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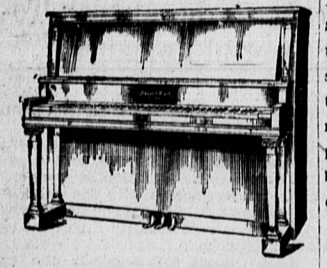
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THURSDAY, MAY 10, 1928

NATIONAL SUICIDE

THERE are many ways in which the nation's growth can be prevented, many ways in which it may be so long held in check that it can never rise again.

MIXED FARMING

IT would be presumptuous to advise our farmers with reference to the disposition of their fields and their crops, but it is well to, occasionally, look over the situation and take stock of the tendency of modern changes.

THE FIRST STONE

IT requires more than moral courage to cast the first stone at an accused; it requires a certain consciousness, real or imaginary, of guiltlessness.

Notes by the Way

FINANCIAL Statistics of Provincial Governments in Canada for the year 1926 were recently published in blue book form.

Table with columns: Province, Liabilities, Capita. Rows include P. E. Island, Nova Scotia, New Brunswick, Quebec, Ontario, Manitoba, Saskatchewan, Alberta, British Columbia, and Total.

The above figures show that the direct liabilities of the Provincial Governments make the formidable total of 893 millions of dollars.

It seems of little use to even mention economy or retrenchment to the present generation.

The Annual Report of the Superintendent of Penitentiaries for the financial year ended with March, 1927, is interesting in various ways.

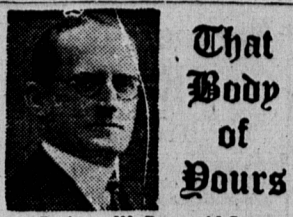
The place of birth of 1540 convicts was Canada, and 307 were born in other British countries, while 209 came from the United States.

Not less interesting is what the Report before us has to say of the "social habits" of the convicts prior to becoming inmates of a penitentiary.

We had supposed from reading The Bulletin and other prohibition literature that only the "soaks" and "boozers" could get into the penitentiary.

The number of prisoners in the penitentiaries is steadily increasing, notwithstanding the fact that within a year the sentences of 535 expired and 427 were released by pardon or on parole.

The average cost per prisoner is \$1.38 per diem. All who are committed to the penitentiary are sentenced to hard labor, but while a considerable proportion of them are not physically fit for that it is suggested that if work were provided, these institutions could be made self-sustaining.



By James W. Barton, M.D.

DON'T TRY TO REDUCE SLIGHT FEVER

One of the mistakes that is often made in the household is the use, or rather the abuse, of the clinical thermometer.

As a matter of fact, as Dr. Sajous points out, this rise in temperature is really a sign that the body is on the defensive and is manufacturing extra heat to fight off some ailment or to keep that ailment within safe limits.

It doesn't mean either that you shouldn't help Nature, but let Nature take its course, as you hear said so often.

My thought then is that you shouldn't try to reduce temperature by drugs and continue about on your feet, but to get to bed at once thus giving your heart every chance to withstand the extra calls made upon it.

PRAYER—Lord, our trust is in Thee. May our strength be as our days.

Daily Selections FOR Guardian Readers

May 10, 1928

LENGTH OF DAYS—The fear of the Lord prolongs days; but the years of the wicked shall be shortened.—Prov. 10:27.

PRAYER—Lord, our trust is in Thee. May our strength be as our days.

AFTERWARDS

When the Present has latched its postern behind my tremulous stay, And the May month flaps its glad green leaves like wings, Delicate-flamed as new-spun silk, will the neighbors say, "He was a man who used to notice such things?"

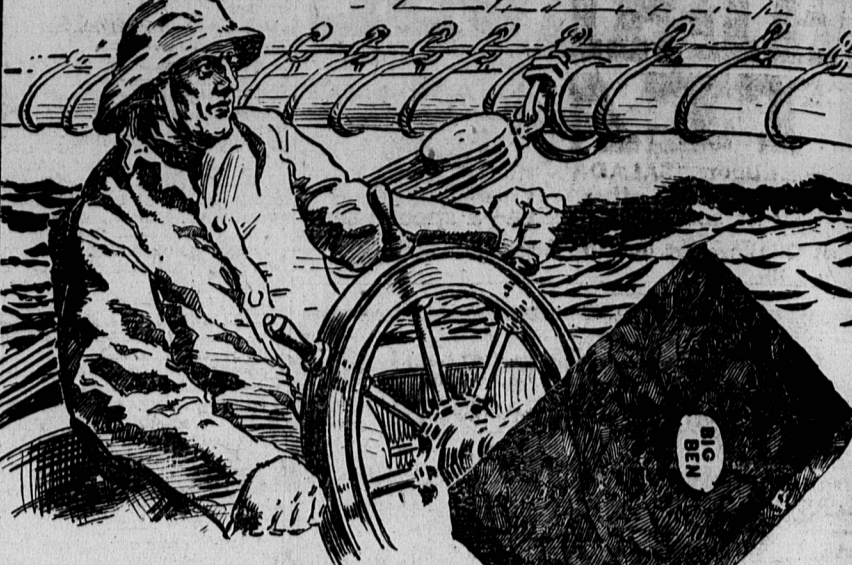
If it be in the dusk when, like an eyelid's soundless blink, The dewfall-hawk comes crossing the shades to alight Upon the wind-warped upland thorn, a gazer may think, "To him this must have been a familiar sight."

If I pass during some nocturnal blackness, mothy and warm, When the hedgehog travels furiously over the lawn, One may say, "He strove that such innocent creatures should labor among the prisoners is fully recognized in the official report.

The Salvation Army have rendered wonderful assistance throughout the year. They visit the institutions and hold services in the Protestant churches. They assist all inmates on discharge, if necessary, and also help the Warden to secure employment for men leaving the penitentiaries who have no employment in view.

The good work of the chaplains, Catholic and Protestant, in their prison, would result.

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HOUSEHOLD SCRAP BOOK

By ROBERTA LEE Salty Food When food becomes too salty, a wet cloth over the top of the vessel in which the food is cooking and the steam will draw the salt into the cloth.

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Then, sow some of our choice NUMBER ONE "BANNER" SEED OATS. Absolutely pure (almost) and GERMINATION Test 95 per cent.

