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It cures because the air rendered strongly antiseptic is carried over the diseased surface with every breath, giving prolonged and constant treatment. It is invaluable to mothers with small children.

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The Vaporizer and Lamp, which should last a lifetime, together with a bottle of Cresolene, \$4.50. Extra supply of Cresolene 25 cents and 50 cents. Write for descriptive booklet containing highest testimony as to its value.

VAPO-CRESOLENE IS SOLD BY DRUGGISTS EVERYWHERE.  
Vapo-Cresolene Co.  
280 Fulton Street New York 1651 Notre Dame Street Montreal

# RESTRAINT OF TONGUE IS GOLDEN

"I Will Keep My Mouth With a Bridle."

## ORPRUS TOWNSEND BRADY

From this Text Discourses on the  
Virtue and Majesty of Resolute  
Silence.

I will keep my mouth with a bridle.—Psalm xxxiii, 1.  
Some ethnologists have endeavored to place the cradle of the Aryan race in Lithuania and have maintained that there, rather than in India, the language begins. Whether this be true or not, certainly the ancient speech of Lithuania is one of the oldest of human tongues. The study of derivations as applied to language is one of the most fascinating which can engage our attention. History, science, art, evolution, to say nothing of folklore and fancy, are preserved by philology.

I have been looking up the meaning of the word "restraint," and I find that one of its origins is in an ancient Lithuanian word meaning to freeze, conveying the idea of absolute rigidity. This understanding lends emphasis to the word in modern usage. It seems to indicate that restraint originally referred to a power as inexorable and as ruthless as the cold. Of all substances ice is the most devoid of any quality that appeals. If there may be sympathy in the inanimate—as in the sunlight or the flower—there can be none in the glacier, the iceberg, the frozen sea. They stand for absolute and unbreakable pitiless constraint, the absence of life, the dead as distinguished from the quick. A cold hell is infinitely more appalling than a hot one, if we only stop to think of it.

That is what restraint should mean, then, a cold, passionless, rigid control; a conquest of self, a self-mastery which commands personal powers, controls vices and exalts virtues; conquest over self, stern, irrevocable, overwhelming. And constraint in human affairs is necessary to success. Achievement is more often the result of self-control than any other quality. The necessity for self-control in every field of endeavor or expression is at once apparent to the thoughtful.

Shall I enlarge or diminish my sermon if I now limit restraint entirely to that little member called the tongue? Perhaps because speech is so easy there is more necessity for restraint and control in talk than in anything else. It cannot be gaisaid that we talk too much. As individuals this is true, and as the nation is simply the collected individual; it is equally true of the country. We talk too much about every subject under the sun. Sometimes I think the fate of the Athenians is before us. The nation which of all others has the proudest record in art, in letters, in history, finally degenerated through its persistent gossip and gabble into a community whose national insignia, it was suggested by one of the satirists, should be a huge and wagging tongue! The Athenians were finally overthrown by a people not half so gifted as they whose habit of reticence has passed into a proverb and given us the noble adjective "laconic."

As a nation and as individuals we have the fatal gift of fluency in a complex language constantly increasing and of vast flexibility; to this is added an exuberant fancy, facile modes of expression and a constant desire to say something, even if it be something about nothing. Where two or three are gathered together in this country there is usually a speech called for and delivered, sometimes two or three, and more often than not it happens that the Lord is not present in the group either. If the number of addressees made in just one day on every conceivable subject, from the after dinner effort to the stump speech, were tabulated, the total would astonish humanity.

Not only we talk too much but we read and write too much. Think of the reams of printed matter which are turned out by the press and thrust before the readers on this Sunday morning, here and everywhere in the land. Nine-tenths of it serves no purpose whatever and is of no value to anybody. We could get along a great deal better without it. We waste time in useless discussions, in considering subjects about which we know, and about which we wish to know, nothing. We are so busy with our tongues that our brains, either as talkers or talked to, are unable to keep pace. We do not digest what we say or what we write, and we do not digest what we read or what we hear. We are as mad as Hamlet and over "Words, words, words." Vox et praeterea nihil!

modern times—who did not belong to the Anglo-Saxon race, either, be it noted—was famous because he knew how to be silent in heaven knows how many different tongues of which he was master.  
Thought and expression are co-related, but the man who attempts to be all expression with no basis of thought soon comes to grief. There was something good in the Stoic. He endured in silence. There is something to admire in the fatalism of the Orient which suffers and gives no sign. There is more majesty in the silence of the Son of Man before His accusers than there would have been in a wilderness of oratory, a torrent of defence. David, betrayed by Amasa, his beloved son Absalom in rebellion against him, smitten by a sore illness, broken by the consciousness of a hideous sin, which, though repented of and atoned for, still carried its punishment, as even repented sins will and must; David, reviled, mocked, falsely accused; David, a fugitive, rejected where he had been acclaimed, shamed where he had been honored, put a bridle in his mouth and kept silence, yea, even

from good words, though it was pain and grief to him. "Be still," was the great command of old, "and know that I am God."

Let us stop talking about anything and everything and nothing a little space, withdraw ourselves from the world awhile, even though we refrain from good words, to our pain and grief, and take thought. The lost art of meditation might be sought for again, to our great advantage. Let us see with how few words we can get along, and let us strive to have great thoughts of God and man back of our simple expressions. Let us cultivate the style of silence. Bridle the tongue, wrench it till it bleeds, so we can control it absolutely and give the mind a chance in the time thus saved.

Talleyrand said that speech was meant to conceal thought. That was Talleyrand's perverted idea. It was a good thing for him that he had something with which to conceal his thoughts, for he was one of the most ignoble characters who have ever glossed over lying and treachery by calling it diplomacy. But speech is meant to express thought. It is one of God's noblest gifts to men. It distinguishes us from the animal, provided we use it wisely, provided it has thought back of it. The gossiping, gabbling, eternally talking man, whose words are as shallow as the babbling brook, is entitled to no more respect than a chattering monkey. Take time to think, then. There is no thought without time, there can be no wisdom without silence. There was silence in heaven once for half an hour. When there shall be silence on earth for some similar cause there will be a heaven here.

## ONE MORE CURE IN CARLETON CO.

Postmaster Belya Tries  
Dodd's Kidney Pills For  
Kidney Trouble.

And Now He Joins all the Others  
in Praising Them - He had suffered for years and is now Completely Cured.

LOWER WIND-OR, CARLETON CO., N. B.—Nov 28 (Special)—Carleton county people have long recognized Dodd's Kidney Pills as a sure cure for all forms of Kidney Disease, and as a consequence there is a marked decrease in the number of those suffering from Pain in the Back, Lumbago, Rheumatism, Diabetes, Bright's Disease, and all those other ailments resulting from diseased Kidneys.

Still as each fresh cure is reported there is revived interest in the matter and there are more praises of Dodd's Kidney Pills. One of the latest cures reported is that of Postmaster T. H. Belya of Lower Wind-or, and he is spreading broadcast the good news.

"I had a very bad spell of Kidney Trouble," says the Postmaster, "which had bothered me for some years. I tried several kinds of plaster and medicines, but did not seem to get much lasting benefit. But hearing Dodd's Kidney Pills so highly recommended for Kidney Trouble, I thought I would try them. I received more benefit from Dodd's Kidney Pills than any other medicine I ever tried, for they seem to have made a complete cure, as I am as well as ever. I believe Dodd's Kidney Pills are the right medicine for Kidney Trouble."

## COUNT'S SECREARY SUICIDES.

FLORENCE, November 28.—Signor Turcell, secretary of the Count of Turin, committed suicide yesterday.



## Vegetable Tablets

From A Famous  
Japanese Specialist

They cure all forms of Headache in twenty minutes. Stop pain of Rheumatism and Neuralgia. Relieve Car Sickness and Sour Stomach and break up a cold in one day.  
No pain can exist in the body under the influence of these WONDERFUL TABLETS.  
On sale at your drug store and all places where medicines are kept, or from the proprietor at 25 cents a box. MONEY REFUNDED where no cure is effected. SAMPLES together with our 16 page booklet sent FREE on application to:  
H. N. ROBINSON, & Co.,  
Canton, O. K. Que.

## Dr. Wood's Norway Pine Syrup

Cures Coughs, Colds, Bronchitis, Hoarseness, Croup, Asthma, Pain or Tightness in the Chest, Etc.

It stops that tickling in the throat, is pleasant to take and soothing and healing to the lungs. Mr. E. Bishop Brand, the well-known Galt gardener, writes:—I had a very severe attack of sore throat and tightness in the chest. Some times when I wanted to cough and could not I would almost choke to death. My wife got me a bottle of DR. WOOD'S NORWAY PINE SYRUP, and to my surprise I found speedy relief. I would not be without it if it cost \$1.00 a bottle, and I can recommend it to everyone bothered with a cough or cold.  
Price 25 Cents.

**\$1.00**  
Do you know rare value when you see it.  
Do I hear "yes"  
Well if you do, and happen to be passing Bell's shop any day this week, and look in at the window full of **BOOTS** that he is selling at  
**\$1.00**  
You can be safe in saying that you do, and the next wisest **TRICK** to do is to see that you have a pair in your possession.  
Open till 8 p. m.  
**J. H. BELL,**  
The experienced leatherman

## NEW YORK ADVERTISEMENTS

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Wholesale Commission  
**FISH DEALER**  
in all kinds of Sea Food,  
138 Beekman St., New York.  
Consignments solicited. Daily returns.  
11-26 cod and w 3m.

J. PRICE, I. PRICE.  
**PRICE BROS.**  
Wholesale Commission Dealers in all kinds of  
**FISH**  
Smelts, Eels and Lobsters are specialties. We have been handling smelts for 20 years. A trial solicited.  
104 Fulton Market, New York  
Consignment solicited. Prompt returns.  
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**CALEB HALEY & Co.**  
Wholesale Commission Dealers in  
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**FISH**  
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**P. M. COMSTOCK & CO.**  
WHOLESALE COMMISSION  
**FRESH  
FISH DEALERS**  
151 and 154 Beekman St., Fulton Market,  
**NEW YORK**  
CONSIGNMENTS SOLICITED.  
Nov. 24 w 3m.

W. H. HAND, R. E. BOLAND.  
**HAND & BOLAND**  
Wholesale Commission Dealers,  
**FRESH FISH**  
135 and 137 Beekman Street and  
210 Front Street.

(FULTON MARKET)  
**NEW YORK.**  
Canadian smelts, eels and salmon a specialty.  
Highest Market Prices  
Immediate Returns.  
Stencils on application.  
REFERENCES—The National Bank of the United States.  
11-26 d w 4m

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**B.D. Luce & Co.**  
Successors to  
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Wholesale Commission Dealers and Shippers of all kinds of  
**FRESH FISH**  
Smelts and eels a specialty.  
146 Fulton Market,  
Beekman Street Side  
**NEW YORK**  
We have our own freezers on the premises so we are in a position to handle any quantity of fish at any season.  
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**Chesebro Brothers**  
Wholesale Commission Dealers or Shippers  
**Fresh Fish**  
Smelts, Eels, Lobsters and Frogs are Specialties.  
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Consignments Solicited.  
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**S. B. MILLER & Co.**  
Wholesale Commission Fish Dealers  
Salmon, Mackerel, Smelts and Eels a specialty.  
Stencils Furnished on application  
**S. B. WILEY & SONS,**  
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Transfer Agents,  
7 Fulton Fish Market, New York  
Clarence G. Wither, Miller Longbottom,  
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**Jno. Powell's Son & Co.**  
No. 9 Fulton Fish Market  
**NEW YORK CITY**  
Commission Dealer in all kinds of Fresh Fish, including Smelts, Salmon, Mackerel, etc., etc.  
For further information and directions write to the above firm who have been established in business for 57 YEARS.  
Nov. 25 1924 cod & w 6m.

**WILSON & BARRY,**  
Wholesale commission dealers and shippers of all kinds of  
**FRESH FISH**  
Canadian eels and smelts a specialty.  
Write for stencils.  
No. 17 Fulton Wholesale Fish Market, NEW YORK.  
LUKE S WILSON, GARRET BARRY.  
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Consignments Solicited Prompt Returns  
**JOHN DAIS,**  
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Wholesale Commission Fish Dealer.  
**FISH!**  
Smelts and Eels a specialty.  
All correspondence promptly answered. Stencils sent on application.  
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Boston, Mass., Transfer Agents.  
Reference Dunn's or Bradstreet's Agencies and Fulton Market National Bank.  
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Special features—broiling and basting doors, asbestos lined and ventilated oven, deep fire-box, "McClary's Special" duplex grates, sectional cast-iron linings, etc.—its best features are not found on any other make of range.  
Sold by all enterprising dealers.  
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Shipping facilities of the most modern type at Port Hastings, C. B., for prompt loading of all classes and sizes of steamers and sailing vessels. Apply to  
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General Sales Agents for Nova Scotia, New Brunswick and Prince Edward Island.  
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Oct 3 cod 3 mss