

Woman's Realm -- Social and Personal -- Fashions -- Literature

What the Fashionable Are Wearing
Illustrated Dressmaking Lesson Furnished With Every Pattern

By Annebelle Worthington



Jacquered crepe silk pajama ensemble in black and white is outstandingly smart for beach or boudoir.

The tuck-in blouse is flame colored crepe silk. The suspenders at back are chic.

The wide flaring trousers are snugly fitted through the hips by means of inverted tucks. A narrow belt emphasizes the higher waistline. The coat has perforations to be made in hip length.

Style No. 2524 comes in sizes 16, 18 and 20 years, 36, 38 and 40 inches bust.

Linen, pique and shantung are popular fabrics for its development.

Pattern price 15 cents. Be sure to fill in size of pattern. Address Fashion Department, Our Spring Fashion Magazine is 15 cents, but you may order a pattern and a Fashion Magazine together for 25 cents.

Form for ordering pattern: No. 2524. Size, Name, Street Address, City, State.

Etiquette

By Roberta Lee

Q. On what costume does a well dressed woman spend the most care? A. Her street dress, because she appears in it so often.

Q. At which side of a person does the butter stand while serving a guest? A. At the left side.

Q. Is it permissible for a woman who has accepted a dance invitation to ask the hostess' permission to invite a man whom the hostess does not know? A. Yes.

They Are Well Worth Fifty Cents A Box

Says Quebec Lady of Dodd's Kidney Pills

Mrs. E. Trizo Is Very Satisfied With the Results Received by Taking Dodd's Kidney Pills

York Centre, P.Q., May 13 (Special) Just why Dodd's Kidney Pills are so popular in the Province of Quebec, is shown by the statement of Mrs. E. Trizo, a resident of this place. She writes:—'Some time ago I had backache and thought I would try Dodd's Kidney Pills. Before I had used two boxes I felt quite relieved. I can recommend them to anyone for sore back or kidney trouble. They are sure worth 50c a box.'

Dodd's Kidney Pills purify the blood, and pure blood carried to all parts of the body means new health and increased energy all over the body. Dodd's Kidney Pills are an excellent tonic and now is the opportune time to take them. During the long, dreary winter months the system becomes weakened and gets in a run-down condition. Dodd's Kidney Pills work with nature by encouraging and assisting the kidneys.

FROM MOTHER OF EIGHTEEN

Read How This Medicine Helps Her

Cardston, Alberta—'I am fifty-eight years old and the mother of eighteen living children. We live on a farm and I am a very healthy mother considering that I have such a big family to work for. The druggist first told me about Lydia E. Pinkham's Vegetable Compound and I have depended on it for many years. When I had this picture taken, the photographer was telling me about his wife's ailments and after I told him about the Vegetable Compound he went to the drug store and bought her two bottles. Mrs. BERTHA SALLENBACH, St. Cardston, Alberta.'

When I had this picture taken, the photographer was telling me about his wife's ailments and after I told him about the Vegetable Compound he went to the drug store and bought her two bottles. Mrs. BERTHA SALLENBACH, St. Cardston, Alberta.'

WHO ARE YOU?

The Romance of Your Name By RUBY HASKINS ELLIS



This surname was taken from the old Saxon word grant, which meant crooked or bowed; or else the French grand, meaning great or valorous; or perhaps the Irish grant (or ciar), which had the same meaning as the Saxon grant. In the Irish the letter d was sounded quickly and consequently, the spelling was finally changed to grant.

The first person of great prominence of this name was perhaps Richard Grant, who was made Archbishop of Canterbury, in 1290.

One of the first settlers in America by the name of Grant was Matthew, who came from Devonshire, England, in 1630, on the good ship Mary and John, bringing with him his wife, Priscilla, and infant daughter, also named Priscilla. On this ship there were 140 other emigrants seeking the New World, and after a voyage of seventy days, they arrived at Nantasket.

Matthew Grant first settled in Dorchester but later removed to Windsor, Conn., where he became the first surveyor of the town and also served as town clerk.

General Ulysses Simpson Grant, famed in Civil War days and as President of the United States, was the eighth lineal descendant of Matthew Grant. He was the son of Jesse Root Grant, born in Westmoreland, Pa. The Grants moved with the great tide of Western emigration, and General Grant was born in Point Pleasant, O. His mother was Hannah Simpson and through the Simpson line it is said that the same blood flowed in both the great general and Jefferson Davis.

A great-great-grandson of Matthew Grant, was Judge Robert Grant, of Boston, a man of eminent literary achievements. There were a number of other Grants who settled in America at an early period, especially in New England. Among them, were Alexander, Peter and James, (it is not known if they were related, who were among the founders of the Scots Charitable Society of Boston in 1687.

Caleb Grant, a mason, located at Watertown, Mass., in 1670; Christopher, a glover, born in England, 1606.

Colds Checked By modern vaporizing ointment—Just rub on VICKS VapoRub



To those who prefer another tea

KING COLE isn't the only good tea. There are several others, marketed by our competitors, that are mighty fine.

But most people in Eastern Canada seem to prefer King Cole.

The best tea for you is the tea you like the best. But if you have never tried King Cole—who knows? Perhaps you would agree with the majority.

KING COLE and TEA KING COLE ORANGE PEKOE

Team mates—King Cole Tea and King Cole Coffee

Household Hints

By Roberta Lee

A Clothespin Bag

Make a bag of heavy ticking and fasten it to a wooden coat hanger. Hook this bag over the clothesline and push it along the line as required.

The Powder Puff

If the face is wiped thoroughly with a soft cloth before using the powder puff, the puff will keep soft and clean much longer.

Soup

When it is desired to keep soup for a second dinner, it should be brought to a boiling point and then set somewhere to cool.

For The Cook

SOY BEAN MUFFINS

(For diabetics and those overweight)

One cup soy bean meal (5 1/2 ounces), 2 teaspoons baking powder, 1/2 teaspoon salt, 1 egg, 1/2 cup cream, 1 cup milk.

Mix the dry ingredients thoroughly. Add the milk, cream and well beaten egg. Drop into the oiled muffin pans and bake slowly until brown, about 30 minutes.

Investigations have disclosed that the copper deposits of South Africa promise to become the greatest in the world.

The German Union of Singing Clubs according to its new Year Book has 15,000 male singing societies with 582,000 active members.

Autobuses of the street car company in Paris, which have bumped passengers over rough streets for years are to have pneumatic instead of solid rubber tires.

Tractor dealers in Australia are organizing the farmers to fight any attempt to place additional taxes on tractors.

Merchants of Turkey are complaining that the rigid government control of all foreign exchange dealings is affecting their business.

settled in Watertown, Mass., 1634; Edward, a shipwright, married in Boston, 1658; James was a resident in Charlestown, Mass., 1658, and took the Oath of Allegiance at York, Me., 1681; another James was a resident of Dedham, Mass., 1664; Robert lived in Ipswich, Mass., 1625, Seth lived in Hartford, Conn., 1647.

The arms given were found on a Lopez seal belonging to Patrick Grant, but the arms used as a bookplate by the Rev. Roland D. Grant, of Boston, differ from the above.

There were Grants who settled in the Virginia Colony also, which will be the subject of another sketch.

Dorothy Dix Letter Box

How Can a Mother Attract Young Men to Her Daughter?—Must Mrs. Grundy be Catered to in Business Relations?—Evading Responsibility

Dear Miss Dix—Will you please tell me how my daughter may become popular with young men? She is fairly attractive in looks and brilliant in her school work, but she is 18 years old and has never had a date without my inviting the boy to the house. After being invited he never calls again of his own accord. I spend my time planning how to induce young men to pay her attention. Must I leave it entirely up to her or must I continue to try to help her? WORRIED MOTHER. Answer:

My dear lady, if I knew the formula for sex appeal I could make more money out of it than Mr. Ford ever has out of his flivvers. Also, millions of grateful mothers and daughters would erect a higher monument to me than has been erected to Washington.

But alas, I know no more than you do what is the secret of that attraction that draws every man she meets to one girl, while another just as pretty, just as sweet and charming, men pass by without ever giving her a second look.

Nor do I know any arts or wiles by which a girl who lacks this attraction for men can supply it. It is folly to tell her to make herself beautiful. Nature settled that question and, anyway, it isn't a matter of beauty, because often you will see a pretty girl who never has a date and who papers the wall at parties, while some homely girl has dates galore and is broken in on every two minutes at a dance.

It is useless to tell a girl that if she wishes to be popular she must dress well or that she must be bright and chatty and vivacious or that she must be a good sport or that she must give the boys the glad hand. Because there are plenty of girls who dress like fashion plates who sit up at home and suck their thumbs and plenty of lively girls whom men avoid as if they had the plague and plenty of girls who have their own cars and can swim and play tennis and golf and bridge who never have any other companions than other girls and plenty of girls who run after boys who run from them.

And there are plenty of girls who are just girls, with no points about them that are superior to other girls, and yet every man they meet falls for them and gives them a rush. So there you are, and if a girl is attractive to men she is attractive to them and if she isn't she isn't and there is practically nothing she can do about it. And still less that the mother can do.

Of course, it is every mother's duty to help her daughter get a good husband if she can, and she can best do this by making her home attractive to young people and drawing as many boys and girls into it as she can. This gives daughter a good background and will do more than anything else to draw her into the magic circle of the young people who have dates and go about to places and do things.

The boys and girls can't very well leave Sally out of their fun when they have just eaten Sally's mother chicken salad and sandwiches or they are going somewhere in Sally's father's car, and so mother can adroitly work Sally into the crowd by feeding it and making her home the jolliest place to which it can go.

Also, if mother is wise, she doesn't confine her entertaining to boys. She always has some very attractive girl staying with Sally, who is a stalking horse for Sally. Many mothers are afraid to institute this contrast between their own daughter and a popular girl, but in this they are in error. It is better for Sally to run second than not to be in the race at all. Fortunately, the vamp can only have one date at a time and the leftovers become the perquisites of Sally.

A woman who lacks vivid personal charms to draw people about her will always find her best bet in the cooking pot. Any woman who is noted for her dinners or her suppers will be popular. Then her next best bet is to surround herself with the most attractive women and the best-looking she can get. That way she shines in reflected glory and acquires a charm from her surroundings that no one stops to analyze. Many a man has proposed to a girl that he never knew he loved until he was filled up with her mother's pies and purring with contentment and affection for all the world.

But in trying to help her daughter to be popular with men a mother must be careful not to overdo it and not to frighten men away instead of toiling them in. There is no other creature on earth of whom men stand in such deadly terror as they do of the managing mamma who is out husband-hunting for her daughter.

And the mother should also consider the daughter's feelings. To a sensitive girl no humiliation is more acute than realizing that her mother is throwing her at the head of every man she meets and that she is forcing men to pay her attentions against their will. And it is horrible to a girl to know that her mother considers her a failure because men pass her by and because she doesn't marry.

But, Worried Mother, why should you worry about your daughter not having beaux? Suppose she isn't attractive to men. You say that she has a brilliant mind. Why not let her alone and let her follow her own bent and be happy in her own way? There are so many things in the world nowadays besides beaux and matrimony. DOROTHY DIX.

Dear Miss Dix—I am a business woman. Frequently I have invitations to dinner and the theatre that men extend me exactly as they would to a man in the position I hold. Often these invitations are from married men who are absolutely disinterested except from a business standpoint and who want to take this time and method of talking over business propositions. Good business says accept these invitations. Convention says refuse them. What should I do, pass up the business opportunities, which a man would welcome, or risk the tongue of Mrs. Grundy in doing as the man would do? M. E.

Answer: There is no sex in business. When you are in business forget that you are a woman and act as a man would under similar circumstances.

The same conventions do not apply in office hours and out of them. You would think a man no gentleman if he did not pull out your chair for you at a dinner party, but you don't expect him to pull out your chair at your typewriter desk, or when you go to take his dictation. Trained nurses and doctors and newspaper women go, without comment, to places to which no debutante could go without causing gossip.

So long as you are attending strictly to business, you need no chaperon, so accept any invitation that advances your interest. DOROTHY DIX.

Dear Miss Dix—I am an orphan living with my three sisters. Two are in school and dependent. One, three years my senior, works and earns enough to support the younger sisters. I want to go to college worse than anything else in the world, but my sister objects to this, saying that it is as much my duty to help support the younger children as hers. Don't you think that if I have the grit to work my way through college she should be willing to help that much for three years? FREDDIE.

Answer: I certainly do not see any justice in your evading your part of the

Perhaps you've never made Oatmeal Macaroons.



Recipe for Oatmeal Macaroons

- 1 tablespoon butter, 1 cup white sugar, 1 egg, 1/2 teaspoon salt, 2 teaspoons Magic Baking Powder, 1 teaspoon vanilla, 2 1/2 cups rolled oats.

Rub together butter, sugar, rolled oats, salt and baking powder, then drop in the egg unbeaten, add vanilla, mix well with wooden spoon. Drop mixture about the size of a hazelnut in buttered pans and bake 10 to 15 minutes.

Look for this mark on every tin. It guarantees that Magic Baking Powder does not contain alum or any harmful ingredients.

MAGIC BAKING POWDER

The kind that 3 out of every 4 Canadian housewives, who bake at home, say they use because it gives consistently better baking results.

*This fact was revealed in a recent Dominion-wide investigation.



STANDARD BRANDS LTD. GILLET PRODUCTS TORONTO MONTREAL WINNIPEG

family responsibility and dumping the whole burden on your sister's shoulders. It is just as much up to you to work and help support the younger sisters as it is hers, and if you have any manhood in you, you will brace up and do it.

Suppose you do want to go to college. Probably she would like to go to Europe, and one of you has just as much right to gratify your desire as the other. You will say that these next three years are crucial ones in your life and that if you had a better education it might help you to make more of a success in life.

She can say with equal truth that the next three years are a crucial time in her life because they will be the time in which she will be most likely to marry, and if she does not have to work too hard and can have money to buy some pretty clothes, she will stand a far better chance of catching a good husband than if she was overworked and underfed and shabby, as she would have to be if she had to support the younger sisters without any help from you.

It is all right for the individual to sacrifice himself in order to go to college if he wants to, but he hasn't any right to sacrifice others. And there are altogether too many families who are making martyrs of themselves for the fetish of a college education for some boy or girl or mediocre ability. DOROTHY DIX.

RADIO BRINGS CHEER TO SHUT-INS.

MONCTON, N. B., May 12—Day after day, constant reminders of the power of radio to reach isolated spots and to bring cheer to those who are not able to get around like ordinary folk are being received at CNRA, the radio station of the Canadian National Railways transcontinental network at Moncton, N. B. The latest is a letter from a place on the bleak North-Western shore of Newfoundland. The letter commences 'Dear Mr. Announcer' and reads:—'I enjoy your programmes very much indeed, more especially because you are the only station we get in the afternoon, and being an

invalid, I enjoy it more. Please play me 'Deep Night'.'

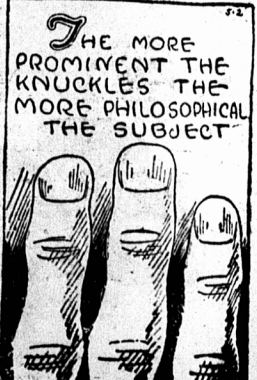
The writer of the letter is a woman. Needless to say, her request was granted. Just recently, the residents of the Magdalen Islands appealed for a daily news broadcast to be sent to them from this station, as they were at that time unable to get mail from two to three weeks at a time, being more or less isolated in the Gulf of St. Lawrence, from the mainland, on account of ice conditions. Through the courtesy of the Moncton Transcript, Canadian Press bulletins are supplied and these are being broadcast through CNRA, to the Magdalen Islands. Thus, again, is demonstrated the power of radio to bridge distance

A Morning Smile

The 4-year-old boy, perched on his father's knee in the crowded bus, looked hard at the stout, gaudily dressed woman as she bustled in and edged herself into the only seat left. Then he turned to his mother. 'Mum,' he said loudly, 'it's a lady.' 'Hush, dear,' his mother said; 'we know it is.' The little boy looked puzzled. 'But, mummy,' he said, 'you just said to dad, "Whatever's this object coming in?"'

es and bring to those who are not so fortunately situated as other folks news of the day and entertainment

Character Close-Ups



THE MORE PROMINENT THE KNUCKLES THE MORE PHILOSOPHICAL THE SUBJECT

Your Breakfast Shot from Guns

so you don't have to cook it

Read how this amazing invention gives Puffed Grains the virtual nourishment of hot cooked cereals.

WHEN Professor Anderson found the way to shoot wheat and rice grains from guns he solved an important problem. He gave these crisp, delicious, ready-to-eat cereals the virtual nourishment of hot cooked cereals.

Every grain of wheat and rice contains 125 million food cells. Every food cell must be broken before the grain can be completely digestible. It takes long hours of cooking to do this. But Professor Anderson found a better way. He seals grains of wheat and rice in bronze guns. Revolves them in fiery ovens. Then fires the guns. This causes 125 million explosions in every grain. It blasts open every tiny food cell. Puffed Wheat and Puffed Rice are thus made completely digestible. Hence practically as nourishing as hot cooked cereals.

The grains become 8 times normal size. They have all the buttery crunchiness of fresh toast. They are made to taste like sweet new nut-meats. Never before was rich grain nourishment made so delectably good to eat.

You owe it to your family to give them this extra delicious grain food that tastes like nut goodies. Order Puffed Wheat and Puffed Rice from your grocer today. The Quaker Oats Company.



QUAKER PUFFED WHEAT AND PUFFED RICE