

Woman's Realm :- Social and Personal :- Fashions :- Literature

FOR THE WOMAN READER BY FLORENCE RIDDICK BOYS

THE TEA PARTY

In this day, when everybody is trying to reduce, and so few getting anywhere with it, the tea party is a nice way to bring your friends together...

The tea party does not mean that you are to "get off easy" as hostess. Though you do not prepare an elaborate menu, you make up for it by having everything exquisite...

Your guests come dressed their prettiest and fall into the atmosphere of a pageant, where gentlemen and gracious conversation are the order of the hour...

The cup of tea itself, is of course merely an ice-breaker. It should be of the very highest quality, fragrant as a bouquet. Some like to flavor it with a clove, dried orange peel or lemon...

A SICK CHILD'S APPETITE

One of the most impossible things to do is to get a child, who is just

A Great Puzzle To Careful Parents

One of the greatest puzzles to the careful parent is to know just what medicine to give the little ones. When the child falls ill with griping pains...

It is to meet such emergencies that Baby's Own Tablets were designed. These pleasant little Tablets quickly reduce fever, break up colds, relieve constipation and indigestion...

Baby's Own Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

Advertisement for Borden's ST. CHARLES MILK (UNSWEETENED) with an image of a milk can and a glass.

recovering from an illness, to eat the simple and nourishing foods which will speed his recovery. To achieve this, the resourceful mother must try all sorts of devices. One is to tell him a story while he eats...

We used to have "a beet party" in our family, and my small children would eat a whole bowl full of warm salted beets, fresh from the kettle in this way, but would not touch them at table...

Making the dinner tray attractive has much to do with the child's appetite. Use fancy paper napkins, gay little paper baskets, and the trinkets to be found on the souvenir counter of the ten cent store...

FASHIONS, FADS, FOIBLES.

Tailored suits of light weight tweed, wool crepe and men's suiting are seen on the streets. Chiffon lace, taffeta and net are favorites for evening wear.

Black and white are in the lead, but blues, greens and yellows, in various shades and combinations, are running strong. Navy and white or navy and yellow is popular for street wear...

Coats are inclined to flare. The waistline is rising to near normal and skirts are definitely longer than last year, and have the fullness in the back. Neckline follow the style of a scarf. The deep V in the back is a feature of evening gowns...

CARE OF THE SKIN

The skin is constantly secreting oils and, unless these are carefully washed off, they will clog the pores and form blackheads. These are merely fat accumulations in the pores, the exposed end of which turns black from contact with the air and mixture with dirt.

To prevent blackheads, keep the skin healthy. Wash it first with warm, soft water and a good soap, then rinse it with cold water and rub it hard to close the pores and make the action of the skin vigorous.

If you have blackheads, soften them with cleansing cream, then steam the face with hot water and follow with the cold rinse or an icy rub. If you squeeze out the blackheads, you injure the skin and are likely to infect it and cause pimples. If the skin is very oily, use an astringent lotion at night, though this should not be necessary as the cold rinse is an astringent.

A PEACE ASSET

Club women of the world, who are eager to help build up a peace sentiment among all nations, are seeing an opportunity to do so by means of the spread of women's clubs, with kindred interests, among all peoples. Friendly understanding, social contracts, cultural intercourse—an outgrowth of such clubs—will provide the proper ground work for peace pacts.

MILDEW

Dampness is the cause of the mould known as mildew. It attacks fabrics, paper, leather and wood.

Etiquette

By Roberta Lea

Q. What should tall women avoid wearing?

A. They should avoid severely tailored clothes, straight lines and solid colors. Large hats and flat-heeled shoes are best for tall women.

Q. Is the spoon still essential for semi-solids such as custards, creams and jellies?

A. Yes. Q. What is the correct way for a servant to present dishes at the table?

A. The dishes should be held flat on the palm of the servant's left hand.

and if allowed to remain on them will eat into the fibres of the material and then nothing can be done to remove the stains of it.

In hot weather, or in a very warm room, clothes dampened at night will sometimes be mildewed in the morning. When dropping soiled clothing in the wash, be careful that a wet washcloth or towel is not put in with other things. It may cause mildew spots on something choice. Make a practice of drying everything wet before it is thrown into the clothes basket...

White cotton and linen fabrics can be treated with a bleach which will sometimes remove the mildew stains. Sour milk, lemon juice, Javelle water, very weak oxalic acid plus sunlight will take out the mildew. Wet the spot and lay it in the sun. It may be necessary to repeat the process several times. One may soak the material in sour-milk before sunning it.

If mildew is on leather, wipe it off and then wash the leather, if water does not harm it. Do not store out of season shoes or leather straps or other leather materials in the cellar. The attic is a better place, being drier. Good ventilation and a dry atmosphere is the best preventive of mildew.

YOUR AGE

One is as young as his faith, as old as his doubt; as young as his confidence, as old as his fear; as young as his hope, as old as his despair. How old are you?

OBJECT IN EYE

To remove a foreign object from the eye, wash it out with warm water with a little salt in it, or with weak tea. Use an eye cup to hold the liquid. Salt water, like the tears is more healing and comforting than clear water and is also a mild disinfectant. The tannin of the tea is soothing.

THE GAS STOVE

If the gas burners become clogged with grease, wash them with hot sudsy water, or even-boil them in the wash-boiler with a strong washing powder in the water. Rinse them well, replace them and light the burner to dry them. Then you will have to scrub out the wash boiler, but that is part of the business.

ABBREVIATION

Cutting your garments according to the cloth is nothing to cutting your obituary according to your stone. Friends managed to abbreviate one obituary as follows:

Beneath this stone repose the bones: Together with the corpse. Of one who, etc death cut him down.

Was Thomas Andrew Thorps."

Later—

"Beneath this stone there lies the corpse

Still later—

"Here lies the corpse

Of Andrew Thorps."

Last—

"Thorps' Corpse."

SMILES

Team work, that. "In the picnic contests, Mrs. Jones won the prize for the farthest throwing of a rolling pin. Mr. Jones won the prize for the best hundred-yard dash."

A crying need: Who is more handicapped than the woman who can't cry to win an argument.

Advertisement for Chamberlain's Tablets with the text "Why Have Biliousness?" and "Avoid biliousness by taking Chamberlain's Tablets regularly."

Dorothy Dix Letter Box

Can a Husband Be Spoiled?—The Son Who is Ruining His Mother's Business for Fun Separation as a Preventive of Divorce

Dear Miss Dix—I am a married woman and I agree with what you say to us. We should make the home peaceful and comfortable and live within our means and keep ourselves neat and tidy and so on, but what about the men folks? What about our husbands trying to please us and keeping themselves neat and attractive looking? Don't you believe that you can spoil a man by catering to him too much? MRS. C.



Answer: If I write more to women about making their homes comfortable and peaceful and keeping their husbands vamped than I do to men it is not because I consider it more their duty but because I think they are more amenable to reason than men on this point.

Also, because it is so much more important to a woman to keep her home together than it is to a man and because it is so much more necessary to a woman's happiness and well-being for her to keep her husband eating out of her hand than it is to a man to keep his wife crazy about him. We women may not like it. We may think it is unjust and unfair and all the rest of it, but it is the truth that when we are married we are ten times as much married as our husbands are.

If we break up our homes we are the ones who have to go back and be dependent on father and mother or else take boarders or hustle out and get a job to support our children. If our husbands tire of us there are plenty of pretty young girls who will be glad to step out with them no matter how fat and bald-headed they are.

If the home is broken up husband can always go to some nice, comfortable place to live where he will be a star boarder. But if we tire of our husbands, after we are fair, fat and 40, no bandolined young cake-eater comes along to make dates with us unless we furnish the tickets and the automobile and pay for the gasoline.

Hence a woman's prosperity, as well as her happiness, depends to a large extent on her keeping her husband satisfied and keeping him thinking she is the great and only woman in the world.

It is never a cinch and often it is just about the hardest job that any woman can tackle, nevertheless it pays her to do it. It is a good policy, as well as giving husband a square deal, for, after all, it is no security to make the money to pay the bills. Husband has troubles of his own in the business world and when he comes home he is entitled to a good dinner, a comfortable chair by the radio and to be generally treated as the household pet.

So far as his duty goes, it is certainly up to him to do 50 per cent of the smiling and to be just as much of a little ray of sunshine in the home as the wife is. It is pretty hard on a woman to nail on her face a grin that won't come off when, goodness knows, she has nothing to laugh about when she is married to a grouchy, gloomy Gus who never speaks but to find fault and whose one domestic gesture is kicking.

It wouldn't do husband any harm to remember that if a slovenly woman is disgusting to a man, a slovenly man is even more disgusting to a woman, because women care far more for appearances than men do. No woman would fall in love with a man who came to see her with a three days' beard on his face and who slouched around in a dirty shirt without a collar on and sat about in his stocking feet. Nor would any girl have ever fallen in love with a man who spent his time telling her of her defects and calling her down every time she made a statement.

No wife can take much interest in dolling herself up for a husband who never pays her a compliment nor does she feel it worth while to work herself to death cooking for a man who is going to gulp his food down without ever apparently noticing how good it is. And why should a wife pinch nickles for a husband who is going to howl over the bills anyway?

Of course, you can spoil a husband just as easily as you can spoil a baby. A woman can stay at home until her husband thinks it is a crime for her to go down town. She can do without things until he thinks she doesn't want a new dress. She can wait on him hand and foot until he can't find a clean collar himself. She can let him talk back to her until he thinks he has a right to insult her.

Every wife decides just exactly how her husband shall treat her and how much she shall give her and she gets what she demands. So a young wife does well to bring up a husband in the way he should go and pamper him, but not spoil him. DOROTHY DIX.

Dear Miss Dix—I have a very dear friend whose business is going to the dogs as a result of the carelessness of her son, who runs the business for her. The woman does not know the status of affairs and as no one will tell her she believes the decline is due to general depression in business. I do business with her office and in going there so often have learned just how things stand and that it is a joke how the son puts it over on his mother and how the salesmen play the races and spend their time discussing the pretty girls they pick up on their supposedly business errands. I can't possibly tell my friend that her son is playing truant and the business is on the road to failure through his incompetence, so what can I do to try to save her? E.O.K.

Answer: If you tell the mother of her son's fault you will probably only make an enemy and do no good. Nevertheless, she should be warned.

It has always seemed to me a pity that in such cases we cannot write a kindly anonymous letter telling a friend of some danger that threatens her or of some fault that she would be glad to correct if she only knew about it. In this case I think I should venture it. It may wake the woman up in time to save her fortune. It may even make the boy realize what a foolish course he is pursuing in neglecting his work for play. At any rate you will have done what you can to help your friend without the danger of alienating her affections from you.

But what a pity the anonymous letter cannot be used for good instead of remaining only a stiletto in the hands of the evil-minded and revengeful! DOROTHY DIX.

Dear Miss Dix—A year and a half after I was married my husband told me that he didn't love me and wished for a divorce. Naturally this made me very unhappy, but I had a frank talk with him and when he said he did not love any one else, I asked him to continue to live in the house with me as my friend until he either loved some one else or decided what he wanted to do. I proposed that we keep to this arrangement for a year, as that would give me an opportunity to get used to the idea of losing him and I promised that I would do nothing to hold him if he wanted to leave me at the end of that time. I made myself as charming a companion as I could, we went out together, studied at night school and lived as a devoted sister and brother.

When the year was up he went away for a while, but soon wrote he couldn't live without me. That was three years ago. We are very happy and very devoted to each other and I recommend this plan to other husbands and wives who think that they are tired of each other. E. R.

Answer: Your plan was a wise one and I have no doubt that it would work in many cases. Very often husbands and wives think they have ceased to love

Milady Beautiful

By Lois Leeds

BEAUTY QUESTIONS ANSWERED

Suggestions on Reducing Dear Miss Leeds—I am discouraged about myself. I am 26 years old, 4 feet 1/2 inch tall and weigh 195 pounds. My measurements are: bust, 41 1/2; waist, 40; hips, 46 1/2; thigh, 27; calf, 15; ankle, 9 1/2. A. M. L.

Answer—I wonder if you have not made a mistake in giving your height. If you are only 4 feet tall you would be considered a dwarf; this condition is caused by the faulty functioning of one or more of the glands of internal secretion and I do not know whether it could be remedied at your age.

If you are 5 feet one-half inch tall, the average weight for your age and height is about 120 pounds. Your measurements are, of course, very large for this height. Your wisest plan is to consult a doctor about your



condition, which may be due to some internal trouble that requires medication. Do not take any reducing drugs whatever without a doctor's prescription. Ask him to prescribe a diet for you also. You probably need to take more outdoor exercise. Do not try to doctor yourself, but get scientific medical advice. LOIS LEEDS

Ragged Cuticle

Dear Miss Leeds—The skin around the sides of my fingernails gets ragged, so that it is hard to keep my hands looking nice. I have three children and do most of my housework, but like to have nice hands because I play cards a great deal in the evenings. MRS. H. H. S.

Answer—Having the hands in water a good deal makes the cuticle, or fold of skin around the base of the nails, soft so that it tears easily. Wear rubber gloves when you wash dishes. Weary heavy cotton or leather gloves for the rougher household tasks. Several times a day massage your hands with a hand lotion. Use the lotion whenever your hands have been in water.

At bedtime cleanse them by rubbing with cornmeal and warm water. Rinse well, dry and rub in a good tissue cream, lanolin or cocoa butter will do for this purpose. Draw on a pair of loose gloves to keep the cream on your hands overnight. Have the palms and balls of the fingers cut out of the gloves to provide ventilation. LOIS LEEDS

Dandruff and Astringent

Dear Miss Leeds—(1) Please recommend a cure for dandruff. (2) What is the purpose of using an astringent on the face? Please name a good one. E. P.

Answer—(1) There is no way to stop the formation of dandruff since it is the natural scuffing off of the dead cells from the skin. The skin renews itself in this manner all over the body as well as on the scalp. Daily bathing and the friction caused by one's clothes remove the loose dead cells from the surface of the body, but of course one's hair keeps the dandruff from falling out as it forms. Daily scalp massage and thorough brushing of the hair will remove the flakes a little at a time every day and thus prevent its accumulation in embarrassing quantities.

Before the shampoo loosen the dandruff with a fine comb and brush it out, give your scalp a hot oil treatment, and then wash your hair thoroughly, lathering and rinsing four or six times before the final rinse. Use only pure Castile soap for the shampoo in liquid form. Use of inferior soaps and failure to rinse thor-

oughly is a common cause of excessive dandruff. If your dandruff is very dry and abundant, rub a little castor oil on your scalp every night and massage well; if it is very oily, use an astringent scalp tonic twice a week. (2) Astringent facial lotions make the pores smaller, and counteract excessive oiliness. A good mild astringent is witch hazel. There are many good commercial astringents on the market, but it is contrary to my policy to recommend any particular brands in this column. LOIS LEEDS

each other just because they are fed up with each other, and only need a little separation. A railroad ticket would save many a divorce. So would a little good sportsmanship on the part of either husband or wife. DOROTHY DIX.

Buyer's and Seller's by Agnes Kent

Indulge Your Imagination

There is a great deal more latent energy and ambition in us than we realize. What most of us need is imagination to picture goals that are worth striving for in life. Many a man and many a woman has been made happier in more senses than one because imagination kindled a fire and set the unsuspected talent to work. Do you never ease the monotony of your days by reading through the fascinating columns of travel "ads" in your newspaper? More of us than realize it can go away for a certain time each year. When the Orient or the South Seas or the wilder and more frequented spots call loudly to others can speed up their brains and eventually slip out on the steamer or train towards the land of the desire. Give your suppressed ambitions a chance to sprout and develop. You may not be traveling, but you can ever it be that a destined to slip to activity, advertising in your newspaper is the great prime incentive that informs, advises and inspires the people of today and prepares them for the adventures and achievements of tomorrow.

A Fashion Hint

SMART SLEEVELESS MODE

A simple dress with slim and sophisticated lines. The Vionnet neckline front button closing and cluster plaits at centre-front of skirt combine to carry out vertical line so desirable this season. Narrow belt nips the normal waistline. You can make it in an hour! Simply a two-piece skirt to be pressed in plaits, seamed and attached to three-piece waist. It can be made with long or short sleeves. Linen, washable silk crepe, jersey in violet shade, printed rajah, canton faille crepe in pastel shade, georgette crepe in tomato red and yellow washable silk crepe are smart suggestions. Style No. 169 comes in sizes 16.

POOR IN BY CLAUDE CALAN



"The Smiths say they take roomers because they're homeless in that big house but the neighbors think it's because they need the money."

Are You Ready



When your Children Cry for It

Baby has little upsets. All your care cannot prevent them. But you can be prepared. You can do what any experienced mother would do—what most physicians would tell you to do—give a few drops of plain Castoria. It's just a matter of moments. You have saved your child with a single doubtful drop. Castoria is vegetable. So it's safe to give often as an infant has any little upsets you cannot pat away. And it's ready for the cruelest pains—colic or constipation, or diarrhoea, or fever, too, for older children. Five million bottles were bought last year.

Fletcher's CASTORIA