

# Woman's Realm :- Social and Personal :- Fashions :- Literature

## FOR THE WOMAN READER

### WE WHO ARE LEFT

We who are left, how shall we look again  
Happily on the sun or feel the rain,  
Without remembering how they who went  
Ungrudging and spent  
Their lives for us, loved, too, the sun, the rain?

A bird among the rain-wet lilacs sings,  
But we, how shall we turn to little things,  
And listen to the birds and winds and streams,  
Made holy by their dreams,  
For feel the heartbreak in the heat of things?

—Wilfred Wilson Gibson.

### FOR HEALTH'S SAKE, TAKE CARE OF YOUR EYES

For your health's sake as well as for your beauty, plan to take better care of your eyes this winter. Everyone needs a good eye lotion and eye-cup in which to use it. Get yourself into the habit of bathing your eyes twice a day and see how much clearer they look. There are many number of eye lotions on the market, or, if you prefer it, a weak solution of boric acid will serve the purpose.

The skin around your eyes has a tendency to become dry and dryness is apt to cause wrinkles. The best thing to do is get a special eye cream and gently massage it in around your eyes about two nights a week. Always roll eyes upward as you apply the cream so that the lower lids get their share of attention.

Massage should be extremely gentle. Take particular care not to injure the delicate tissues and defeat your purpose by causing them to sag.

Be sure not to get mascara or other makeup in your eyes. Close them while you are powdering your nose and forehead.

Never allow your eyes to become too tired or strained. It is better to put down your book or stop working for a few minutes than to ruin your sight. Try to sit with your back to a window while you work and see that your reading lamp has a good strong bulb. If you need glasses, by all means get them. They may not add to your beauty, but neither do strained, tired eyes, and many of the new glasses are by no means unattractive.

### KNITTED TEA COSY

"Monarch Down." Two balls of any colour one pair No. 7 needles. Cast on 44 stitches, knit one row; next row, make one stitch in each stitch across row; now knit in double knitting as follows:—Knit 1, wool over needle as if to purl, slip 1, wool back as if to knit, and knit 1; repeat from \* across row; end with slip 1. Continue to knit every row like this for six inches, then knit 1, purl 1, ribbed knitting for two inches and cast off.

Knit another piece in the same

way, sew up the sides, leaving enough open at one side for handle and the other side for spout.

Work a chain and draw through top.

### CLEVER SALESWOMAN ADVISES HER CUSTOMER

If it were a mere matter of selecting one of the prevailing colors, lines and fabrics of the season and then going ahead and telling some good dressmaker to make you a costume—life would be fairly rosy, satirically speaking. But—the thing so many people forget is that the color, the line, or the fabric, of their choice may not, in any way, be one that would fit your style of beauty.

Time and again we've heard expert Paris saleswomen flatly refuse to give one of their best clients a certain outfit. If the woman is smart, she will let the saleswoman have her way. The house knows that if a customer is dissatisfied with a frock because it doesn't look right on her that forever after the customer will have an ill-feeling toward the establishment.

### ADMIRAL'S SON LEARNS ABOUT RUNNING HOTEL

Roderick Stanhope Wemyss, aged 25, son of Vice Admiral Edward Wemyss, is working at Grosvenor House, London, as an assistant chef—the first step in his new career of running a hotel.

Mr. Wemyss, who was educated at Eastbourne and Biarritz, has tried the stage, films and rubber planting in Ceylon. His association with hotels on the Continent gave him the ambition to manage a hotel of his own.

For a while he has been working in the hors d'oeuvre department of the kitchen. He expects to go through the buying and accounts departments and the reception office, eventually reaching the administration.

Mr. Wemyss said to a reporter: "When rubber crashed I, with scores of other young men in Ceylon, was ruined. I like anything to do with running hotels and so applied for a job here."

"I am delighted to learn my first lessons in the preparation of food, without which knowledge it would be impossible to rise to a high position in the business."

"Perhaps in two or three years I shall reach the reception office. The steps after that depend on ability and, no doubt, luck. It is my ambition to run a hotel on the Continent one day."

"The sight of such a variety of food around me all day is, at the moment, a little disconcerting. When I have finished my work I want only a very simple meal."

### FOUNDATION GARMENT AID TO GOOD FIGURE

The perfect feminine figure today is the one which shows smooth, well rounded curves with no prominent "bumps" and no hollows.

Your posture, of course, has a great deal to do with your figure. Stand correctly and you'll have no hollow in your back and your hips and stomach won't protrude.

But let us assume that after mastering the almost forgotten art of standing and sitting gracefully you have a few curves which show up too much. What is the next step toward a beautiful figure? A proper foundation garment is your answer.

There is a great deal of controversy as to whether or not women should wear corsets and girdles. Your decision must depend on your own figure.

A girl who is very athletic or one who devotes some time each day to vigorous exercise probably can get along without a foundation garment. Her flesh will be firm enough to hold the curves in place. But if you get very little exercise and it is evident to you that your skin is too soft and pliable to act as a natural foundation, by all means shop around for a girdle or corset.

Put yourself in the hands of an expert on the subject and get only the best. Buying a foundation garment is one time when you shouldn't look for a bargain.

### RAILWAY EARNINGS

(Canadian Press)  
MONTREAL, Nov. 16.—Gross revenues of the Canadian National Railways for the week ending November 14, were \$3,028,114 as compared with \$3,000,627 for the corresponding period of 1932, an increase of \$27,487, according to official figures.



## Are your hands red-chapped?

—here's an easy way to make them velvety smooth and white

DON'T let housework spoil your hands. Keep them soft and white and pretty with Noxzema, the soothing toilet cream. No matter how painfully chapped and reddened your hands may be, Noxzema's gentle medication relieves stinging and burning instantly—quickly softens, soothes and heals the skin back to velvety smoothness and whiteness. Snow-white and vanishing, not sticky or greasy. 5,000,000 jars used last year—thousands of them by doctors, nurses and beauty specialists. Ask your druggist for a jar of Noxzema today.

### This Week—Special Offer

83¢ Boudoir Jar Only 64¢

This week you can get the big attractive jar of Noxzema for only 64¢. Take advantage of the big saving. Get a jar today while the offer lasts. At all drug and department stores.



## A Morning Smile

"Now, be sure and write plain on those bottles," said the farmer, to the druggist, "which is for the horse and which is for me. I don't want anything to happen to that horse before the spring ploughing."

"Is that a memento of some kind in that locket of yours?"  
"Yes; it is a lock of my husband's hair."  
"But your husband is still alive."  
"Yes; but his hair is all gone."

## Movie Actor Incurs Wrath Of Mexican Police

MEXICO, N. F., Nov. 21.—Lee Tracy, United States movie actor, was ordered by police authorities today to remain there pending further investigation of complaints that he had "offended public morals."

Meanwhile, after having spent two hours in jail yesterday morning and five hours there last night, he was free under his own recognizance.

In a statement to police, Tracy admitted he shouted at cadets from a balcony of his room in the Hotel Regis Sunday morning, but denied charges that he had been nude.

"I had no intention of insulting Mexico and if I did I am sorry," Tracy said, "but when I heard the music of a parade Sunday morning I went out on the balcony. It is true that I shouted at the cadets, but it is not true that I was nude."

He said he was dressed and had a blanket wrapped around himself. Tracy came here with a company which is making a picture.

### HUNTER WITH A BARK CAUSES BIRDS TO PARK, GIVING HIM EASY MARK

TERRACE, B. C., Nov. 22.—Clarence Michae, school teacher, told some friends any time he flushed a grouse he started to bark, and the bird, thinking a dog was on the job, flew into a tree. The listeners were somewhat doubtful, but the following week end Clarence took some of them along. He flushed a bird, barked, and the bird zoomed into a nearby tree. Later he had another chance, with the same result.

### Macaroon Pudding

This is a delicious pudding, and is not at all expensive to make, for you can buy many kinds of assorted biscuits nowadays containing macaroons. If these are put aside, you can make this pudding with them. Have 4 ounces of macaroons. Soften them by pouring half a pint of boiling milk over them. Cover them over and leave till cold. Separate the white of two eggs. Put the yolks in a basin and add 1 ounce of castor sugar. Now take a wooden spoon and beat the macaroons till they are smooth, add the yolk mixture and then lastly fold in the stiffly whipped whites of egg. Half fill some small moulds and bake in a moderate oven for about 15 minutes.

### GLASGOW, Scotland, Nov. 21

Rev. P. D. Thomson, for 27 years at Kelvin-side Church, Glasgow, has been chosen moderator-designate of the Church of Scotland while Rev. D. MacDonald, of Milton Church, Glasgow, has been chosen moderator designate of the Free Church in Scotland.

## THE COOK'S CORNER

### Apple-Stuffed Pork Chops

6 rib pork chops, 1 1/2 inches thick  
1 cup fine dry bread crumbs  
1/2 cup chopped celery  
1 tablespoon butter  
1 tablespoon minced onion  
1 tablespoon chopped parsley  
1/2 teaspoon salt  
1/2 teaspoon savory seasonings  
Dash of pepper  
1/2 teaspoon celery seed  
3 tart red apples

For the stuffing, cook the celery, onion, and parsley in the butter for a few minutes, add the bread crumbs and seasonings, and stir until well mixed. Wipe the chops with a damp cloth. Cut a pocket in each chop. Sprinkle the chops with salt and pepper and rub lightly with flour. Seal the chops in a heavy, hot pan turning the fat edges down at first and then browning both sides. Then fill each chop with stuffing and skewer the edges together with toothpicks. Lay the stuffed chops on a rack in a baking dish or pan with cover. On the top of each place, cut side down, one-half of an apple which has been cored but not pared. Cover closely and bake in a moderate oven, 350 to 375 degrees F. for about 45 minutes, or until the meat is tender. Lift the chops and apples together from the baking dish on to a hot platter and remove the toothpick skewers. Garnish with parsley and serve at once.

### Apple Sauce Chantilly

To serve with cold chicken, or duck, with thinly sliced smoked ham, with little squab chicken hot from the broiler. There is a magic, fragrant, cool sauce, the secret of which is known to certain cooks in the South, but to very few elsewhere in the world. It is called Chantilly Apple Sauce.

This is the way to make it: Cook about five apples, neatly pared and cored, in as little water as possible; then pass through a fine sieve and add one fourth cup each of sugar and freshly grated horseradish. Mix thoroughly and set aside to chill. When thoroughly cold, and ready to serve, fold in an equal quantity of whipped cream (also very cold).

The sauce may be piled in a crisp little lettuce leaf, on the same plate with the chicken or meat; or served to each guest, in a cold dish, just as mayonnaise is served.

## Bathing Suits Backless In '34

CHICAGO, Nov. 21.—A double pair of trunks and a bright bandanna top that ties at the back and around the neck—that's the newest in feminine bathing suits for 1934.

It was decidedly fur coat weather in Chicago but that did not retard bathing suit manufacturers yesterday from continuing with their first showing of what the beach censors will have to worry about next year.

Novelty woven tops in colors contrasting with rib knit trunks are a new note. One new model has a blue knit body with a bodice of white with blue polka dots. Another, a yellow suit, had a bodice of yellow and white stripe. There were others with tops that were a mixture of colors.

Virtually all the new suits are backless, and most have adjustable straps. The cutout back was present, but it was spoken of as a modest number now.

The tops of many new models are cut and fitted to give the bust an uplifted line.

One new number is the vestee suit. This has a strap back that is not adjustable and a vestee front, generally of a color combination and weave contrasting with the trunks. The vestee is button trimmed.

Another clever model has a draw string neckline. A back tanned in this outfit would not show strap lines.

The colors for 1934 include yellow, orange, a melon shade, greenish-blue, blue, a deep peach, turquoise, reds from bright to maroon, navy and black.

## Lydia E. Pinkham's Tablets Relieve and Control Periodic Pains

Clinical tests prove it. Take them today for welcome ease and comfort. Take them regularly for permanent relief.

No narcotics. No dizziness. No unpleasant effects.  
Sold by all druggists. Small box 55¢ Larger size, if you prefer.

## Dorothy Dix's Letter Box

### Force Married Daughter to Set up Own Home, Dorothy Dix Urges Work-Worn Mother— Handsome Husband Requires Tactful Handling— Don't Marry Girl You Don't Love, Advice to Unwilling Bridegroom

Dear Miss Dix—Do you think it is the proper thing for married people to live with their parents or go to themselves? My married daughter has lived with me for four years and she makes much more work for me. I would like for her to go to herself, but if I tell her so, she won't like it. However, I do not feel that I can stand the work any longer, as I have three single boys to take care of. What shall I do?

A TIRED MOTHER.



Answer:

Even the birds have enough sense to shove their young out of the nest when they are grown, and it does look as if human beings should have an equal amount of intelligence.

No young couple have a right to get married until they are able to set up their own independent homes. It is an imposition for them to come and settle down on their parents and graft their living off the old people.

Only too many boys and girls do this. They have so little independence of character and so little spirit of fair play that rather than wait until they are ready to meet the responsibilities of matrimony they take unto themselves husbands and wives and bring them back home for mother and father to support.

In only too many households instead of the parents being relieved of the burden of their children's support when they are grown, they are saddled with more mouths to feed, more backs to clothe.

Father has to work harder at 50 than it did at 30, because he has his in-laws and his grandchildren to take care of, and mother, instead of being able to take things easy as she had always looked forward to, becomes the unpaid nurse for her daughters' babies.

Of course, parents are very silly to let their children make goats of them in this way. They also do their children a great injustice because they encourage them in becoming parasites instead of forcing them to go to work and become self-respecting, self-supporting men and women.

The youngsters will have to do a lot of hustling and make many sacrifices and have a lot of anxieties and cares if they set up their own homes that they will escape if they go and live on mother and father, but it is just precisely this experience that they need to develop them. It will toughen the muscles of their souls and do them good as long as they live.

There is something radically wrong about any young couple who don't want their own place. Especially is there something wrong about a woman who doesn't long for her own home. It shows that she is lazy. She isn't willing to do the work that it takes to make a home, and the sooner she is cured of this vice, the better.

Moreover, Satan still finds work for idle hands to do, and he furnishes it a-plenty for the young wife who boards, or lives with mother and lets mother do it. It is the idle young wives who haunt the stores and the movies, who get so bored that they get into flirtations in their hunt for thrills.

So poor, tired mother, for the good of your daughter's soul and your own peace and comfort, make her and her husband go to housekeeping, and serve notice on all your other children that they have to set up their own homes when they get married and that they can't bring their husbands and wives to live with you.

Have as much brains as an English sparrow. Push your youngsters out of the nest and make them try their own wings.

DOROTHY DIX.

Dear Miss Dix—What can a wife do with a handsome husband that all the women fall for? I have one of these sheiks. Recently a girl that I supposed was my friend has been calling him up and begging him to take her riding. She even goes to his place of business. I told her to let him alone and she got mad and told him he was a fool for telling his wife everything. So my husband is peeved with me.

WORRIED WIFE.

Answer:

The woman who marries a handsome man, who is particularly attractive to other women, tackles a hard job. She will have a lifelong fight to keep him. Even the best of men are flattered by the admiration and attentions of women, and so far as we know Joseph is the only man on record who ever ran away from temptation. The common or garden variety of man hastens to meet it.

You are wise to face the fact that women will always try to make a fool of your husband, but, having admitted that to yourself, also face the fact that jealousy will get you nowhere. If you get green-eyed over every woman who ogles him and make scenes, you will merely drive him into their arms. He will go from a wife who scolds him and upbraids him and tells him what a poor, weak creature he is to let himself be led into silly entanglements, straight to those other women who flatter and cajole him and pour oil over his conquests.

So your best play is to summon a sense of humor to your aid. Tease him about his conquests. Laugh at them. Banter him about being taken in by wiles that a baby could see through. Ridicule him for being the victim of elderly coquettes, with dyed hair and painted faces. Make him see his ladyloves through your eyes and you will dispel his illusions about them.

I have known women who have taken these tactics with husbands who were fascinatons, and in that way they were able to keep their husbands' flirtations as a family joke instead of their becoming serious, and so averted tragedy. Also, they kept their husbands' confidence because they laughed instead of having hysterics.

Never ask a woman to leave your husband alone. It humiliates you and makes her all the more determined to keep him. No woman will give up the man she wants to please his wife. If she regarded the wife's feelings, she wouldn't take him in the first place.

DOROTHY DIX.

Dear Miss Dix—I am a man 28 years old and am very easily led. Now some match-makers have led me into promising to marry a girl I don't like. I don't even know her well and the more I see her the less I like her, but if I should break the engagement it will spoil her good name among our people. Still, if I marry her, it will ruin my future, but if she should break the engagement off of her own accord, everything would be all right for every one. How can I make her break the engagement.

AN UNWILLING BRIDEGROOM.

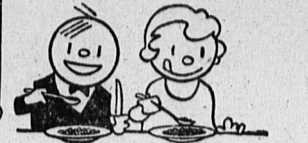
Answer:

You can ask her to break the engagement, but it doesn't seem very likely that she will do that if, already knowing that you are a lukewarm lover, she still holds on to you.

# a jolly lunch!



Happy thought!—Heinz Baked Beans for lunch. Big, brown, luscious fellows, tender from slow baking in real ovens, mellow with Heinz own delicious tomato sauce. They're so appetizing, so satisfying these cold days. 4 kinds—all oven-baked. Prices are low.



# a thrifty supper!

Heat a tin of delicious Heinz Cooked Spaghetti and, serve an appetizing, wholesome supper. Here is enticing taste, and the food value of durum wheat, milk, butter, golden cheese—flavoured with tomato sauce. Such a thrifty satisfying meal!



CANADIAN MADE AT LEAMINGTON, CANADA, FOR OVER 24 YEARS

But if she does refuse to break the engagement, spunk up and have enough manhood about you to break it yourself, for you will bring lifelong misery on her and on yourself if you marry her against your will.

It is nonsense to say that you will ruin her good name. No one with a grain of sense will think the less of her for it. Girls are jilted every day, and while it hurts their pride at the moment, they get over it and marry just as well as they would have done if they had had no faithless swain.

Anyway, you have yourself to consider first, and, if you don't like the girl and don't want to marry her, don't be weak enough to let any one coerce you into doing so.

DOROTHY DIX.

## Daintiness With Chic Styles

ILLUSTRATED DRESSMAKING LESSON FURNISHED WITH EVERY PATTERN

BY ANNABELLE WORTHINGTON



652

It is a darling jacket dress that features the new drop-shoulder jacket.

Plaits animate the skirt of the two-piece shirtwaist dress.

Imagine it as it was carried out in navy blue woolen, ever dear to the heart of schoolgirl, with Scotch woolen plaid blouse in red and blue with white pique collar. For a smart change, a white cambric blouse could be worn.

Another cute scheme to simulate a one-piece dress by making it of one material as Scotch plaid woolen with the jacket of plain toning woolen.

You can make it at a saving. Style No. 652 is designed in sizes 6, 8, 10, 12 and 14 years.

Size 8 requires 1 1/2 yards 54-inch material for jacket and skirt, 3/4 yard 54-inch material for blouse and 1/4 yard 30-inch or wider for collar.

Price of PATTERN 15 cents in stamps or coin (coin is preferred.) Wrap coin carefully.

No. 652. Size .....

Name .....

Street Address .....

City .....

State .....

Lime is known under several names: quicklime, burnt lime, caustic lime, stone lime, etc., chemically it is calcium oxide, that is, a compound of the two elements calcium and oxygen.

**PURITY FLOUR**

Best For All Your Baking