

Woman's Realm Social and Personal Fashions Literature

THE TEA OF GOOD TASTE



RED ROSE TEA IS GOOD TEA!

Modern Etiquette

By Roberta Lee

Q. When dinner is announced and there are guests of all ages present, who should precede from the living room to the dining room, the older or the younger people?

A. The older people should precede, the younger guests following.

Q. If a person signifies a desire to leave when one is standing and talking with him, should one attempt to detain him?

A. Never; not even for one minute. Bid him goodbye at once.

Q. What is the best way to train children to be socially at ease when there are guests in the home?

A. By allowing the children to mingle with the guests, watching them closely and correcting them privately when necessary.

Household Scrapbook

By Roberta Lee

Sewing on Buttons
When buttons are to be sewed on heavy fabrics, put a match across the top of the button and sew over the match and through the button. Then remove the match and wind the thread around the threads under the button before fastening.

Helps for Reducing
Eat slowly. Masticate thoroughly. Take but one serving. Do not eat between meals. Avoid starchy vegetables, pastries, candy, salad oils, butter, cream, cake and all things containing sugar.

Drainboard Mat
Try making a drainboard mat to protect your dishes by cutting up an old Turkish towel and binding it with tape.

The Stars Say--

By Genevieve Kemble

For Thursday, March 11

A FALSE move, an urge to squander, "show off," or other act of excess, enthusiasm, extravagance or miscalculation, could combine to thwart and undermine excellent prospects. All avenues for error, bad judgment, wayward indulgence or misplaced confidence, overshooting the mark in the hopes of spectacular gains or notoriety, should be rigidly squelched. Health, home and personal popularity as well as funds are menaced.

For the Birthday

Those whose birthday it is are admonished to start out with a plan of conservation and restraint if they would avoid tactics and errors likely to undermine cherished goals. Under an impulse to over-act, to plunge, to shine "in a big way" before the public, family, or social or financial circles, a naughty and fruitless crash would be invited which could demolish credit, security, prestige and bring reactions on health and happiness. Suppress profligate and bombastic tendencies, over-generosity. Make no loans or speculations. A child born on this day may have high hopes and aspirations, but these are endangered by its exaggerated sense of values and importance, its prodigality or lack of thrift and restraints.

"Ah-h-h! I Can Breathe Again!"

If your nose sometimes fills up with stuffy transient congestion—put a few drops of Va-tro-nol in each nostril. It quickly reduces congestion and makes breathing easier in a hurry... gives grand relief from sniffling, sneezing, stuffy distress of head colds. Follow directions in the package.

VICKS VA-TRO-NOL

Cook's Corner

SEVEN-MINUTE FROSTING

1 egg white, unbeaten
¼ cup sugar, finely sifted
3 tablespoons cold water
½ teaspoon cream of tartar
Few grains salt
Combine ingredients in top of double boiler over briskly boiling water. Beat with egg beater until stiff enough to stand in peaks (7 minutes). Flavor as desired and beat until thick enough to spread. During cooking, keep sides of double boiler cleaned down with spatula.

Dorothy Dix Says—

Should Mother Of 3 Wed?

Divorcee Should Warn Suitor Of Responsibilities Facing Him

DEAR DOROTHY DIX: I am a mother of three girls, aged 9, 7 and 3. I divorced my husband two years ago because he was such a drunkard. I am 32 years old and a man 28 years old wishes to marry me. He is a hard-working man, thrifty, makes good money, and says he is willing to support my children and me. We are very congenial in our tastes.

But what puzzles me is that I am older than he is and have had ten years of married life, while he has never been married before. What do you think are the chances of success of such a marriage?



ANSWER: The difference in your ages does not matter at all, but how a young father will react to having three children wished on him as a bridal present, is something to give you pause and make you do a lot of serious thinking.

As you know from experience children are an expensive luxury, what with their board and keep and their clothes and their schooling and their doctors' bills. Also, they are noisy and quarrelsome and very disturbing to the peace of all of those who are unaccustomed to them.

WARN SUITOR

So I think that you should in all honesty warn your suitor of what a handicap he will be shouldering if he marries you. Also, let him spend a day or two with the youngsters so he will get some idea of whether he can stand their racket or not. If he loves children, well and good; but if he is allergic to them, it is a bad bet for you to put yourself in a position where you will always be compelled to refer the fights between your husband and children.

Your ten years experience of married life should certainly have fitted you for getting along with a husband. So go to it if the young man is willing to risk the kids.

DEAR MISS DIX: My husband frequently comes home with lipstick on his shirt, and your caustic comment is: "Why don't men send their shirts to the laundry?" Are men indeed the weaker sex, and should we wives school ourselves to the fact that we should overlook infidelity in them? I am trying to keep an open mind on the subject.

ANSWER: My comment on the lipstick and the laundry was intended as a mere pleasantry, but with this grain of truth behind it—the least that a husband can do who comes home branded with some other woman's lipstick is to send his shirt to the laundry and not expect his wife to wash it.

But, all jesting aside, a little lipstick is not necessarily evidence of a husband's unfaithfulness. So many women pile the red grease so thickly on their mouths that you can't get in speaking distance of them without being smeared with it. And, anyway, the easiest way to break your husband of the lipstick habit is to send his shirts to the laundry. By the time he pays the laundry bill and finds he hasn't a clean shirt to his name he will be more careful.

There is something to think about in the old story of the wife who trusted her husband so completely that she said if she even saw him philandering with another woman, she wouldn't believe it. She would know it was her lying eyes.

DEAR MISS DIX: Should a baby shower be given before the baby arrives or afterwards? My husband says the shower should be given afterwards, because it has to do with the color of the gifts. You couldn't give a boy baby a pink present nor a girl a blue one? Does color matter? Please help me.

ANSWER: Of course it doesn't, except to the Mamas who are penniless about such matters. Blue for boys. Pink for girls. Showers are given before the baby is born.

Morning Smile

HE GOT IN

One Sunday, the local church became so crowded that the pastor decided to have the verge stand outside with a notice reading: "House Full."

Just then a little bowler-hatted man ran up and wanted to enter. Upon being refused admission, he pleaded that he had a very urgent message to deliver to John Smith—it was a matter of life and death. The verge, a kind old man, eventually succumbed.

"All right," he said, "you can slip in—but Heaven help you if I catch you praying!"

Ellen's Diary

By an Island Farmer's Wife

"Snow tomorrow, Ellen!" James had said with some apprehension last night, after listening to a weather forecast. But only gently falling it came to leave a light downy coverlet, and ceased presently when the sun stole through the gray of the morning leaving folks to admire the rare beauty of its magic, spread over roof and tree and field. Now that March is truly here, even James who wishes his Winters away, though not in idleness, can look back serenely to the season's days. Like a traveller that having crossed some bridge or traversed some dreary length of roadway which to anticipate had seemed rather fearsome, once the passing had been safely accomplished would look back to say: "It might have been worse!"

The fair and the not-so-fair weather, the sunshine and grayness have been fairly well balanced, and allowed one to engage in any of the seasonal interests James and Mr. C. from the house on the hill neighbored comfortably this evening, pipes lit and drawing bravely, suggesting many topics of conversation in their delicate smoke-breaths. "No," James said "it hasn't been too bad." Winter at all—odd rough days but not many to interrupt the farm work." And Mr. C. agreed "Not bad—except for the strong winds. One can put up with the frost but the winds are so searching. I guess Spring's not too far off—now that we're into March."

James eyed a calendar. "Long about the time of year" he remarked "we used to be off down the river to the mud-digging." A silence and then "that was the right stuff for the land—hard and dirty work that it was. Yes, and he relaxed in his old armchair. "I'd be away about daylight. I remember James used to tell me how lovely was the sunrise hard day there but waken as fresh as ever the next morning. The last we muddled, and most of it has gone over, is beginning to forget it these last years. Yes, it's good stuff. You know that field by the woods?" Mr. C. nodded "well only last Summer I drew the boys' attention to a piece there that had not been done—we ran out of mud when we came to the far side. Well you could tell see it in the crop. You could tell exactly where we had left off. Yes, must have been good fertilizer work at it, the way we farm nowadays, nor could we find the time."

I too have reason to remember that the mussle mud once applied in a coating to our fields has been pretty well taken up by the soil. But unlike James I do not draw my deductions from the appearance of the growing crops. There was a time however at Alderlea when what James is pleased to term "a good-doing and industrious woman"—I may say usually found only on some other farm! could gather a wealth of oyster shell in early Spring from any one of the baring broken fields to offer as tidbits to her fowls. When crushed beneath a hammer, (and then the pleasant delays there when small fellows insisted on helping!) the pearly fragments eagerly picked up by "that speckled one" first, and then by others of the flock advised them that the laying season had come.

Buy the commercial product. Certainly not when near plowed fields fairly glistened with treasures and women-kind pined for healthful relaxation. And then one day, but not the succeeding one as we expect it sounds of a loud triumphant cackle would summon one from her other cares in haste to the poultry house. There in a soot nest of straw rounded as only a feathered creature can mould it, lay the dewy freshness of that "first" egg. No, the abundance of shell that once was not nearly so evident now. Through long years of frosts and weather it has faded into the soil. But James and I are among those of the older generations who know and, along about this time of year, mention those stirring days of the past.

There are sounds of a stirring in the kitchen now mute evidence that a partying is at hand. A door opens and then: "What's the night like now?" I overhear James in

How Can I!!!

By Anna Ashley

Q. How can I make a salve for chapped hands?
A. A remedy can be made by mixing 10 drops of carbolic acid in one ounce of glycerine. Rub a small quantity into the hands and allow to dry.

Q. How can I keep my potted palms glossy?
A. Sponge the leaves of the palms once every week with a solution of milk and water, and they will keep their nice glossy appearance.

Q. How can I clarify coffee?
A. Before the percolator begins to boil, add the shell of an egg and see how it clarifies the coffee.

That Body Of Yours

By James W. Barlow, M. D.

EARLY RISING AFTER OPERATION NOW CONSIDERED BENEFICIAL

It might be thought that, owing to the scarcity of beds in private rooms and wards of hospitals, this new idea of letting patients up on the same day they undergo an operation, is to make room for more patients. When we remember that a few years ago patients remained in bed for a couple of weeks after operation and were up and about their room for perhaps another week before going home, this early rising after an operation and a short stay in a hospital is a decided change.

I have written before about the advantages of the early rising, in that it helps digestion, respiration, circulation of the blood and raises the morale of the patient. One surgeon had his patient drive his car to the hospital Monday afternoon, undergo operation for hernia Tuesday, and drive his car home Thursday afternoon. Of course, in hernia there is no pain condition. Great driving a car, making sudden turns with the steering wheel, jamming on the brakes if necessary, would seem to put a strain on the abdominal muscles too soon after the operation.

However, as this early rising after an operation and a short stay in the hospital now has been tried for a considerable time, it is interesting to learn the after-effects as compared with those of former days.

In the "South African Medical Journal," Drs. W. A. Pocock and W. Karz review the results of early rising in 629 abdominal operations. The results are considered under two main headings: The promotion of rapid mental and physical restoration to normal, and the effect of the early rising on complications following the operation.

What were the findings in this large number of abdominal operations, which is a good test of the effects of early rising? Drs. Pocock and Karz found a great reduction in the number of lung complications (pneumonia embolus) and a reduced number of high blood pressure (coronary thrombosis and apoplexy) complications. Early rising after an operation does not interfere with the healing of wounds, does not increase the risks of breaking down the sutures in a wound, and it is not followed by an increase in hernia following operation.

WHY ARE MANY WOMEN NERVOUS

... without reason?

When women are disturbed by noises at night... become so fidgety they perspire when talking to strangers... or cry too easily—these symptoms often herald a time when they need special building-up. But actually there's little to dread or fear! For plenty of sleep, fresh air, wholesome food and Dr. Chase's Nerve Food will help to build up vitality and tone up the system—so you can keep serene through the most trying periods of life. Yes, Dr. Chase's Nerve Food has helped thousands of women to face the future with confidence.

So if you're feeling nervous, fidgety or run-down—if you don't rest well at night, and often feel moody or irritable—take Dr. Chase's Nerve Food for a while. Keep yourself in good condition—try this time-proven tonic which has helped so many. The name "Dr. Chase" is your assurance.

Thru 12 Freezing Winters THE QUINTUPLETS CHEST COLDS

have used this for coughs of

The Quintuplets use Musterole to relieve coughs, sore throat and aching muscles of colds. Musterole brings such prompt, long-lasting relief because it penetrates deep and helps break up the congestion.

In Strengths: Child's Mild Musterole, Regular and Extra-Strength for grownups.



GOOD BREAD is all useable. There is no waste.

It is sensible to be thrifty.

Eastern Bakeries'

BUTTER-NUT BREAD

Living & Leisure THE WOMAN'S REALM

THE MINISTRY OF PRAYER
There's a holy, high vocation. Needing workers everywhere; 'Tis the highest form of service, 'Tis the ministry of prayer. There's no weapon half so mighty As the intercessors' bear. Nor a broader field of service Than the ministry of prayer.

MAKE YOUR FIGURE FIT THE FASHIONS
Does your waistline measurement tally with fashion's new tiny waisted look? If it doesn't get rid of those fleshy pads around the waist which defeat smartness. Calculated to do the trick are these two exercises:
One is the "barrel roll." For it, you lie on your tummy on the floor with legs and arms outstretched. Now, the trick is to lift shoulders and move arms sideward and backward as though you were swimming the breast-stroke. But for this waistline-trimmer, you raise legs from the knees, grasp toes with your hands, and rock back and forth.
Do this exercise an increasing number of times each day.
For the second waistline-whittler, sit on the floor with legs outstretched and lean on your hands with arms back of you.
Bringing your right arm forward, touch left toes and swing arm back to position. Then, while supporting your weight with your right hand, bring your left arm forward and touch your right toes with your left hand.
Do this exercise 10 times at first, and daily increase the count.

GOOD POSTURE MAKES YOU FEEL BETTER
There may be a lot of causes of poor posture, but according to experts there are at least two good reasons why you should try to improve yours. First, it means you will look better. Right now, is a good time to take an honest look at how you stand and sit and what it does for your clothes. The second reason for making good posture a habit is the fact that you'll feel much better. That's not just imagination, either, for it's really true that you'll get less tired if you learn to stand, to sit and to stoop correctly.

PERKY ACCESSORY LOOKS YOUTHFUL
Costume accessories can be invaluable allies to a woman who plots ways to look younger. Two types of jewellery, for example, which will abet her in her plot, are earrings and bracelets. Impressive bracelets are invaluable aids for flagging eyes away from hands. Earrings have an almost magic way of "lifting" a face, but this rejuvenating bit of glitter should be small and compact in design—not of the pendant type. Handbags which make the woman who carries them seem more youthful are the "clutch" type or are the kind of bag which she swings from her shoulder. The kind of handbag to stun because of its associations with the old lady of bygone days is the rickety type with a hand-swing handle. Gloves with a look of high-style jauntiness are more rejuvenating to a woman's appearance than the more conservative styles.
High-heeled shoes of classic opera-pump design make a woman's feet, legs and figure look infinitely younger than low-heeled shoes with straps, bows or other details of trimming.

Better English
D. C. Williams

1. What is wrong with this sentence? "The reason why he left is that he was ill."
2. What is the correct pronunciation of "massage"?
3. Which one of these words is misspelled? Gauntlet, gaudian-ship, gauge.
4. What does the word "opportunity" mean?
5. What is a word beginning with "st" that means "state of being happy"?

ANSWERS
1. Say, "The reason that he left is that he was ill."
2. Pronounce mas-sazh. First a as in ask unstressed, second a as in ah, accent last syllable.
3. Gaudian-ship. 4. Timely. "His appearance was most opportune."
5. Felicity.

Sore JOINTS RELIEVED OF PAIN NERVILINE A FAST RELIEF

Needlecraft FOR THE HOME

NEW FASHION NOTES
The new look interpreted in a Gibson Girl blouse that's especially collared for your favorite ties and scarfs... a smart skirt styled with the fashion-favored fullness. (Two separate patterns.)
No. 2380, the blouse is cut in sizes 10, 12, 14, 16, 18, and 20. Size 16 requires 2 1/2 yards 39-inch.
No. 2280, the skirt, is cut in waist sizes 22, 24, 26, 28, 30, 32 and 34. Size 28 requires 1 1/2 yards 54-inch. Send 20c for each Pattern, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit or some number in your address. Address Pattern Department, The Charlotte-Town Guardian, Pattern Nos. 2380 and 2280.

Name _____
Address _____
City _____ Province _____

If you send a gift for a wedding or other present and it is broken in the delivery; if it is mailed and insured, get damage from the post office; if delivered by the store where you bought it, they must make it good. If it is not insured and the store was not at fault, you should replace it.

"Be Lovelier Tonight!"
"My Beauty Facials bring quick new Loveliness!" says this famous star

"You'll love the way my Lux Soap facials leave skin softer, smoother!" says Dorothy Lamour. "I work the rich fragrant lather well in. I rinse with warm water—a splash of cold. As I pat with a soft towel to dry, skin takes on fresh new loveliness!"

Don't let neglect cheat you of Romance. This gentle beauty care Dorothy Lamour uses will make you lovelier tonight!

In recent tests of Lux Toilet Soap facials by skin specialists, actually three out of four complexions improved in a short time.

LUX TOILET SOAP

9 out of 10 Screen Stars Use Lux Toilet Soap—Lux Girls are Lovelier!