



There's a Boy.



who eats NABISCO SHREDDED WHEAT

Jim's captain of his team! This robust, active lad eats rich, wholesome, hefty-hunky, Nabisco Shredded Wheat every morning... to help build energy... muscles... strong bones and teeth... steady nerves. You see, Nabisco Shredded Wheat is whole wheat in its most natural form: It is actually baked ready to serve... to a digestible, honey-brown! Always temptingly oven-fresh! Always flavourful! Eat Nabisco Shredded Wheat, the original Niagara Falls product, every day.

Baked by The CANADIAN SHREDDED WHEAT COMPANY, LTD. NIAGARA FALLS, CANADA




Delicious, ready to serve... yet as nourishing as a hot cereal!

SW-177

Contributions To Protestant Orphanage

CHARLOTTETOWN CONTINUED
 \$300—Mr. and Mrs. J. M. Mac-
 adyen.
MURRAY HARBOR DISTRICT
TOTAL—\$182.35
 Queen Mary W. I. \$25.00
MURRAY HARBOR BY MRS.
WALLACE WHITE
 Lea and MacFarlane \$5.00
 \$2.00 Each—George Cooper; Mrs.
 R. P. Brooks.
 \$1.00 Each: Mrs. Emerson
 Cohoon; Lloyd Herring; Mrs. Ger-
 ald Prowse; H. P. Cohoon; Mrs.
 Russell Vessey; Mrs. Herbert
 Cohoon.
 50c Each: Mrs. Mac Buell; Mrs.
 James MacKay; Phillip Billard;
 Miss Lexie Penny; Everett Buell;
 Mrs. Reuben Machon.
 25c—James Harris.
 Total—\$18.25.
MURRAY HARBOR BY MRS. R. P.
BROOKS
 \$2.00 Each: Louis B. Harris;
 Milton J. White.
 \$1.00 Each: Mrs. Joseph Bell;
 Mrs. Elmer Stewart; Mrs. Carl
 Richards; Mrs. Tom Dort; Mrs.
 Carl Cohoon.
 50c Each: Mrs. Inman Herring;
 Mrs. Percy Leeco; Mrs. Ernest
 Beck; Mrs. Angus MacNeill. 25c—
 Mrs. Mont Herring.
 Total—\$11.25.
MURRAY HARBOR BY MRS.
MARVIN G. HERRING
 \$2.00 Each: S. D. Hugh; L. J.
 Buell.
 \$1.00 Each: Fred C. White; Mrs.
 Robert Bell; Freeman White; Mrs.
 Albert McLeod; Mrs. Hubert
 White; Mrs. Wallace White; Mrs.
 Hilda Sharam; James McLeod.
 50c Each: Mrs. Ada McDonald;
 Gordon Blue; Mrs. Alex. VanGer-
 stine; R. A. White; Mrs. Kenneth
 Beck; Mrs. Keith Buell.
 Total—\$15.00.
MURRAY HARBOR BY MRS.
PETER WHITE
 \$1.00 Each: Marvin Herring;
 Thomas Fraser; John VanDerstine.
 50c—Mrs. Milton Chapman.
 25c Each: Mrs. L. J. Brooks; Mrs.
 Whitten Herring; Thomas Hyde;
 Mrs. Colin White.
 25c Each: Mrs. Bruce Gormely;
 Mrs. Gurne Penny.
 15c—W. H. Minkler.
 Total—\$6.25.
MURRAY HARBOR BY MRS.
JOHN McDONALD
 \$2.00—Mrs. Horace White.
 \$1.00 Each: Fred Harris; W. Har-
 ris; John McNeill; George McNeill;
 Mrs. J. W. Richards; Vere Rich-
 ards; John H. McDonald; Vere
 Beck.
 75c—Mrs. Cecil Penny.
 50c—Mrs. Cyrene Chapman; Mrs.
 Sella MacKay.
 Total—\$11.75.
MURRAY HARBOR BY MRS.
TOM HERRING
 \$1.00 Each: Mrs. John E. Stew-
 art; Thomas Herring; Mrs. Maria
 Keeping; Mrs. Lorne Stewart; Mrs.
 Cyrus Penny; Ernest McKinnon;
 Mrs. Joseph Livingstone; Mrs. Ray
 Stewart.
 50c Each: Mrs. John Livingstone;
 Mrs. Kimball MacKay; Mrs. Nell
 MacKay; Mrs. Spencer Sharn.
 Total—\$10.00.
MURRAY HARBOR BY MRS.
ALEX VANDERSTINE
 \$2.00—Mrs. F. W. LeLacheur.
 \$1.00 Each: Lucy Lumsden; Mrs.
 John Bell; Rev. Roy Vessey; Mrs.
 Roland McPherson; Preston Rob-
 ertson; Mrs. Roy Brooks; Mrs. Mc-
 burn Stewart; Mrs. C. B. McDonald.
 75c—Mrs. Harry Brohaut.
 50c Each: Mrs. Wm. McKenzie;
 Mrs. David Vandierstine; Mrs.
 Phyllis Drysdale; Lawrence Stewart;
 Whitney Brohaut.
 Total—\$13.25.
MURRAY HARBOR BY MRS. H.
L. MACHON
 \$2.00—Fred MacLeod.
 \$1.00—Mrs. Mabel Beck.
 50c Each: Mrs. Charles Collier;
 Marshall MacLeod.
 30c Each: Ernest Machon; Mrs.
 Eliza Osborne.
 25c—Mrs. John Machon.
 Total—\$4.85.
GUERNSEY COVE DISTRICT BY
MRS. VICTOR STRICKLAND
 \$1.50—Mrs. Archie MacDonaid.
 \$1.00 Each: Mrs. Hampton Haw-
 kins; Mrs. Kimball LeLacheur;
 Louise Nicole; Orrin Bell; Charles
 Jordan; Everett L. Harris; W. F.
 Brohaut; C. W. Hawkins; John
 Brohaut; Chester LeLacheur; Dan
 LeLacheur; Mrs. Victor Strickland.
 75c Each: Mrs. Fred Davey; Mrs.
 John H. Davey.
 50c Each: Clara Gosbee; J. J.
 MacKay; Shirley Beck; P. J. Bre-
 haut.
 Total—\$16.75.
UGG DISTRICT BY MRS. W. E.
SCOTT
 \$2.00 Each: D. A. MacPherson;
 Mr. and Mrs. A. A. MacLeod.
 \$1.00 Each: S. E. MacLeod; Ella
 MacLeod; Mrs. W. E. McKinnon;
 J. Otis McLeod; Mrs. Warren Daw-
 son; M. F. MacLeod; Mrs. Will
 Hugh; S. A. MacLeod; Wellington
 McLeod; Mrs. Lloyd Robbins; Mrs.
 John Campbell; Mrs. Don Hunter;
 Mrs. Ernest Martin; Mrs. J. D. Mc-
 Leod; Mrs. Edson McLeod; Mrs.
 Angus A. McLeod; Hugh McKin-
 non; Munro McLeod; Mary Mac-
 Leod; Mrs. Peter MacQueen; Mrs.
 James Gillis; Lauchie MacPherson;
 James Martin.
 75c—Mrs. Hudson Musick.
 50c Each: Mrs. Alec N. McLeod;
 Mrs. Ernest Shaw.
 Total—\$29.75.
SPECIAL
 New Haven W. I. \$10.00



HoVIVIS BREAD

Contains 25% Prepared Wheat Germ

"A Delicious Flavour All It's Own"

"BUY A LOAF TO-DAY"

FEATURES OF '47 FASHIONS

The following are some 1947 fashion hints:—

Longer skirts and the rounded silhouette. Hip interest in all types of fabrics, in the form of pleats, tucks, hip pockets, or even padded hips.

Tiny waistlines through fuller, accented skirts or through padded hips.

Middy blouse in back and is being used in many different ways with different fabrics.

High necklines and full sleeves and softer shoulders.

Drapes and hip-pockets to give the one-sided look.

Lengths vary, according to the individual. Afternoon dresses are mostly about 14 inches from the floor, although some dresses, because of their style are just above ankle length. However, as afternoon dresses become longer, the ballerina skirt for evening wear becomes more popular.

Colours are important and many new colours are being shown for this Fall.

HIGH SCHOOL MISS IS AIRPLANE PILOT

VICTORIA, Nov. 10 —(CP)—Miss Phyllis Drysdale, 18-year-old high school girl, is one of Canada's youngest licensed women airplane pilots.

She began learning to fly with the Victoria Flying Club last year and won her pilot's licence a few months ago. She now has 50 hours solo flying to her credit and aims to get an instructor's licence.

"I am qualified now but you have to be at least 19 and that's such a long way off," she said.

To get rid of muddy odors in the cellar or basement, sprinkle a little chloride of lime on the floor. As soon as the muddiness disappears, sweep up the lime and scrub the floor.

"The Yearling"



M-G-M's triumphant filmizes of Marjorie Kinnan Rawlings' Pulitzer Prize novel, "The Yearling," comes to the Prince Edward screen to take its place with the greatest motion pictures ever made.

Not since the memory of such artistic triumphs as "The Birth of a Nation," "Captains Courageous" and "How Green Was My Valley" has there been brought to the medium of the camera a story so beautifully enacted or so fraught with emotion as this stirring tale of a frontier family who fight for survival against the powerful forces of nature and the elements.

All the wizardry of Hollywood at its greatest has been employed to bring to life in living Technicolor the deeply stirring and emotionally penetrating narrative of the Baxter family—Penny, Ma and little Jody—of the unremittent hardships they undergo to squeeze the bare necessities of life out of the reluctant soil, of the

The Central Guardian

This column is reserved for news of local interest, but advertising of newsworthy nature may be inserted at five cents a word strictly payable in advance.

JEDDIA'S TAXI Phone 224

COOKS for Christmas Photographs.

CONFEDERATION LIFE INSURANCE

AT YOUR SERVICE—Arncliffe Coal Company, Phone 2498.

MRS. JOHNSON'S LADIES' WEAR—Bargains in dresses, sweaters, skirts, etc.

MARITIME CENTRAL AIRWAYS three times daily to Moncton. Air and rail connections to Montreal and Boston. Phone 2031 or 540.

MR. FISHERMAN we have on hand a number of Snelt Bag Nets in the following sizes 25' x 8' and 30' x 8'. These nets are priced right and are exceptionally good buys. Get yours today. A. Kennedy & Co., Ltd., 32 Queen Street, Charlottetown.

SMALLPOX CLINICS COMPLETED IN RURAL SCHOOLS—Citizens will be pleased to learn that, last week the Chief Health Officer, Dr. B. C. Keeping, completed vaccinating against Smallpox of the school and preschool population for this season—consequently each school is visited every three years for this important service. Smallpox is all but banished from Canada. Due to the efficient labors of the Health Services of each Province, who annually wage an incessant and never-ending warfare against this dread enemy. Parents, with an ever growing awareness of the importance of early vaccination, are presenting their babies and preschool children in greater numbers each year for this necessary protection. Vaccinations were carried out in the schools of Prince County this autumn when 2823 school and 1200 preschool children were protected against Smallpox, making a grand total of 4021 vaccinations. Next year it is the intention of the Health Division to centre their efforts in Kings County after the opening of school in the autumn.

BRIDAL SHOWER—On November 6th, the friends and neighbors met at the home of Miss Florence Cameron to tender her a shower in honor of her approaching marriage. To the strains of "Here Comes The Bride" played by Mrs. E. V. MacLeod, the bride-to-be was led to the prettily decorated seat of honor by her constant friend, Miss Jeanette Noonan. The ribbons were cut by Misses Doris Dawson and Jeanette Noonan while the humorous verses were read by Miss Helen Trainor. Mrs. W. A. McLennan and Miss

Blanche Dawson arranged the gifts on the table. The members of the Jubilee Women's Institute presented the Bride-to-be with a beautiful Radio table. Miss Cameron thanked all present for their kindness and invited them to visit her in her new home, after singing "For She's a Jolly Good Fellow" a dainty lunch was served and all departed to their homes wishing the guest of honor a joyous sail on the sea of Matrimony.

That Body Of Yours

By James W. Barton, M. D.

(Continued from page 14)

Many of these cases are caused by the side or transverse process of the bones of the spine pressing on the spinal nerves. Removing this extra portion of bone (cervical rib as it is called) gives relief from pain in the neck, shoulder and arm region.

Just as a ruptured disk between the bones of the spine in the lower back causes low back pain, so does a ruptured or crushed disk between the spine bones in the neck cause neck, shoulder and arm pain.

Some months ago I wrote about this pain and its cause, and recently research workers have been finding that this cause of pain is more common than was thought.

In "Archives of Surgery," Chicago, Drs. F. V. Kristoff and G. L. Odum report 20 cases of ruptured intervertebral disk between the spine bones of the neck. The pain may be caused by pressure from the disk on the large nerve of the spine (spinal cord), or on the roots extending from the spinal cord and roots. In all cases there was a history of an injury in this region—most often a blow on the head or repeated injuries to the head and neck.

In most cases the history, as told by the patient—usually a history of a blow or a fall together with his description of the location and type of pain—enables the physician to diagnose an injured disk, and appropriate treatment is given.

Where the roots only are compressed, extension of the neck and application of a support gives relief, or an operation to remove the disk is performed.

Where, however, the spinal cord itself is compressed, injecting the cord with a substance shows up by X-ray the exact location where the pressure is, and an operation is performed.

THE TONGUE

By Louise Towris

You may keep your feet from slipping. And your hands from evil deeds. But keep your tongue from tripping.

What unceasing care it needs! Be you old, or be you young. Oh, beware!

Take good care Of that tittle-tattle, tell-tale tongue!

Shoemaking was an honored profession in ancient Egypt. A stone carving 4,000 years old shows an Egyptian shoe factory in operation, with a workman cutting leather slices out of tanned hide.

NOTE: TICKETS FOR EVENING PROGRAMS WILL BE ON SALE AT THE BOX OFFICE FROM 3:30 TO 4:30 P.M. TODAY.

Prince Edward Today Thur. Fri. Sat.

EVERYONE IS CALLING IT

M-G-M's PRIZE PICTURE

"The Yearling"

IN TECHNICOLOR

SEMPER PARVUS
GREGORY PECK - JANE WYMAN
 CLAUDE JARMAN, JR. as "Jody"

Produced by SIDNEY FRANKLIN
 Directed by CLARENCE BROWN
 Screen Play by Paul Osborn

Clem Bevans - Margaret Wycherly - Forrest Tucker
 Based on the Pulitzer Prize Novel by
 Marjorie Kinnan Rawlings
 A Metro-Goldwyn-Mayer Picture

FEATURE STARTS AT 3:15 6:50 AND 9

TODAY "SUSIE STEPS OUT"

Shows 3:30 - 7 - 8:45

CAPITOL THUR. FRI. SAT.

-EMPIRE- THUR. FRI. SAT.

Go in Great Guns... and Head it Your Way!

Gene and all the gang in a great, new, laugh and thrill-packed action hit!

with **LYNNE ROBERTS** **SERLING HOLLOWAY** **DAMIAN O'FLYNN** **CASS COUNTY BOYS**

SADDLE PAIS

A REPUBLIC PICTURE

COMEDY - NEWS CARTOON - JURIES

WEB OF DANGER

ADELE MARA - BILL KENNEDY
 DAMIAN O'FLYNN - RICHARD LOO

A REPUBLIC PICTURE

TERRYTOON - MUSICAL ADVENTURE - SERIAL

FARNBOROUGH, Kent, England
 (CP)—A 30-pound bomb was found by a householder digging in his back garden.

Now 12 VARIETIES HEINZ JUNIOR FOODS

READY FOR YOUR BABY

57

Vary your baby's diet with soup, vegetables, a complete vegetable beef dinner, puddings, and desserts.

Dorothy Dix Says

(Continued from page 14)

Your jealousy justifies itself in one thing—a decent woman would soon lose her love for a man who had no real faith in her and who kept her always walking on eggs for fear she would inadvertently do something that would arouse the demon in him.

If you cannot control your jealousy, don't marry any girl. No woman deserves the treatment that a green-eyed husband inflicts upon her.

DEAR DOROTHY DIX: My first quarrel with my husband after ten years has been caused by my being pestered to death by a borrowing neighbor who is always out of everything one needs in one's kitchen. She never has any milk, butter, flour, sugar, meat, bread, anything to eat. She just runs over and gets them from me, and she has such a poor memory she always forgets to repay them.

But my husband thinks that I should be a good neighbor and let her impose on me. Should I?

ANSWER: Not at all. I think it is everybody's Christian duty to smite the borrowers, hip and thigh. If it only happened once in a blue moon that she found out that she didn't have an egg, when she started to bake a cake, you might condone the offense, but the habitual borrower is nothing less than a thief. She grafts her groceries instead of paying for them.

The next time this deadbeat makes a demand upon you just tell her that you have only enough food for your own need, and that she will have to patronize the corner grocery instead of holding you up.

DEAR DOROTHY DIX: My 17-year-old sister is my problem. I am three years her senior. When we were young we didn't have too much in the way of nice clothes, but now that I am getting into getting myself a good wardrobe. But the trouble is I haven't a stitch that I can and does wear my clothes. She rips them to pieces, returns them dirty, and if a dress is too dirty she hides it.

I have tried locking my door, but I had to get a duplicate key for Mother and she turns it over to my grafting sister. What shall I do?

BIG SISTER:

ANSWER: Practically everybody who has teen-age sisters goes through your experience. Little sister is always mad for dresses and sweaters and blouses and especially she yearns for your best things. And she never takes care of anything.

Your only protection is for you to buy a good, big, stout wardrobe trunk and keep the key in your own pocket. You will have to have a lock that she can't pick.

It's CUPID'S Choice



INTERNATIONAL STERLING

Here is Life long distinction for her dressing table—International Sterling Silver dressersware, the proud possession of thousands of Canadian women. Many fine designs have been created by master craftsmen—it will pay you to visit us and see these and other designs styled by International. All patterns are priced within your budget.

Use Our LAY-AWAY SERVICE

A SMALL DEPOSIT RESERVES YOUR CHOICE

G. H. Taylor

Jewellers for Four Generations.

IN KEEPING WITH TIMES

LONDON, Nov. 11 —(CP)—The Imperial Economic Committee, with approval of the Dominion represented on it, will henceforth be known as the Commonwealth Economic Committee, it was announced.

The change was made because the term "Commonwealth" rather than "Imperial" is more in keeping with modern trends, an official announcement said.

MORSES TEA

