

Woman's Realm Social and Personal Fashions Literature

Living & Leisure - The Woman's Realm

TO THE BUSY HOMEMAKER

By LAURA M. DUNN

Sometimes all the world seems dreary. And your work a ceaseless grind, and the cares of all the household seem to get upon your mind.

And the children try your patience. More and more, each weary day, till you feel so worn and tired, that you'd like to run away.

But you never go—you mothers who have babies round your knee. Too much work to get them ready, too much trouble—don't you see?

O dear mothers! If you knew it, that is just the thing to do: Go—and if you cannot leave them, take the children with you, too.

See! the cool trees seem to beckon. And the green grass seems to say: "Come, you mothers, with your children; just sit down and watch them play."

"Sit and listen to the brooklet, and your work will melt away; take no thought about tomorrow, enjoy God's out-doors to-day!"

In spite of all her troubles, Britain has managed to slip over a patented non-slip nail brush to simplify your ablutions—when your hands are wet, soapy and slippery. This comes in ivory, blue, green, pink and black.

Brackets to be mounted on automobile fenders have been invented that turn road or fog lamps in line with the front wheels of a car, keeping beams of light ahead of the car.

BUILT-INS

Many built-in items such as crockery cupboards, bookcases, linen closets, etc., can be purchased ready-made from a "stock" millinery catalog at less cost than the labor and material required to build them on the job.

It has been proved that thick resilient pads placed under the rug greatly lengthen the life of the rug. The pads are not expensive, so it might be worth-while to consider them when you get new rugs or carpets.

TASTES IN DRESS DIFFER WIDELY

Sometimes women glorify themselves to catch or to hold men's admiration; again they dress to impress other women. The average woman does both, by turns, without giving it half a conscious thought, and it works.

It will work even better if you think it over, deliberately dress for a specific occasion in conformity with known facts about the tastes of the people you want to please.

Of course, such generalizations can be taken too liberally. Individuals vary, and on very many occasions your audience is mixed. You still can't please everybody always.

However, there are some A-B-C trends wherein men and women usually differ—

Women have an eye for details. If you own an exquisite hand-made blouse, no matter how old, so long as it's splendid may take one piece, wear it to your next luncheon or bridge. It may impress discriminating women more than your new, flashy tweed.

Women appreciate whatever amuses or distracts them, or plays up to the romantic, strictly-non-utilitarian streak that's in most of them. If your "mad" hat is vague, your "very feminine" still-heel, if you go in for absurdly heavy, fantastic jewellery, put it on, clank it in the ears of your most troublesome rival, and you'll feel better. You might even get a start towards discarding the rivalry, which you know is useless, anyway.

Tastes Differ

Most men also like frivolity—and they like flash—at a distance, and momentarily. That's why your beau or your husband may take a second look at a freak beauty, but always asks you why don't you wear that beautiful long, blue dress again? So why lo-d on the mazzara when you're going out with him?

He wants to see you perfectly groomed. He likes to see you meticulously fresh, set, shining-tressed, hem straight, posture perfect and graceful, face glowingly, carefully enhanced. Men want untidiness in a woman. They want her to be worthy of attention, but no cynicism. So why content him with pointed, purple nails?

At least, save these foibles for when he isn't there. And extend to him a neatly manicured hand—he'll hold it more contentedly, especially if your perfume, too, is subtle.

A creamy cheese sauce, faintly seasoned with minced onions, makes a grand new topper for cooked green beans.

Your windows will keep shiny if they are frequently washed with ammonia water. Put 1-4 cup household ammonia into each gallon of water.

Fifth Avenue is ablaze with color. The display windows of New York's leading department stores are check full of the gayest, brightest frocks we've seen in a long time. Brilliant wools are teamed with short fur jackets, crepe dresses in vibrant jewel colors go to afternoon affairs and black, when it does put in an appearance, is spiked with vivid hues. Magenta is a favorite choice that locks new and very sophisticated, emerald green crops up all over the place, and royal blue, which had been doing pretty well all by itself, suddenly got a big boost when a famous lady came to town dressed in that identical shade. It's a call to colors—no doubt about it, and fashion-minded females who have an eye for what's becoming, will respond in no time flat.

THE COOK'S CORNER

BAKED STUFFED COD

Cod, whole or half
2 tablespoons shortening
1-2 cup diced celery
1 small onion minced
4 tablespoons minced parsley
3 cups bread crumbs
1-2 cup boiling water
1-2 teaspoon salt
Dash pepper
2 tablespoons butter

Method: Wash small cod or half a larger cod may be used. Remove head or tail and wipe inside with a clean damp cloth.

Now melt the shortening, add the celery, minced onion and parsley and cook until the onion is tender. Turn into a bowl, add the bread crumbs and sea-onions. Melt the 2 tablespoons butter in the boiling water and stir into the bread crumb mixture. Use this to stuff the cavity of the fish and either sew the opening or skewer the opening together.

Place the fish in a moderate oven (350 deg. F.) for about 1 hour, basting the fish frequently with mixture of butter and hot water. Cream the butter, add the tartar sauce or mayonnaise juice.

Here is another recipe made with fresh cod—a fish pie made with bread cod.

CHRISTMAS CAKE

One pound of butter (mixed with other shortening if desired), 1 pound sugar, 12 eggs (fewer will do), 2 cups raisins, 2 cups currants (or more), 2 teaspoons cassia (or more), 2 teaspoons nutmeg, 1 teaspoon allspice, 1-2 teaspoon cloves, 2 teaspoons baking powder, 1 glass grape jelly or 1 cup raspberry preserves, 2 pounds raisins (seeded) or more, 1-2 pounds currants (or less), 1 pound mixed peel (shredded), or 2 pieces citron peel (shredded), crystallized cherries and pineapple may be used, but are not essential. 1-2 pound almonds, blanched and shredded; 1-2 pound walnuts or pecans (not essential), 2 teaspoons melted chocolate favoring, 2 teaspoons rosewater. Soak almonds overnight in rosewater or with the fruit in grape juice.

Cream the butter, add the sugar gradually and cream well together. Add well-beaten yolks of eggs, then the spices, grape jelly and chocolate. Add the stiffly beaten whites of eggs last part of the four sifting with the baking powder. Mix the fruit with the rest of the flour, mixing it into the cake in small quantities. Add the nuts. Steam 2 1/2 hours in small or large moulds and dry in a slow oven for about 1 hour.

Dorothy Dix Says—

PARENTAL QUARRELS HAVE BAD EFFECT ON CHILDREN

If You Must Spat, Do It When You Are Away From Others—Bickering Lowers The Morale Of Your Family

Dear Miss Dix—Ever since I can remember my home has been a place of torture to live in because of my parents' continual quarrelling with each other. There is nothing that either one can do or say that does not lead to a big fight between them, and often they won't speak to each other for weeks and the atmosphere of the home is like that of a tomb. We have a nice home, plenty of food. Our father and mother are good to us children and we have always had what we could expect of them as far as support is concerned. We could have been so happy if they would only try to get along together, but when one of their fights is on, they shriek at each other and accuse each other of all sorts of things we know neither one commits. It does not make any difference who is present. This mortifies us so much that we feel that we cannot bring any of our friends into the house. This is particularly hard on me because I am 18 and I would like to have my dates at home, but how can I ask a boy to come to the house when I do not know how my parents are going to act? What can we do to make them understand that they are losing our respect and affection and ruining our lives?

ANSWER—I think that there is nothing stranger in the world than that parents so often seem to consider that their quarrels are their own private affairs and on each other they quarrel. Yet there are thousands of intelligent husbands and wives who take this view of their daily spat. They do not hesitate to stage fights in which they tear each other limb from limb and neither leaves the other a shred of character, while their children look on with horrified eyes, shocked and terrified at the scene.

THOUGHTLESS QUARRELING

Nothing happens beyond the war of words and when the belligerents have vented on each other their spite and make up and go their way, without a thought of the harm they have inflicted on their innocent and helpless little ones.

Why parents do not realize that to bring children up in a house of strife is to do them an irreparable injury, no one can imagine. It shatters their nerves, it warps their characters. It gives them inhibitions that they never get over. It makes them cynical and bitter and destroys their belief in everything that is good and beautiful.

A child needs a happy, peaceful home in which to grow up and a flower needs the sunshine, and it is not possible for one to develop as nature intended it should in a home where the atmosphere is dark and gloomy and poisoned by hate as by some noxious gas, and where it is always blown about by a storm of passions.

ONE CHILD'S COMPLAINT

I get many letters from the children of quarrelling parents similar to the one that this girl has written. In one of them that I received recently a poor little boy, whose parents' fights had made him almost a mental and physical wreck, wrote that the doctor had told his mother and father that they were killing him with their quarrels and that unless they sent him away to a sanatorium or controlled their tempers that he would either go mad or die.

Surely to wreck little children's lives before they have fairly begun is a high price for parents to pay for the pleasure of fighting with each other.

QUESTIONS OF BAD BREATH

Dear Dorothy Dix—My problem is not about our married life, which is O. K., but about my husband's teeth, which are all wrong. He has nothing but a mouthful of snags that are so disgusting that I can hardly bear to look at him and that make his breath so bad that I have even the duty he gives me in the morning when he leaves for work. Also, they are ruining his teeth, but only weigh 125 pounds and is very nervous. I have begged and pleaded with him time and again to go to the dentist, but many years ago he had a tooth pulled by an incompetent man who hurt him terribly and it gave him such a fear of a dentist's office that he has never been near one since. I try to shame him into having something done about his teeth and tell him he is a coward, but it doesn't faze him. What can I do?

ANSWER—Nothing, I fear, unless you can get your doctor to tell him the danger he is running for if he doesn't quit. He will soon be a corpse. It is no more dangerous to have a cobra in your mouth than it is to have an infected tooth, for it poisons one's whole system and brings on all sorts of diseases.

But if your husband is not the only man who is a coward about going to the dentist. Many others are like him, and only too often it is only after a man has gotten a case of arthritis or heart trouble that he listens to his wife and gets himself a set of nice, sanitary, store teeth.

DOROTHY DIX.

Your Individual HOROSCOPE

By Frances Drake

Look in the section your birthday comes in and find what your outlook is, according to the stars. (Copyright, December 4th, 1941, King Features Syndicate, Inc.)

MARCH 21 to APRIL 20 (Aries)—Pursue literary, scientific or musical bent. You can make profits through artistic talents plus sustained effort in your life's work. Military interests sponsored.

APRIL 21 to MAY 20 (Taurus)—Take fresh interest and initiative in your affairs this kindly day. Personal attainment possible in sound undertakings. Mechanical and general industrial lines especially favored during p.m.

MAY 21 to JUNE 21 (Gemini)—The power of the stars is on our choice gifts from God but it should be disciplined and trained to follow the pattern He sketched for us while in earth. Today urges you to make the most possible advantage of your talents and the moral worth of things.

JUNE 22 to JULY 23 (Cancer)—Yes, you can make gains today in excitement in other activities. These are days that call for extra effort, more self-sacrifice, true charity. Industrial trades artistic professions, home affairs highly auspicious.

JULY 24 to AUGUST 23 (Leo)—It's up to you! Your attitude toward life and your obligations will greatly determine your success and happiness. Friendly influences aid you. Earnest, intelligent efforts will yield good returns.

AUGUST 24 to SEPTEMBER 23 (Virgo)—An auspicious period for the activities for which you are especially suited. Critics, playwrights, journalists, designers, decorators, florists, dieticians, actors, secretaries are favored.

SEPTEMBER 24 to OCTOBER 23 (Libra)—Advantageous indications, although care must be exercised in the discharge of your duties. Be alert for subterfuge; shun unsavory associates. Benefits likely in business.

OCTOBER 24 to NOVEMBER 23 (Scorpio)—What today may lack in excitement it makes up in generally favorable influences. Wherever your employment, if honorable, achievement can be had by effort. Try for new laurels.

NOVEMBER 24 to DECEMBER 23 (Sagittarius)—Plan conferences, trading, selling, manufacturing; dealing in lumber, mining products, machinery and building materials especially favored under benefic aspects.

DECEMBER 24 to JANUARY 21 (Capricorn)—Many favorable influences now to aid you in discharging your duties and other activities with efficiency and alertness.

PACKAGED ENERGY FOR YOUR FAMILY and beautiful chinaware for your table!

IT'S true! Every package of Robin Hood Oats is a bundle of "trigger fast" energy for your family. Served hot every morning they send children dashing off to school and fathers away to work with the kind of energy that lasts right through till noon!

You get a wealth of energy-building carbohydrates in famous Robin Hood Oats—PLUS 65 International Units of Vitamin B-1 (Thiamin) per ounce—PLUS essential minerals and tissue-building proteins!

Get a "Chinaware" package of Robin Hood Quick Cooking Oats today. In Robin Hood Pan Dried Oats you get Oats processed from sun-ripened Western grain and you receive a handsome piece of genuine English chinaware. Start your set today; ask your grocer for Robin Hood Pan Dried Oats in the "Chinaware" package.

One Piece in every "Chinaware" Package

Robin Hood Flour Mills Limited

Needlecrafts - For The Home

LABOUR SAVING IN THE LAUNDRY

Here's a grand idea, and one that any husband who is handy at carpentry could make in a few hours. It's a container for soiled linen made in sections, four small cupboards either set on top of each other or arranged two by two, and each one has a large letter box slot in the door for "posting" the linen. One is for bed linen, one for kitchen linen, the third for table linen and the fourth for personal linen. It saves an enormous amount of time on laundry day, because the linen is practically sorted for you already, and the sheets and tablecloths can be popped into the boiler while you sort out the personal linen into groups.

The smart American woman practically lives in shiftwaist dresses. They seem to suit our way of living more than any other type of frock, and no matter what the occasion, they're always in good taste. This one was designed with the larger figure in mind. The bodice is softly full, the skirt becomingly slim over the hips. You'll appreciate the practical button-front and you'll welcome the pointed shoulder yokes that are such smart style details. Make the dress with or without the collar, according to your facial contours. Style No. 3449 is designed in 54-inch fabric. Send twenty cents (20c) preferred for pattern. Write plainly your Name, Address and style number. Be sure to state size you wish. Style No. 3449 Size

Name _____
Street Address _____
City _____ Province _____

A Morning Smile

A couple had just been married. The clergyman shook hands with the bride, then held out his hand to the bridegroom.

The latter took no notice, but stood with his hand deep in his trousers' pocket.

When he saw that the clergyman continued to hold out his hand, he said in a very annoyed tone: "Haag it all! Can't you see I'm getting the money out as fast as I can."

"Oh, darling, I'm sure junior is going to be an auctioneer when he grows up!"

FOR NEXT QUIZ
The tomato, cucumber and squash are fruits.

Hobby: "What makes you sure?"
Wife: "Well, he's just put you watch under the hammer!"

OLD FAVORITES IN SONGBOOK

Real cowboy songs go over big at gay get-togethers. Everybody gathers round the songbook and warbles his favorite, "The Dreary Black Hills" is a bit grizzly, but hey love it!

For old Sitting Bull or Comanche Bills, hey will take off your scalp on the dreary Black Hills."

They love the tender, dreamy "Red River Valley," too. Remember "Grapes of Wrath" when Tom sang it to Ma Joad? "Come and sit by my side if you love me.

Do not hasten to bid me adieu... But "Git Along Little Dogies" is the one that gives you the real flavor of cowboy life!

It's early in spring that we round up the dogies; We mark them and brand them and bob off their tails. We round up our horses, load up the chuck wagon. And then throw the dogies out onto the trail."

Our songbook has words and music of 18 western songs everyone loves, with piano and some guitar accompaniments. Includes "Little Old Shanty," "Bury Me Not On The Lone Prairie."

Send 20c in coins for your copy of "Popular Cowboy Songs" to the Guardian Home Service. Be sure to write plainly your Name, Address and the Name of booklet.

Name _____
Street Address _____

PREM

PREM's a new kind of meat... flavourful, ready to eat cold... simply delicious hot. Different from anything you've ever tasted! Fresh juicy pork, sugar-cured the Swift way for extra flavour. PREM is a money-saving hit for extra flavour. PREM is a money-saving hit for extra flavour. PREM is a money-saving hit for extra flavour. PREM is a money-saving hit for extra flavour.

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FEEL SAFE! BE SAFE!

USE ONLY THE FINEST TISSUE

3 ROLLS 25'

It's the fleecy softness

PUREX

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TWO CROCHETED RUGS OF CARPET WARP

DESIGN NO. 996

These two rugs are worked in single crochet and may be used effectively in any part of the house. Pattern No. 996 contains list of materials needed, illustration of stitches and complete instructions for making oblong and oval rugs.

To order pattern: Write or send above picture, with 15 cents in coin or stamps to Needlework Bureau, Charlottetown, Guardian.

To Charlottetown Guardian Needlework Department

Design No. 996

NAME _____
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BABY'S UPSET STOMACH QUICKLY CORRECTED

BABY'S little "Tummy" is often easily upset. It is easily righted again, too, if you know just how to do it. Let Mrs. M. W. Sharp's Baby's Own Tablets be a great help at the first sign of upset stomach, during teething time or when a cold is coming on. They work quickly yet gently to carry away poisons and promote quiet sleep. Walking floors at night is unknown in our homes.

And Mrs. W. R. Sharp says: "I nursed my baby shortly after being alarmed over a motor accident and that upset her almost to the point of convulsions. I gave her Baby's Own Tablets and she soon stopped crying—went to sleep and when she awakened was her own good self again."

Equally effective for diarrhoea, colic, teething troubles, simple croup, constipation and simple fever. Sweet-tasting, easy to take, prompt in their action yet harmless. Analyst's certificate in every box. Buy a box today for reference on other ailments. 25c. 25c. 25c.

ALBERRY PLAINS SCHOOL

Report of Alberty Plains School for the month of November.

Grade IX—1. Frances MacMillan, 2. Agnes MacLean, 3. Mary Gallant, Grade VI—1. Tommy Doyle, 2. Charlie Stewart, 3. Wally MacLean.

Grade IV—1. Alice Doyle, 2. Mary Jane Doyle, 3. Jackie Doyle.

Grade III—1. Jean MacMillan, 2. Billie Stewart, 3. George MacMillan.

Grade II—1. Bernadette Praught, 2. Tina Wilson.

Grade I—Norina MacMillan, 2. Brenda Praught, 3. Marquis Wilson.

Teacher Ann Ryan (Patriot Please Copy)