Woman's Realm / Social and Personal / Fashions / Literature

THE HOUSEWIFE —AND— HER ACTIVITIES

ASHES OF ROSES

The only wealth life leaves
Are memories,
Remember ecstasies,
Or acrid embers of a fire.
Better, no doubt, than no desire
The heart that bars its door
On life, repulsing love,
May find love knocks no more.
To quench this fire, that will not wait,
Leaves a bare hearth — disconsolate.

—Dorothy Sproule.

We never have enough jardinieres for all the small plants we take in the house in the winter so the best way is to decorate the clay pot in which the plant is growing. First give the pot a coat of white shellac and then cover with a layer of softened putty. While the putty is soft stick beads, fancy buttons, colorful marbles or pebbles, etc., in symmetrical design around the jar. Set aside to harden. The more artistic you are, the ovelier the result.

A few drops of glycerin added to the dried glue will make it usable again. Milk will not boil over if you rub a little glycerin around the rim of the saucepan.

A little glycerin rubbed over the overshoes will keep the rubber from drying out and make the rubbers last longer.

When driving in a snow storm wipe the outside of the windshield with glycerin before starting out. It will help prevent the ice from forming on the glass.

STOCKINGS MAY COME HIGHER——IN PRICE

Women's stockings may be increased in price as a result of a drastic restriction of color shades being considered, due to increased charges for dyeing, coming into effect this month.

Dyers suggested 12 standard shades and offered to dye small quantities at the usual rates. Advances in price for dyeing any other than those shades will be considered.

If the public demand is for other shades, then increases in the prices of stockings are inevitable, it is said.

The new price-list for dyeing applies to practically all stockings except lisle and all-wool, and includes silk artificial silk and rayon and wool mixtures.

COLOR IN EMBROIDERIES

Interest in color is apparent in embroideries and here the Persian influence is commented upon with enthusiasm. Bands of Persian embroideries are cited as not only providing rich and subtle color combinations, but as providing a formality that is compatible with the new season.

TARTAN EVENING WEAR

Much Scotch plaid, chiefly in taffeta, was shown for evening wear in a recent collection by Alix in Paris.

Do you hang up your broom brushes and mops? If so, use picture wire instead of twine. It will wear forever, and is easily hung on a hook on account of its stiff nature.

FRONT TO BACK.

A reversible dress —one which can be turned around so that the front may be worn as the back and vice versa—has been invented.

Guest-size towels have real usefulness for small children — two-year-olds can manage them better than big towels.

IN THE PURPLE

For the lucky girls who can wear shades of lavender and purple, this combination is a happy choice for a sports ensemble. Joan Bennett, blond screen actress, wore a cleverly tailored sports jacket of lavender suede over an angora sweater and tweed skirt of deep purple at the Hollywood Turf Club the other day. Her fine felt hat matched the purple of her sweater and skirt. Bag and pumps were of black patient, gloves of natural pigskin.

FLOATING A NEEDLE

Although it sounds impossible, it is quite easy to float a needle in a basin of water. All that is required is a small square of tissue paper. Place the needle on it and then gently lay the piece of paper on the water. The paper will soon sink, leaving the needle floating on the water. The needle will probably remain o nthe surface for a considerable time, but of course, it will sink if the water is disturbed.

BROWN AND GRAY FURS

Because they combine so flatteringly with current costume colors, furriers predict a greater sale of brown and gray furs this fall and winter. Brown furs ranging all the way from precious mink to dyed mouton (an imitation of sealskin) are expected to be in demand. The same thing is true of gray furs; every type of gray fur from broadtail to kid is expected to sell.

BLOUSED COATS

In coats of roomy fit through the top, making a slight blouse all around, appears in so many models as to be impressive. There is much yoke details with tucks or shirring leading into fulness below the shoulders. Sleeves on town coats are often modified bishops; the mounted smooth line is endorsed in fitted coats. Among trimming ideas you remark patient leather applique and muffs. Patou's tinted fox appears in a subtle violet shade with a violet coat.

Diarrhœa — Dysentery

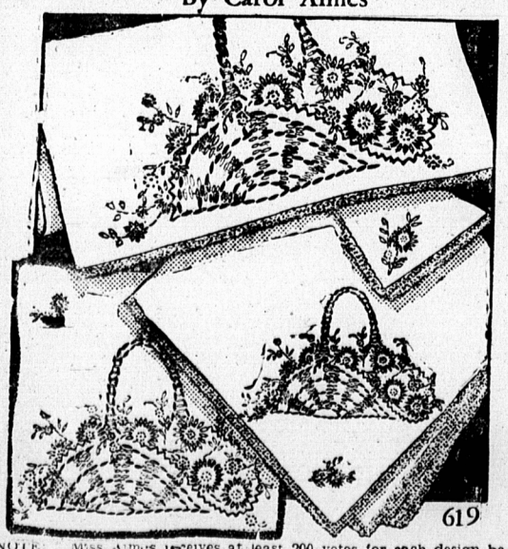
When the bowels become loosened up by diarrhœa, or dysentery, and you wish to check the unnatural discharges without leaving the bowels in a constipated condition you should use Dr. Fowler's Extract of Wild Strawberry. It is without a doubt, one of the safest and most reliable medicines on the market for all bowel troubles. This preparation has been on the market for the past 92 years. Beware of no-name, no-reputation substitutes. They may be dangerous to your health.

Get "Dr. Fowler's" and feel safe.

The T. Milburn Co., Ltd., Toronto, Ont.

To-Day's Popular Design

By Carol Aimes



NOTE: Miss Aimes receives at least 200 votes for each design before it is accepted for this column. Send us your votes. We print all the popular designs.

BASKETS OF FLOWERS
DESIGN NO. 619

Dear Readers: Baskets of flowers! From every town, village, city and hamlet you write asking us for embroidery designs using "baskets of flowers". These are such pretty ones—just right for luncheon sets, runners and cushion tops. We liked the runner and cushion with wool flowers and baskets, embroidered in rope silk.

The pattern includes transfer of the motifs, material requirements, finishing and stamping instructions, diagrams of stitches, and color and stitch guides and keys.

Send 15 cents, coins preferred.

Pattern Order Form—To be used when ordering Patterns and Voting for POPULAR DESIGNS.
To The Charlottetown Guardian
Needlework Dept.
DESIGN NO. 619

Name -
Street Address - - - - - - - - - - - - - - - - - -
City - - - - - - - - - - - State - - - - - - - - -

I suggest the following as a POPULAR DESIGN - - - - - - - - - - - - - - - - - -

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200 Wedding Guests Praise Cakes Baked 3 Weeks in Advance

Most women would have been scared stiff to bake 2 dozen cakes (or anything else) many days ahead. Ordinary cakes would have gone stale. But to get everything ready for her daughter's big wedding, Mrs. Lewis Holmes of L'Etete, N.B., had to commence baking a full three weeks in advance. Yet on the wedding day, Mrs. Holmes' cakes were so fresh, so perfect, that everyone warmly praised them:

Before she started her wedding baking, Mrs. Holmes knew she could do so with perfect safety because she was going to use the right kind of recipes and ROBIN HOOD FLOUR. "From past experience I knew that cakes made with Robin Hood are not only of the finest quality but that they will KEEP their quality and freshness for many days when necessary," said Mrs. Holmes.

You may not have to do a big baking in advance of a wedding but this KEEPING quality of Robin Hood is something you'll appreciate every time you bake. Why not order a bag?

Mrs. Holmes Recipe For Dark Fruit Cake
(Wedding Cake)

½ Lb. Butter
½ Lb. Brown Sugar
5 Eggs
1 Tsp. Soda
½ Cup Sour Milk
½ Cup Molasses
1 Cup Preserved Strawberries
1 Tsp. Vanilla Flavoring
1 Tsp. Lemon Flavoring
1 Tsp. each of Nutmeg, Cloves, Cinnamon and All Spice
2½ Cups Robin Hood Flour
1 Lb. Seeded Raisins
1 Lb. Seedless Raisins
1 Lb. Currants
¼ Lb. Citron
1 Cup of chopped Mixed Peel
1 Lb. Dates

1.—Cream the butter and sugar until light.
2.—Add the well beaten eggs.
3.—Dissolve soda in the sour milk and add to creamed mixture.
4.—Add molasses, strawberries, flavoring and spices to cake batter.
5.—Sift flour over fruit and peel and add to cake batter. Mix well.
6.—Pour into greased pans and steam for 3 hours.
7.—Place cakes in moderate oven of 325 degrees for ¾ hour to dry off.

Robin Hood Flour
Milled from Washed Wheat

NERVOUS BREAKDOWN

When we say a person has a "nervous breakdown" we mean that some disability caused by a faulty attitude to life has reached a stage when the person simply cannot face life any more.

The Rev. Leslie Weatherhead, the well-known psychologist and minister, says a better term than "nervous breakdown" is the word "neurosis." A neurosis, he explains, writing in "Good Housekeeping," is a family adaptation of life.

"I think the matter could be put simply but not inaccurately, by saying that in cases of so-called neurosis a person at some point in developing his personality, particularly the emotional aspect, of it, has taken a wrong turning," he writes. "Indeed, he may, as it were have been pushed down that turning by ill-treatment or unwise treatment when he was a child."

Perhaps it was by some particular incident which wounded him and deflected his direction. Then we may imagine that the road dives underground, becomes a maze of twisted underground tunnels in which the patient gets lost, cannot by himself, get back to the place where he went wrong, has indeed forgotten the significant incident which first deflected him and is attracted this way and that way, torn by conflicts he cannot understand or comprehend, conflicts in which the instincts frequently play an important part, depressed by a sense of fear and guilt and panic, the causes of which he cannot discover, and finally, unless he can be helped in time, he does get to the point which justifies the word "breakdown," for indeed his normal way of living cannot be carried on any longer.

Sometimes he develops physical symptoms which are induced by the deep part of his mind trying—as we say—to "save his face". Two things are most important to remember, says the writer.

The first is that the deep part of his mind, to which we have no direct access, and which is called "the unconscious," has a power over the body which is almost omnipotent. If the deep mind really accepts an idea it can actualise that idea in terms of physical symptoms.

The second very important thing to remember is this: If the mind can get us out of the strain of a mental conflict by producing physical symptoms, it is quite easy for the mind to produce that symptom. The symptom will have all the appearance of being physically caused, however painful its actuality may physically be. "It is psychologically caused and cannot be cured until it is psychologically treated," adds this eminent psychologist.

3 Sore Corns Caused Acute Lameness

"Painful corns almost ruined my toes. I could scarcely walk, but just a drop or two of **Putnam's Corn Extractor** on my three sore toes—and out came all the pain. I got glorious relief from **Putnam's Corn Extractor**; it left the skin on my toes smooth as a baby's cheek." This was the delightful experience of James McGuire, who recommends the use of **Putnam's Corn Extractor.**

Practice at Home—Be Popular at Dances

You're pretty, Sally, but you can't win at dances while you fox-trot like this.

Your dreamy slump makes you heavy, hard to lead. Relax enough to respond easily to your partner's lead, but keep erect, be springy on your feet.

To get out of step may mean rhythm trouble. If your partner keeps time to the orchestra, but you don't know how, you're bound to tangle. Listen to tunes on the radio; learn to walk, trot, even run in perfect time to the music.

As for trampled toes, even if you're a short girl, you can avoid them. Practise long steps backward, reaching with your toes.

Be up on these points to be a success at dances. Our 32-page booklet by a famous instructor gives instructions and diagrams easy to follow for fox-trot, rumba, tango, waltz, shag. Learn basic steps; popular variations.

Send 20c in coins for your copy of Home Course In New Ballroom Dances to the Guardian Home Service, Address. Be sure to write plainly your Name, Address, and the Name of booklet.

Name

Street Address

Town Province

THE COOK'S CORNER

VEGETABLE MARROW CHUTNEY

5 pounds of vegetable marrow
Pickling salt
3 teaspoons mustard
1 pound small onions chopped fine
1 teaspoon ground ginger
1-4 cup brown sugar
3 red peppers
3 1-2 pints of malt vinegar
2 teaspoons turmeric

Peel a ripe vegetable marrow, cut in half and scoop out all seeds and stringy parts. Cut the marrow into small pieces. Cover with salt and leave for twelve hours. Mix mustard and tumeric with a little of the vinegar, then add the remainder of the vinegar and all the other ingredients, except the marrow, and boil together for fifteen minutes. Drain marrow, add to boiled mixture, cook till soft. Pour into sterlized jars and seal.

ALL BRAN APRICOT BREAD

1 cup chopped dried apricots
1 1-3 cups sour milk or buttermilk
3 tsps. shortening
1-3 cup sugar
1 egg
1 1-2 cups all bran
2 cups flour
2 tsps. baking powder
1-2 tsp. soda
1-2 tsp. salt
1-4 tsp. nutmeg
1-2 cup chopped nut meats

Soak chopped apricots in milk about 11 minutes. Cream shortening and sugar thoroughly; add egg, beat until creamy. Add all bran, apricots and milk. Let soak until most of moisture is taken up. Sift flour with baking powder, soda, salt and nutmeg; combine with nut meats; add to first mixture, stirring only until flour disappears. Bake in greased loaf pan with waxed paper in the bottom, in moderate oven (350 deg. F.) about 1 hour and 10 minutes. Yield 1 loaf (4 1-2 by 9 1-2 inches).

Use Minards for colds.

Dorothy Dix's Letter Box

The Contrary Husband is About the Meanest Kind to Deal With; The Only Way to Circumvent Him is to Propose the Opposite of What You Really Want

Dear Miss Dix—I have a husband who does not philander (I wish he would, for I would gladly give him to any woman who would take him); who does not drink to excess; who has none of the standardized vices; who is mild and kind before people, but who makes my life a hell on earth with his contrariness. For no reason at all he is against everything I want to do and have. If I want to go to see one movie, wild horses couldn't drag him to it. We must go to see another. If I like a person, he hates him. If I have chicken for dinner, he wants to know why I didn't have mutton. And so on. And the worst of it is he will ask me solicitously where I want to go, whom I want to ask for dinner, just in order to make me go somewhere else and have an entirely different set of guests. Of late I have had to go into business to make our living, and I do not make half the money I should because he countermands my every order, interferes with my every plan and then thinks he should have all the profits. What can you do with that kind of a man?

MRS. A.

Answer:

Very little, I am afraid, unless you have the patience and the ingenuity to beat him at his own game by being more contrary than he is and pretending to want the thing you don't want. If you want to go to the symphony concert, for instance, descant on how classical music bores you and grow enthusiastic over jazz; if you have set your heart on doing over the living room in blue, show him samples of red upholstery and paper andd raperies and impress upon him how you dislike blue and how unbecoming it is to you, and blue it will be.

Of course, it takes time and trouble and a greater knack at dissimulation than most wives possess to work a husband in this roundabout way, but it saves arguments and promotes peace in the household, and that is worth buying at any price.

The thing that inspires a husband's contrariness is vanity. He wants to show that he is the head of the house and his wife a mere slave who must do his bidding. His will must be law and her tastes and desires of no moment, and it is to keep her reminded of her inferiority that makes him object to everything she suggests. Also, in the contrary husband's make-up there is a cruel streak that gives him a sadistic pleasure in thwarting and disappointing his wife and making her unhappy.

No man is meaner or smaller than the contrary husband, but he has a twin brother in the discouraging husband who throws cold water on his wife's every plan until he takes every bit of pleasure out of it. He really wants to go places and do things and to have things, but when his wife suggests them to him he raises a thousand objections, and by the time she has persuaded him into doing the thing that he intended to do anyway all of her enthusiasm is gone, and she is so worn out that all she wants to do is to take an aspirin and go to bed with an ice pack on her fevered brow.

Not all the bad husbands are libertines and drunkards and wife-beaters. The worst husbands in the world are the men who deliberately make their wives unhappy for no other reason than because they get a kick out of torturing any helpless creature within their power.

Dear Dorothy Dix—I am a girl of 18, entering college. I want to live in the dormitory, but my parents want me to stay with my grandfather and grandmother, who live in the town in which the college is located. If I stay with my grandparents there will always be a houseful of company, which annoys me. Also, there will be my aunt, whom I have never liked, and her children, who are the noisiest, meanest brats who ever lived. I would feel obligated to work while my grandmother worked, which is every second of her waking time, and I would not feel free to have any company or to go out with boys, because grandmother would think she would have to sit up and see that I returned safely. Don't you think it would be better for me to go to the dormitory instead of to my grandparents?

M. V. B.

Answer:

I certainly do. The experience that a girl gets in going off to college and being on her own and living in a dormitory with other girls is just as valuable to her as anything she is taught in her classes.

As long as a girl is at home she is more or less of a baby. Her parents do her thinking for her and make all of her decisions. They tell her what to do and what not to do. Mother picks up after her and takes care of her clothes, and she has no responsibilities whatever.

But when she goes off to college she is chucked out into the world where she has to stand on her own feet and make her own way. Nobody pampers and spoils her. Nobody puts up with her selfishness and unreasonableness because they are Mary's little ways. Nobody is careful not to wound her feelings that she keeps spread all over the place. She has to observe rules and take discipline, and like it, and be a good scout, or else be ostracized.

Also, one of the things that makes going to college worth while to a girl is that it leaves her so many pleasant memories or dormitory life, of innocent pranks, of midnight suppers and all the foolish fun that girls have together, and this she misses if she is a day scholar and does not stay within the school walls.

Every adolescent girl should be sent off to school if it is possible, because at that time of life she needs to get away from home into a new environment and among strangers. It bridges over that dangerous period when a girl thinks she is a wise and sophisticated woman of the world and her parents think she is still a baby, and they rub each other raw.

By the time she has been away four years Mother and Father have got used to thinking of her as grown up and having a right to adult privileges, and she has found out how ignorant and helpless she is and is willing to be guided by her elders.

But no young girl should go to live with her grandparents. It isn't fair to either of them, because Grandpa and Grandma should not have their peace of mind wrecked by coming in contact with modern manners and customs and clothes, and the girl should not have her happiness destroyed by being forced to dress and do as Grandmother did when she was a girl.

DOROTHY DIX.

A Morning Smile

Lady Customer (irritably)—Why is it I never get what I ask for in this shop?

Assistant—Perhaps it's because we're too polite, ma'am.

TOOK THE ADVICE

Jones had just arrived at the office when Mrs. Jones rang up. "What can I do?" she asked. "I want to go to the pictures this afternoon with Mrs. Brown, and I haven't a penny."

"Why not stay at home," he advised, "and see what you can get on the radio?"

When he got home his wife met him with a radiant face. "Thank you darling," she said. "I did as you told me, and was able to get to the pictures— and there's still $6.50 left!"

How Can I ? ?

(By ANNE ASHLEY)

Q. How can I keep baby's mouth clean?

A. A solution of one teaspoonful of boracic acid to twenty teaspoonfuls of water is excellent for this purpose. Use a clean swab made by twisting clean absorbent cotton tightly around a toothpick, and wash out the mouth twice daily. This may prevent many complication of the stomach.

Q. How can I prevent cake from sticking to the pan?

A. Cut some heavy wrapping paper to fit the bottom of the cake pan, instead of greasing the pan. The cake will not stick, and the paper can be easily removed.

Q. How can I keep chamois and doeskin gloves in good condition?

A. Always wash them in soapy water, and dry where the heat is not intense.

Modern Etiquette

(By ROBERTA LEE)

Q. When serving dinner, in which hand should the maid hold a dish when presenting it to a guest?

A. She should hold the dish in her left hand, unless it is too heavy. It would be far better to use both hands rather than risk spilling the contents in a "dowager's" lap.

Q. When a guest is leaving a hotel, and wishes to have his luggage taken to a taxi, what should he do?

A. Stop at the desk and ask for a porter.

Q. Is it all right for a woman to wear negligees around the house?

A. Unless she is ill, negligees should be worn only in the bedroom or bath room.

Household Scrapbook

(By ROBERTA LEE)

Easier Sewing

When you expect to do a lot of hand sewing, the task will be made much easier if you place a pillow in your lap and put your sewing on it. The slight raise seems to be just what one needs, and eases the arms.

White Felt Hats

White felt hats can be cleaned by rubbing into their surface a mixture of one quart of cornmeal, one cup of salt, and one cup of flour. Allow this to remain on the hats overnight, and then brush off.

Old Potatoes

If a few drops of lemon juice are added to the water in which old potatoes are cooked, it will keep them from discoloring.

FULL-SIZE PACKAGE OF KELLOGG'S CORN FLAKES FOR 1c MORE

DON'T miss Kellogg's great One-Cent Sale! Right now—for a limited time — your grocer is featuring a real money-saving bargain in crisp, delicious Kellogg's Cereals.

Buy two packages of wholesome, crunchy Kellogg's ALL-WHEAT — then pay just one cent more for a full-size package of famous Kellogg's Corn Flakes.

Kellogg's ALL-WHEAT is packed with the nourishing goodness of Canadian wheat. Food for energy and endurance. Every bowlful is packed with top-flight flavor that active people love. Ready to serve with milk or cream.

Thrill to the fascinating drama of the air, "HOWIE WING — A Saga of Aviation." Broadcast four times a week. See your newspaper for station and time.

Collect authentic pictures of famous planes printed on the back of every package of Kellogg's ALL-WHEAT.

THE NOURISHMENT OF CANADIAN WHEAT

Kellogg's ALL-WHEAT is made from premium Canadian wheat. Here is a scientific analysis of what ALL-WHEAT contains:

Protein (to build and repair tissue)	8.0%
Carbohydrate (for energy)	82.8%
Fiber (a source of "bulk")	1.9%
Ash (with valuable minerals)	4.4%
Cereal oils (for fuel)	1.3%
Moisture	1.6%
Calories per ounce	106

Every Day Styles For The Home Sewer

School and college girls "mix-your-own" with this smart two-piece dress. It affords no end of variety....and won't strain your budget, either! The soft draped neckline blouse may be worn with other skirts. The smooth hipline gored skirt gives you lots of opportunities to wear all your sweaters and your tailored shirt blouses.

All-in-one material as a wooly-looking weave rayon crepe is particularly attractive for this model. Even your most intimate friend won't ever suspect you used the same pattern. Have your way about the sleeves....long or short.

Other fascinating suggestions are Tartan color plaid woolens, alpaca and rayon wool mixture, wool jersey etc.

Style No. 2119 is designed for sizes 11, 13, 11, 17, 19 years. Size 11 requires 1 1-8 yards of 39-inch material for blouse with 1-2 yard 2-inch ribbon for bow. The skirt requires 2 yards 39-inch material. Send fifteen cents (15c) in stamps or coin (coin preferred) wrap coin carefully, address to Charlottetown [illegible].

Style No. 2119 Size..... ... ...

Name

Street Address

City Province

BOOSTS TRUST FUND

LONDON—Jubilee English Soccer League matches held Aug. 20 netted about £25,000 ($121,500) from the 88 games. Proceeds will form the nucleus of the £100,000 $486,000) Jubilee Trust Fund.

Use Minards for colds.