The first guests to arrive at the bride's home were the first to be served dinner. It took two large tables to take care of those present, while a kind neighbor offered his home up to the dancing couples.

On the Sunday following their marriage grandfather and his bride, together with groomsman and bridesmaids, drove to the church and sat together in the same pew. After the "churching" as they called it, they drove to the home of the bride's parents for their Sunday dinner, which was the greatest feast of the whole celebration.

## Ellen's Diary

By an Island Farmer's Wife

And so further into the April week, we came this morning, our day brightened early, by a number of incidents which combined to favor our "fortunes" at Alderlea. There was, first of all, Mr. D.'s return on brisk steps down along the hill, after an extended week-end spent at his snug, and hospitable home down the river-road. He stopped yesterday to lend a hand to a neighboring farmer, at an insistent piece of carpentry there, while Jeanie's corner cupboard awaited its final touches.

An extra shelf was added to the lower section of it, in an after-thought today, and these enclosed by twin doors are ideal places to store pies or cakes. The upper part, a row of shelves behind a paneled glass door will take care of any treasured china, before this in the pantry. And dividing upper and lower is a drawer, which may be used for linen or any number of needs. At the moment, much of grand-daughter's doll's wardrobes are tucked away there—gowns and all belonging to her battered friends, including her Christmas doll, now a poor shadow of her former engaging self. She can still manage to open and close her eyes but now has a limb missing. These crumpled garments have seen much washing and putting on and off by a quick, merry, knowing, and sometimes impatient, but nonetheless precious maid.

Mr. D. appeared in what chanced to be one of our busiest hours of the day. James had hailed our approach in the barnyard to wish that we might give him "a little help in teaching that new calf to drink." In James' company one may not bring any listless or half-hearted attitude to such a chore. No indeed! To be helpful, one must be able to anticipate each request of his. "There now, Ellen," James advised me, "keep the pail at that angle." There were excited splashing, some muffled breathing, a long minute of gripping the pail desperately—and hoping, before, all in a flash the small creature caught the secret of it and began to drink the warm milk.

Following closely the pattern set by an earlier pair, this one which came only yesterday, is red with markings of white, and as James observed running his hand along its sleek sides, "he'll make a fair, good, animal some day!"

That was the moment too a truck-driver appeared suddenly in the barnyard to inquire of James gruffly: "And where are those fat hogs that were supposed to be at the end of the lane for me?" The gruffness belied by a twinkle. But his words were the cue for immediate action on the part of the family—even grand-daughter herself came from the house across the lane to watch the loading to a farm-sleigh. Until repairs have been made to the

## Household Scrapbook

By Roberta Lee

### Black Shoes

Black shoes will need very little polishing if oil or vaseline jelly is applied to them regularly from the time they are purchased. Use only a little at a time, and rub in thoroughly so as not to leave the surface greasy.

### Buttermilk

Buttermilk is considered one of the best cosmetics known. Apply it to the face and hands. The milk may be warmed, but should not be boiled.

### Cake Batter

Do not let the cake batter stand after it has been mixed, as this causes air bubbles to form, making the cake coarse-grained.

"gang-way" bridge, the farmers consider it better that no motor vehicle attempt to cross it. A recent inspection has shown that the Spring freshets have weakened a timber in the foundation structure. Teams cross safely, so that in this way, today's offering of livestock reached the truck, and went to make, we hope, the choicest of Wiltshire sides.

And presently out of the bustle and confusion of morning, one heard the regular sound of the axes at the wood-splitting mingling with the hollow ring of Mr. D.'s hammer as he continued his wood-work, and we had settled again to our familiar round. We recall now how pleasant this day has been, the wind, already alive with bird-song, was gentle in its wandering down from the hilltops. Thawing streamlets continued to course merrily streamward, and surveying the remaining patches of snow which lie in fields and roadway we said, "a nice warm rain would clear those away." One can fancy a promise of it in the morning of the night wind, as it passes the windows.

Wishing upon a first star we hoped that Saturday, the opening date of the trouting season, the millpond, muddy of late, shall have cleared to allow at least two interested persons to enjoy a spell of angling—an ageing woman, her head bound about with one of James' red handkerchiefs, and her companion, a young brown-eyed lad with a brand new jack-knife snug in a trouser-pocket. But if we may not have our wish fulfilled, there will be other days, dew-washed and sun-filled.

And who are these at the door? Mr. D. and James, and Mr. C. from the house on the hill.

Until tomorrow... Diary... Good-night...

## DOROTHY DIX SAYS—

### Good Matrimonial Risk

#### Widow's Practical Experience Gives Her Advantage Over Young Girls

DEAR MISS DIX: Many bachelors shy away from marrying a widow, grass or sod, with children. To these timid souls I wish to say that there are many advantages in acquiring a wife who is broken to double harness, so to speak. In the first place, the widow probably has a house full of furniture, and that's a windfall in these days when chairs are the price of thrones. Also, a widow is far more likely to have a little money that you can get your hands on than a young girl is.

Furthermore, the widow is accustomed to being tied down, so she doesn't expect to be taken out for good times, as a debutant does. Having lived alone, she is an amateur electrician and carpenter and can fix the plumbing and the saggy screens without troubling you.

Nor are the widow's children the handicap they are they are supposed to be. On the contrary, they are an asset instead of a liability, for any kind of a mother will keep the refrigerator well stocked and Friend Husband can raid it at his pleasure. And, best of all, the Number Two husband is not responsible for the way the widow's children turn out.

For these and other reasons a widow is a preferred matrimonial risk.

EDNA

ANSWER: The fact that so many widows, even those encumbered with olive branches, do remarry is proof positive that there are many wise guys who know how to pick out wives. For charming as the amateur bride may be, she lacks the know-how of the widow that has cut her wisdom, teeth on the peculiarities of husbands and learned how to handle them.

#### QUALIFICATIONS OBVIOUS

The man who marries a sweet young thing gambles with fate, for no one can tell what sort of a wife a girl is going to make. But the widow is a sure thing. She stays put. What she is going to be, she is and before he pops the question a man can sample her cooking and her temper and her general livableness.

So there is no reason why bachelors should be fraidy cats about marrying widows.

DEAR DOROTHY DIX: I am a girl of 21 and I am always worrying over everything. I can't sleep at night because I am so afraid that I might get sick, or some of my family might die, or that I might lose my job, or that some misfortune might befall me.

Right now I am worrying about getting old. I just can't bear to think about losing my youth and beauty and attractive ways and getting to be old and scraggy so that no one wants to be bothered with me or cares about me. I have tried to do away with this thought, but it is impossible. It obsesses me. Can you help me?

ROSE

ANSWER: Certainly no one can stop the clock and keep you a perpetual debutante. Nor is there any magic that can protect you from the vicissitudes of life. But you can speed up all the misfortunes that you dread by letting your mind dwell upon them.

There is an old saying that warns us not to trouble trouble until trouble troubles us. That is true wisdom. The secret of perpetual youth is being happy. It is the chronic weepers whose eyes grow dim. It is the grouches who acquire wrinkles. It is the cowards who are afraid of life who get nothing but misery out of it.

Believe me, daughter, you are making a frightful mistake when at 21 you start out to cultivate morbidness. Snap out of it before it is too late. Laugh and the world laughs with you. Weep and you weep alone. And there is no percentage in that.

DEAR DOROTHY DIX: I am a junior in college and I am engaged to a girl who is 17 years old. We are miserable apart, and we are thinking of getting married. Do you think I would be justified in quitting school and going to work so we could be married? I am almost 21.

JOHN H. T.

ANSWER: You are both very young to marry, and I think that you would have a far better chance of happiness if you would finish your course in college before you get married. Marriage for a day, for that, and the better you fit yourself to fight the battle of life, the better chances you have of winning out and being able to take care of your wife as you would like to.

And if your love and the girl's love is not strong enough to stand a little temporary separation, how is it going to endure the long strain of marriage? My earnest advice to you is to wait.

## The Stars Say—

By Genevieve Kemble

For Wednesday, April 20

THE auguries for this day, may be read as more than customarily perilous to all established business, plans, prospects and ambitions, recently put in jeopardy by rash, un-governed and erratic impulses, or wild ideas. It may be difficult to clear the atmosphere from the damage, crash and loss through strange tactics, since judgment is obscure and hostile to possible assistance from those who might be available for advice. The cost may be great financial, influential and family assets and composure, only to be restored by tact, humility.

For the Birthday Those whose birthday it is, are urged to draw upon their finer instincts, stability of character and solid abilities, in order to seek "mend broken fences," incident to recent rampages in which erratic, irrational and temperamental behavior may have put in jeopardy very promising and soundly established foundations for a productive, progressive, secure and lasting fair fortune. While the mentality may not have a clear view of complete and sound perspective on a warped or bungled state of affairs, yet a friendly, amiable, and candid approach to those possibly cooperative in their sympathetic understanding, may assist to recoup the damage and redeem ravaged resources.

A child born on this day may be prone to rash, involved, and complicated judgment, impelling direction and loss. It may need kindly direction in making friends and maintaining gracious support from influential sources.

## Morning Smile

She: "I was a fool when I married you!"  
He: "Well, don't blame me. I didn't know at the time."

"TIGHT" CORNER Pat and his pal Mike had had a night off. On meeting Pat the next day, Mike inquired:  
"Well Pat, and how did you get home?"  
"Oh," replied Pat, "sure I was doing fine till I turned a corner and a policeman trod on me and

## Modern Etiquette

By Roberta Lee

By Anne Ashley

Q. What is the meaning of a "bread and butter" letter?  
A. This is a letter of genuine appreciation, written to one's hostess after a visit in her home, regardless of whether a guest for a month, a week-end, or just overnight.

Q. Isn't it considered rude to interrupt a conversation in order to introduce another person?  
A. Yes; it is ill-bred to do so.

Q. When a man meets a woman on the street, is it sufficient for him to touch the brim of his hat?  
A. No; this is a very lazy gesture on his part. He should always lift his hat.

## How Can I!!!

By Anne Ashley

Q. How can I prevent discolorations of bruises?  
A. Bruises can usually be prevented from turning an unsightly black and blue by rubbing as soon as possible in sweet oil and then in spirits of turpentine. Dousing this moistened surface with flesh-colored powder will finish the work.

Q. How can I remove rain spots from leather?  
A. If there are rain spots on leather, it is better to take a clean, wet cloth and go over the entire piece of leather to keep the color uniform.

Q. How can I remedy sticky windows?  
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## That Body Of Yours

By James W. Barton, M. D.

### EFFECT OF EMOTIONS ON CIRCULATION OF BLOOD

When I wake in the morning, I find my heart rate usually about 48, sometimes 54. After lying awake day, I find my heart rate to be 68, sometimes 72. When I return home from boxing bouts, notwithstanding the fact that I did some boxing when young and have examined every heavyweight boxer except Gene Tunney, I find my heart rate up to 80. Apparently although I remain calm my thoughts are on every blow of the boxers and unconsciously I am delivering blows or warding them off. In other words our hearts beat faster and stronger and we pump extra blood when we are excited or upset in mind.

When we have our heart or blood pressure tested or undergo a metabolism test to find whether our thyroid gland is pouring a normal amount of juice into the blood (or less or more than normal), we are supposed to be in a complete resting state. Unfortunately for the test if we have something on our mind, we are worried about the outcome of the test, the heart will be beating faster and harder and the blood pressure will be increased.

In the "Journal of Clinical Investigation," Drs. J. B. Hickam, W. H. Cargill and A. Golden point out that because physical rest does not mean emotional rest or relaxation, widely different values are obtained. A study of the effect of emotional disturbance (anxiety) in 23 unselected medical students showed that the average output of blood from the heart was raised from 4.2 in the control period (that is, both mind and body were at rest) to 6.2 in the anxious period.

The heart rate and the amount of oxygen used by the lungs also increased. Blood pressure was slightly raised. Blood muscular exercise was taken was a muscular or body action creating a natural need for more blood and more oxygen—the amount of blood and oxygen became normal for the work or exercise taken. (A few minutes' exercise when we're worried restores us to normal.)

An important reaction to anxiety was an overall increase in tightness or tone of the blood vessels, which finally cause a decrease in the amount of blood pumped by the heart despite an increase in blood pressure.

When you become anxious or afraid (chronic fear), the sense nerves tense or partly close the blood vessels, actually decreasing the amount of blood despite the rise in temperature.

### HOW IS YOUR BLOOD PRESSURE?

Send today for Dr. Barton's booklet dealing with both high and low blood pressure entitled "How Is Your Blood Pressure?" To obtain it, just send 10 cents and a 3-cent stamp, to cover cost of handling and mailing, to The Bell Syndicate, in care of this newspaper, Post Office Box 99, Station G, New York 19, N. Y., and ask for your copy.



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## Living & Leisure THE WOMAN'S REALM

### SPRING

The thaw has come, the grass is green, Spring is a stranger here. Whose living tent do tread unseen Where tender leaves appear.

A new hope dawns, so I declare, In the warmth of what is good, I find a flower blooming where A world of hatred stood.

—R. J. Bangs.

### BEAUTY TAKES STOCK OF CHARM

Every woman should have a certain amount of vanity. She should put a valuation on her personal charm, says Lois Leeds.

If you think that you possess the possibilities of becoming a beauty you will find it much easier to become one than you will if you don't believe it's possible. But even a real beauty should take stock of her charms.

To keep beauty or acquire it, requires work. It isn't easy to be well groomed because it is so easy not to brush your hair, so easy not to cleanse your skin before going to bed. It is so easy to pin up the hem of a ripped dress and so easy not to bother about a new and more becoming hairdo.

But if you follow the easy way you will never improve. So many women refuse to face the issue and themselves in the mirror. But if you think that you are slipping ask yourself these questions and follow up on your answers.

Have I neglected myself and just let myself go? Hadn't I better do something about it?

Do I make any effort to walk well to sit gracefully, to stand attractively?

Do I attend to the little rips and tears in my clothes or do I just pin up things?

Do I ever stop and take stock of myself? Do I read books which will improve my mind?

Do I study the contour of my head before I buy a hat? Do I study the shape of my face when I apply rouge?

Do I really know whether or not earrings are becoming to me? There are hundreds of questions which you can ask yourself but you know where you have been slipping!

### Cook's Corner

#### COCOA FRUIT TARTS

1/2 cup butter  
1 cup sugar  
2 eggs  
1/2 cup milk  
1/2 teaspoon salt  
1 1/2 cups flour  
4 level tablespoons Cocoa  
3 teaspoons baking powder  
1 teaspoon vanilla  
1/2 teaspoon cinnamon

METHOD: Cream butter, add sugar gradually. Separate eggs, beat yolks till light and lemon colored. Add to butter and sugar and beat thoroughly. Add flouring. Mix and sift dry ingredients, add alternately with milk to above mixture. Beat white of eggs till stiff and dry. Fold in above mixture. Bake in buttered patty pans in a moderate oven 25 minutes. When cool, scoop out the centre and fill with date filling. Cover top with whipped cream or meringue glaze.

#### CAKE ICINGS

Two tablespoons added to prepared icings or 1 1/2 cups of icing sugar gives a Cocoa or Chocolate icing that cannot be excelled.

### Needlecraft FOR THE HOME

#### STYLE LEADER

The three-piece bolero-suit — an enchanting ensemble. The skirt features the graceful flare, the mid-riff moulding waistband... the jacket, cuffed three-quarter sleeves... the blouse, a lovely new neckline. All in one pattern.

No. 2406 is cut in sizes 10, 12, 14, 16, 18, and 20. Size 16 suit, 3 1/2 yards 39-inch; blouse, 1 1/2 yards 39-inch.

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### FOR CORSELETTE

That handy little vegetable brush the brush man left as a sample is just the thing to use when washing the corselette. Use warm suds and scrub with this little brush which has a convenient handle.

### MOVING DAY

If you have no one who can receive the things at the new residence when moving, it is well to put a card or label on each article telling in which room it is to be placed. It will save time and labor when you get over to the new home.

### Princess Margaret Is Fashion Leader

By Muriel Narraway (Canadian Press Staff Writer)

LONDON, April 18 — (CP) — If the King's illness had not cancelled the Australian tour, Princess Margaret's clothes would have been front page news.

For the first time her wardrobe would have been her own choice — her clothes for the South African tour were chosen by the Queen.

At 18 the five-foot two-inch Princess Margaret is regarded as a teen-age fashion leader. Her dress sense is held to be better than Princess Elizabeth's and she is certainly fond of clothes. But until now, she has had little chance to assert herself. The Australian tour would have been her first real chance and its cancellation is a keen disappointment.

Clothes for the tour had to be cancelled, but those already completed the princess was allowed to keep. Examples are:

A Molynaux ball gown of ice-blue gossamer lace with floral design in silver thread, over a matching tulle underskirt. Her dress sense is held to be better than Princess Elizabeth's and she is certainly fond of clothes. But until now, she has had little chance to assert herself. The Australian tour would have been her first real chance and its cancellation is a keen disappointment.

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