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Train Of Thought Inspired By A Letter About "Fruit-a-tives"



MR. D. McLEAN

For over two years, I was troubled with Constipation, Drowsiness, Lack of Appetite and Headaches. I tried several medicines, but got no results and my Headaches became more severe. One day I saw your sign which read "Fruit-a-tives" make you feel like walking on air. This appealed to me, so I decided to try a box. In a very short time, I began to feel better, and now I feel fine. Now I have a good appetite, relish everything I eat, and the Headaches are gone entirely. I cannot say too much for "Fruit-a-tives", and recommend this pleasant fruit medicine to all my friends". DAN McLEAN.

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MONDAY

Among the passengers by the Western train on Thursday were Miss Lizzie Leard and Mrs. Edwin Hiller of Tryon returning home from attending the Short Course in Household Science in Charlottetown and later spending a few days with friends at Union.

PROMOTION.—The many friends here of Mr. Chas. A. Parker, will be pleased to learn that since going to Ottawa he has been promoted rapidly holds the position of Acting Serg. in the Corps of Military Staff clerks at Headquarters there.

FIRE ALARM.—On Saturday afternoon shortly after one o'clock the fire bell rang in an alarm for ward three. Happily there was no fire to fight the alarm being rung in owing to smoke issuing from the Examiner Office cellar where old papers was being burned.

GENERAL ASSEMBLY AWARDS.—The following young people from Murray Harbor North, Rev. A. Sutherland, minister have been awarded certificates by the Presbyterian General Assembly for correctly repeating selected Scripture Passages:—Daisy Van Iderstine, Phoebe Sencabaugh, Mabel L. Kerwin.

ISLANDER DEAD.—Mr. Philip Large of this city has received the news of the death of his eldest and only surviving brother Mr. Thomas Large a native of York, P. E. I., who passed away at his home in Brantford Ont., on January 15th, after a brief illness. The late Mr. Large who will be kindly remembered by the older residents of this city is survived by his wife, two sons and one daughter besides his only brother Mr. Philip Large of this city and sister Mrs. John Aylmer of Vancouver B. C., to whom is extended sincere sympathy.

SUPREME COURT.—In the Supreme Court on Saturday before His Lordship Mr. Justice Fitzgerald, the case was continued of John S. P. Aiyward v. George McDonald, about six witnesses having been examined on behalf of the plaintiff. The action is concerned with some property at Southport. Counsel for plaintiffs: Messrs. K. J. Martin and W. E. Bentley; for defendants, Messrs. D. A. McKinnon and J. J. Johnston. The case will be resumed this morning at 10.30 o'clock.

RAISED \$140.—A most pleasant and successful concert and basket social was held at Milton on Wednesday last. The night being perfect and the roads good, a very large crowd gathered from the different parts of the country and filled the hall until there was not standing room. After the program, which was well rendered by the talented people of Milton, Mr. Ben. Carter, Auctioneer, of Charlottetown, assisted by Mr. Peter Brodie, of York, auctioned off the baskets. Mr. Reginald Johnson, of Charlottetown, excelled himself in a patriotic address to the young men of Milton, urging on them the necessity of recruiting. He also assisted in the sale of the baskets. The social was in aid of the Red Cross work, and the ladies of Milton were delighted when it was announced that \$140.00 had been made. The best of order prevailed and the social closed by singing God Save the King.

WHY HOW "TIZ" HELPS TIRED, ACHING FEET

Instant relief for sore, swollen, tender, calloused feet

You're footsick! Your feet feel tired, puffed up, chafed, aching, sweaty, and they use "Tiz". "Tiz" makes feet remarkably fresh and sore-proof. "Tiz" takes the pain and burn right out of corns, callouses and bunions. "Tiz" is the grandest foot-gladdener the world has ever known. Get a 25-cent box of "Tiz" at any drug store and end foot torture for a whole year. Never have tired, aching, sweaty, smelly feet; your shoes will fit fine and you'll only wish you had tried "Tiz" sooner. Accept no substitute.

TO REDUCE YOUR WEIGHT EASILY AND QUICKLY

If you are overweight the cause of your over-stoutness is lack of oxygen-carrying power in the blood and faulty assimilation of food. Too little is being made into the harder tissue of muscle and too much into little globules of fat. Therefore you should correct the mal-assimilation and increase the oxygen-carrying power of the blood. To do this, go to any drug store and get of orlene, only sold in original packages and in capsule form, and take one capsule after each meal and one at bedtime until your weight is reduced to what it should be on all parts of the body. The effect of all of orlene in capsule form is remarkable as a weight reducer and it is perfectly safe.—E. J. T.

Any drugist can supply you or a large size box will be sent on receipt of \$1.00. Address D. J. Little Drug Co., Box 1240, Montreal, Can.

Horse Races

on the Charlottetown ice Wednesday, Jan. 26, 2.40 Pace Purse \$25.00 Belmont Miller B. G. by Aquiri 1, 1. 1. John Beggs B. G. by Princeton 3. 2. 2. Lillian Patchen Br. M. by The Patchen Boy 2. 1. 3. Bonny Cap ch. M. by Bonita 4. 3. 4. Time 1.10, 1.13, 1.17. Aquiri's Fee for 1916 is \$15.00. One price to everyone and the same price to all.

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"CASCARETS" FOR A COLD, BAD BREATH OR SICK HEADACHE

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Get a 10-cent box now. Furred Tongue, Bad Colds, Indigestion, Sallow Skin and Miserable Headaches come from a torpid liver and clogged bowels which cause your stomach to become filled with undigested food, which sours and ferments like garbage in a swill barrel. That's the first step to untold misery—indigestion, foul gases, bad breath, yellow skin, mental fears, everything that is horrible and nauseating. A Cascaret tonight will give your constipated bowels a thorough cleansing and straighten you out by morning. They work while you sleep—a 10-cent box from your drugist will keep you feeling good for months. Millions of men and women take a Cascaret now and then to keep their stomach, liver and bowels regulated, and never know a miserable moment. Don't forget the children—their little insides need a good, gentle cleansing, too.

A CLEVER STUDENT.—Mr. Sidney Bonnell, of Charlottetown, has qualified for a place on the Dalhousie Inter-Collegiate Debating Team, which will meet a similar team from Mount Allison University shortly, in a contest for Inter-Collegiate honors.

GOING TO HALIFAX.—Dr. Fred Taylor, son of Mr. D. Taylor of the city, arrived Saturday morning from Ottawa. Dr. Taylor leaves on Monday for Halifax, where he will take a position in connection with the A. M. C. probably in the medical hospital there.

TO VISIT HER HOME.—Mrs. Whalley, now at 40 Quinpool Road, Halifax will spend some two or three weeks in the city, then going for a short visit to her parents, in Milton, P. E. I., at the conclusion of which she expects to sail for England, whither Mr. Whalley has preceded her, to enter upon his duties as chaplain.

MISSIONARY DEAD.—The Presbyterian Witness says:—We have just learned of the death of Mrs. Geddie, wife of the late Dr. John Geddie, our pioneer missionary in the New Hebrides, and the first missionary sent out by the Presbyterian Church in the British Colonies. Mrs. Geddie passed away on Jan. 1st, in the 94th year of her age.

WEDDING BELLS.—The St. John Globe of Jan. 20th says:—At the home of the officiating clergyman, Rev. Gordon Dickie, on Wednesday evening, Mr. J. Malcolm McLure of Dundas, P. E. I., was married to Miss Margaret Miller, of Boston. The bride arrived on the Boston train Wednesday. The groom is a well known business man in Prince Edward Island.

CHURCH PARADE.—The officers and men of the 105th Regiment attended service yesterday morning in St. Dunstan's Cathedral and Zion Church, those attending the former under command of Lieut. Jenkins and the latter under Col. Campbell. At St. Dunstan's the sermon was preached by Rev. Owen Kiggins from the gospel of the day. In Zion Church the sermon was preached by the pastor Rev. G. C. Taylor from the text Israel 13-12. The Anthem, I will magnify thee O Lord, was excellently rendered by the choir, Miss Mamie Ross taking the solo part.

STOCK NOTE.—Among the breeders of pure bred ayrshire cows in Kings County who are coming into prominence is Mr. George Annear of Lower Montague. At the Miller sale held a good many years ago when Mr. Miller's excellent herd was dispersed, Mr. Annear purchased one of the largest, deep bodied, long tailed milk cows. He has since been raising calves from her and has succeeded in building up a good herd. He entered the old cow in the Record of Performance test and she made a very creditable showing for a cow of her age giving over 1,000 lbs. of milk. One of her calves is now in the test. Last month she gave 1,248 lbs. of 4 p. c. and is at the present time giving 42 lbs. a day. Mr. Annear is steadily getting clear of his grades and replacing them with pure breeds. He is now offering some heavy milking grade ayrshires cows for sale.

HIGHLY HONORED.—The following clipping from the Jackson, Mich., Patriot, will be of interest here. Mr. Chapman made many friends while in Charlottetown conducting a Guardian contest and also sang in Zion Church on several occasions. Mr. A. C. Chapman, of Toronto, Ont., who managed the "Everybody Wins," circulation campaign of the Jackson Patriot last March, was paid an exceedingly high compliment at Manistee, where he has recently been putting on a similar campaign. At a luncheon given by the Board of Commerce of that city he was given a vote of thanks and a request to become a permanent resident. During his stay in Jackson Mr. Chapman sang on numerous occasions in various down town churches, his beautiful tenor voice being appreciated to the full by all who heard him, and he also appeared at a MacDowell Musical Society. For years Mr. Chapman was a member of the famous Mendelssohn's chorus of Toronto and he was also soloist in several of the big churches there. The following taken from the Manistee News-Advocate will be of interest to his many Jackson friends: Hats off to this fellow:—A vote of thanks and a request to establish a permanent residence in Manistee was extended to A. C. Chapman, manager of the News-Advocate's "shower of gold" contest which ends tonight, for the blessings which he has scattered on the community during his sojourn here. Mr. Chapman is a gifted and willing singer, who has willingly lent the charm of his voice to many occasions here in recent weeks.

ISLAND PASTOR CALLED.—Portland Street Methodist Church, St. John has extended a call to Rev. Neil McLaughlin, of Hamilton, Bermuda. A notification to this effect has been sent to the Rev. Mr. McLaughlin, but up to the present time no answer has been received. Mr. McLaughlin, is well known throughout the province and previous to his going to Bermuda he held a pulpit at the Methodist Church at Fredericton. For the past two years he has been located in Hamilton, Rev. T. J. Delnstadt has lately been filling the pulpit in Portland St. Methodist.

ABRAM'S VILLAGE.—The condition of Mrs. Philip Arsenault, Abram's Village is not improving as fast as her friends would wish. Mr. Arsenault, travelling salesman was in Abram's Village last week on business. A meeting of the patrons of the Abram's Village cheese factory, was held at Egmont Bay on Wednesday afternoon 19th inst. Miss Loretta Gallant arrived home from Charlottetown where she was attending a short course in household science. Preparations are being made for the short Agricultural Course to be held in Egmont Bay next week. Messrs Jas. C. Poirier, Stanley Poirier, Ben Poirier, J. B. DesRoches, Mr. and Mrs. Ernest DesRoches, Miss Celine Poirier all of Miscouche, paid a visit to Abram's Village on Sunday evening the guests of Mrs. Jas. C. Gallant, Adolphus O. Gallant.—M.

TUESDAY
WHIST.—The Kildare Social Club held their first weekly Whist Party and dance at the home of Mr. James Foley, three prizes were given, and an excellent buffet lunch was served by Mrs. Foley, all enjoyed themselves immensely, and it is hoped by the young people that the club will continue to be a success.—Z.

THE PRINCE EDWARD ISLAND.—A large number of friends arrived yesterday morning to bid farewell to the young men mentioned in yesterday's Guardian, left to join Capt. McKinnon in Halifax, before going overseas. There were quite a number of other passengers outward besides also the mails, 111 tons of cargo and some mixed freight.

SUPREME COURT.—In the Supreme Court yesterday the case was continued before His Lordship Mr. Justice Fitzgerald of John S. P. Aiyward versus George McDonald. When the court adjourned at 10 o'clock the defendant's case had been concluded. On resumption this morning at 10.30 o'clock counsel will address the Court. Counsel for plaintiff, Messrs Martin and Bentley, for defendant, Messrs Johnston and D. A. McKinnon.

The adjourned annual meeting of the Congregation of St. Peter's Cathedral was held in the St. Peter's Hall last evening, Canon Simpson in the chair. There was a large attendance of both sexes.

The Treasurers report showed that \$6,500.15 had been received by him during the year, and this did not include a legacy of \$500.00 from the late Mrs. B. P. Longworth, so the total receipts came to \$7,000.15. Of this \$960.15 was for missions and other special objects. The expenditure was less than the receipts by \$34.66.

Canon Simpson in his report mentioned that forty-four members and former members of the congregation were now on active service, and three of them had received decorations for valor. There were now 173 Communicants being an increase of 16 over last year.

Messrs Fred R. Foster, L. G. Breckin B. A. and J. O. Hyndman were re-elected churchwardens. Mr. R. V. Longworth, Treasurer, Messrs W. L. Cotton and L. W. Watson delegates to the Diocesan Synod with Messrs R. V. Longworth and J. O. Hyndman as substitutes, Messrs Gordon Tomlin and Clement Mitchell were elected delegates to the Diocesan Church Society.

The meeting extended a warm welcome to the Rev. Donald J. MacDonald the assistant priest. Votes of thanks were given to the retiring church wardens, the treasurer, the choir—the envelope clerk, etc.

W. A. O. Morson and J. O. Hyndman were appointed a committee in charge of St. Peter's Cemetery.

Health Wrecked Through La Grippe

IT GENERALLY LEAVES THE PATIENT DEBILITATED AND AN EASY VICTIM TO OTHER DISEASES.

One of the foremost medical writers says: "It is astonishing the number of people who have been crippled in health for years after an attack of la grippe or influenza." The real danger from this disease, which sweeps over Canada every winter, is not the convalescence, when the characteristic symptoms, the fever, the catarrh, the headache and the depression of spirits pass away. Grip leaves behind it weakened vital powers, thin blood, impaired digestion and over-sensitive nerves—a condition that makes the system an easy prey to pneumonia, bronchitis, rheumatism, nervous prostration, and even consumption. It is a condition that calls most emphatically for a tonic for the blood. Dr. Williams' Pink Pills are a tonic especially adapted to meet this need as they purify and enrich the blood. They tone up the nerves and give vigor, strength and health to the debilitated system. Mrs. Howard D. Chaffey, Indian Island, N. B., says: "For several winters in succession I was attacked by la grippe which left me weak and badly run down. In each case I used Dr. Williams' Pink Pills with the most beneficial results. Last winter when the trouble was again prevalent, I took the precaution of fortifying my system with Dr. Williams' Pink Pills and escaped the trouble, while many of my neighbors were down with it. In fact I enjoyed the best of health all spring and feel sure this medicine will so fortify the system as to prevent the trouble."

These Pills are sold by all medicine dealers or may be had by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockton, Mass.

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It is made from leaf tobacco that has enough elasticity against the teeth to keep it together, instead of granulating in the mouth as most plug tobaccos do.

It has a delicious non-irritating, palate-tickling sweet taste—because medical authorities agree that the ordinary "strong", unsweetened plugs are injurious

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Send your name and address and 5 cents for postage, to: Harold P. Ritchie & Co., Ltd., 10, McCaul Street, Toronto, and a generous sample will be mailed you free of charge.

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Dr. Chas. W. Botwood, D.Sc., Ph.D., &c., the well-known scientist, says, "Having had my attention called to many remarkable cures effected by Dr. Cassell's Tablets, and having personally investigated the same, I am now in a position to state that, as a safe and reliable remedy for loss of flesh and vigor, nerve affections and bodily weakness induced by deficient assimilation of beneficial food products, Dr. Cassell's Tablets appear to be unique, and I have no hesitation in recommending the same as a really trustworthy household remedy for young or old."

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Druggists and Dealers throughout Canada sell Dr. Cassell's Tablets. If not procurable in your city send to the sole agents, Harold P. Ritchie & Co., Ltd., 10, McCaul Street, Toronto: one tube, 50 cents, 6 tubes for the price of five.

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